

Ladies 5k 3-July-2024 Prize Categories

Category	Cat Pos	Time	Name	Team	Cat	Bib	Position
Senior Lady							
	1	0:23:09	UPTON, Amy	St Helens Sutton AC	Senior Lady	57	20
	2	0:25:07	BARNES, Stacey	Widnes Wasps	Senior Lady	176	29
	3	0:25:59	FORSTER, Suzannah		Senior Lady	269	39
	4	0:26:06	THOMAS, Megan		Senior Lady	256	40
	5	0:26:12	FORSTER, Rebecca		Senior Lady	268	41
	6	0:26:35	BROWN, Aurora	Victoria Park Running Club	Senior Lady	35	46
	7	0:27:14	COOPER, Amy	Lymm Runners	Senior Lady	199	50
	8	0:27:15	PARRY, Jessica		Senior Lady	242	51
	9	0:27:55	HARDMAN, Emily	Widnes Wasps	Senior Lady	217	59
	10	0:28:04	WALSH, Sian		Senior Lady	34	60
Lady Vet 35+							
	1	0:19:56	ELLIOTT, Chloe	Salford Met	Lady Vet 35+	13	3
	2	0:20:10	HAMILTON, Kelly	St Helens Striders	Lady Vet 35+	287	4
	3	0:21:27	FAIRCLOUGH, Rachael	St Helens Striders	Lady Vet 35+	285	7
	4	0:21:39	CALLERY, Emma	St Helens Striders	Lady Vet 35+	1	9
	5	0:21:56	BARLOW, Kylie	St Helens Striders	Lady Vet 35+	45	12
	6	0:22:37	MASSEY, Siobhan	St Helens Sutton AC	Lady Vet 35+	49	17
	7	0:22:42	BIRKETT, Sarah	St Helens Sutton AC	Lady Vet 35+	191	19
	8	0:23:24	DAVIDSON, Katie	Run Sandymoor	Lady Vet 35+	179	21
	9	0:25:21	Louise	Run Sandymoor	Lady Vet 35+	42	32
	10	0:25:23	ELLISON, Claire	Spectrum Striders	Lady Vet 35+	207	33
Lady vet 40+							
	1	0:21:35	CASEY, Louise	Widnes RC	Lady vet 40+	194	8
	2	0:25:11	SAMS, Catherine	St Helens Striders	Lady vet 40+	292	30
	3	0:25:33	HASTWELL, Rachel	Lymm Runners	Lady vet 40+	235	35
	4	0:25:44	MADDOCKS, Joanna	Lymm Runners	Lady vet 40+	263	38
	5	0:27:25	HOLLICK, Ruth	St Helens Striders	Lady vet 40+	289	53
	6	0:28:58	LATHAM, Claire	Widnes Wasps	Lady vet 40+	252	66
Lady Vet 45+							
	1	0:21:20	BLIZZARD, Louise	Warrington AC	Lady Vet 45+	52	6
	2	0:21:45	WALKER, Georgina	Lymm Runners	Lady Vet 45+	226	10
	3	0:21:58	FRASER, Emma	Run Sandymoor	Lady Vet 45+	260	13
	4	0:22:34	JOHNSON, Susan	St Helens Sutton AC	Lady Vet 45+	265	16
	5	0:24:17	FENTON, Joanna	Victoria Park Running Club	Lady Vet 45+	245	25
	6	0:25:36	KUYPERS, Rachel	Widnes Wasps	Lady Vet 45+	186	37
Lady Vet 50+							
	1	0:22:05	TAVERNIER, Gael	Lymm Runners	Lady Vet 50+	232	14
	2	0:23:37	HOLMES, Germaine	Lymm Runners	Lady Vet 50+	229	22
	3	0:26:21	WILLIAMS, Alison	Helsby RC	Lady Vet 50+	47	43
	4	0:26:33	CHIAPPA, Nicola	Lymm Runners	Lady Vet 50+	236	45
	5	0:27:41	MACKEY, Fiona	St Helens Striders	Lady Vet 50+	300	55
	6	0:27:42	JOYNSON, Kate	Run Sandymoor	Lady Vet 50+	274	56
Lady Vet 55+							
	1	0:22:38	MONAGHAN, Sonya	St Helens Sutton AC	Lady Vet 55+	222	18
	2	0:23:39	HICKMAN, Joy	West Cheshire AC	Lady Vet 55+	228	23
	3	0:24:55	ROBERTS, Eleanor	Spectrum Striders	Lady Vet 55+	248	28
	4	0:25:30	EATON, Fiona	Lymm Runners	Lady Vet 55+	206	34
	5	0:27:49	WORTHINGTON, Penny	Widnes RC	Lady Vet 55+	4	58
	6	0:28:13	MACKAY, Lisa	Spectrum Striders	Lady Vet 55+	24	62
Lady Vet 60+							
	1	0:23:58	PLANT, Gillian	Warrington Running Club	Lady Vet 60+	243	24

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Lady Vet 65+	2	0:24:28	FORSTER, Karon	Rossendale Harriers	Lady Vet 60+	283	26
	3	0:24:50	NEARY, Yvonne	Lymm Runners	Lady Vet 60+	239	27
	4	0:25:15	ROWLINSON, Linda	Sale Harriers Mchr	Lady Vet 60+	18	31
	5	0:26:18	BARLOW, Julie		Lady Vet 60+	193	42
	6	0:27:40	MOORE, Linda	Widnes Wasps	Lady Vet 60+	298	54
Lady Vet 70+	1	0:25:34	CAHILL, Brenda	St Helens Striders	Lady Vet 65+	297	36
	2	0:28:49	ARBER, Carolyn	Lymm Runners	Lady Vet 65+	259	65
	3	0:36:53	KALLIS, Moira		Lady Vet 65+	200	128
	4	0:37:06	PEMBERTON, Susan		Lady Vet 65+	208	129
	5	0:37:08	SAUNDERS, Elaine		Lady Vet 65+	44	130
	6	0:38:33	WESTON, Gail	Run Sandymoor	Lady Vet 65+	175	141
Lady Vet 75+	1	0:37:16	KNIGHT, Chrissie	Lymm Runners	Lady Vet 70+	195	133
Junior lady	1	0:43:00	FELL, Carol		Lady Vet 75+	244	148
	2	0:43:00	DICKSON, Margret	Lymm Runners	Lady Vet 75+	246	149
All Ladies	1	0:19:27	MASSEY, Taylor	St Helens Sutton AC	Junior lady	50	1
	2	0:19:49	FARMER, Nancy	West Cheshire AC	Junior lady	214	2
	3	0:21:06	BIRKETT, Lilly	St Helens Sutton AC	Junior lady	192	5
	4	0:21:52	MANSON, Nia	West Cheshire AC	Junior lady	213	11
	5	0:22:31	MCBRIDE, Esther		Junior lady	53	15
	6	0:27:11	JOYNSON, Esme	Run Sandymoor	Junior lady	275	49
	1	0:19:27	MASSEY, Taylor	St Helens Sutton AC	Junior lady	50	1
	2	0:19:49	FARMER, Nancy	West Cheshire AC	Junior lady	214	2
	3	0:19:56	ELLIOTT, Chloe	Salford Met	Lady Vet 35+	13	3
	4	0:20:10	HAMILTON, Kelly	St Helens Striders	Lady Vet 35+	287	4
	5	0:21:06	BIRKETT, Lilly	St Helens Sutton AC	Junior lady	192	5
	6	0:21:20	BLIZZARD, Louise	Warrington AC	Lady Vet 45+	52	6