

Peter Lowe Memorial Hollins Green 5k Road Race

Saturday 30-May-2009 at 4:30pm

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk) v2 30-Jun-2009

Pos	Time	Name	Club	Category	mins/km	Race no
1	0:16:17	BOOTH, Gareth	Horwich RMI Harriers	Senior Men(18-39)	03:15.4	1034
2	0:16:23	HUGHES, Rob	Salford Harriers	Senior Men(18-39)	03:16.6	1054
3	0:16:24	CROWE, Steven	Ellesmere Port RC	Senior Men(18-39)	03:16.8	1039
4	0:16:27	MURRAY, Alastair	Horwich RMI Harriers	Senior Men(18-39)	03:17.4	1079
5	0:16:49	HATCH, Mike	Sale Harriers Mcr	Senior Men(18-39)	03:21.8	79
6	0:16:50	WHITTINGHAM, Andrew	Altrincham & District AC	Senior Men(18-39)	03:22.0	42
7	0:17:03	MACNEIL, Graham	Wilmslow RC	Male Vet 45	03:24.6	130
8	0:17:11	RATCLIFFE, Graham	Wirral AC	Male Vet 50	03:26.2	99
9	0:17:26	TIMMINS, Adrian	Warrington AC	Senior Men(18-39)	03:29.2	1064
10	0:17:28	DODD, Mark	Ellesmere Port RC	Senior Men(18-39)	03:29.6	1083
11	0:17:31	WEALL, Paul	Wigan Phoenix	Senior Men(18-39)	03:30.2	1038
12	0:17:34	FLAGE, Owen	Oldham & Royton Harriers	Senior Men(18-39)	03:30.8	1056
13	0:17:39	GEE, David	Manchester Harriers	Male Vet 55	03:31.8	91
14	0:17:41	NICHOLLS, Stephen	Wigan Phoenix	Senior Men(18-39)	03:32.2	118
15	0:17:44	MARTIN, Colin	Spectrum Striders	Male Vet 50	03:32.8	3
16	0:17:46	MARTIN, Stephen	Spectrum Striders	Male Vet 45	03:33.2	10
17	0:17:47	WOOD, Lee	Sale Harriers Mcr	Senior Men(18-39)	03:33.4	74
18	0:17:47	BURTHEM, Stephen	Warrington AC	Male Vet 45	03:33.4	1009
19	0:17:47	MAHER, Peter	Vale Royal AC	Male Vet 50	03:33.4	66
20	0:17:48	NORTON, Mark	Altrincham & District AC	Senior Men(18-39)	03:33.6	68
21	0:17:48	CLAGUE, Andrew	West Cheshire AC	Male Vet 40	03:33.6	36
22	0:17:51	TYLER, William		Senior Men(18-39)	03:34.2	59
23	0:17:53	AINSWORTH, Dave	Altrincham & District AC	Male Vet 50	03:34.6	1049
24	0:17:56	COSTELLO, Ian	St Helens-Sutton AC	Senior Men(18-39)	03:35.2	1092
