

Forest Park Ladies 5k Wednesday 4-Jul-2012

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Individual results

Category winners are *shown in italics*.

Pos	Time	Name	Club	Category	mins/k	RaceNo
1	0:19:00	<i>BLIZZARD, Louise</i>	<i>Belgrave Harriers</i>	<i>Ladies Vet 35</i>	03:48.0	53
2	0:19:52	<i>WILSON, Charlotte</i>	<i>Liverpool Harriers</i>	<i>Senior Ladies</i>	03:58.4	39
3	0:19:57	WHITFIELD, Liz	Spectrum Striders	Senior Ladies	03:59.4	1
4	0:20:11	ASHBROOK, Jane	Helsby RC	Ladies Vet 35	04:02.2	64
5	0:20:19	BULLOCK, Stephanie	Penny Lane Striders	Senior Ladies	04:03.8	217
6	0:20:46	<i>PYATT, Emma-Louise</i>	<i>Vale Royal AC</i>	<i>Junior Ladies</i>	04:09.2	216
7	0:21:41	SCOTT, Lucy	Vale Royal AC	Junior Ladies	04:20.2	70
8	0:21:45	<i>FORSTER, Karon</i>	<i>Spectrum Striders</i>	<i>Ladies Vet 50</i>	04:21.0	27
9	0:21:47	MACKNESS, Sarah	Altrincham & District AC	Senior Ladies	04:21.4	179
10	0:21:50	DRAPER, Alison	Spectrum Striders	Senior Ladies	04:22.0	175
11	0:21:52	GRAY, Laura	Vale Royal AC	Junior Ladies	04:22.4	50
12	0:22:09	<i>GREEN, Sarah</i>	<i>Swinton RC</i>	<i>Ladies Vet 45</i>	04:25.8	38
13	0:22:21	ESSEX-CROSBY, Emma	Preston Harriers	Senior Ladies	04:28.2	161
14	0:22:33	CHESWORTH, Deborah	South Cheshire Harriers	Senior Ladies	04:30.6	197
15	0:22:35	SHAW, Carol	Helsby RC	Ladies Vet 50	04:31.0	33
16	0:22:50	ECCLESTON, Julia	St Helens-Sutton AC	Ladies Vet 35	04:34.0	40
17	0:22:53	GIBBONS, Cara	Crewe & Nantwich AC	Junior Ladies	04:34.6	169
18	0:23:04	ROBERTSON, Janet	Helsby RC	Ladies Vet 45	04:36.8	45
19	0:23:08	<i>CALDWELL, Helen</i>	<i>Spectrum Striders</i>	<i>Ladies Vet 40</i>	04:37.6	22
20	0:23:23	HAMBLETT, Diane		Ladies Vet 40	04:40.6	36
21	0:23:26	SMITH, Diane	South Cheshire Harriers	Ladies Vet 35	04:41.2	6
22	0:23:28	FIRTH, Clare		Ladies Vet 35	04:41.6	57
23	0:23:29	SPOONER, Alice	Penny Lane Striders	Ladies Vet 35	04:41.8	41
24	0:23:31	ROGERS, Caroline	Spectrum Striders	Ladies Vet 50	04:42.2	21
25	0:23:34	SIDEBOTHAM, Rachel	Wigan Harriers	Junior Ladies	04:42.8	29
26	0:24:37	EDMONDSON, Linda	Wrekin Road Runners	Ladies Vet 50	04:55.4	192
27	0:24:55	<i>FORTUNE, Anne</i>	<i>Spectrum Striders</i>	<i>Ladies Vet 55</i>	04:59.0	31
28	0:25:35	MOORE, Linda	Widnes Wasps	Ladies Vet 50	05:07.0	56
29	0:25:43	SULLIVAN, Jo	Spectrum Striders	Ladies Vet 45	05:08.6	63
30	0:26:06	DALTON, Kelly		Senior Ladies	05:13.2	205
31	0:26:17	GREEN, Tracey	Last Inn Runners	Ladies Vet 45	05:15.4	66
32	0:26:19	IRONSIDE, Tricia		Ladies Vet 40	05:15.8	211
33	0:26:25	RYAN, Kathryn	Lymm Runners	Senior Ladies	05:17.0	189
34	0:26:28	CAMMISH, Kate	Swinton RC	Ladies Vet 35	05:17.6	171
35	0:26:31	ROBERTS, Kathryn	Spectrum Striders	Ladies Vet 45	05:18.2	158
36	0:26:43	ANDREWS, Vicky	Spectrum Striders	Senior Ladies	05:20.6	32
37	0:26:47	BROOKER, Gillian		Ladies Vet 40	05:21.4	49
38	0:26:54	ARBER, Carolyn	Spectrum Striders	Ladies Vet 50	05:22.8	20
39	0:27:00	MCCLELLAND, Jenny	Lymm Runners	Ladies Vet 40	05:24.0	157
40	0:27:23	<i>DEAKIN, Judith</i>	<i>Preston Harriers</i>	<i>Ladies Vet 65+</i>	05:28.6	190
41	0:27:28	DURET, Diane	Chester Triathlon Club	Ladies Vet 40	05:29.6	68
42	0:27:34	LAWRENCE, Jennifer		Ladies Vet 35	05:30.8	213
43	0:27:55	BUCK, Sue		Ladies Vet 45	05:35.0	188
44	0:28:00	THOMPSON, Ros		Ladies Vet 55	05:36.0	24
45	0:28:00	TICKLE, Beverley	Astley & Tyldesley RR	Ladies Vet 35	05:36.0	195
46	0:28:24	JOHNSTON, Emma	Spectrum Striders	Ladies Vet 40	05:40.8	99

