

Individual results

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
1	Nick Jones	M	87.96	Tipton Harriers	00:31:35	00:31:34
2	Tom Charles	M	83.60	Trafford AC	00:32:07	00:32:07
3	Gethin Butler	M40	88.76	Preston Harriers	00:32:29	00:32:27
4	Paul Lockwood	M	82.06	Wakefield	00:32:43	00:32:42
5	Ryan Holroyd	M19	83.51	Staffordshire Moorlands AC	00:32:51	00:32:51
6	Nathan Kilcourse	M	81.64	Salford Harriers & AC	00:33:14	00:33:13
7	Robert Hughes	M	80.79	Salford Harriers & AC	00:33:30	00:33:30
8	Paul Freary	M40	85.86	Belgrave Harriers	00:33:51	00:33:50
9	Nathan Vengdasalam	M45	88.09	Liverpool Harriers	00:34:01	00:34:00
10	John Kettle	M	80.41	Herne Hill Harriers	00:34:07	00:34:06
11	Jeff Prest	M	81.91	Trafford AC	00:34:11	00:34:09
12	Chris McCarthy	M	78.47	Tipton Harriers	00:34:13	00:34:12
13	Roger Alsop	M45	86.85	Herne Hill Harriers	00:34:14	00:34:12
14	Andrew Green	M45	88.18	Warrington AC	00:34:16	00:34:13
15	Matthew Davies	M	78.36	Mossley Hill AC	00:34:17	00:34:15
16	Paul Simons	M45	87.19	Salford Harriers & AC	00:34:22	00:34:20
17	Daniel Weston	M	78.72	Wrexham AC	00:34:23	00:34:20
18	Alan Ashton	M40	83.02	Liverpool Harriers	00:34:28	00:34:27
19	Gary Norgrove	M40	84.92	Wreccsam Tri	00:34:29	00:34:26
20	Rob Downs	M45	86.73	Wilmslow RC	00:34:33	00:34:32
21	Will Kerr	M	79.09	Saltaire Striders	00:34:41	00:34:38
22	Rebecca Robinson	F	87.41	Kendal AC	00:34:42	00:34:39
23	Kevin Brydon	M	77.11	Trafford AC	00:34:49	00:34:44
24	Steve Hallas	M	80.11	Preston Harriers	00:34:57	00:34:56
25	Matthew Nowell	M	76.00	Bradford Airedale	00:35:25	00:35:22
26	Andrew Whittingham	M	75.79	Altrincham & District A.C.	00:35:36	00:35:34
27	Oliver Langford	M	75.06	City Of Stoke AC	00:35:46	00:35:43
28	David Watson	M40	81.19	Preston Harriers	00:35:48	00:35:46
29	Graham Ratcliffe	M55	90.00	Wirral AC	00:35:50	00:35:47
30	Paul Dodsworth	M40	81.07	Warrington AC	00:35:51	00:35:47
31	Sarah Johnson	F	84.18	Trentham	00:36:03	00:35:59
32	Mark Clair	M	73.98	Liverpool Running Club	00:36:23	00:36:20
33	Graham MacNeil	M45	82.82	Wilmslow RC	00:36:29	00:36:27
34	Gary Crompton	M	73.56	Scunthorpe and District	00:36:30	00:36:28
35	Anthony Wilcox	M45	83.08	Liverpool Running Club	00:36:39	00:36:37
36	James Wardman	M	73.34	Rothwell & District	00:36:42	00:36:39
37	Lee Spink	M40	79.20	Doncaster Athletics Club	00:36:42	00:36:40
38	Ian Roberts	M	73.02	Rochdale Harriers	00:36:46	00:36:42
39	Darren Washington	M40	79.57	City Of Stoke AC	00:36:48	00:36:45
40	Brian Yates	M40	77.18	Wesham Road Runners	00:36:49	00:36:46
41	Lewis Eccleston	M19	75.21	Astley & Tyldesley Rd Runners	00:36:55	00:36:54
42	John Connolly	M40	76.80	Penny Lane Striders	00:37:00	00:36:57
43	Joe Johnson	M40	77.89	Birkenhead AC	00:37:01	00:36:58
44	Gemma Connolly	F	81.65	St Helens Sutton AC	00:37:09	00:37:06
45	Jonathan Dabbs	M40	76.04	Manchester Triathlon Club	00:37:22	00:37:17
46	Juansethi Ibarra-Medina	M	71.53	Trafford AC	00:37:32	00:37:28
47	Maria Barrett	F	80.78	Liverpool Harriers	00:37:33	00:37:30
48	Andrew Vause	M	74.46	Garstang Running Club	00:37:36	00:37:29
49	Lee Woods	M40	75.80	Sale Harriers Manchester	00:37:45	00:37:42
50	Louise Blizzard	F35	81.12	Belgrave Harriers	00:37:47	00:37:44
51	Martin Green	M	73.01	Mossley Hill AC	00:37:48	00:37:46
52	Kevin Hesketh	M55	85.99	Preston Harriers	00:37:50	00:37:46
53	Chris Dawson	M	71.14	Salford Harriers & AC	00:37:50	00:37:46
54	Graham Screawn	M40	77.33	Wilmslow RC	00:37:52	00:37:48

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
55	L Midghall	M	73.33	Liverpool Harriers	00:37:53	00:37:50
56	Griff Owens	M60	90.45	Prestatyn Running Club	00:37:54	00:37:50
57	David Edwards	M45	80.23	Liverpool Running Club	00:37:57	00:37:54
58	Barry Archbold	M	73.71	Wilmslow RC	00:37:59	00:37:55
59	Stephen Pilditch	M	72.16	Spectrum Striders	00:38:01	00:37:57
60	Darren Russell	M	71.36	Swinton Running Club	00:38:04	00:37:59
61	Daniel Bird	M	71.06	Swinton Running Club	00:38:11	00:38:06
62	Campbell Eric	M45	79.10	Buckley Runners	00:38:12	00:38:04
63	Richard Clancy	M	71.75	Trafford AC	00:38:14	00:38:09
64	Stephen Young	M	72.63	Preston Harriers	00:38:15	00:38:10
65	Mark Birchall	M	72.47		00:38:20	00:38:16
66	Peter Cruse	M45	79.36	Lytham St Annes	00:38:22	00:38:20
67	Adam Leadbetter	M	70.29		00:38:23	00:38:11
68	Jenny Blizzard	F35	80.05	Rotherham Harriers & AC	00:38:26	00:38:24
69	Philip Bailey	M60	87.52	Southport Waterloo AC	00:38:29	00:38:25
70	Mike Hill	M45	76.66	Wilmslow RC	00:38:30	00:38:26
71	Peter Abraham	M	73.21	Altrincham & District A.C.	00:38:31	00:38:28
72	Andrew Fell	M	72.66	Rossendale Harriers	00:38:32	00:38:30
73	Jason Thomson	M40	74.16	Trentham	00:38:35	00:38:28
74	Paul Whittingham	M45	76.79	Sutton-in-ashfield Harriers & AC	00:38:43	00:38:40
75	David Williamson	M	72.25	Blackpool Wyre & Fylde AC	00:38:45	00:38:41
76	Sean Cordell	M40	74.34	Salford Harriers & AC	00:38:47	00:38:43
77	Paul McGlynn	M	71.16	Rochdale Harriers	00:38:47	00:38:41
78	Mark Quinn	M	72.04	Chorley Harriers	00:38:52	00:38:44
79	Robert Kelly	M	68.90	Liverpool Running Club	00:38:58	00:38:55
80	Andy Smalley	M45	75.45		00:39:07	00:39:01
81	Adam Simms	M19	70.95	Altrincham & District A.C.	00:39:08	00:39:04
82	Tony Devoy	M50	81.04	Wirral AC	00:39:08	00:39:02
83	Andy Norgrove	M45	77.14	Wrexham AC	00:39:10	00:39:07
84	Steven Caldwell	M	68.34	Vale Royal AC	00:39:17	00:39:10
85	Jez Edwards	M	70.48	Lymm Runners	00:39:25	00:39:21
86	Brandon Holroyd	M	71.03	Holmfirth Harriers	00:39:25	00:39:20
87	George Nicholls	M40	73.08	Prestatyn Running Club	00:39:27	00:39:23
88	Alan Appleby	M60	87.63	Preston Harriers	00:39:29	00:39:24
89	Matt Shillabeer	M	70.30	ABC Runners	00:39:31	00:39:24
90	Joe Dooley	M45	75.17		00:39:33	00:39:26
91	Michael Jarman	M50	77.59	North Shields Poly AC	00:39:34	00:39:27
92	Jon Dawson	M	69.33	Saltaire Striders	00:39:34	00:39:25
93	Jim Dawson	M45	76.33	Warrington Road Runners	00:39:35	00:39:29
94	Edward Devlin	M	70.55	Liverpool Harriers	00:39:41	00:39:36
95	Thomas Parkin	M	67.79		00:39:45	00:39:38
96	Duncan Wilson	M	68.03	Altrincham & District A.C.	00:39:47	00:39:43
97	Mick Fairs	M60	86.06	Wilmslow RC	00:39:50	00:39:46
98	Toby Percival	M	69.14	Altrincham & District A.C.	00:39:55	00:39:53
99	Peter Maher	M55	80.62	Vale Royal AC	00:40:00	00:39:54
100	Maurice Collins	M45	75.13	St Helens Sutton AC	00:40:13	00:40:07
101	Chris Harrop	M	67.06	Sheffield Triathlon Club	00:40:14	00:40:11
102	Gary Blackwell	M40	72.72	Deeside AAC	00:40:16	00:40:13
103	Peter Sandford	M55	79.36	Dallam RC	00:40:18	00:40:13
104	David Nalder	M55	80.69	Ellesmere Port	00:40:19	00:40:14
105	Jessica Oliver-Bell	F	75.17	Trafford AC	00:40:21	00:40:15
106	Ronald Warrender	M50	77.91	Northern Veterans AC	00:40:22	00:40:17
107	Steve Kemp	M	68.31	Liverpool Running Club	00:40:24	00:40:19
108	Mr Atkinson	M45	74.08	Baildon Runners	00:40:27	00:40:17
109	Gary Taylor	M45	75.06	Darwen Dashers	00:40:34	00:40:28
110	James Eyre	M	67.62	Wilmslow RC	00:40:34	00:40:32
111	Ian Hughes	M40	70.34		00:40:41	00:40:37

