

Vet Ladies

VET LADIES	Total points	Race total	Best 6 total	NWCCL Runcom XC	NWCCL Clarke Gardens	Parbold Hill	Gresteth Park XC	NWCCL Arrowe Park	Harrock Hill (best 1 of 4)	Spectrum Striders Ladies 5K	Pie and Peas	Sandstone Trail (A or B race)	Yarrow River Splash 10k (Best of 2)	St Helens 5 mile trail	NWCCL Clarke Gardens	NWCCL Beacon Park Skem			
Karon Forster	268	9	180	30	30			29	30	29	30		30		30	30			
Kate Johnson	199	7	174		29	30		28	29	25			29		29				
Suzy Wild	115	4	115	28	28			30								29			
Ursula Harrison	105	4	105		27					24					27	27			
Elly Roberts	87	3	87							28	29			30					
Lisa McKay	56	2	56												28	28			
Liz Whitfield	30	1	30							30									
Claire MacDonald	29	1	29	29															
Lynette Houghton	27	1	27	27															
Helen Caldwell	27	1	27							27									
Heather Spencer	26	1	26							26									
Anne Fortune	26	1	#NUM!													26			
Jo Sullivan	23	1	23							23									
Diane Springall	22	1	22							22									
Jean McGowan	21	1	21							21									
Katy Fuller	0	0	0																
Linda Owen	0	0	0																
Emma Shillabeer	0	0	0																
Jackie Miles	0	0	0																
Maela Beliard	0	0	0																
Joanna Buckley	0	0	0																
Carolyn Arber	0	0	#NUM!																
Janice Leigh	0	0	#NUM!																
Denise Dugdale	0	0	#NUM!																

Senior Ladies

SENIOR LADIES	Total points	Race total	Best 6 total	Runcorn XC	Clarke Gardens XC	Parbold Hill	Croxteth Park XC	Arrowe Park XC	Harrock Hill (best 1 of 4)	Spectrum Striders Ladies 5K	Pie and Peas	Sandstone Trail (A or B race)	Yarrow River 10K (Best 1 of 2).	St Helens 5 mile trail	NWSCCL Clarke Gardens	NWCCL Beacon Park Skem				
Claire Ellison	89	3	89					30		29					30					
Emily Yarwood	30	1	30	30																
Alison Russell	30	1	30							30										
Angela Brewis	0	0	0																	
Caitlin Henderson	0	0	0																	
Ellen Broad	0	0	0																	
Hayley Jardine	0	0	0																	
Rachael Ince	0	0	0																	

Vet Men

Andy Garnett	233	8	177	30	29	29			27	29	30			30	29				
Geoff Hand	169	6	169	28				28	28	28	29			28					
Julian Spencer	165	6	165		26			29		27	29			27	27				
Graham Driver	147	5	147		27			30		30	30				30				
Dennis Yarwood	108	4	108	27		27			24				30						
Kenny Forster	83	3	83	29	28									26					
Ran Mackay	83	3	83						26					29	28				
Stanley Ogden	59	2	59		30				29										
Tim Jefferson	53	2	53			28			25										
Alistair Raffel	51	2	51											25	26				
Richard MacIlwaine	49	2	49											24	25				
Ken Black	47	2	47											23	24				
Rob Hough	30	1	30			30													
Steve Burthem	30	1	#NUM!						30										
Ian Yarwood	26	1	26	26															
Dave Thompson	26	1	26							26									
David McGowan	25	1	25							25									
Alan Brady	0	0	0																
Alec Henderson	0	0	0																
Andy Dawson	0	0	0																
Anthony Atkison	0	0	0																
Brian Tuohey	0	0	0																
Damian Smith	0	0	0																
Daniel Chadwick	0	0	0																
Dave Higgins	0	0	0																
Iain Fortune	0	0	0																
Ian Dunbar	0	0	0																
Jason Sage	0	0	0																
Jimmy Connolly	0	0	0																
John Dooley	0	0	0																

Vet Men

Malcolm Hughes	0	0	0																
Mark Hadland	0	0	0																
Matt Shillabeer	0	0	0																
Michael Jaras	0	0	0																
Mike Bradley	0	0	0																
Mike Brady	0	0	0																
Mike Hall	0	0	0																
Mike Houghton	0	0	0																
Neville Griffiths	0	0	0																

Senior Men

SENIOR MEN	Total points	Race total	Best 6 total	Runcorn XC	Clarke Gardens XC	Parbold Hill	Croxteth Park XC	Arrowe Park XC	Harrock Hill (best 1 of 4)	Pie and Peas	Sandstone Trail (A or B race)	Yarrow River Splash 10k best 1 of 2.	St Helens 5 mile trail	NWSCCL Clarke Gardens	NWCCL Beacon Park Skem	Column1	Column2	Column3
Witold Laszcz	270	9	180	30	30	30		30	30	30	30			30	30			
Matt Bartley	29	1	29								29							
James Vaile	29	1	29											29				
Alessandro Mirabella	0	0	0															
Alex Roberts	0	0	0															
Daniel Peers	0	0	0															
Huw Kinsman	0	0	0															
James Blundell	0	0	0															
Martin Johnson	0	0	0															