

Males Senior

Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	ROB McHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE	CLUB TRACK 3K
Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024		
Neil Marsh			7,382			7,157		7,304	6,955	6,979
Alex Roberts	5,890					6,140	6,062		6,275	6,193
Lewis Taylor		5,532	5,951		5,494	6,041	5,864		6,366	
Stuart Johnson	6,767				6,538		6,607			
Joe Kelly								7,044		
David Mayes									6,400	
Joe Dempsey					4,698					

Males Senior

Race	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
Name	22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
Neil Marsh		7,440		43,218	36,262
Alex Roberts	5,901			36,461	30,571
Lewis Taylor				35,248	29,754
Stuart Johnson				19,912	
Joe Kelly				7,044	
David Mayes				6,400	
Joe Dempsey				4,698	

Males Vet

Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	ROB McHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE
Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024	
Woody Felton	8,362	8,323					8,468	8,489	8,235
Jason Sage	6,312							6,749	6,901
Dennis Yarwood	6,354	6,258			5,786				6,121
Alistair Raffel		6,811		6,734			6,543	6,998	
Julian Spencer	6,133					6,483		6,954	6,905
Graham Driver					5,400	6,837		6,913	
Alfie Crockett								7,687	7,662
Mike Brady							5,931		6,667
David McGowan						5,759	5,549		
Alec Henderson						5,319		5,691	
Scott Henderson								6,938	
Terry Coles						6,568		6,175	
Malcolm Hughes						6,036			6,261
John Dooley	5,870					6,216			
Mike Hall	7,384								
Andrew Garnett						7,210			
Daniel Chadwick						6,972			
Matthew Bartley						6,737			
Pavel SUBERT									
Lee Latham									6,301
Pat Christie								6,250	
Mike Brady	6,089								
Allan Bird									6,042

Males Vet

Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	ROB McHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE
Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024	
Vincent Alcock						6,029			
Rob Kirkham									
David Thompson						5,685			
Brian Tuohey								4,190	

Males Vet

Race	CLUB TRACK 3K	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
Name		22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
Woody Felton	8,339	8,662			58,878	42,320
Jason Sage	7,043	7,109			34,116	34,116
Dennis Yarwood	6,183		5,950		36,652	30,866
Alistair Raffel					27,086	
Julian Spencer					26,476	
Graham Driver	6,907				26,057	
Alfie Crockett	6,398				21,748	
Mike Brady		5,655			18,252	
David McGowan		5,670			16,979	
Alec Henderson	5,594				16,604	
Scott Henderson	6,931				13,869	
Terry Coles					12,742	
Malcolm Hughes					12,297	
John Dooley					12,086	
Mike Hall					7,384	
Andrew Garnett					7,210	
Daniel Chadwick					6,972	
Matthew Bartley					6,737	
Pavel SUBERT	6,653				6,653	
Lee Latham					6,301	
Pat Christie					6,250	
Mike Brady					6,089	
Allan Bird					6,042	

Males Vet

Race	CLUB TRACK 3K	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
Name		22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
Vincent Alcock					6,029	
Rob Kirkham	5,863				5,863	
David Thompson					5,685	
Brian Tuohey					4,190	

Ladies Senior

Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	ROB McHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE	CLUB TRACK 3K
Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024		
Claire Ellison	5,785					6,176	5,754		5,892	
Kate Grimoldby		5,252				5,722	5,657	5,692		
Caitlin Henderson						5,383		5,145		5,108
Laura Roberts									4,628	
Emily Yarwood										

Ladies Senior

Race	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
Name	22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
Claire Ellison			5,359	28,965	28,965
Kate Grimoldby				22,323	
Caitlin Henderson				15,635	
Laura Roberts				9,736	
Emily Yarwood		4,398		4,398	

Ladies Vet

Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	ROB McHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE	CLUB TRACK 3K
Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024		
Eleanor Roberts	6,749					7,385	7,398		7,506	7,593
Helen Caldwell						6,805			6,762	7,029
Joanne Leach						5,731			5,488	5,669
Suzy Wild									7,066	7,104
Jo Sullivan						6,399			6,327	
Siobhan Partington	5,218	5,303								
Alison Russell								6,974		
Ursula Harrison	6,594									
Kate Johnson									6,501	
Jean McGowan		5,430								