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
112	Stephen Hayes	M	69.23	Liverpool Running Club	00:40:44	00:40:40
113	Chris Yorke	M40	70.75	North Wales Road Runners	00:40:45	00:40:43
114	Tony Metcalf	M55	79.83	Mossley Hill AC	00:40:45	00:40:40
115	Mark Byrne	M40	70.08	Warrington Road Runners	00:40:50	00:40:42
116	Derek Reilly	M40	70.61		00:40:50	00:40:44
117	Rufus Bennett	M40	71.62	Astley & Tyldesley Rd Runners	00:40:53	00:40:40
118	Bev Wright	F50	84.76	Blackpool Wyre & Fylde AC	00:40:55	00:40:51
119	Paul Garnett	M45	73.81	Wilmslow RC	00:40:56	00:40:47
120	Daniel Green	M	68.34	Warrington Road Runners	00:40:58	00:40:51
121	Scott Liddell	M55	79.38	Spectrum Striders	00:40:59	00:40:44
122	Steve Smith	M45	74.26	Wilmslow RC	00:41:00	00:40:51
123	David Atkinson	M50	74.60	Northern Veterans AC	00:41:09	00:40:59
124	Russ Corsini	M50	76.39	Darwen Dashers	00:41:10	00:41:04
125	Bryan Parkinson	M60	81.78	Bingley Harriers	00:41:11	00:41:08
126	Gwynedd Jones	M	67.43		00:41:12	00:41:04
127	Susan Cooper	F55	93.48	Southport Waterloo AC	00:41:12	00:41:07
128	Jonathan Sage	M50	74.42		00:41:15	00:41:11
129	Keith Pailing	M60	81.52	Rothwell Harriers	00:41:19	00:41:13
130	Paul Sumner	M40	70.35	Atherton Running Club	00:41:19	00:41:13
131	Antony Golding	M	67.13	Swinton Running Club	00:41:23	00:41:13
132	Russ Platt	M45	71.29	Warrington Road Runners	00:41:24	00:41:18
133	John Parrott	M55	77.80	Stockport Harriers	00:41:27	00:41:22
134	Keith Brown	M50	74.03	Warrington Road Runners	00:41:28	00:41:21
135	Jonathan Headspith	M40	68.92	Brainwave	00:41:31	00:41:23
136	Daniel Cook	M	64.56		00:41:35	00:40:55
137	Rob Williams	M	65.76	Liverpool Running Club	00:41:43	00:41:39
138	Tim Bent	M45	70.67	Wrexham AC	00:41:46	00:41:38
139	Brandon Willoughby	M50	75.26	Blackpool Wyre & Fylde AC	00:41:47	00:41:38
140	Ian Williams	M45	70.58	Mossley Hill AC	00:41:49	00:41:43
141	Stephen McNicholas	M45	71.60	Penny Lane Striders	00:41:51	00:41:46
142	Gerald Bossa Musoke	M	64.45	Liverpool Harriers	00:41:52	00:41:49
143	Joe Dillon	M40	69.20	Leigh Harriers	00:42:00	00:41:43
144	John Mayall	M45	72.32	Rochdale Harriers	00:42:06	00:41:59
145	Michael Smith	M65	84.93	Bingley Harriers	00:42:16	00:42:10
146	Sam Mayall	M19	64.82	Rochdale Harriers	00:42:19	00:42:12
147	Robert Chesters	M	63.42	ABC Runners	00:42:20	00:42:15
148	Colin Gill	M40	67.07		00:42:22	00:42:11
149	Chris Marshall	M40	68.55	Chester Tri	00:42:24	00:42:21
150	Andy Jones	M	65.27	North Wales Road Runners	00:42:34	00:42:28
151	Steven Yates	M40	67.17	Bolton United Harriers	00:42:36	00:42:23
152	Matt Dudley	M	63.77		00:42:47	00:42:40
153	Nick Wilson	M40	66.36	Wirral AC	00:42:49	00:42:43
154	Daren Peacock	M40	67.85	Whitchurch Whippets	00:42:50	00:42:42
155	Karl Bowles	M	65.31		00:42:52	00:42:41
156	Sara Atkinson	F45	77.11	Tattenhall Runners	00:42:54	00:42:43
157	Simon Eaton	M40	66.05	Wesham Road Runners	00:43:01	00:42:57
158	Iain Hampson	M40	66.95	Warrington Tri Club	00:43:04	00:43:02
159	Paul Norris	M50	73.44	Wilmslow RC	00:43:11	00:43:01
160	Matt Read	M	64.71		00:43:16	00:43:06
161	Anne Sweeney	F50	82.17	Preston Harriers	00:43:17	00:43:12
162	Alison Vesey	F45	79.06	Altrincham & District A.C.	00:43:19	00:43:15
163	Marian Hesketh	F55	87.65	Preston Harriers	00:43:21	00:43:15
164	Patrick Grannan	M60	76.74	Wilmslow RC	00:43:30	00:43:20
165	Simon Marsh	M	62.19	U.K.Athletics	00:43:31	00:43:24
166	Melvyn Ollier	M60	78.06	Wrexham AC	00:43:32	00:43:23
167	Stephen Mort	M	63.77	Preston Harriers	00:43:34	00:43:26
168	Andrew Milhench	M45	68.19		00:43:36	00:43:26

