

Vet men

NAME	Total points	Race total	Best 7	4 Villages Half	St Annes 10 miler	High Legh 10k	Blackpool 10 miler	Liverpool Half	Wilmslow Half
Andy Garnett	67820	9	53126	7437					
Nigel Fuller	49169	7	49169						
Andy Gaskell	68550	10	48791	6586	6580				
Michael Jaras	87433	14	44882		6424				
Robert Hough	44342	6	44342						
Julian Spencer	44234	6	44234						
John Dooley	39251	6	39251						
Mike Brady	38381	6	38381		6177				
Alan Brady	37772	5	37772						
Denis Yarwood	35580	6	35580	5624					
Iain Fortune	34508	6	34508						
Graham Driver	32850	5	32850						
Ian Dunbar	31070	6	31070						
Dave Thompson	30620	5	30620						
Vincent Alcock	29217	5	29217						
Alistair Raffel	27301	4	27301						
Rob McHarry	26721	4	26721						
Malcolm Hughes	25927	4	25927						
Terry Coles	24520	4	24520						
Steve Springall	21266	4	21266						
Brian Tuohey	20870	4	20870						
Mike Hall	20568	3	20568						
Daniel Chadwick	20208	3	20208						
Brian Griffiths	13795	2	13795						
Neville Griffiths	12208	2	12208						
David Roberts	12156	2	12156	5721					
Mike Houghton	7518	1	7518						
Geoff Hand	7017	1	7017						
Richard Macilwa	6575	1	6575						
Michael Bradley	6449	1	6449						

Vet men

NAME	Total points	Race total	Best 7	4 Villages Half	St Annes 10 miler	High Legh 10k	Blackpool 10 miler	Liverpool Half	Wilmslow Half
Malcom Lingard	6098	1	6098						
Ranald Mackay	6093	1	6093	6093					

Vet men

NAME	Total points	Race total	Best 7	Hale Village 5	Chester Spring 5	Whitley 10k	Mid-Cheshire 5k	Chester Half	Walton Park 5 miles
Andy Garnett	67820	9	53126		7630	7697	7615	7812	
Nigel Fuller	49169	7	49169						
Andy Gaskell	68550	10	48791		6854	6907			
Michael Jaras	87433	14	44882				6345		
Robert Hough	44342	6	44342						
Julian Spencer	44234	6	44234			7087			
John Dooley	39251	6	39251				6610		
Mike Brady	38381	6	38381					6432	
Alan Brady	37772	5	37772					7868	
Denis Yarwood	35580	6	35580						5639
Iain Fortune	34508	6	34508			5995			5751
Graham Driver	32850	5	32850			6911		5165	
Ian Dunbar	31070	6	31070			5333			
Dave Thompson	30620	5	30620						6397
Vincent Alcock	29217	5	29217					5629	
Alistair Raffel	27301	4	27301				6809		
Rob McHarry	26721	4	26721						
Malcolm Hughes	25927	4	25927						
Terry Coles	24520	4	24520				6095		
Steve Springall	21266	4	21266	5157					
Brian Tuohey	20870	4	20870			5017			
Mike Hall	20568	3	20568		6917				
Daniel Chadwick	20208	3	20208		6635				
Brian Griffiths	13795	2	13795						
Neville Griffiths	12208	2	12208						
David Roberts	12156	2	12156	6435					
Mike Houghton	7518	1	7518						
Geoff Hand	7017	1	7017						
Richard Macilwa	6575	1	6575						
Michael Bradley	6449	1	6449						

Vet men

NAME	Total points	Race total	Best 7	Hale Village 5	Chester Spring 5	Whitley 10k	Mid-Cheshire 5k	Chester Half	Walton Park 5 miles
Malcom Lingard	6098	1	6098						
Ranald Mackay	6093	1	6093						