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47	0:28:37	ROBERTS, Sharen	Swinton RC	Ladies Vet 35	05:43.4	166
48	0:28:38	WILCOCK, Kerry		Ladies Vet 35	05:43.6	218
49	0:28:48	LEWIS, Sandra		Ladies Vet 45	05:45.6	167
50	0:28:51	SIDEBOTHAM, Lydia		Junior Ladies	05:46.2	42
51	0:28:53	LEIGH, Sarah	Spectrum Striders	Ladies Vet 35	05:46.6	193
52	0:28:53	HORN, Tracey		Ladies Vet 35	05:46.6	202
53	0:28:55	SEDDON, Lisa		Ladies Vet 40	05:47.0	11
54	0:29:06	COLE, Lesley	South Cheshire Harriers	Ladies Vet 55	05:49.2	30
55	0:29:19	GLYSEN, Louise		Ladies Vet 35	05:51.8	37
56	0:29:41	HILL-JONES, Andrea		Senior Ladies	05:56.2	156
57	0:29:44	CARTER, Katy		Senior Ladies	05:56.8	194
58	0:29:50	DUGDALE, Emma	Spectrum Striders	Junior Ladies	05:58.0	25
59	0:29:54	HOWARTH, Maggie		Ladies Vet 35	05:58.8	206
60	0:29:58	RAMSDALE, Christine	Spectrum Striders	Ladies Vet 60	05:59.6	7
61	0:30:04	HOUGH, Grace	Telford Harriers	Ladies Vet 60	06:00.8	212
62	0:30:14	JOHNSON, Lucy	Spectrum Striders	Senior Ladies	06:02.8	168
63	0:30:14	FORD, Louise	St Helens-Sutton AC	Ladies Vet 40	06:02.8	184
64	0:30:17	ANDREWS, Gail		Ladies Vet 35	06:03.4	65
65	0:30:25	CORRIGAN, Louise	Swinton RC	Senior Ladies	06:05.0	162
66	0:30:33	OWEN, Linda	Spectrum Striders	Ladies Vet 50	06:06.6	12
67	0:30:33	NICHOLSON, Gina		Ladies Vet 40	06:06.6	19
68	0:30:33	PRICE, Sally		Ladies Vet 50	06:06.6	17
69	0:30:55	FAIRHURST, Dorothy	St Helens-Sutton AC	Ladies Vet 65+	06:11.0	69
70	0:31:13	KETTLE, Helen	South Cheshire Harriers	Ladies Vet 35	06:14.6	176
71	0:31:15	DEAN, Emma		Ladies Vet 35	06:15.0	5
72	0:31:41	MURPHY, Jan	Ford AC	Ladies Vet 65+	06:20.2	2
73	0:31:49	MORRIS, Karen		Ladies Vet 40	06:21.8	178
74	0:32:02	NOXON, Kath		Senior Ladies	06:24.4	208
75	0:32:10	PEERS, Jenny		Ladies Vet 35	06:26.0	201
76	0:32:15	MILLINGTON, Andrea	Spectrum Striders	Ladies Vet 40	06:27.0	18
77	0:32:15	BIRCHALL, Marianne		Senior Ladies	06:27.0	209
78	0:32:24	BARLOW, Patricia	Spectrum Striders	Ladies Vet 50	06:28.8	34
79	0:32:34	YATES, Elizabeth	Spectrum Striders	Senior Ladies	06:30.8	44
80	0:32:35	PICTON, Pauline	St Helens-Sutton AC	Ladies Vet 55	06:31.0	172
81	0:32:45	BLOOD, Julie		Ladies Vet 35	06:33.0	214
82	0:33:33	NOXON, Debbie		Senior Ladies	06:42.6	207
83	0:33:48	SILCOCK, Tammy		Ladies Vet 35	06:45.6	59
84	0:33:54	HUGHES, Killie		Senior Ladies	06:46.8	14
85	0:33:56	YOUNG, Karen	St Helens-Sutton AC	Ladies Vet 40	06:47.2	185
86	0:33:57	PILLING, Angela	Bolton United Harriers	Ladies Vet 60	06:47.4	187
87	0:34:08	MCNABB, Alex		Ladies Vet 35	06:49.6	200
88	0:34:12	HASLAM, Catherine	Swinton RC	Senior Ladies	06:50.4	54
89	0:34:14	CLIFFE, Natalie		Senior Ladies	06:50.8	47
90	0:34:14	ROBINSON, Lydia		Ladies Vet 45	06:50.8	48
91	0:34:42	JOHNSON, Katharine		Ladies Vet 35	06:56.4	51
92	0:34:42	DRISCOLL, Jane		Ladies Vet 40	06:56.4	52
93	0:35:12	CLAGUE, Susan	St Helens-Sutton AC	Ladies Vet 45	07:02.4	177
94	0:35:21	ELDRIDGE, Trena		Ladies Vet 45	07:04.2	62
95	0:35:28	BARBER, Helen		Ladies Vet 50	07:05.6	60
96	0:35:33	SIDEBOTHAM, Janet		Ladies Vet 35	07:06.6	43
97	0:35:50	HOLMES, Janet	St Helens-Sutton AC	Ladies Vet 55	07:10.0	173