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
169	Anna Blomfield	F50	79.48	Rochdale Harriers	00:43:38	00:43:30
170	Ranald Mackay	M40	66.53	Spectrum Striders	00:43:41	00:43:32
171	Jonathan Miles-Stokes	M	61.45		00:43:43	00:43:32
172	Barry Shackleton	M50	72.49	Darwen Dashers	00:43:45	00:43:39
173	Rob Arnold	M50	70.17		00:43:45	00:43:30
174	Andrew Nightingale	M	64.45	Wigan Phoenix	00:43:45	00:43:37
175	Mike Clayton	M	61.50	Liverpool Running Club	00:43:46	00:43:38
176	Johanna Calleja	F	69.28	City Of Chester Triathlon	00:43:47	00:43:39
177	Jimmy Smith	M50	72.41	Stainland Lions	00:43:48	00:43:38
178	Damian Utton	M45	68.41	Altrincham & District A.C.	00:43:48	00:43:40
179	Mark Spencer	M	63.35	Llowne RR	00:43:51	00:43:34
180	Ken Burgess	M65	81.87	Altrincham & District A.C.	00:43:51	00:43:43
181	Peter Cowling	M45	68.33	Preston Harriers	00:43:51	00:43:38
182	Tim Warn	M60	77.29	Penny Lane Striders	00:43:58	00:43:47
183	Mark Lysycia	M50	70.31	Astley & Tyldesley Rd Runners	00:44:01	00:43:50
184	Matt Atkinson	M	60.97	Wilmslow RC	00:44:02	00:43:53
185	Andy Seal	M45	69.12	Telford Harriers	00:44:03	00:43:54
186	Paul Crawley	M	63.99	Warrington AC	00:44:04	00:43:49
187	Emma Baker	F	68.84	Tattenhall Runners	00:44:05	00:43:56
188	Wesley Young	M	61.55	Rochdale Harriers	00:44:08	00:44:00
189	Dave Owen	M40	64.79		00:44:10	00:43:45
190	Roger Rawlinson	M45	68.89		00:44:12	00:44:04
191	Graham Vickers	M50	71.10	Wesham Road Runners	00:44:14	00:44:06
192	Paul Brady	M40	65.06	Penny Lane Striders	00:44:19	00:43:56
193	George Morini	M50	69.73	Darwen Dashers	00:44:23	00:44:16
194	Alan Wheelhouse	M40	65.36	Warrington Road Runners	00:44:28	00:44:10
195	Roger Jones	M40	64.79		00:44:30	00:44:11
196	Michael Gashe	M40	65.31		00:44:30	00:44:22
197	Jaclyn Davison	F19	69.57	Rochdale Harriers	00:44:32	00:44:24
198	Christine Geraghty	F45	76.87	Wilmslow RC	00:44:33	00:44:26
199	Geoff Shaw	M55	73.62	Helsby Running Club	00:44:33	00:44:26
200	Steven Hollis	M55	72.25	Road Runners UK	00:44:38	00:44:33
201	Martin Kelly	M	62.73		00:44:38	00:44:23
202	Christopher Hutchinson	M	60.13		00:44:39	00:44:23
203	Dave Nolan	M45	66.51		00:44:42	00:44:04
204	Steven Jackson	M50	69.18	Preston Harriers	00:44:44	00:44:32
205	Paul Watterson	M45	67.96	Warrington AC	00:44:48	00:44:33
206	Liam Boardman	M	59.90	Chorley Harriers	00:44:51	00:44:45
207	Nigel Stanhope	M45	66.76	Lymm Runners	00:44:53	00:44:35
208	Chris Nightingale	M40	65.21	Wigan Phoenix	00:44:54	00:44:49
209	Simon Killeen	M50	68.32		00:44:56	00:44:49
210	Steve Russell	M50	68.19	Wilmslow RC	00:45:01	00:44:49
211	Martin Ledson	M	59.68		00:45:06	00:44:53
212	Alison Whittingham	F40	71.22	Sutton-in-ashfield Harriers & AC	00:45:07	00:44:53
213	Tariq Ahmed	M	60.45		00:45:08	00:44:48
214	Peter Flint	M45	66.37		00:45:09	00:45:06
215	David Irvine	M50	68.52		00:45:10	00:45:02
216	Paul Forster	M55	70.70	Pensby Runners	00:45:14	00:45:00
217	Carol Paxton	F	67.24		00:45:14	00:45:04
218	David Smedley	M	59.33	Uknetrunner	00:45:17	00:45:02
219	Andrew Gannon	M45	66.15	Menai Track & Field	00:45:18	00:45:05
220	Andrew Dodd	M	62.22	Wilmslow RC	00:45:19	00:45:07
221	Pauline Horsfall	F50	80.51		00:45:20	00:45:09
222	Simon Towerzey	M	60.49		00:45:21	00:45:08
223	Geoffrey Beattie	M55	72.82	Sale Harriers Manchester	00:45:27	00:45:22
224	Craig Bradbury	M40	62.84	Astley & Tyldesley Rd Runners	00:45:32	00:45:20
225	Paula Fisher	F50	80.16	Rotherham Harriers & AC	00:45:32	00:45:27

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
226	Sarah Waite	F	66.86	Wilmslow RC	00:45:34	00:45:22
227	Jamie Smith	M65	76.37	Wilmslow RC	00:45:43	00:45:27
228	Des Miles	M45	65.50		00:45:45	00:45:34
229	Derek Walton	M65	78.27	Altrincham & District A.C.	00:45:52	00:45:42
230	Allinson Louise	F	66.03	Valley Striders	00:45:56	00:45:46
231	Kath Hoyer	F50	76.36	Wesham Road Runners	00:45:59	00:45:51
232	John Randles	M	59.55		00:46:04	00:45:56
233	Ian Ashcroft	M65	75.63	Wilmslow RC	00:46:10	00:46:00
234	Kevin Whitford	M40	61.94		00:46:12	00:45:57
235	Paul Leech	M45	64.33		00:46:13	00:45:53
236	Helen Howells	F50	75.04	Leamington C & AC	00:46:13	00:45:46
237	John Skinley	M50	66.40	St Helens Striders	00:46:14	00:45:46
238	Carol Butterworth	F40	68.83	Darwen Dashers	00:46:19	00:46:09
239	Chris Cannon	M55	69.00	Wilmslow RC	00:46:21	00:46:09
240	Huw Thomas	M40	62.68		00:46:22	00:46:03
241	Carol Beattie	F55	81.80	Steel City Striders	00:46:27	00:46:21
242	Dave Waywell	M65	76.51	Wesham Road Runners	00:46:29	00:46:20
243	Simon Chappell	m	59.01		00:46:29	00:45:58
244	Dave Ambler	M55	69.96		00:46:30	00:46:12
245	Alan Redford	M	59.72		00:46:31	00:46:29
246	Cliff Etherden	M60	73.03	Saddleworth Runners	00:46:32	00:46:22
247	Philip Jackson	M45	64.72		00:46:41	00:46:32
248	Carole Baines	F45	71.61	Astley & Tyldesley Rd Runners	00:46:41	00:46:34
249	Simon Greene	M55	69.63	Northern Veterans AC	00:46:43	00:46:31
250	Paul Knight	M	59.45		00:46:44	00:46:13
251	Paul Robinson	M45	62.95	Swinton Running Club	00:46:53	00:46:19
252	Gareth Trimble	M	60.10	Wilmslow RC	00:46:55	00:46:43
253	Mike Taylor	M	59.15		00:46:58	00:46:53
254	Ian Hamilton	M60	70.97	Astley & Tyldesley Rd Runners	00:47:02	00:46:49
255	Mark Povey	M40	61.28	West Cheshire AC	00:47:03	00:46:59
256	Chris Rees	M	58.59		00:47:06	00:46:41
257	Ian Beddingfield	M	59.34		00:47:11	00:47:00
258	Lynn Ward	F40	66.51	Road Runners Assoc	00:47:14	00:47:00
259	Martin Huluhan	M	56.94	High Legh	00:47:16	00:46:51
260	Christopher Hughes	M	56.78		00:47:17	00:47:09
261	Emma Flynn	F	64.14	Swinton Running Club	00:47:19	00:47:03
262	Russell Burnham	M	59.13	Penny Lane Striders	00:47:21	00:46:56
263	Anthony Horsfall	M45	63.22		00:47:24	00:47:13
264	Lisa Burton	F	63.97		00:47:25	00:47:16
265	Rosemary Rogers	F60	84.71	Deestriders	00:47:26	00:47:22
266	Kate Cammish	F35	64.84	Swinton Running Club	00:47:27	00:47:12
267	Paul Mason	M	57.45	Atherton Running Club	00:47:29	00:46:48
268	Simon Harper	M	57.73		00:47:31	00:47:08
269	Kate Sutton	F45	72.02	Wilmslow RC	00:47:33	00:47:23
270	Emma Kearney	F	64.65	Penny Lane Striders	00:47:35	00:47:11
271	Mike Roxburgh	M40	60.14	Penny Lane Striders	00:47:35	00:47:12
272	Brendan Murden	M60	71.36		00:47:37	00:47:15
273	Clare Hawkes	F50	73.69	Wilmslow RC	00:47:39	00:47:26
274	Sam Darby	M50	66.53	Penny Lane Striders	00:47:40	00:47:16
275	Keith Peacock	M55	67.09		00:47:40	00:47:26
276	Peter Watson	M70	76.90	Wilmslow RC	00:47:42	00:47:34
277	Mathew Hayes	M	58.24		00:47:42	00:47:04
278	Simon Fenton	M65	75.23	Wilmslow RC	00:47:43	00:47:31
279	Stephen Douglas	M	57.47	Fetch Everyone Running Club	00:47:44	00:47:28
280	Ian Oates	M45	61.79	Glossopdale Harriers	00:47:46	00:47:33
281	Paul Pover	M55	69.12	Northern Veterans AC	00:47:53	00:47:37
282	Mark Bibby	M40	60.09		00:47:59	00:47:41

