

A big thank you to our race sponsors!



Individual Results

Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
1	00:30:40	1038	Ben	Fish	M	87.55	Blackburn Harriers	1	00:30:39
2	00:31:30	227	Matt	Clowes	MJ	86.13	Staffs Moorlands AC	2	00:31:29
3	00:32:00	863	Ross	Jones	M	84.11	Tipton Harriers	3	00:31:59
4	00:32:04	753	Dave	Archer	M	83.73	Hallamshire Harriers Sheffield	4	00:32:03
5	00:32:20	672	Rob	Baker	M	83.71	Hallamshire Harriers Sheffield	5	00:32:19
6	00:32:36	620	Paul	Lockwood	M	82.36	Wakefield	6	00:32:35
7	00:32:38	250	David	Turnbull	M	82.48	Holmfirth Harriers	7	00:32:37
8	00:32:47	226	Jack	Martin	M	81.95	Sunderland Harriers & AC	8	00:32:46
9	00:33:16	923	Paul	Sankey	M40	86.02	Liverpool Running Club	9	00:33:15
10	00:33:22	691	Russell	Maddams	M	83.26	Horwich RMI Harriers	10	00:33:20
11	00:33:38	380	Neil	Pendlebury	M	79.83	Horwich RMI Harriers	11	00:33:36
12	00:33:42	679	Daniel	Weston	M	80.06	Wrexham AC	12	00:33:39
13	00:33:53	767	Paul	Faulkner	M40	84.45	Hallamshire Harriers Sheffield	13	00:33:50
14	00:33:55	326	Ian	McBride	M	79.16	Royton Road Runners	14	00:33:54
15	00:33:57	675	Steve	Hebblethwaite	M	79.08	Keswick AC	15	00:33:56
16	00:33:58	1078	Alastair	Murray	M	80.76	Horwich RMI Harriers	16	00:33:57
17	00:33:59	958	Roger	Alsop	M45	86.85	Herne Hill Harriers	17	00:33:58
18	00:34:01	1012	Dave	Mansbridge	M45	87.4	Telford A.C.	18	00:33:59
19	00:34:05	320	Liam	Thompson	M	79.41	Warrington AC	19	00:34:03
20	00:34:16	333	Darren	Rowlands	M40	84.14	Wrexham AC	20	00:34:15
21	00:34:23	207	Dean	Martin	M	78.38	Stockport Harriers & AC	21	00:34:21
22	00:34:33	321	Tony	Battersby	M	78.09	Leigh Harriers & AC	22	00:34:31
23	00:34:35	528	Andy	Buttery	M40	82.16	Rossendale Harriers AC	23	00:34:34
24	00:34:37	699	Michael	Sprot	M	77.75	Hallamshire Harriers Sheffield	24	00:34:35
25	00:34:45	983	Ian	Coupland	M40	81.77	Shrewsbury A.C.	25	00:34:42
26	00:34:54	820	Darren	Washington	M40	83.28	City of Stoke	26	00:34:52
27	00:34:57	840	Marko	Gvero	M40	81.87	Keighley & Craven	27	00:34:54
28	00:35:02	981	Paul	Muller	M50	89.77	Horwich RMI Harriers	28	00:34:59
29	00:35:17	674	Ian	Davies	M	76.71	Keswick AC	29	00:35:12
30	00:35:31	339	Mike	Hatch	M	78.22	Sale Harriers Manchester	30	00:35:29
31	00:35:38	256	James	Ellis	MJ	78.9	Warrington AC	31	00:35:37
32	00:35:45	337	Richard	Marlton	M40	81.3	Stockport Harriers & AC	32	00:35:42
33	00:35:52	942	Graham	Ratcliffe	M55	89.17	Wirral A.C.	33	00:35:49
34	00:35:53	1003	David	Darby	M50	87.64	Holmfirth Harriers	34	00:35:50
35	00:35:55	361	Louise	Gardner	F	84.5	Lancaster & Morecambe AC	35	00:35:53
36	00:35:59	931	John	Howarth	M45	82.63	Leigh Harriers & AC	36	00:35:57
37	00:36:10	512	Oliver	Park	M	74.51	Warrington AC	37	00:36:08
38	00:36:13	1057	Jennifer	Clague	F	85.31	Liverpool Harriers	38	00:36:12
39	00:36:15	345	Anthony	Wilcox	M45	83.35	Liverpool Running Club	40	00:36:12
40	00:36:16	822	Julian	Goodwin	M	77.75	Boalloy Running Club	39	00:36:12
41	00:36:20	221	Stanley	Owen	M55	89.54	Salford Harriers	41	00:36:17
42	00:36:21	980	Joe	Johnson	M40	78.72	Birkenhead A.C.	42	00:36:18
43	00:36:21	1019	David	Watson	M40	79.32	Preston Harriers	43	00:36:19
44	00:36:25	746	Chris	McCarthy	M	73.72	Tipton Harriers	44	00:36:22
45	00:36:47	496	Robin	Owen	M	74.58	Abbey Runners	45	00:36:43
46	00:36:51	284	Phil	Jacques	M40	78.87	East Cheshire Harriers	46	00:36:50