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98	0:36:57	ALLCOCK, Louise		Junior Ladies	07:23.4	26
99	0:36:57	LLOYD-JONES, Rhiannon		Junior Ladies	07:23.4	35
100	0:37:32	CARTER, Sarah		Senior Ladies	07:30.4	210
101	0:37:32	O'HARA, Marie		Ladies Vet 50	07:30.4	46
102	0:37:40	CARTER, Peta		Ladies Vet 50	07:32.0	58
103	0:37:40	FIELD, Lisa		Ladies Vet 40	07:32.0	164
104	0:37:41	HART, Tracey	Spectrum Striders	Ladies Vet 40	07:32.2	196
105	0:37:41	SIMPSON, Louise	Southend AC	Senior Ladies	07:32.2	55
106	0:37:57	EAVES, Emma	Spectrum Striders	Senior Ladies	07:35.4	67
107	0:38:01	MEDLICOTT, Alison		Ladies Vet 45	07:36.2	165
108	0:38:53	JOHNSON, Emma		Senior Ladies	07:46.6	204
109	0:39:16	MACILWAINE, Jackie		Ladies Vet 50	07:51.2	13
110	0:39:23	HUGHES, Janet		Ladies Vet 50	07:52.6	15
111	0:39:34	WILCOCK, Kay	St Helens-Sutton AC	Ladies Vet 45	07:54.8	182
112	0:39:57	WEGNER, Gabrielle	Spectrum Striders	Ladies Vet 45	07:59.4	28
113	0:40:48	GOUK, Andrea		Ladies Vet 40	08:09.6	163
114	0:40:50	ANDREWS, Val		Ladies Vet 55	08:10.0	61
115	0:40:50	HEWITT, Anne	Spectrum Striders	Ladies Vet 60	08:10.0	8
116	0:41:00	WOOSEY, Julie	St Helens-Sutton AC	Ladies Vet 45	08:12.0	180
117	0:43:16	HART, Katy		Junior Ladies	08:39.2	4
118	0:43:16	REYNOLDS, KD Anne		Junior Ladies	08:39.2	3
119	0:44:58	BREEN, Elizabeth		Ladies Vet 60	08:59.6	16