Vet men

NAME	Total points	Race total	Best 7	Christleton 5k	Blackpool Prom 10 mile	Bowdon 5k	Peter Lowe 5k	WRR 10k	Sefton Park 5
Andy Garnett	67820	9	53126			7355	7372		
Nigel Fuller	49169	7	49169					7022	
Andy Gaskell	68550	10	48791			6954	7279		
Michael Jaras	87433	14	44882			5927			6253
Robert Hough	44342	6	44342			7335	7471		
Julian Spencer	44234	6	44234			7411	7364		
John Dooley	39251	6	39251			6677	6078		
Mike Brady	38381	6	38381			7037	5852	6803	
Alan Brady	37772	5	37772						
Denis Yarwood	35580	6	35580				6183		6100
Iain Fortune	34508	6	34508				5876		5946
Graham Driver	32850	5	32850			7043	7038		
Ian Dunbar	31070	6	31070			5206	5165	5256	
Dave Thompson	30620	5	30620				6132	6108	
Vincent Alcock	29217	5	29217				5531	6067	
Alistair Raffel	27301	4	27301			6823			
Rob McHarry	26721	4	26721			6649			
Malcolm Hughes	25927	4	25927			6445	6324		
Terry Coles	24520	4	24520				6139		
Steve Springall	21266	4	21266			5481			
Brian Tuohey	20870	4	20870					5329	
Mike Hall	20568	3	20568			6702		6949	
Daniel Chadwick	20208	3	20208						
Brian Griffiths	13795	2	13795						
Neville Griffiths	12208	2	12208			6073	6135		
David Roberts	12156	2	12156						
Mike Houghton	7518	1	7518	7518					
Geoff Hand	7017	1	7017					7017	
Richard Macilwa	6575	1	6575						
Michael Bradley	6449	1	6449						

Vet men

NAME	Total points	Race total	Best 7	Christleton 5k	Blackpool Prom 10 mile	Bowdon 5k	Peter Lowe 5k	WRR 10k	Sefton Park 5
Malcom Lingard	6098	1	6098						
Ranald Mackay	6093	1	6093						

Vet men

NAME	Total points	Race total	Best 7	Ellesmere Port 5k	Mid-Cheshire 5k (2)	Road Mile	Trafford 10k	English Half Marathon	EHM 10k
Andy Garnett	67820	9	53126	7563	7339				
Nigel Fuller	49169	7	49169		7268	6944			
Andy Gaskell	68550	10	48791			6967			
Michael Jaras	87433	14	44882	6132	6190		6083		6455
Robert Hough	44342	6	44342	7448	7383		7440		
Julian Spencer	44234	6	44234			7358			
John Dooley	39251	6	39251		6513	6710			
Mike Brady	38381	6	38381						
Alan Brady	37772	5	37772			7519			
Denis Yarwood	35580	6	35580				6152	5882	
Iain Fortune	34508	6	34508		5596				5344
Graham Driver	32850	5	32850			6693			
Ian Dunbar	31070	6	31070			5214		4896	
Dave Thompson	30620	5	30620				5935		
Vincent Alcock	29217	5	29217					5037	
Alistair Raffel	27301	4	27301						
Rob McHarry	26721	4	26721			6735			
Malcolm Hughes	25927	4	25927						
Terry Coles	24520	4	24520		6246				
Steve Springall	21266	4	21266						5011
Brian Tuohey	20870	4	20870					5047	
Mike Hall	20568	3	20568						
Daniel Chadwick	20208	3	20208						
Brian Griffiths	13795	2	13795						
Neville Griffiths	12208	2	12208						
David Roberts	12156	2	12156						
Mike Houghton	7518	1	7518						
Geoff Hand	7017	1	7017						
Richard Macilwa	6575	1	6575						
Michael Bradley	6449	1	6449			6449			

Vet men

NAME	Total points	Race total	Best 7	Ellesmere Port 5k	Mid-Cheshire 5k (2)	Road Mile	Trafford 10k	English Half Marathon	EHM 10k
Malcom Lingard	6098	1	6098			6098			
Ranald Mackay	6093	1	6093						