Birchwood 10k Road Race Sunday 22-Aug-2010

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
47	00:37:01	606	Simon	Barker	M	72.53		48	00:36:58
48	00:37:02	1062	Neil	Crompton	M	74.52	Spectrum Striders RC	47	00:36:57
49	00:37:06	561	Christopher	Burrows	M	72.95		50	00:37:04
50	00:37:06	991	Marilyn	Kitching	F40	85.93	Tattenhall Runners	49	00:37:03
51	00:37:11	220	Graham	Green	M45	79.38	Warrington AC	51	00:37:08
52	00:37:12	985	Peter	Cruse	M45	81.22	Lytham St. Annes	52	00:37:10
53	00:37:19	952	Dave	Edwards	M45	80.97	Liverpool Running Club	53	00:37:17
54	00:37:32	453	Gary	Thornton-Allen	M	72.38	Pensby Running Club	54	00:37:29
55	00:37:33	386	Lee	Midghall	M	73.5	Liverpool Running Club	55	00:37:30
56	00:37:37	482	Mike	Shaw	M45	79.04	Stockport Harriers & AC	57	00:37:33
57	00:37:38	922	Lee	Woods	M40	75.5	Sale Harriers Manchester	56	00:37:33
58	00:37:51	763	Martin	Green	M	72.47	North Wales Road Runners	58	00:37:48
59	00:37:52	921	Sarah	Johnson	FJ	80.41	Trentham	60	00:37:48
60	00:37:55	475	Andrew	Grenfell	M	70.81	Rossendale Harriers AC	61	00:37:53
61	00:37:58	1076	Luke	Parker	M	70.71	Penny Lane Striders	59	00:37:48
62	00:38:00	809	Christopher	Millington	M40	74.78	Spectrum Striders RC	62	00:37:56
63	00:38:02	1015	Neil	Holding	M50	81.37	West Pennine Runners	63	00:38:00
64	00:38:13	304	David	Jackson	M40	74.35	Horwich RMI Harriers	64	00:38:09
65	00:38:16	451	Gary	Stevens	M	70.99	Astley & Tyldesley RR	65	00:38:13
66	00:38:21	715	Paul	Riley	M40	74.09	Penny Lane Striders	66	00:38:15
67	00:38:24	324	David	McBride	M	71.87	Royton Road Runners	67	00:38:21
68	00:38:27	896	Marko	Norton	M	73.34	Altrincham & District AC	68	00:38:24
69	00:38:30	1016	Dave	Bamford	M45	77.83	Wigan Phoenix	69	00:38:25
70	00:38:33	879	Paul	Ballinger	M50	81.58	Denbigh Harriers	70	00:38:29
71	00:38:34	1002	Sean	Molloy	M40	75.36	Rossendale Harriers AC	72	00:38:32
72	00:38:37	705	Neil	Prescott	M	72.5		71	00:38:32
73	00:38:40	917	Gary	Willcock	M45	78.14	Sale Harriers Manchester	73	00:38:36
74	00:38:44	209	Neil	McDonald	M40	74.44	Preston Harriers	74	00:38:41
75	00:38:45	252	John	Morris	M65	90.1	Wolverhampton & Bilston	75	00:38:42
76	00:38:48	1039	Philip	Bailey	M60	86.03	Southport Waterloo	76	00:38:43
77	00:38:50	1043	Joanna	Gorney	F40	81.45	Wesham Road Runners	78	00:38:48
78	00:38:56	951	James	Rideout	M45	77.61	Bolton United Harriers	80	00:38:54
79	00:38:57	382	Liam	Craine	M	68.93	Blackpool Wyre & Fylde AC	79	00:38:53
80	00:38:59	874	Alan	Hudson	M60	86.4	Wesham Road Runners	81	00:38:54
81	00:39:00	347	Carl	Mountain	M	68.84	Liverpool Running Club	84	00:38:57
83	00:39:02	322	Martin	Quinn	M	71.17	Chorley Harriers	83	00:38:56
84	00:39:04	563	Robert	Jones	M	68.72	Wrexham AC	77	00:38:48
85	00:39:10	315	Andrew	Whittingham	M40	73.06	FRA	85	00:39:08
86	00:39:14	839	Mervyn	Ward	M55	81.52	Warrington AC	86	00:39:08
87	00:39:16	912	Maurice	Collins	M45	76.31	Liverpool Running Club	88	00:39:12
88	00:39:19	488	Paul	Marshall	M	71.21		90	00:39:18
89	00:39:20	868	Peter	Maher	M55	81.31	Vale Royal AC	89	00:39:14
90	00:39:22	741	Stephen	Buckle	M	70.57		87	00:39:11
91	00:39:25	913	Colin	Kay	M50	80.46	Atherton Running Club	91	00:39:21
92	00:39:28	336	Paulo	Campos	M	68.83	Horwich RMI Harriers	92	00:39:24
93	00:39:30	1077	Carla	Williams	M45	74.72	Boalloy Running Club	93	00:39:25
94	00:39:47	876	Steven	Broadfoot	M45	75.95	Northern Veterans AC	95	00:39:41
95	00:39:52	943	David	Waddington	M45	74.58	Wigan Phoenix	96	00:39:48
96	00:40:00	924	Anthony	Jewitt	M40	71.54	Lancaster & Morecambe AC	94	00:39:26
97	00:40:18	212	Jamie	White	M	70.71	St Helens Sutton AC	98	00:40:16
98	00:40:20	559	Lee	Campbell	M45	74.91	Boalloy Running Club	97	00:40:15
99	00:40:22	933	Jim	Dawson	M45	74.23	Warrington Road Runners	99	00:40:17
100	00:40:27	560	Tony	Jackson	M50	76.51	Newburgh Nomads	101	00:40:24
101	00:40:27	597	Chris	Kay	MJ	69.5	Bolton United Harriers	103	00:40:26
102	00:40:28	926	David	Wilson	M	68.65	Whitchurch Whippets	100	00:40:21
103	00:40:30	615	Peter	Clayton	M45	72.88	Vale Royal AC	102	00:40:24
104	00:40:33	782	Jonathan	Keay	M	66.54		104	00:40:27
105	00:40:36	1042	Gary	Moore	M50	75.61	Wesham Road Runners	105	00:40:31
106	00:40:40	574	David	Hutchings	M40	71.47	Stainland Lions	106	00:40:35
107	00:40:55	368	Daniel	Ankrah	M	65.62	Liverpool Running Club	109	00:40:52