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
283	James Lindsay	M	55.95		00:47:59	00:47:36
284	Hayley Louise Stocker	F	63.22		00:48:00	00:47:37
285	Nick Knowles	M	55.93		00:48:00	00:47:32
286	Bernard Brown	M45	62.40		00:48:01	00:47:44
287	Nikki Chamberlain	F40	65.87	Warrington Road Runners	00:48:01	00:47:53
288	John Houghton	M50	64.93		00:48:03	00:47:51
289	Angela Ashcroft	F	63.49		00:48:07	00:47:38
290	Clare Holdcroft	F40	65.27	Mow Cop Runners	00:48:08	00:47:58
291	Alison J Saunders	F55	76.80		00:48:09	00:47:57
292	Sharon Jones	F45	67.95	Wilmslow RC	00:48:10	00:48:03
293	John Riley	M70	76.98	Northern Veterans AC	00:48:14	00:48:08
294	Phil Baird	M	55.45		00:48:25	00:47:53
295	Sue Strang	F45	69.00	Wilmslow RC	00:48:27	00:48:15
296	Gill Keeble	F50	75.28		00:48:29	00:48:17
297	Mark Roberts	M55	68.20	Pensby Runners	00:48:32	00:48:25
298	Adrian Mercer	M40	58.53	Pensby Runners	00:48:33	00:48:23
299	Claire Hesketh	F45	70.52	North Shields Poly AC	00:48:34	00:48:19
300	Mansel Pope	M60	68.61	Altrincham & District A.C.	00:48:39	00:48:28
301	Christian Adams	M	55.46		00:48:48	00:48:41
302	Mike Cullen	M	55.63		00:48:50	00:48:21
303	Colin Thompson	M45	62.29		00:48:53	00:48:37
304	Dave Attwell	M70	75.96	Altrincham & District A.C.	00:48:53	00:48:27
305	David Crowe	M45	61.81	Astley & Tyldesley Rd Runners	00:48:53	00:48:32
306	Stephen Wilkinson	M55	66.96	Wesham Road Runners	00:48:59	00:48:43
307	Peter Waters	M40	57.87		00:49:06	00:48:54
308	Larry Crawley	M60	69.77	Warrington Road Runners	00:49:08	00:48:52
309	Bruce Jackson	M40	58.62		00:49:11	00:48:56
310	Eamonn Brady	M40	59.07		00:49:12	00:48:48
311	Michael Horton	M	54.82	Swinton Running Club	00:49:13	00:48:55
312	Sylvia Brown	F	61.88		00:49:14	00:49:01
313	Peter Mickleburgh	M	54.55	Uknetrunner	00:49:15	00:48:54
314	Marie Walsh	F	61.98	Spectrum Striders	00:49:17	00:48:55
315	David Littler	M45	60.27		00:49:20	00:49:06
316	Paul Basnett	M40	58.42	Astley & Tyldesley Rd Runners	00:49:21	00:49:04
317	Geoff Howarth	M55	65.32		00:49:22	00:48:49
318	Ste Hughes	M40	58.36		00:49:24	00:49:07
319	Gill Darby	F50	70.13	Penny Lane Striders	00:49:27	00:49:15
320	Martin Costello	M40	59.17	Merseyside Fire Brigade	00:49:29	00:49:00
321	John Owens	M50	63.51		00:49:31	00:49:05
322	Christopher Marsland	M45	59.54	Road Runners Assoc	00:49:34	00:49:18
323	David James	M	55.99		00:49:37	00:49:09
324	David Keegan	M19	56.55		00:49:43	00:49:21
325	Linda Baxter	F45	66.52	Lytham St Annes	00:49:44	00:49:30
326	John Stephenson	M50	63.73	Glossopdale Harriers	00:49:46	00:49:32
327	Stephen Wild	M50	61.66	Rochdale Harriers	00:49:47	00:49:33
328	Les Ruddock	M60	67.65	Cheshire Tally-Ho	00:49:47	00:49:23
329	Tony Jackson	M45	59.62	Fetch Everyone Running Club	00:49:52	00:49:23
330	Soraya Mason	F45	65.64	Wilmslow RC	00:49:52	00:49:40
331	Dave Burley		60.80		00:49:55	00:49:49
332	Andy Newham	M	56.05	Uknetrunner	00:49:57	00:49:36
333	Roger Harrison-Jones	M70	77.61	Prestatyn Running Club	00:49:58	00:49:55
334	Paul Sauce	M	55.21		00:49:59	00:49:21
335	Karen Atherton	F45	68.50	Darwen Dashers	00:50:00	00:49:53
336	Jill Butterworth	F35	62.07	Rochdale Harriers	00:50:01	00:49:29
337	Matthew Miller	M	54.53		00:50:02	00:49:49
338	David Bishop	M50	61.83		00:50:03	00:49:57
339	Sue Lloyd	F	60.54		00:50:06	00:49:54

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
340	Alan Barlow	M60	69.01	Altrincham & District A.C.	00:50:08	00:49:58
341	David Hughes	M70	75.96	Prestatyn Running Club	00:50:16	00:50:12
342	Dan Stagg	m40	56.85		00:50:20	00:49:55
343	Tracy Hampson	F35	60.83	Warrington Tri Club	00:50:23	00:50:20
344	Holly Metcalfe	F	60.20		00:50:23	00:50:13
345	Rachel Burke	F19	62.26	Liverpool Running Club	00:50:24	00:50:14
346	Michael Geoghegan	M50	61.38	Astley & Tyldesley Rd Runners	00:50:25	00:50:08
347	Robert Burke	M45	58.95	Liverpool Running Club	00:50:26	00:50:16
348	Laura Tomkinson	F	60.11	Wilmslow RC	00:50:31	00:50:19
349	Glyn Teasdale	M45	60.27		00:50:31	00:50:14
350	Stephen Gibbons	M40	57.03	Brainwave	00:50:33	00:49:55
351	Robert Phoenix	M50	61.72	Atherton Running Club	00:50:33	00:50:24
352	Sue Burke	F45	66.11	Liverpool Running Club	00:50:34	00:50:22
353	Mark Bell	M40	56.92		00:50:39	00:50:13
354	Elizabeth Waters	F	60.27		00:50:41	00:50:30
355	Anthony Maudsley	M40	55.97		00:50:46	00:50:35
356	Michaela Shaw	F	60.03	Astley & Tyldesley Rd Runners	00:50:53	00:50:40
357	Mike Gregory	M40	56.16		00:50:57	00:50:39
358	Andy Braun	M	55.31		00:50:59	00:50:21
359	Ian Simpson	M45	59.22		00:51:01	00:50:36
360	Russell Egan	M45	59.20	Darwen Dashers	00:51:02	00:50:47
361	Brian Beattie	M65	69.60	West Cheshire AC	00:51:06	00:50:53
362	Paul Jackson	M55	64.75	Accrington Road Runners	00:51:07	00:50:50
363	Steve Dalton	M70	71.74		00:51:08	00:50:55
364	John Kummer	M60	65.83	Wardley Runners	00:51:10	00:50:59
365	Joshua Wilbourn	M	52.67		00:51:10	00:50:46
366	Shira Baram	F35	59.84		00:51:13	00:50:58
367	Evonne Foulkes	F35	60.56	Sandbach Striders	00:51:16	00:50:39
368	Perry Wyatt	M50	60.35	Sandbach Striders	00:51:17	00:50:40
369	John Wilding	M60	67.40		00:51:20	00:51:12
370	Stewart Savage	m	52.75	St Helens Striders	00:51:30	00:51:05
371	Carolyn Hirons	F45	63.45	Wilmslow RC	00:51:35	00:51:22
372	Gordon Brown	M75	80.79	Liverpool Harriers	00:51:43	00:51:28
373	Shane Noden	M	51.81		00:51:49	00:51:16
374	Stephen McVeigh	M	53.54	Trafford AC	00:51:53	00:51:31
375	Rosie Fearon	F	58.88	Trafford AC	00:51:53	00:51:31
376	Phil Webster	M40	54.71		00:51:56	00:51:40
377	Rawdon Jones	M40	54.70		00:51:57	00:51:21
378	Nina Birch	F	58.35	Wilmslow RC	00:51:59	00:51:43
379	Michael Keeley	M55	63.59	Manchester Harriers & AC	00:52:03	00:51:31
380	John Howarth	M55	63.59	Wesham Road Runners	00:52:03	00:51:38
381	Neil Horridge	M55	61.38		00:52:06	00:51:47
382	Paul Donegan	M45	57.94		00:52:09	00:51:45
383	Thomas Finch	M70	70.31	Northern Veterans AC	00:52:10	00:51:56
384	Martin Ashcroft	M	52.06		00:52:11	00:51:43
385	Tony Hails	M50	58.77		00:52:14	00:51:57
386	Kellie Hansen	F	58.15		00:52:18	00:51:59
387	Paul Savage	M55	62.63		00:52:22	00:51:56
388	Dom Breslin	M	51.79		00:52:23	00:52:06
389	Mark Collier	M45	57.55	Lymm Runners	00:52:30	00:52:13
390	David Gregory	M65	67.72	Manchester Harriers & AC	00:52:31	00:52:17
391	Janet Wyles	F40	61.68	Wilmslow RC	00:52:33	00:52:17
392	Brian Rostron	M45	56.56		00:52:34	00:52:16
393	Catherine Nevin	F55	70.31	Penny Lane Striders	00:52:36	00:52:25
394	Peter Marsh	M60	64.58	Swinton Running Club	00:52:37	00:52:14
395	Martin Catterall	M	52.43	Warrington Road Runners	00:52:38	00:52:29
396	Mike Lilley	M50	60.18	Swinton Running Club	00:52:42	00:52:08