Vet men

NAME	Total points	Race total	Best 7	Track Mile	Track 3k	Green Drive 5	Tatton 10k	Cheshire 10k	Preston 10 miles	Stockport 10
Andy Garnett	67820	9	53126							
Nigel Fuller	49169	7	49169	7054	6991	7012			6878	
Andy Gaskell	68550	10	48791	7025	6593			6805		
Michael Jaras	87433	14	44882		5993	6475	6428	6502	6152	6074
Robert Hough	44342	6	44342	7265						
Julian Spencer	44234	6	44234	7500	7514					
John Dooley	39251	6	39251		6663					
Mike Brady	38381	6	38381							6080
Alan Brady	37772	5	37772	7870	7840			6675		
Denis Yarwood	35580	6	35580							
Iain Fortune	34508	6	34508							
Graham Driver	32850	5	32850							
Ian Dunbar	31070	6	31070							
Dave Thompson	30620	5	30620		6048					
Vincent Alcock	29217	5	29217	6953						
Alistair Raffel	27301	4	27301	6856	6813					
Rob McHarry	26721	4	26721	6584	6753					
Malcolm Hughes	25927	4	25927	6556	6602					
Terry Coles	24520	4	24520	6040						
Steve Springall	21266	4	21266	5617						
Brian Tuohey	20870	4	20870					5477		
Mike Hall	20568	3	20568							
Daniel Chadwick	20208	3	20208	6859	6714					
Brian Griffiths	13795	2	13795	6864	6931					
Neville Griffiths	12208	2	12208							
David Roberts	12156	2	12156							
Mike Houghton	7518	1	7518							
Geoff Hand	7017	1	7017							
Richard Macilwa	6575	1	6575		6575					
Michael Bradley	6449	1	6449							

Vet men

NAME	Total points	Race total	Best 7	Track Mile	Track 3k	Green Drive 5	Tatton 10k	Cheshire 10k	Preston 10 miles	Stockport 10
Malcom Lingard	6098	1	6098							
Ranald Mackay	6093	1	6093							

Senior men

NAME	Total points	Race total	Best 7 total	4 Villages Half	St Annes 10 miler	High Legh 10k	Blackpool 10 miler	Liverpool Half	Wilmslow Half	Hale Village 5
Stuart Johnson	64032	9	50156							7125
Matthew Coles	19833	3	19833							
James Blundell	19267	4	19267							
Huw Kinsman	18292	3	18292							
Daniel Peers	13086	2	13086							
Alex Roberts	11300	2	11300							5629
Mat Rim'ton	0	0	0							
Andrew Coley	6035	1	6035							6035
David Pearson	5814	1	5814							
Martin Johnson	4971	1	4971							
Andrew Scott	3956	1	3956							

Senior men

NAME	Total points	Race total	Best 7 total	Chester Spring 5	Whitley 10k	Mid-Cheshire 5k	Chester Half	Walton Park 5 miles	Christleton 5k	Bowdon 5k
Stuart Johnson	64032	9	50156		7059	7210	7213		7319	
Matthew Coles	19833	3	19833			6409				
James Blundell	19267	4	19267							4724
Huw Kinsman	18292	3	18292							5894
Daniel Peers	13086	2	13086							
Alex Roberts	11300	2	11300							
Mat Rim'ton	0	0	0							
Andrew Coley	6035	1	6035							
David Pearson	5814	1	5814							
Martin Johnson	4971	1	4971							4971
Andrew Scott	3956	1	3956							

Senior men

NAME	Total points	Race total	Best 7 total	Peter Lowe 5k	WRR 10k	Sefton Park 5	Ellesmere Port 5K	Mid-Cheshire 5k (2)	Road Mile	Trafford 10k
Stuart Johnson	64032	9	50156		7096					
Matthew Coles	19833	3	19833	6521				6903		
James Blundell	19267	4	19267	4709						
Huw Kinsman	18292	3	18292							
Daniel Peers	13086	2	13086							
Alex Roberts	11300	2	11300							
Mat Rim'ton	0	0	0							
Andrew Coley	6035	1	6035							
David Pearson	5814	1	5814							
Martin Johnson	4971	1	4971							
Andrew Scott	3956	1	3956							