Race	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
Name	22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
Eleanor Roberts	7,378			44,008	37,259
Helen Caldwell				20,596	
Joanne Leach				16,887	
Suzy Wild				14,170	
Jo Sullivan				12,725	
Siobhan Partington				10,521	
Alison Russell				6,974	
Ursula Harrison				6,594	
Kate Johnson				6,501	
Jean McGowan				5,430	

	Race	HIGH LEGH 10K	CHESTER SPRING 5	MID CHESHIRE SPRING 5	WALTON PARK 5	CHESTER HALF	BOB MCHARRY 5K	WOOLSTON 10K	CLUB ROAD MILE	CLUB TRACK MILE	CLUB TRACK 3K	WARRINGTON RF 10K	MANCHESTER HALF	STOCKPORT 10		
	Name	17/03/2024	10/04/2024	26/04/2024	14/05/2024	19/05/2024	30/05/2024	20/06/2024	09/05/2024			22/09/2024	13/10/2024	15/12/2024	Total Points	Best 5 Points
MS	Neil Marsh			7,382			7,157		7,304	6,955	6,979		7,440		43,218	36,262
	Alex Roberts	5,890					6,140	6,062		6,275	6,193				36,461	30,571
	Lewis Taylor		5,532	5,951		5,494	6,041	5,864		6,366					35,248	29,754
	Stuart Johnson	6,767				6,538		6,607				5,901			19,912	
	Joe Kelly								7,044						7,044	
	David Mayes									6,400					6,400	
	Joe Dempsey					4,698									4,698	
MV	Woody Felton	8,362	8,323					8,468	8,489	8,235	8,339	8,662			58,878	42,320
	Jason Sage	6,312							6,749	6,901	7,043	7,109			34,116	34,116
	Dennis Yarwood	6,354	6,258			5,786				6,121	6,183		5,950		36,652	30,866
	Alistair Raffel		6,811		6,734			6,543	6,998						27,086	
	Julian Spencer	6,133					6,483		6,954	6,905					26,476	
	Graham Driver					5,400	6,837		6,913		6,907				26,057	
	Attie Crockett								7,687	7,662	6,398				21,748	
	Mike Brady							5,931		6,667		5,655			18,252	
	David McGowan						5,759	5,549				5,670			16,979	
	Alec Henderson						5,319		5,691		5,594				16,604	
	Scott Henderson								6,938		6,931				13,869	
	Terry Coles						6,568		6,175						12,742	
	Malcolm Hughes						6,036			6,261					12,297	
	John Dooley	5,870					6,216								12,086	
	Mike Hall	7,384													7,384	
	Andrew Garnett						7,210								7,210	
	Daniel Chadwick						6,972								6,972	
	Matthew Bartley						6,737								6,737	
	Pavel SUBERT										6,653				6,653	
	Lee Latham									6,301					6,301	
	Pat Christie								6,250						6,250	
	Mike Brady	6,089													6,089	
FS	Allan Bird									6,042					6,042	
	Vincent Alcock						6,029								6,029	
	Rob Kirkham										5,863				5,863	
	David Thompson						5,685								5,685	
	Brian Tuohy							4,190							4,190	
FS	Claire Ellison	5,785					6,176	5,754		5,892				5,359	28,965	28,965
	Kate Grimoldby		5,252				5,722	5,657							22,323	
	Caitlin Henderson						5,383		5,692		5,108				15,635	
	Laura Roberts								5,145	4,628					9,736	
	Emily Yarwood											4,398			4,398	
FV	Eleanor Roberts	6,749					7,385	7,398		7,506	7,593	7,378			44,008	37,259
	Helen Caldwell						6,805			6,762	7,029				20,596	
	Joanne Leach						5,731			5,488	5,669				16,887	
	Suzy Wild									7,066	7,104				14,170	
	Jo Sullivan						6,399								12,725	
	Siobhan Partington	5,218	5,303							6,327					10,521	
	Alison Russell								6,974						6,974	
	Ursula Harrison	6,594													6,594	
	Kate Johnson									6,501					6,501	
	Jean McGowan		5,430												5,430	