25	0:17:58	CROMPTON, Neil	Spectrum Striders	Senior Men(18-39)	03:35.6	1091
26	0:18:03	BANO-THORNTON, Colin	Altrincham & District AC	Senior Men(18-39)	03:36.6	102
27	0:18:07	CARRINGTON, Dave	Altrincham & District AC	Male Vet 50	03:37.4	1087
28	0:18:08	TIMMINS, Heather	Warrington AC	Senior Lady(18-34)	03:37.6	1042
29	0:18:08	WHITFIELD, Liz	Spectrum Striders	Senior Lady(18-34)	03:37.6	4
30	0:18:15	FULLER, Adrian	Altrincham & District AC	Senior Men(18-39)	03:39.0	1058
31	0:18:15	BRATT, Chris	Sale Harriers Mcr	Male Vet 40	03:39.0	98
32	0:18:15	WELSBY, Mike	Spectrum Striders	Senior Men(18-39)	03:39.0	116
33	0:18:17	CORDINGLEY, Frank	Sale Harriers Mcr	Male Vet 45	03:39.4	1076
34	0:18:18	HARRISON, Graham	Altrincham & District AC	Male Vet 45	03:39.6	34
35	0:18:24	HICKEN, Paul	Warrington AC	Senior Men(18-39)	03:40.8	19
36	0:18:28	HUDSON, Alan	Wesham Road Runners	Male Vet 55	03:41.6	1019
37	0:18:29	WILLCOCK, Gary	Sale Harriers Mcr	Male Vet 45	03:41.8	1081
38	0:18:36	GARNETT, Neil	Spectrum Striders	Male Vet 45	03:43.2	1061
39	0:18:49	JONES, Mark	Warrington Road Runners	Senior Men(18-39)	03:45.8	1088
40	0:18:51	ROUILLON, Georges	Spectrum Striders	Junior Man(13-17)	03:46.2	9
41	0:18:53	WOLSTENCROFT, Shane	Salford Met	Senior Men(18-39)	03:46.6	1085
42	0:18:53	PUDGE, Ian	Fell Ponies	Senior Men(18-39)	03:46.6	1047
43	0:18:53	CHRISTEY, Scott	Astley and Tyldesley Road Runners	Male Vet 40	03:46.6	1021
44	0:18:57	SHEEHY, Leanne	Leigh Harriers &AC	Senior Lady(18-34)	03:47.4	89
45	0:18:59	TODD, John	Vale Royal AC	Male Vet 45	03:47.8	1025
46	0:19:00	WARD, Mervyn	Warrington AC	Male Vet 50	03:48.0	1005
47	0:19:08	HUESKEN, Markus		Senior Men(18-39)	03:49.6	125
48	0:19:12	GARSDIE, Philip	Swinton R.C	Male Vet 55	03:50.4	1055
49	0:19:17	PARROTT, John	Stockport Harriers	Male Vet 50	03:51.4	1022
50	0:19:17	SALIHI, Nabilah	Spectrum Striders	Senior Lady(18-34)	03:51.4	1060