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
397	Wendy Woodhead	F	57.55	Manchester Harriers & AC	00:52:44	00:52:15
398	Graeme Rogers	M60	64.99		00:52:45	00:52:29
399	Michael Kelly	M55	62.16		00:52:46	00:52:08
400	Brian Agger	M	53.42		00:52:47	00:52:16
401	Carol Foster	F50	66.46	St Helens Striders	00:52:50	00:52:21
402	Stephen Hartley	M	51.21		00:52:51	00:52:21
403	Sharen Roberts	F35	58.73	Swinton Running Club	00:52:52	00:52:21
404	Adam Brougham	M	50.74		00:52:55	00:52:20
405	Joe Park	M75	75.87	Cheshire Tally-Ho	00:52:55	00:52:43
406	Nicola Howarth	F40	59.64	St Helens Striders	00:53:02	00:52:33
407	Paul Ireland	M	50.83		00:53:05	00:52:40
408	Chris Capper	M	50.56		00:53:06	00:52:34
409	Mark Johns	M	50.58		00:53:07	00:52:33
410	Brian Tull	M65	65.63	Darwen Dashers	00:53:12	00:52:52
411	Lee Buckley	M	50.46	East Cheshire Harriers	00:53:12	00:52:57
412	Colin O'Callaghan	M50	58.59		00:53:15	00:52:57
413	Martyn Clarke	M	52.12		00:53:18	00:52:38
414	Neil Whitworth	M	52.80		00:53:24	00:53:05
415	Roy Pownall	M60	63.57	Wilmslow RC	00:53:27	00:53:14
416	Paulo Rodrigues-Gois	M	51.30		00:53:28	00:53:06
417	Elaine Monks	F40	59.55		00:53:32	00:52:54
418	Brenda Hill	F40	60.00		00:53:33	00:53:03
419	Steven Francom	M	52.20		00:53:38	00:53:23
420	Hilary Himsworth	F50	67.03		00:53:45	00:53:19
421	Keith Martin	M45	54.88		00:53:47	00:53:21
422	Greg Bones	M	51.23		00:53:52	00:53:33
423	Gail Lowe	F45	61.30	South Ribble Runners	00:53:58	00:53:25
424	Clare Kilgallon	F35	57.48	Widnes Wasps Ladies RC	00:54:01	00:53:31
425	Andy Carless	M45	54.95		00:54:06	00:53:31
426	Matt McKean	M	52.10		00:54:07	00:53:30
427	Pauline Smith	F60	74.25	Bingley Harriers	00:54:07	00:53:55
428	Liz Simpson	F60	77.58	Village Road Runners	00:54:08	00:53:54
429	Malcolm Whitehead	M65	65.64		00:54:11	00:53:49
430	Philip Russell	M45	55.30		00:54:11	00:53:58
431	Paula Day	F40	58.36	Widnes Wasps Ladies RC	00:54:12	00:53:42
432	Matthew Brennon	M	50.59		00:54:13	00:53:41
433	Dave Bottoms	M50	57.91	City Of Chester Triathlon	00:54:18	00:54:00
434	Steven Woolnough	M	49.34	Brainwave	00:54:25	00:53:48
435	Caroline Kinghorn	F45	61.40	Sale Harriers Manchester	00:54:27	00:54:03
436	Lisa Crompton	F	55.79		00:54:31	00:54:31
437	James Fox	M	50.62		00:54:31	00:54:09
438	Jill Peacock	F50	63.58	Winston Runners	00:54:33	00:54:06
439	Alyson Adams	F45	60.61	Manchester Harriers & AC	00:54:35	00:54:05
440	Martin Kelly	M40	52.01		00:54:38	00:54:17
441	Clare Lowery	F45	61.89	Widnes Wasps Ladies RC	00:54:40	00:54:10
442	Colin Hampson	M45	53.96		00:54:42	00:54:22
443	Mary Jeal	F50	63.38	Denbigh Harriers	00:54:43	00:54:17
444	Dymphna Hopkins	F45	60.46	Uknetrunner	00:54:43	00:54:16
445	Julie Lucas	F45	61.77	Wilmslow RC	00:54:46	00:54:29
446	Margaret Williams	F55	68.42		00:54:47	00:54:27
447	Nefyn Williams	M60	62.03		00:54:47	00:54:27
448	Wayne Appleby	M	49.95		00:54:55	00:54:48
449	David Smith	M40	52.45		00:54:58	00:54:37
450	Michael Wright	M	49.90		00:54:58	00:54:23
451	Janet Shaw	F55	70.05	Helsby Running Club	00:54:59	00:54:52
452	Barry Grantham	M60	62.90		00:55:00	00:54:50
453	Keith O'Garron	M45	55.29		00:55:04	00:54:31

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
454	Gail Hill	F35	56.66	Wilmslow RC	00:55:07	00:54:50
455	Laura Hall	F	54.76	Norton Canes RC	00:55:23	00:55:03
456	Frederic Dorenlot	M40	51.23		00:55:28	00:55:07
457	Diane Hennigan	F35	55.97	Sale Harriers Manchester	00:55:28	00:55:04
458	Andrea Bishop	F40	58.44		00:55:28	00:55:00
459	Anthony Morris	M40	51.59		00:55:28	00:55:00
460	Helen Harrison	F40	57.79		00:55:36	00:55:08
461	Joanne Byrne	F40	57.79		00:55:36	00:55:09
462	Andrew Everson	M45	54.76		00:55:36	00:55:12
463	David Brown	M50	55.58		00:55:41	00:55:04
464	Graham Padget	M65	64.47	Sale Harriers Manchester	00:55:41	00:55:17
465	David Kinsella	M45	54.55		00:55:49	00:55:19
466	Mark Brady	M	48.20		00:55:50	00:55:15
467	George Barrett	M65	64.95		00:55:50	00:55:28
468	Glen Roberts	M40	50.84	Winston Runners	00:55:53	00:55:25
469	Caroline Baba	F	54.45	Manchester Harriers & AC	00:55:57	00:55:27
470	Thomas Wilbourn	M19	49.56		00:56:01	00:55:36
471	Paul Beddingfield	M45	53.03		00:56:04	00:55:52
472	Kevin O'Brien	M65	64.64	Clayton le Moors	00:56:06	00:55:55
473	Glenn Cundy	M40	50.62		00:56:08	00:55:41
474	George Flanagan	M60	60.37	Wesham Road Runners	00:56:17	00:55:55
475	Daniel Ward	M	47.91		00:56:19	00:55:49
476	Meleri Saer	F	53.97		00:56:21	00:56:02
477	Chris Worthington	M	48.66		00:56:22	00:55:59
478	Jacqueline Tipping	F45	59.20		00:56:28	00:56:12
479	Janet Stanhope	F45	59.15	Lymm Runners	00:56:31	00:56:13
480	Ben Simpson	M	47.93		00:56:36	00:56:11
481	O'Neil	M	49.41		00:56:40	00:56:17
482	John Coupe	M55	57.86		00:56:41	00:56:34
483	William Preston	M60	59.42	Uknetrunner	00:56:41	00:56:14
484	Connor Simpson	M19	50.26		00:56:42	00:56:16
485	Les Robinson	M55	56.39	Winston Runners	00:56:43	00:56:10
486	Malcolm Towler	M70	64.67	Northern Veterans AC	00:56:43	00:56:38
487	Norman Bateman	M70	65.37	Wesham Road Runners	00:56:48	00:56:26
488	Ian Floyd	M40	51.12		00:56:51	00:56:28
489	Kathleen Tyms	F	53.70	Winston Runners	00:56:53	00:56:25
490	Andrew Doyle	M40	50.68	Mpssa	00:56:53	00:56:20
491	Andrew Haworth	M40	50.67		00:56:54	00:56:18
492	Lee Eccleston	M	47.18		00:56:54	00:56:15
493	Vincent Alcock	M40	50.65	Spectrum Striders	00:56:55	00:56:17
494	Judith Deakin	F65	74.89	Preston Harriers	00:56:57	00:56:37
495	Andrew Atkinson	M45	53.04	Northern Veterans AC	00:56:58	00:56:41
496	Paul Harrop	M60	59.02		00:57:04	00:56:56
497	Elspeth Gibson	F40	54.87	Wilmslow RC	00:57:15	00:56:45
498	Graham Roberts	M55	57.27		00:57:16	00:57:04
499	Carole Miller	F40	56.07		00:57:18	00:56:52
500	Sam Hardman	M65	62.05		00:57:19	00:56:48
501	Ian Williamson	M50	53.49		00:57:23	00:57:10
502	Julie Thompson	F45	59.65		00:57:25	00:57:11
503	Lucy McKenzie	F	52.81		00:57:26	00:56:56
504	Martin Richardson	M55	56.64		00:57:26	00:57:13
505	Stuart Holden	M	47.66		00:57:33	00:56:54
506	Darren Cunliffe	M	47.66		00:57:33	00:56:54
507	David Jones	M60	59.55	Wesham Road Runners	00:57:34	00:57:13
508	Stacey Deeming	F	52.58		00:57:43	00:57:09
509	Lisa Rees	F35	53.10		00:57:43	00:57:18
510	Eunice Nopondo	F45	57.90	Penny Lane Striders	00:57:44	00:57:20