Senior men

NAME	Total points	Race total	Best 7 total	Englsih Half Marathon	EHM 10k	Track Mile	Track 3k	Green Drive 5	Tatton 10k	Cheshire 10k	Preston 10 miles
Stuart Johnson	64032	9	50156	6919		6957				7134	
Matthew Coles	19833	3	19833								
James Blundell	19267	4	19267			4969	4865				
Huw Kinsman	18292	3	18292			6171	6227				
Daniel Peers	13086	2	13086			6493	6593				
Alex Roberts	11300	2	11300			5671					
Mat Rim'ton	0	0	0								
Andrew Coley	6035	1	6035								
David Pearson	5814	1	5814			5814					
Martin Johnson	4971	1	4971								
Andrew Scott	3956	1	3956	3956							

Senior men

NAME	Total points	Race total	Best 7 total	Stockport 10
Stuart Johnson	64032	9	50156	
Matthew Coles	19833	3	19833	
James Blundell	19267	4	19267	
Huw Kinsman	18292	3	18292	
Daniel Peers	13086	2	13086	
Alex Roberts	11300	2	11300	
Mat Rim'ton	0	0	0	
Andrew Coley	6035	1	6035	
David Pearson	5814	1	5814	
Martin Johnson	4971	1	4971	
Andrew Scott	3956	1	3956	

Vet women

NAME	Total points	Race total	Best 7 total	4 Villages Half	St Annes 10 miler	High Legh 10k	Trafford 10k	Blackpool 10 miler	Liverpool Half	Wilmslow half	Hale Village 5
Carolyn Arber	48726	7	48726								6961
Karon Forster	45741	6	45741								
Anne Fortune	41278	6	41278								
Eleanor Roberts	26825	4	26825	6349							
Kate Johnson	26064	4	26064								
Liz Whitfield	25470	4	25470								
Janice Leigh	25342	4	25342								
Joanne Buckley	24708	4	24708								
Katy Fuller	22977	4	22977								
Diane Springall	15668	3	15668								5181
Claire Andrew	14672	2	14672								
Helen Caldwell	14118	2	14118								
Suzy Wilde	14065	2	14065								
Maela Beliard	13839	3	13839					4421			
Linda Owen	13356	2	13356								
Jenny McIntyre	12869	2	12869								
Jo Sullivan	6481	1	6481								
Lisa Mackay	6333	1	6333	6333							
Lisa Hargreaves	6105	1	6105								
Christine Ramsdale	5413	1	5413								
Rachael Ince	4772	1	4772								
Victoria Coley	4439	1	4439								4439

Vet women

NAME	Total points	Race total	Best 7 total	Chester Spring 5	Whitley 10k	Mid-Cheshire 5k	Chester Half	Walton Park 5 miles	Christleton 5k	Blackpool Prom 10 mile	Bowdon 5k
Carolyn Arber	48726	7	48726			7044					6881
Karon Forster	45741	6	45741		7467						
Anne Fortune	41278	6	41278		6663			6981			
Eleanor Roberts	26825	4	26825								
Kate Johnson	26064	4	26064			6771	6290				
Liz Whitfield	25470	4	25470		5536						
Janice Leigh	25342	4	25342	6337		6396					
Joanne Buckley	24708	4	24708								6340
Katy Fuller	22977	4	22977								
Diane Springall	15668	3	15668								
Claire Andrew	14672	2	14672		7298						
Helen Caldwell	14118	2	14118								7054
Suzy Wilde	14065	2	14065								
Maela Beliard	13839	3	13839								
Linda Owen	13356	2	13356						6907		
Jenny McIntyre	12869	2	12869		6446						
Jo Sullivan	6481	1	6481								
Lisa Mackay	6333	1	6333								
Lisa Hargreaves	6105	1	6105								
Christine Ramsdale	5413	1	5413								
Rachael Ince	4772	1	4772								
Victoria Coley	4439	1	4439								