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51	0:19:18	SEDDON, Paul	Wigan Phoenix	Senior Men(18-39)	03:51.6	1051
52	0:19:20	JOHNSTON, Gordon	Salford Metropolitan AC	Senior Men(18-39)	03:52.0	1072
53	0:19:24	MCNICHOLAS, Stephen	Penny Lane Striders	Male Vet 40	03:52.8	1032
54	0:19:24	DAWSON, Chris	Spectrum Striders	Junior Man(13-17)	03:52.8	1016
55	0:19:25	HARGREAVES, Billy	Liverpool Harriers	Male Vet 60+	03:53.0	1068
56	0:19:26	HARTOPP, Alison	Macclesfield Harriers	Lady Vet 40	03:53.2	1052
57	0:19:31	EDWARDS, Byron		Senior Men(18-39)	03:54.2	1094
58	0:19:33	TAYLOR, David	Chorley AC	Male Vet 45	03:54.6	1071
59	0:19:33	MOORE, Rachael	Wigan Phoenix	Senior Lady(18-34)	03:54.6	1070
60	0:19:34	SCOTT, Dominic	Altrincham & District AC	Junior Man(13-17)	03:54.8	24
61	0:19:36	PENNINGTON, Andy	Spectrum Striders	Male Vet 40	03:55.2	1020
62	0:19:41	CARTHY, Kieran		Senior Men(18-39)	03:56.2	1095
63	0:19:42	HULME, Tony	Wilmslow RC	Male Vet 60+	03:56.4	124
64	0:19:44	MURPHY, Tim	Spectrum Striders	Male Vet 45	03:56.8	77
65	0:19:46	BROWN, Keith	Warrington Road Runners	Male Vet 45	03:57.2	123
66	0:19:50	BARNETT, Gemma	Vale Royal AC	Senior Lady(18-34)	03:58.0	1024
67	0:19:58	KAY, Colin		Male Vet 50	03:59.6	1010
68	0:20:00	MARTIN, Marian	Spectrum Striders	Lady Vet 50	04:00.0	20
69	0:20:05	STUART, Michael	Altrincham & District AC	Male Vet 40	04:01.0	115
70	0:20:07	BURGESS, Ken	Altrincham & District AC	Male Vet 60+	04:01.4	45
71	0:20:07	BARTON, Andrew	Altrincham & District AC	Senior Men(18-39)	04:01.4	71
72	0:20:09	WHARTON, Michael	Sale Harriers Mcr	Senior Men(18-39)	04:01.8	53
73	0:20:09	GILBERT, Geoff	Wilmslow RC	Male Vet 55	04:01.8	64
74	0:20:11	PARKER, Stephen		Male Vet 45	04:02.2	1084
75	0:20:11	JONES, Michael	Altrincham & District AC	Male Vet 50	04:02.2	1045
76	0:20:14	HARBRON, Chris	Macclesfield Harriers	Senior Men(18-39)	04:02.8	1053
77	0:20:14	PINNINGTON, David	Penny Lane Striders	Male Vet 45	04:02.8	93
78	0:20:16	GARNETT, Andy	Spectrum Striders	Male Vet 55	04:03.2	109
79	0:20:18	EHLEN, Brad	Spectrum Striders	Senior Men(18-39)	04:03.6	94
80	0:20:20	HAMPSON, Christopher	Warrington Road Runners	Senior Men(18-39)	04:04.0	1082
81	0:20:22	UTTON, Damian	Altrincham & District AC	Male Vet 45	04:04.4	1069
82	0:20:23	CHADWICK, Daniel	Spectrum Striders	Senior Men(18-39)	04:04.6	114
83	0:20:23	BRIERLEY, Chris	Northern Vets AC	Male Vet 50	04:04.6	1017
84	0:20:30	WHITE, Anthony	Cheshire Hash Harriers	Male Vet 40	04:06.0	86
85	0:20:33	BECK, David	Warrington Road Runners	Senior Men(18-39)	04:06.6	1086
86	0:20:39	HEMMING, Caroline	Spectrum Striders	Lady Vet 40	04:07.8	1026
87	0:20:42	DAWSON, Jim	Warrington Road Runners	Male Vet 45	04:08.4	1015
88	0:20:50	MCHARRY, Rob	Spectrum Striders	Male Vet 45	04:10.0	108
89	0:20:52	BELL, Tony	Warrington Road Runners	Male Vet 45	04:10.4	1066
90	0:20:54	DOOLEY, Andrew	Styal RC	Male Vet 50	04:10.8	41
91	0:20:57	WAITE, Sarah	Wilmslow RC	Senior Lady(18-34)	04:11.4	106
92	0:21:00	DYDE, Alasdair	South Cheshire Harriers	Male Vet 45	04:12.0	33
93	0:21:09	PICKFORD, Stephen	Spectrum Striders	Senior Men(18-39)	04:13.8	6
94	0:21:09	HARRISON, Carole	Altrincham & District AC	Lady Vet 40	04:13.8	35
95	0:21:12	BEATTIE, Geoffrey	Sale Harriers Mcr	Male Vet 55	04:14.4	1014
96	0:21:14	WALTON, Derek	Altrincham & District AC	Male Vet 60+	04:14.8	1001
97	0:21:15	WEBSTER, Emma	Wigan Phoenix	Senior Lady(18-34)	04:15.0	1037
98	0:21:15	MAIRS, Stuart	Salford Met	Senior Men(18-39)	04:15.0	96
99	0:21:19	APRAHAMIAN, Miran	Sale Harriers Mcr	Male Vet 50	04:15.8	1065
100	0:21:19	AINSCOW, Barrie	Dragon's RC (Sale)	Male Vet 45	04:15.8	119
101	0:21:22	HEALY, Joanne	Dragon's RC (Sale)	Lady Vet 35	04:16.4	1012
102	0:21:27	BRISCOE, Ally		Lady Vet 40	04:17.4	49