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
511	Ros Thompson	F55	65.70		00:57:50	00:57:28
512	Joanne Wallace	F	52.68		00:57:50	00:57:24
513	Roz Biggs	F35	53.15		00:57:53	00:57:34
514	Graham Lawler	M60	58.12	East Cheshire Harriers	00:57:57	00:57:43
515	Sarah Wood	F40	55.00	N&T Road Runners	00:57:58	00:57:41
516	Victoria Hughes	F	52.31		00:57:59	00:57:38
517	Stuart Lee	M	46.29		00:58:00	00:57:33
518	Gary Birkenhead	M40	50.45		00:58:02	00:57:26
519	Jason Chapman	M40	48.82	Hyde Village Striders	00:58:12	00:57:58
520	John Hateley	M65	61.64	Stafford Harriers	00:58:14	00:57:46
521	Jamie Sheehan	M	46.32		00:58:15	00:57:49
522	Catherine Hodgetts	F35	53.55	Astley & Tyldesley Rd Runners	00:58:19	00:57:41
523	James Howarth	M	46.55		00:58:21	00:57:50
524	Benjamin Moores	M	46.23		00:58:22	00:57:56
525	David Bogg	M50	52.55	Brainwave	00:58:25	00:57:48
526	Susan Bean	F60	68.76	Swinton Running Club	00:58:26	00:57:48
527	Ian Maddrell	M	46.26	Atherton Running Club	00:58:30	00:57:52
528	Dom Bolger	M	45.84		00:58:34	00:58:01
529	Janet Hilton	F40	55.33		00:58:35	00:57:57
530	Elizabeth Mole	F50	62.23	Atherton Running Club	00:58:39	00:58:01
531	Claire Littler	F	51.67		00:58:42	00:58:25
532	Emma Jayne Brown	F	51.60	Brainwave	00:58:47	00:58:10
533	Robert Burns	M55	56.26		00:58:50	00:58:27
534	Sue Walsh	F50	61.22	City Of Chester Triathlon	00:58:51	00:58:33
535	Karl Chandler	M40	48.96		00:58:53	00:58:36
536	Susan Jones	F45	55.57	Wesham Road Runners	00:58:54	00:58:33
537	Simon Howard	M40	48.43	Uknetrunner	00:59:05	00:58:37
538	Bernadette Robinson	F50	61.75	Winston Runners	00:59:06	00:58:33
539	Glyn Jones	M	46.91		00:59:13	00:58:57
540	Dave Bullen	M55	55.80		00:59:19	00:58:58
541	Cheryl Maires	F35	51.86		00:59:19	00:58:57
542	Andrew Cotton	M40	48.59	Muller RC	00:59:20	00:59:00
543	Michael Paul Edwards	M45	50.05	Wrexham AC	00:59:24	00:58:54
544	Maria Haigh	F40	54.52	Birkenhead AC	00:59:27	00:59:18
545	Bill Carlisle	M70	62.42		00:59:29	00:58:48
546	Laura Justine Mills	F	51.11		00:59:36	00:59:09
547	Jane Hughes	F45	56.08		00:59:37	00:59:17
548	Jo Feltham	F	51.08		00:59:38	00:59:11
549	Graham Bateman	M55	53.63	Maltby Running Club	00:59:38	00:59:03
550	Maurice Farmer	M55	54.50		00:59:41	00:59:21
551	Beth Dean	F	50.80		00:59:42	00:59:09
552	Kevin O'Brien	M70	62.14	Penny Lane Striders	00:59:45	00:59:15
553	Michael Burt	M60	57.31		00:59:49	00:59:16
554	David Farrent	M55	54.37		00:59:50	00:59:37
555	Dawn Farrent	F55	62.64		00:59:50	00:59:37
556	Paula Smith	F40	52.79	Wirral AC	00:59:55	00:59:47
557	Tristan Barndon	M	44.78	Uknetrunner	00:59:57	00:59:37
558	Emma Higgins	F	50.78	Astley & Tyldesley Rd Runners	01:00:09	00:59:52
559	Christopher Hoyle	M	46.62		01:00:29	01:00:13
560	Nigel Williams	M45	50.28		01:00:33	01:00:16
561	Kathryn Leach	F	50.05		01:00:36	01:00:05
562	Lisa Greenall	F	49.98		01:00:41	01:00:10
563	Joanne Pickles	F35	51.16		01:00:41	01:00:09
564	Robert Hughes	M50	51.40		01:00:42	01:00:20
565	Paul McGuire	M50	50.53		01:00:45	01:00:12
566	Gill Russell	F40	51.70		01:00:46	01:00:23
567	Beverly Mackay	F40	52.35	Preston Harriers	01:00:54	01:00:36

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
568	Leigh Hill	M	44.42		01:00:56	01:00:22
569	Darren Mather	M	45.59		01:00:56	01:00:20
570	Mike McDonald	M70	60.16	Bowland Fell Runners	01:00:58	01:00:34
571	Tim Benyon	M	44.05		01:00:59	01:00:23
572	Tina McGarrie	F40	51.37		01:01:09	01:00:43
573	Debby Cook	F40	52.12		01:01:10	01:00:36
574	Andrea Mellor	F40	51.36		01:01:10	01:00:44
575	Faye Lawton	F	49.52		01:01:15	01:00:51
576	Glyn Davies	M40	47.37		01:01:21	01:01:03
577	Jim Garvey	M65	57.38		01:01:24	01:00:51
578	Sue Hadley	F45	54.39	Village Road Runners	01:01:28	01:00:47
579	Tony Clixby	M55	53.85	Village Road Runners	01:01:28	01:00:48
580	Ruth Clark	F	49.33		01:01:29	01:00:51
581	Julie Jenkins	F45	54.90	Atherton Running Club	01:01:37	01:01:15
582	Larrisa Weaver	F	49.06		01:01:49	01:01:21
583	Kathryn Brown	F45	52.76		01:02:02	01:01:25
584	Philip Murray	M70	60.13	Penny Lane Striders	01:02:35	01:02:02
585	Victoria Balmer	F	48.39		01:02:41	01:02:15
586	Linda Drayton	F50	57.25		01:02:56	01:02:17
587	Sophie Mullen	F	48.07		01:03:06	01:02:26
588	Roy Haggett	M	42.50		01:03:41	01:03:06
589	John Wright	M45	47.03	Pensby Runners	01:03:43	01:03:20
590	Margaret Delaney	F60	62.09	Birkenhead AC	01:03:48	01:03:40
591	Mavis Gregory	F65	67.77	Manchester Harriers & AC	01:03:55	01:03:35
592	Victoria Kehoe	F35	48.31	St Helens Striders	01:03:57	01:03:28
593	Henry Rainford	M65	54.86		01:04:13	01:03:39
594	Olivia Thompson	F	47.21	Spectrum Striders	01:04:15	01:03:51
595	Carol Fell	F60	63.32		01:04:24	01:04:08
596	Sheila Sheedy	F55	59.74		01:04:28	01:04:07
597	Paul Evans	M	41.62		01:04:40	01:04:07
598	Jeff Lewis	M45	45.79		01:04:56	01:04:47
599	Cath Jones	F50	53.29		01:05:05	01:04:45
600	Rebecca Styles	F35	47.98		01:05:05	01:04:45
601	Mary Littler	F50	55.98		01:05:12	01:04:54
602	Colin Holcroft	M50	47.75		01:05:20	01:04:40
603	Hannah Young	F	46.58	South Ribble Runners	01:05:24	01:04:51
604	Janet Thomas	F55	57.25	Swinton Running Club	01:05:28	01:04:51
605	Geoff Howarth	M75	61.06	Northern Veterans AC	01:05:45	01:05:17
606	Yvonne Mutton	F40	48.61		01:06:06	01:05:28
607	Mark Wade	M40	43.20		01:06:14	01:05:42
608	John Dean	M	40.51	Brainwave	01:06:19	01:05:44
609	Jenny Haslam	F	45.72	Brainwave	01:06:20	01:05:44
610	Jamie Keegan	M19	43.69		01:06:20	01:05:57
611	Kristina Richards	F	45.70		01:06:22	01:05:59
612	Dawn Abrahams	F40	48.02		01:06:23	01:05:59
613	Liz Dodsworth	F45	49.30	Warrington AC	01:06:23	01:05:44
614	Andrew Martyn	M	40.88		01:06:27	01:05:52
615	Vicki Gaskell	F60	63.07		01:06:35	01:06:10
616	Karen Harrison	F40	48.23	St Helens Sutton AC	01:06:37	01:06:16
617	Connie Moody	F	45.71		01:06:39	01:06:10
618	Karen Jackson	F50	54.70	Accrington Road Runners	01:06:43	01:06:20
619	Dot Carr	F60	62.93		01:06:44	01:06:33
620	Jean Skitt	F65	65.91	Manchester Harriers & AC	01:06:45	01:06:26
621	Lee Darcy	M	40.41		01:06:46	01:06:29
622	Martin Wheeldon	M55	49.48	Wilmslow RC	01:06:53	01:06:15
623	Terrie Blammon	F35	46.37	Winston Runners	01:06:57	01:06:30
624	Lesley Joyner	F40	48.01	Stourbridge A.C.	01:07:31	01:06:58