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Team Results

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1	Spectrum Striders	3	0:19:57	WHITFIELD, Liz	Senior Ladies
		8	0:21:45	FORSTER, Karon	Ladies Vet 50
		10	0:21:50	DRAPER, Alison	Senior Ladies
2	Vale Royal AC	6	0:20:46	PYATT, Emma-Louise	Junior Ladies
		7	0:21:41	SCOTT, Lucy	Junior Ladies
		11	0:21:52	GRAY, Laura	Junior Ladies
3	Helsby RC	4	0:20:11	ASHBROOK, Jane	Ladies Vet 35
		15	0:22:35	SHAW, Carol	Ladies Vet 50
		18	0:23:04	ROBERTSON, Janet	Ladies Vet 45
4	Spectrum Striders	19	0:23:08	CALDWELL, Helen	Ladies Vet 40
		24	0:23:31	ROGERS, Caroline	Ladies Vet 50
		27	0:24:55	FORTUNE, Anne	Ladies Vet 55
5	South Cheshire Harriers	14	0:22:33	CHESWORTH, Deborah	Senior Ladies
		21	0:23:26	SMITH, Diane	Ladies Vet 35
		54	0:29:06	COLE, Lesley	Ladies Vet 55
6	Swinton RC	12	0:22:09	GREEN, Sarah	Ladies Vet 45
		34	0:26:28	CAMMISH, Kate	Ladies Vet 35
		47	0:28:37	ROBERTS, Sharen	Ladies Vet 35
7	Spectrum Striders	29	0:25:43	SULLIVAN, Jo	Ladies Vet 45
		35	0:26:31	ROBERTS, Kathryn	Ladies Vet 45
		36	0:26:43	ANDREWS, Vicky	Senior Ladies
8	Spectrum Striders	38	0:26:54	ARBER, Carolyn	Ladies Vet 50
		46	0:28:24	JOHNSTON, Emma	Ladies Vet 40
		51	0:28:53	LEIGH, Sarah	Ladies Vet 35
9	St Helens-Sutton AC	16	0:22:50	ECCLESTON, Julia	Ladies Vet 35
		63	0:30:14	FORD, Louise	Ladies Vet 40
		69	0:30:55	FAIRHURST, Dorothy	Ladies Vet 65+
10	Spectrum Striders	58	0:29:50	DUGDALE, Emma	Junior Ladies
		60	0:29:58	RAMSDALE, Christine	Ladies Vet 60
		62	0:30:14	JOHNSON, Lucy	Senior Ladies
11	Spectrum Striders	66	0:30:33	OWEN, Linda	Ladies Vet 50
		76	0:32:15	MILLINGTON, Andrea	Ladies Vet 40
		78	0:32:24	BARLOW, Patricia	Ladies Vet 50
12	St Helens-Sutton AC	80	0:32:35	PICTON, Pauline	Ladies Vet 55
		85	0:33:56	YOUNG, Karen	Ladies Vet 40
		93	0:35:12	CLAGUE, Susan	Ladies Vet 45

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Pos	Club	Pos	Time	Name	Category
13 :	Spectrum Striders	79	0:32:34	YATES, Elizabeth	Senior Ladies
		104	0:37:41	HART, Tracey	Ladies Vet 40
		106	0:37:57	EAVES, Emma	Senior Ladies
14 :	St Helens-Sutton AC	97	0:35:50	HOLMES, Janet	Ladies Vet 55
		111	0:39:34	WILCOCK, Kay	Ladies Vet 45
		116	0:41:00	WOOSEY, Julie	Ladies Vet 45