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103	0:21:28	NICHOLLS, Jan	Sale Harriers Mcr	Lady Vet 35	04:17.6	126
104	0:21:33	PICKARD, Dale	Dragon's RC (Sale)	Male Vet 50	04:18.6	97
105	0:21:38	GRIFFITHS, Neville	Spectrum Striders	Male Vet 60+	04:19.6	132
106	0:21:44	ROGERS, Gerry	Styal RC	Male Vet 50	04:20.8	48
107	0:21:46	JACKSON, David	Warrington AC	Male Vet 45	04:21.2	1089
108	0:21:49	DEMPSTER, Louise	Spectrum Striders	Lady Vet 45	04:21.8	120
109	0:21:52	TAVENER, Mary	Vale Royal AC	Lady Vet 45	04:22.4	82
110	0:22:00	FREEMAN, Mark		Male Vet 40	04:24.0	92
111	0:22:02	CHARMAN, Michael	Spectrum Striders	Male Vet 55	04:24.4	129
112	0:22:05	CUTLER, Mike	South Cheshire Harriers	Male Vet 50	04:25.0	1073
113	0:22:06	COLLIER, Anthony	Styal RC	Male Vet 50	04:25.2	63
114	0:22:10	POPE, Mansel	Altrincham & District AC	Male Vet 55	04:26.0	1048
115	0:22:10	BARWISE, Ian	Warrington Road Runners	Male Vet 55	04:26.0	1011
116	0:22:14	PERCIVAL, Toby		Senior Men(18-39)	04:26.8	83
117	0:22:16	FERNS, Mark	Sale Harriers Mcr	Male Vet 45	04:27.2	1074
118	0:22:16	FEARON, Rosie	Trafford AC	Senior Lady(18-34)	04:27.2	1050
119	0:22:23	PEERS, Alan	Spectrum Striders	Male Vet 60+	04:28.6	107
120	0:22:34	MARCH, Chris		Senior Men(18-39)	04:30.8	122
121	0:22:41	JONES, Alan	Deestriders RC	Male Vet 40	04:32.2	1004
122	0:22:41	CALDWELL-HOE, Richard	Warrington Road Runners	Senior Men(18-39)	04:32.2	1062
123	0:22:43	HOWARTH, Sally	Trafford AC	Lady Vet 40	04:32.6	37
124	0:22:48	COLES, Terry	Spectrum Striders	Male Vet 60+	04:33.6	13
125	0:22:50	CLARKE, Jonathan	Styal RC	Male Vet 40	04:34.0	61
126	0:22:55	KEELING, William	Harlow Running Club	Male Vet 40	04:35.0	1096
127	0:22:56	DARBY, Sam	Penny Lane Striders	Male Vet 50	04:35.2	1041
128	0:22:59	RILEY, John	Northern Vets AC	Male Vet 60+	04:35.8	43
129	0:23:03	DOOLEY, John P	Spectrum Striders	Male Vet 60+	04:36.6	14
130	0:23:05	STREET, Joanne	Sale Harriers Mcr	Senior Lady(18-34)	04:37.0	80
131	0:23:08	LOWTHIAN, Charles	Styal RC	Male Vet 50	04:37.6	44
132	0:23:11	OWEN, John	Spectrum Striders	Male Vet 50	04:38.2	1044
133	0:23:11	GERAGHTY, Christine	Wilmslow RC	Lady Vet 45	04:38.2	1046
134	0:23:19	ROGERS, Rosemary	Deestriders RC	Lady Vet 55	04:39.8	27
135	0:23:22	POWELL, Nigel	Altrincham & District AC	Male Vet 45	04:40.4	70
136	0:23:29	DARBY, Gill	Penny Lane Striders	Lady Vet 45	04:41.8	1040
137	0:23:49	MCCARTHY, Patrick	Altrincham & District AC	Male Vet 40	04:45.8	1006
138	0:23:53	PERCIVAL, John		Male Vet 50	04:46.6	1080
139	0:24:08	REDPATH, David	Spectrum Striders	Male Vet 55	04:49.6	87
140	0:24:10	HART, Steve	Swinton R.C	Male Vet 50	04:50.0	1098
141	0:24:13	ROUILLON, Philippe	Spectrum Striders	Male Vet 50	04:50.6	8
142	0:24:16	DUNBAR, Ian	Spectrum Striders	Male Vet 55	04:51.2	75
143	0:24:18	COLLEN, Gillian	Warrington Road Runners	Lady Vet 50	04:51.6	1093
144	0:24:21	BAILEY, Sid	Deestriders RC	Male Vet 50	04:52.2	1013
145	0:24:25	MOLLOY, Mark	Warrington Road Runners	Male Vet 40	04:53.0	1033
146	0:24:28	KELLY, Michelle	Penny Lane Striders	Lady Vet 50	04:53.6	28
147	0:24:36	ROACH, John		Male Vet 45	04:55.2	1036
148	0:24:36	SCOTT, Nicola	Altrincham & District AC	Junior Lady (13-17)	04:55.2	23
149	0:24:49	ROACH, Paula		Lady Vet 40	04:57.8	1035
150	0:25:10	CHARLTON, Rachael	Styal RC	Lady Vet 40	05:02.0	1075
151	0:25:11	JENKINSON, Alan	Styal RC	Male Vet 60+	05:02.2	72
152	0:25:13	WALSH, Shelley	Warrington Road Runners	Lady Vet 55	05:02.6	1067
153	0:25:22	REDPATH, Janet	Spectrum Striders	Lady Vet 55	05:04.4	88
154	0:25:33	KITCHEN, Graham	Dragon's RC (Sale)	Male Vet 45	05:06.6	76