Pos	Name	Cat	% Age related	Club	GunTime	ChipTime
625	Gail Andrews	F	45.87		01:07:41	01:07:15
626	Donna-Marie Onions	F	44.86		01:07:48	01:07:24
627	Sue Wickham	F50	50.58	Preston Harriers	01:08:34	01:08:17
628	Audrey Headspith	F40	45.86	Brainwave	01:08:58	01:08:22
629	Rhona Bogg	F45	47.46	Brainwave	01:08:58	01:08:22
630	Gaynor Clarke	F	43.96	Swinton Running Club	01:09:00	01:08:29
631	Lesley Shearman	F45	48.34		01:09:09	01:08:57
632	Ron Makin	M40	41.66		01:09:12	01:08:35
633	Chris Haggett	M65	50.82		01:09:19	01:08:42
634	Claire Hartley	F	43.50		01:09:43	01:09:12
635	Roger Hartley	M60	49.62	Manchester Harriers & AC	01:09:43	01:09:12
636	Chris Champney	F60	56.38	Birkenhead AC	01:10:16	01:09:42
637	Kathryn Shaw	F	42.78		01:10:54	01:10:16
638	Colin Lawless	M50	43.25		01:10:58	01:10:34
639	Lynne Carter	F40	45.53		01:11:11	01:10:33
640	Debbie Boardman	F40	44.30	Stockport Harriers	01:11:24	01:10:53
641	Mike Douglass	M45	40.88		01:12:12	01:11:45
642	Margaret Carleton	F55	52.58	Winston Runners	01:12:16	01:11:47
643	Tony McGee	M55	45.18		01:12:35	01:11:56
644	Peter Povey	M75	53.78	West Cheshire AC	01:13:19	01:12:45
645	Mark Bankhead	M	37.75		01:13:35	01:13:06
646	Norman Grundy	M65	48.28	Birkenhead AC	01:13:40	01:13:05
647	Jayne Hill	F35	41.16		01:14:44	01:14:08
648	Joanne Fairhurst	F	40.62		01:15:12	01:14:33
649	Helen Baker	F35	40.37		01:15:55	01:15:21
650	Martin Keegan	M50	40.65		01:16:08	01:15:46
651	Kathryn Vernon	F35	40.97		01:16:13	01:15:44
652	Karen Rigby	F40	41.50		01:16:13	01:15:44
653	Kathryn Whitfield	F35	40.97		01:16:14	01:15:45
654	Debbie Laverick	F45	43.34	Atherton Running Club	01:16:20	01:15:41
655	Paul Holcroft	M	35.09		01:16:31	01:15:50
656	Jen Gladman	F	39.64		01:16:31	01:15:51
657	Don Bramwell	M75	50.73	Manchester Harriers & AC	01:19:08	01:18:37
658	Kerry Upton	F	34.13	Brainwave	01:28:54	01:28:18

Womens team results

Pos	Club	Total	Pos	Name	Time
1	Wilmslow RC	76	18	Christine Geraghty	0:44:33
			23	Sarah Waite	0:45:34
			35	Kate Sutton	0:47:33
2	Rochdale Harriers	84	14	Anna Blomfield	0:43:38
			17	Jaclyn Davison	0:44:32
			53	Jill Butterworth	0:50:01
3	Wilmslow RC	124	37	Clare Hawkes	0:47:39
			43	Sharon Jones	0:48:10
			44	Sue Strang	0:48:27
4	Preston Harriers	127	11	Anne Sweeney	0:43:17
			13	Marian Hesketh	0:43:21
			103	Judith Deakin	0:56:57
5	Swinton RC	137	31	Emma Flynn	0:47:19
			34	Kate Cammish	0:47:27
			72	Sharen Roberts	0:52:52
6	Penny Lane Striders	154	36	Emma Kearney	0:47:35
			49	Gill Darby	0:49:27
			69	Catherine Nevin	0:52:36
7	Wilmslow RC	173	51	Soraya Mason	0:49:52
			58	Laura Tomkinson	0:50:31
			64	Carolyn Hirons	0:51:35
8	Astley & Tyldesley RR	206	29	Carole Baines	0:46:41
			61	Michaela Shaw	0:50:53
			116	Catherine Hodgetts	0:58:19
9	Wilmslow RC	223	66	Nina Birch	0:51:59
			68	Janet Wyles	0:52:33
			89	Julie Lucas	0:54:46
10	Widnes Wasps Ladies RC	245	78	Clare Kilgallon	0:54:01
			81	Paula Day	0:54:12
			86	Clare Lowery	0:54:40
11	Manchester Harriers & AC	253	70	Wendy Woodhead	0:52:44
			85	Alyson Adams	0:54:35
			98	Caroline Baba	0:55:57
12	St Helens Striders	297	71	Carol Foster	0:52:50
			73	Nicola Howarth	0:53:02
			153	Victoria Kehoe	1:03:57
13	Winston Runners	310	84	Jill Peacock	0:54:33
			102	Kathleen Tymes	0:56:53
			124	Bernadette Robinson	0:59:06
14	Swinton RC	458	117	Susan Bean	0:58:26
			161	Janet Thomas	1:05:28
			180	Gaynor Clarke	1:09:00
15	Atherton RC	458	119	Elizabeth Mole	0:58:39
			145	Julie Jenkins	1:01:37
			194	Debbie Laverick	1:16:20
16	Birkenhead AC	460	126	Maria Haigh	0:59:27
			151	Margaret Delaney	1:03:48
			183	Chris Champney	1:10:16

Pos	Club	Total	Pos	Name	Time
17	Brainwave	462	121	Emma Jayne Brown	0:58:47
			163	Jenny Haslam	1:06:20
			178	Audrey Headspith	1:08:58

Corporate Team Challenge

Team 1 were a "Large company" team, 2 & 3 were "Small/medium company" teams.

Pos	Team name	Points	Pos	RaceNo	Time	Name
1	NNL	715	52	580	00:37:50	Kevin Hesketh
			75	339	00:38:45	David Williamson
			85	851	00:39:25	Jez Edwards
			503	532	00:57:26	Lucy McKenzie
2	Exova Warringtonfire - Flash Flamers	1957	189	865	00:44:10	Dave Owen
			571	867	01:00:59	Tim Benyon
			583	866	01:02:02	Kathryn Brown
			614	864	01:06:27	Andrew Martyn
3	Exova Warringtonfire - Wild Fire	2229	463	873	00:55:41	David Brown
			551	872	00:59:42	Beth Dean
			568	875	01:00:56	Leigh Hill
			647	874	01:14:44	Jayne Hill