Vet women

NAME	Total points	Race total	Best 7 total	Peter Lowe 5k	WRR 10k	ClubHandicap 5k	Sefton Park 5	Ellesmere Port 5k	Mid-Cheshire 5k (2)	Road Mile	English Half Marathon
Carolyn Arber	48726	7	48726	7035				6894			
Karon Forster	45741	6	45741					7644	7927	7310	
Anne Fortune	41278	6	41278	6665			6660		7128		
Eleanor Roberts	26825	4	26825							6713	
Kate Johnson	26064	4	26064		6635						
Liz Whitfield	25470	4	25470							6511	
Janice Leigh	25342	4	25342		6356					6253	
Joanne Buckley	24708	4	24708	6111	6372						5885
Katy Fuller	22977	4	22977	5894					5947	5568	
Diane Springall	15668	3	15668		5350						
Claire Andrew	14672	2	14672								
Helen Caldwell	14118	2	14118	7064							
Suzy Wilde	14065	2	14065								
Maela Beliard	13839	3	13839		4910						4508
Linda Owen	13356	2	13356				6449				
Jenny McIntyre	12869	2	12869								
Jo Sullivan	6481	1	6481	6481							
Lisa Mackay	6333	1	6333								
Lisa Hargreaves	6105	1	6105								
Christine Ramsdale	5413	1	5413	5413							
Rachael Ince	4772	1	4772								
Victoria Coley	4439	1	4439								

Vet women

NAME	Total points	Race total	Best 7 total	EHM 10k	Track Mile	Track 3k	Green Drive 5	Tatton 10k	Cheshire 10k	Preston 10 miles	Stockport 10
Carolyn Arber	48726	7	48726		7024				6887		
Karon Forster	45741	6	45741			7726		7667			
Anne Fortune	41278	6	41278	7181							
Eleanor Roberts	26825	4	26825		6854	6909					
Kate Johnson	26064	4	26064		6368						
Liz Whitfield	25470	4	25470		6592	6831					
Janice Leigh	25342	4	25342								
Joanne Buckley	24708	4	24708								
Katy Fuller	22977	4	22977		5568						
Diane Springall	15668	3	15668	5137							
Claire Andrew	14672	2	14672							7374	
Helen Caldwell	14118	2	14118								
Suzy Wilde	14065	2	14065		7117	6948					
Maela Beliard	13839	3	13839								
Linda Owen	13356	2	13356								
Jenny McIntyre	12869	2	12869		6423						
Jo Sullivan	6481	1	6481								
Lisa Mackay	6333	1	6333								
Lisa Hargreaves	6105	1	6105						6105		
Christine Ramsdale	5413	1	5413								
Rachael Ince	4772	1	4772	4772							
Victoria Coley	4439	1	4439								

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NAME	Total points	Race total	Best 7	4 Villages Half	St Annes 10 miler	High Legh 10k	Trafford 10k	Blackpool 10 miler	Liverpool Half	Wilmslow Half	Hale Village 5	Chester Spring 5
Alison Russell	48401	7	48401								6946	
Catherine Lyon	27675	5	27675									
Hayley Jardine	16521	3	16521									

senior women

NAME	Total points	Race total	Best 7	Whitley 10k	Mid-Cheshire 5k	Chester Half	Walton Park 5 miles	Christleton 5k	Bowdon 5k	Peter Lowe 5k	WRR 10k	ClubHandicap 5k	Sefton Park 5
Alison Russell	48401	7	48401	6735	7108					6881			6700
Catherine Lyon	27675	5	27675		5649					5523	5525		
Hayley Jardine	16521	3	16521						5552		5564		

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NAME	Total points	Race total	Best 7	Ellesmere)rt 5k	Mid-Cheshire 5k (2)	Road Mile	English Half Marathon	EHM 10k	Track Mile	Track 3k	Green Drive 5	Tatton 10k	Cheshire 10k
Alison Russell	48401	7	48401			6967			7064				
Catherine Lyon	27675	5	27675			5433				5545			
Hayley Jardine	16521	3	16521				5405						

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NAME	Total points	Race total	Best 7	Preston 10 miles	Stockport 10
Alison Russell	48401	7	48401		
Catherine Lyon	27675	5	27675		
Hayley Jardine	16521	3	16521		