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155	0:25:35	WELLER, Theresa Louise	Styal RC	Lady Vet 45	05:07.0	121
156	0:25:39	HIGGINS, Brian	Styal RC	Male Vet 55	05:07.8	15
157	0:25:41	CHARMAN, Stephanie	Spectrum Striders	Lady Vet 55	05:08.2	128
158	0:25:43	MORAN, Lorraine		Lady Vet 35	05:08.6	1008
159	0:25:44	DAVIES, Lauren	Sale Harriers Mcr	Senior Lady(18-34)	05:08.8	62
160	0:25:44	WHITHAM, Ian	Sale Harriers Mcr	Male Vet 40	05:08.8	1031
161	0:25:47	FRYER, Andy	Swinton R.C	Senior Men(18-39)	05:09.4	1097
162	0:26:17	THACKRAY, Charles	West Cheshire AC	Male Vet 60+	05:15.4	30
163	0:26:18	CHAMBERLAIN, Elizabeth	Spectrum Striders	Senior Lady(18-34)	05:15.6	1063
164	0:26:30	MCGLENNON, Kirsty		Senior Lady(18-34)	05:18.0	1002
165	0:26:30	CRESSWELL, David		Senior Men(18-39)	05:18.0	18
166	0:26:43	DYDE, Sarah	South Cheshire Harriers	Lady Vet 40	05:20.6	32
167	0:26:53	MAZDON, David		Male Vet 60+	05:22.6	1030
168	0:27:11	BRADLEY, William	Spectrum Striders	Male Vet 45	05:26.2	7
169	0:27:13	OWEN, Linda	Spectrum Striders	Lady Vet 50	05:26.6	1043
170	0:27:22	BARNETT, Michael		Senior Men(18-39)	05:28.4	1023
171	0:27:37	HAMILTON, Samantha		Lady Vet 40	05:31.4	1078
172	0:27:38	GREENALL, Chris	Burnden Road Runners	Male Vet 40	05:31.6	1077
173	0:27:59	GRANT, Naomi	Sale Harriers Mcr	Lady Vet 35	05:35.8	1018
174	0:28:04	BUNDOCK, Sarah	Dragon's RC (Sale)	Lady Vet 35	05:36.8	110
175	0:28:10	HUTSON, Val	Spectrum Striders	Lady Vet 45	05:38.0	117
176	0:28:47	DEWSBURY, Claire		Lady Vet 35	05:45.4	1090
177	0:29:04	HOWARTH, Geoff	Northern Vets AC	Male Vet 60+	05:48.8	1027
178	0:29:44	BLACK, Kenneth	Spectrum Striders	Male Vet 60+	05:56.8	1059
179	0:29:51	FELL, Carol	Warrington Road Runners	Lady Vet 55	05:58.2	39
180	0:30:22	VANDERWESTHUIZEN, Henry		Male Vet 45	06:04.4	1057
181	0:30:57	BILOUS, Isabel		Senior Lady(18-34)	06:11.4	38
182	0:30:59	CRESSWELL, Lisa		Lady Vet 35	06:11.8	17
183	0:30:59	ATTWELL, Dave	Altrincham & District AC	Male Vet 60+	06:11.8	47