Mens team results

Pos	Club	Total	Pos	Name	Time
1	Salford Harriers & AC	77	6	Nathan Kilcourse	0:33:14
			7	Robert Hughes	0:33:30
			16	Paul Simons	0:34:22
			48	Chris Dawson	0:37:50
2	Trafford AC	78	2	Tom Charles	0:32:07
			11	Jeff Prest	0:34:11
			22	Kevin Brydon	0:34:49
			43	Juansethi Ibarra-Medina	0:37:32
3	Preston Harriers	100	3	Gethin Butler	0:32:29
			23	Steve Hallas	0:34:57
			27	David Watson	0:35:48
			47	Kevin Hesketh	0:37:50
4	Wilmslow RC	153	20	Rob Downs	0:34:33
			31	Graham MacNeil	0:36:29
			49	Graham Screawn	0:37:52
			53	Barry Archbold	0:37:59
5	Liverpool Harriers	165	9	Nathan Vengdasalam	0:34:01
			18	Alan Ashton	0:34:28
			50	L Midghall	0:37:53
			88	Edward Devlin	0:39:41
6	Liverpool RC	188	30	Mark Clair	0:36:23
			33	Anthony Wilcox	0:36:39
			52	David Edwards	0:37:57
			73	Robert Kelly	0:38:58
7	Altrincham & DAC	255	25	Andrew Whittingham	0:35:36
			65	Peter Abraham	0:38:31
			75	Adam Simms	0:39:08
			90	Duncan Wilson	0:39:47
8	Mossley Hill AC	299	15	Matthew Davies	0:34:17
			46	Martin Green	0:37:48
			107	Tony Metcalf	0:40:45
			131	Ian Williams	0:41:49
9	Wilmslow RC	369	64	Mike Hill	0:38:30
			91	Mick Fairs	0:39:50
			103	James Eyre	0:40:34
			111	Paul Garnett	0:40:56
10	Wrexham AC	376	17	Daniel Weston	0:34:23
			77	Andy Norgrove	0:39:10
			129	Tim Bent	0:41:46
			153	Melvyn Ollier	0:43:32
11	Rochdale Harriers	379	36	Ian Roberts	0:36:46
			71	Paul McGlynn	0:38:47
			135	John Mayall	0:42:06
			137	Sam Mayall	0:42:19
12	Warrington AC	401	14	Andrew Green	0:34:16
			29	Paul Dodsworth	0:35:51
			171	Paul Crawley	0:44:04
			187	Paul Watterson	0:44:48

Pos	Club	Total	Pos	Name	Time
13	Warrington Road Runners	430	87	Jim Dawson	0:39:35
			108	Mark Byrne	0:40:50
			112	Daniel Green	0:40:58
			123	Russ Platt	0:41:24
14	Swinton RC	455	55	Darren Russell	0:38:04
			56	Daniel Bird	0:38:11
			122	Antony Golding	0:41:23
			222	Paul Robinson	0:46:53
15	Preston Harriers	461	59	Stephen Young	0:38:15
			82	Alan Appleby	0:39:29
			154	Stephen Mort	0:43:34
			166	Peter Cowling	0:43:51
16	Liverpool RC	494	100	Steve Kemp	0:40:24
			105	Stephen Hayes	0:40:44
			128	Rob Williams	0:41:43
			161	Mike Clayton	0:43:46
17	Penny Lane Striders	515	40	John Connolly	0:37:00
			132	Stephen McNicholas	0:41:51
			167	Tim Warn	0:43:58
			176	Paul Brady	0:44:19
18	Astley & Tyldesley RR	520	39	Lewis Eccleston	0:36:55
			110	Rufus Bennett	0:40:53
			168	Mark Lysycia	0:44:01
			203	Craig Bradbury	0:45:32
19	Darwen Dashers	553	102	Gary Taylor	0:40:34
			116	Russ Corsini	0:41:10
			158	Barry Shackleton	0:43:45
			177	George Morini	0:44:23
20	Wesham Road Runners	574	38	Brian Yates	0:36:49
			147	Simon Eaton	0:43:01
			175	Graham Vickers	0:44:14
			214	Dave Waywell	0:46:29
21	Wilmslow RC	583	114	Steve Smith	0:41:00
			149	Paul Norris	0:43:11
			151	Patrick Grannan	0:43:30
			169	Matt Atkinson	0:44:02
22	Altrincham & DAC	626	92	Toby Percival	0:39:55
			163	Damian Utton	0:43:48
			165	Ken Burgess	0:43:51
			206	Derek Walton	0:45:52
23	Northern Veterans AC	678	99	Ronald Warrender	0:40:22
			115	David Atkinson	0:41:09
			220	Simon Greene	0:46:43
			244	Paul Pover	0:47:53
24	Prestatyn RC	699	51	Griff Owens	0:37:54
			81	George Nicholls	0:39:27
			281	Roger Harrison-Jones	0:49:58
			286	David Hughes	0:50:16
25	Spectrum Striders RC	713	54	Stephen Pilditch	0:38:01
			113	Scott Liddell	0:40:59
			156	Ranfield Mackay	0:43:41
			390	Vincent Alcock	0:56:55

Pos	Club	Total	Pos	Name	Time
26	Wilmslow RC	804	192	Steve Russell	0:45:01
			200	Andrew Dodd	0:45:19
			204	Jamie Smith	0:45:43
			208	Ian Ashcroft	0:46:10
27	Warrington Road Runners	890	125	Keith Brown	0:41:28
			178	Alan Wheelhouse	0:44:28
			262	Larry Crawley	0:49:08
			325	Martin Catterall	0:52:38
28	Wilmslow RC	915	212	Chris Cannon	0:46:21
			223	Gareth Trimble	0:46:55
			239	Peter Watson	0:47:42
			241	Simon Fenton	0:47:43
29	Astley & Tyldesley RR	1040	225	Ian Hamilton	0:47:02
			259	David Crowe	0:48:53
			268	Paul Basnett	0:49:21
			288	Michael Geoghegan	0:50:25
30	Atherton RC	1055	121	Paul Sumner	0:41:19
			233	Paul Mason	0:47:29
			292	Robert Phoenix	0:50:33
			409	Ian Maddrell	0:58:30
31	Penny Lane Striders	1124	231	Russell Burnham	0:47:21
			235	Mike Roxburgh	0:47:35
			237	Sam Darby	0:47:40
			421	Kevin O'Brien	0:59:45
32	Uknetrunner	1125	198	David Smedley	0:45:17
			266	Peter Mickleburgh	0:49:15
			280	Andy Newham	0:49:57
			381	William Preston	0:56:41
33	Pensby Runners	1140	197	Paul Forster	0:45:14
			252	Mark Roberts	0:48:32
			253	Adrian Mercer	0:48:33
			438	John Wright	1:03:43
34	Brainwave	1177	126	Jonathan Headspith	0:41:31
			291	Stephen Gibbons	0:50:33
			352	Steven Woolnough	0:54:25
			408	David Bogg	0:58:25
35	Wesham Road Runners	1333	260	Stephen Wilkinson	0:48:59
			313	John Howarth	0:52:03
			375	George Flanagan	0:56:17
			385	Norman Bateman	0:56:48
36	Northern Veterans AC	1341	250	John Riley	0:48:14
			316	Thomas Finch	0:52:10
			384	Malcolm Towler	0:56:43
			391	Andrew Atkinson	0:56:58
37	Manchester Harriers & AC	1547	312	Michael Keeley	0:52:03
			322	David Gregory	0:52:31
			452	Roger Hartley	1:09:43
			461	Don Bramwell	1:19:08

Fun run

Pos	Race no	Name	Time	Club	Gender	Age
1	965	Leighton Sharman	07:19	Warrington AC	M	13
2	992	Adam Kinghorn	07:35	Sale Harriers Mchr	M	12
3	971	Daniel Richardson	07:45	Warrington AC	M	14
4	962	Robert Dykes	08:05	Warrington AC	M	13
5	961	Louise Waterson	08:24	Warrington AC	F	13
6	964	Jordan Jones	08:35	Warrington AC	M	9
7	967	James Greenalgh	08:46		M	16
8	988	Georgina Crawley	08:46	Warrington AC	F	12
9	991	Alex Crawley	08:47	Warrington AC	M	10
10	977	Owen Hughes	09:12		M	10
11	972	Joe Hooper	09:32		M	11
12	983	Lewis Hayes	09:38		M	8
13	978	Daniel Oates	09:51		M	9
14	985	Maddie Jackson	10:02		F	8
15	446	Bruce Jackson	10:03		MV40	
16	975	Rebecca Forster	10:08	Spectrum Striders	F	13
17	996	John Savagar	10:29		M	13
18	976	Beth Hughes	10:40		F	9
19	969	Kathryn Morris-McHarry	10:43	Spectrum Striders	F	11
20	963	Jack McGuire	10:45	Clayton-le-Moors	MV55	
21	979	Charlotte Oates	10:59		F	12
22	974	Alexander Flint	11:07		M	8
23	973	Peter Flint	11:07		M	47
24	968	Jordan Greenalgh	11:14		M	11
25	986	Luke Clarke	12:09		M	6
26	984	Luke Hayes	12:12		M	5
27	980	Logan Ince	12:45		M	?
28	982	Simon Ince	12:46		M	
29	995	Jack Robertson	13:04		M	
30	981	Rachael Ince	13:33		F	
31	987	Holly Clarke	13:48		F	8
32	994	Grace Robertson	17:33		F	
33	993	Andy Robertson	17:34		M	
34	970	Meriel Morris-McHarry	17:35	Spectrum Striders	F	9
35	989	Gabriel Mercer + mum	18:19		M	3
36	966	Bethany Mutton	20:42		F	3
37	990	Esme Mercer	21:42		F	2