



SPECTRUM STRIDERS

Affiliated to UKA and Northern Athletics

CLUB RULES AND CONSTITUTION

- 1 The name of the club is “**Spectrum Striders Running Club**”. (The Club).
- 2 The Club colours are a black vest with white lettering and, optionally, black and white logo attached and black shorts.
- 3 All members must wear club colours when competing in races held under U.K. Athletics (U.K.A.) rules.
- 4 **Objectives of the Club**

To provide the means to encourage, promote and develop running for people of all abilities in accordance with U.K.A. rules.
- 5 There shall be a General Committee (the Committee) to manage the business of the Club.
- 6 The Committee shall be composed of:-
 - (a) The Chairman
 - (b) The Secretary
 - (c) The Honorary Treasurer
 - (d) Such other persons as may be appointed by the Committee as deemed necessary for the management of the Club.
- 7 The Committee is empowered:-
 - (a) To fill any vacancy which might arise
 - (b) To Co-opt members on to the Committee
 - (c) To form Sub-committees for special purposes, with responsibility to the Committee.

The Secretary and Chairman shall be members of all sub-committees by virtue of their office.

- 8 The Chairman as elected shall preside at all meetings of the General Committee. If the Chairman is absent from any meeting, the members present shall choose one of their number to take the chair.
- 9 The Committee shall meet at intervals not exceeding six weeks upon being notified by the Secretary. The quorum at these meetings shall be one half of the existing voting strength.
- Each member of the Committee is entitled to one vote. In the event of a tie, the Chairman is eligible for a second (casting) vote.
- 10 An Annual General Meeting (AGM) of the Club shall be held at least once a year at a time and place determined by the Committee but so that not more than 15 months shall elapse between the date of one such meeting and that of the next.
- 11 All general meetings other than AGMs shall be called Extraordinary General Meetings (EGMs). AGMs and EGMs are called together General Meetings.
- 12 The AGM should be held before the end of November each year and the business shall include:-
- (i) Reports of the past year's activities
 - (ii) Presentation of the audited accounts
 - (iii) Notice of motions
 - (iv) Election of the Committee
 - (v) Election of the auditors who shall not be members of the Committee.
- 13 Notice of all General Meetings and the business to be conducted shall be given in writing to all members at least fourteen days before such general meeting.
- 14 All motions to be put to the AGM shall be presented in writing to the Secretary before 14 October in the relevant year.
- 15 Each "Individual" member (above the age of 16) present at a General Meeting is entitled to one vote. A "Family" membership comprises one vote per person up to a maximum of two votes.
- In the case of an equality of votes, whether on a show of hands or on a poll, the Chairman of the General Meeting shall be entitled to a second or casting vote.
- 16 No rule shall be made, or rescinded except at an AGM or EGM called for that purpose and any such amendment shall be subject to the concurrence of at least two thirds of the members present and eligible to vote.
- 17 No business shall be transacted at any General Meeting unless a quorum is present when the meeting proceeds to business. The quorum shall be one quarter of the membership.
- 18 An EGM shall be called by the Secretary:-

- (a) At the request of the Committee
 - (b) On written requisition of fifteen members
 - (c) Under circumstances described in Rule 29.
- 19 A person who takes part in any athletic meeting not sanctioned, recognised or certified by the U.K.A. can be made ineligible by U.K.A. to compete in any competitions run under U.K.A. rules.
- 20 All members of the Club shall pay subscriptions as shall be determined at the AGM.
- 21 An application for membership of the Club (and each renewal) must be made on the appropriate form and accompanied by one year's subscription. The application must be approved by a majority of the Committee voting at a meeting.
- Membership shall be open to persons who are amateurs as defined by U.K.A. rules.
- 22 New members elected after 1 January are only required to make a monthly pro-rata subscription until the end of that membership year (31 March).
- 23 An accepted new member will be given a current membership card and a copy of the Club Rules and Constitution.
- 24 A Member wishing to resign must give notice of the same in writing to the Club Secretary not later than 31 March in the relevant year if that member is to avoid liability for a further year's subscription.
- 25 U.K.A. Black List Rule**
- Any member whose subscriptions are six months in arrears may be expelled from the Club at the discretion of the Committee. The name and address of any person so expelled shall be sent to Northern Athletics and kept in the "Black Book". A person thus listed shall be suspended from competing at any meeting held under U.K.A. rules until subscriptions have been paid.
- 26 Notwithstanding rule 25 any member whose subscriptions are more than three months in arrears shall be deemed to have resigned their membership of the Club.
- 27 The financial year shall end on 31 March and as soon after that date as practicable the Treasurer shall submit the annual accounts to the Independent Examiner.
- 28 All documents and accounts relating to the operating and funding of the Club shall be open for inspection at reasonable times by any Club Members, subject to protecting personal information and the provisions of the Data Protection Act, provided that not less than 48 hours written notice is given by that member to the Club Secretary.
- 29 All income and property acquired in the fulfilment of the Objectives of these Rules shall belong to the Club and are hereby absolutely and for all purposes invested in the Committee for the time being as trustees thereof.

All Club monies and income shall be deposited in a Bank and/or Building Society approved by the Committee and all withdrawals shall be made by any two of the following:-

Chairman, Secretary, Treasurer and one nominated member of the Club.

Transfers between accounts held in one bank or building society may be made by any one of the above.

- 30 If at any General Meeting a resolution for the dissolution of the Club shall be passed by a majority of the members present and at an EGM held not less than six weeks thereafter (of which not less than four weeks written notice shall have been given to each member) and at which not less than one quarter of the members shall be present that resolution shall be confirmed by a resolution passed by a majority of two thirds of the members voting thereon, the Committee shall thereupon, or at such future date as shall be specified in such resolution, proceed to realise the property of the Club and after the discharge of all liabilities shall divide the same among all the current members in proportion to the number of concurrent years each has been in the Club, and upon the completion of such division the Club shall be dissolved.

31 The Club President is an honorary post that shall be proposed and accepted by the Committee at a General Committee meeting. The post has a two year tenure, which can be renewed indefinitely every two years, or until a new Club President is elected. At the end of the elected period the President shall become a Vice President, a title he will carry for life or until he leaves the Club. The Club President or any Vice President may participate and vote in any Committee meeting.

32 These Rules and Constitution shall become operative on 3rd December 2009.