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Mens Team Results

Based on 4 runners per team.

Pos	Club	Pos	Time	Name	Category	Race no
1	: Altrincham & District AC	6	0:16:50	WHITTINGHAM, Andrew	Senior Men(18-39)	42
		20	0:17:48	NORTON, Mark	Senior Men(18-39)	68
		23	0:17:53	AINSWORTH, Dave	Male Vet 50	1049
		26	0:18:03	BANO-THORNTON, Colin	Senior Men(18-39)	102
2	: Sale Harriers Mcr	5	0:16:49	HATCH, Mike	Senior Men(18-39)	79
		17	0:17:47	WOOD, Lee	Senior Men(18-39)	74
		29	0:18:15	BRATT, Chris	Male Vet 40	98
		31	0:18:17	CORDINGLEY, Frank	Male Vet 45	1076
3	: Spectrum Striders	15	0:17:44	MARTIN, Colin	Male Vet 50	3
		16	0:17:46	MARTIN, Stephen	Male Vet 45	10
		25	0:17:58	CROMPTON, Neil	Senior Men(18-39)	1091
		30	0:18:15	WELSBY, Mike	Senior Men(18-39)	116
4	: Warrington AC	9	0:17:26	TIMMINS, Adrian	Senior Men(18-39)	1064
		18	0:17:47	BURTHEM, Stephen	Male Vet 45	1009
		33	0:18:24	HICKEN, Paul	Senior Men(18-39)	19
		43	0:19:00	WARD, Mervyn	Male Vet 50	1005
5	: Altrincham & District AC	27	0:18:07	CARRINGTON, Dave	Male Vet 50	1087
		28	0:18:15	FULLER, Adrian	Senior Men(18-39)	1058
		32	0:18:18	HARRISON, Graham	Male Vet 45	34
		54	0:19:34	SCOTT, Dominic	Junior Man(13-17)	24
6	: Spectrum Striders	36	0:18:36	GARNETT, Neil	Male Vet 45	1061
		38	0:18:51	ROUILLON, Georges	Junior Man(13-17)	9
		50	0:19:24	DAWSON, Chris	Junior Man(13-17)	1016
		55	0:19:36	PENNINGTON, Andy	Male Vet 40	1020
7	: Warrington Road Runners	37	0:18:49	JONES, Mark	Senior Men(18-39)	1088
		59	0:19:46	BROWN, Keith	Male Vet 45	123
		72	0:20:20	HAMPSON, Christopher	Senior Men(18-39)	1082
		77	0:20:33	BECK, David	Senior Men(18-39)	1086
8	: Altrincham & District AC	61	0:20:05	STUART, Michael	Male Vet 40	115
		62	0:20:07	BURGESS, Ken	Male Vet 60+	45
		67	0:20:11	JONES, Michael	Male Vet 50	1045
		73	0:20:22	UTTON, Damian	Male Vet 45	1069
9	: Sale Harriers Mcr	35	0:18:29	WILLCOCK, Gary	Male Vet 45	1081
		64	0:20:09	WHARTON, Michael	Senior Men(18-39)	53
		84	0:21:12	BEATTIE, Geoffrey	Male Vet 55	1014
		87	0:21:19	APRAHAMIAN, Miran	Male Vet 50	1065
10	: Spectrum Striders	58	0:19:44	MURPHY, Tim	Male Vet 45	77

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	70	0:20:16	GARNETT, Andy	Male Vet 55	109
	71	0:20:18	EHLEN, Brad	Senior Men(18-39)	94
	74	0:20:23	CHADWICK, Daniel	Senior Men(18-39)	114
11 : Spectrum Striders					
	79	0:20:50	MCHARRY, Rob	Male Vet 45	108
	83	0:21:09	PICKFORD, Stephen	Senior Men(18-39)	6
	90	0:21:38	GRIFFITHS, Neville	Male Vet 60+	132
	94	0:22:02	CHARMAN, Michael	Male Vet 55	129
12 : Warrington Road Runners					
	78	0:20:42	DAWSON, Jim	Male Vet 45	1015
	80	0:20:52	BELL, Tony	Male Vet 45	1066
	98	0:22:10	BARWISE, Ian	Male Vet 55	1011
	104	0:22:41	CALDWELL-HOE, Richard	Senior Men(18-39)	1062
13 : Styal RC					
	81	0:20:54	DOOLEY, Andrew	Male Vet 50	41
	91	0:21:44	ROGERS, Gerry	Male Vet 50	48
	96	0:22:06	COLLIER, Anthony	Male Vet 50	63
	106	0:22:50	CLARKE, Jonathan	Male Vet 40	61
14 : Altrincham & District AC					
	85	0:21:14	WALTON, Derek	Male Vet 60+	1001
	97	0:22:10	POPE, Mansel	Male Vet 55	1048
	113	0:23:22	POWELL, Nigel	Male Vet 45	70
	114	0:23:49	MCCARTHY, Patrick	Male Vet 40	1006
15 : Spectrum Striders					
	101	0:22:23	PEERS, Alan	Male Vet 60+	107
	105	0:22:48	COLES, Terry	Male Vet 60+	13
	110	0:23:03	DOOLEY, John P	Male Vet 60+	14
	112	0:23:11	OWEN, John	Male Vet 50	1044
16 : Spectrum Striders					
	116	0:24:08	REDPATH, David	Male Vet 55	87
	118	0:24:13	ROUILLON, Philippe	Male Vet 50	8
	119	0:24:16	DUNBAR, Ian	Male Vet 55	75
	131	0:27:11	BRADLEY, William	Male Vet 45	7

Peter Lowe Memorial Hollins Green 5k Road Race

Saturday 30-May-2009 at 4:30pm

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk) v2 30-Jun-2009

Womens Team Results

Based on 3 runners per team

Pos	Club	Pos	Time	Name	Category	Race no
1	: Spectrum Striders	2	0:18:08	WHITFIELD, Liz	Senior Lady(18-34)	4
		4	0:19:17	SALIHI, Nabilah	Senior Lady(18-34)	1060
		8	0:20:00	MARTIN, Marian	Lady Vet 50	20
2	: Spectrum Striders	9	0:20:39	HEMMING, Caroline	Lady Vet 40	1026
		16	0:21:49	DEMPSTER, Louise	Lady Vet 45	120
		30	0:25:22	REDPATH, Janet	Lady Vet 55	88
3	: Sale Harriers Mcr	15	0:21:28	NICHOLLS, Jan	Lady Vet 35	126
		20	0:23:05	STREET, Joanne	Senior Lady(18-34)	80
		34	0:25:44	DAVIES, Lauren	Senior Lady(18-34)	62
4	: Warrington Road Runners	24	0:24:18	COLLEN, Gillian	Lady Vet 50	1093
		29	0:25:13	WALSH, Shelley	Lady Vet 55	1067
		44	0:29:51	FELL, Carol	Lady Vet 55	39
5	: Spectrum Striders	32	0:25:41	CHARMAN, Stephanie	Lady Vet 55	128
		35	0:26:18	CHAMBERLAIN, Elizabeth	Senior Lady(18-34)	1063
		38	0:27:13	OWEN, Linda	Lady Vet 50	1043