Birchwood 10k Road Race Sunday 22-Aug-2010

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
108	00:40:56	562	Simon	Tobin	M45	72.1	Southport Waterloo	108	00:40:50
109	00:40:58	711	Richard	Wilson	M	68.83		107	00:40:39
110	00:41:03	210	Jonathan	Hyde	M	66.82	Astley & Tyldesley RR	110	00:40:54
111	00:41:08	837	Robert	Williams	M	66.32	Liverpool Running Club	113	00:41:05
112	00:41:14	384	Robert	Kellett	M40	70.49	Royton Road Runners	111	00:41:01
113	00:41:17	1058	Michelle	Murphy	F40		Liverpool Harriers	115	00:41:14
114	00:41:23	761	John	Marlowe	M40	68.66		117	00:41:17
115	00:41:24	462	Daryl	Bentley	M	68.11	Bolton Harriers	116	00:41:16
116	00:41:26	979	Keith	Pailing	M60	80.57	Rothwell Harriers	119	00:41:23
117	00:41:27	276	Paul	Nugent	M50	74.06		114	00:41:13
118	00:41:29	413	Louise	Blizzard	F	73.64	Belgrave	118	00:41:22
119	00:41:37	214	Darren	Fishwick	M40	68.28		120	00:41:32
120	00:41:41	817	David	Nalder	M55	77.36	Ellesmere Port R.C.	121	00:41:34
121	00:41:42	905	Dave	Waywell	M65	84.49	Wesham Road Runners	122	00:41:37
122	00:41:43	388	Nick	Wilson	M	67.59		123	00:41:39
123	00:41:45	399	Andrew James	Doyle	M40	69.06	Bolton Harriers	112	00:41:04
124	00:41:50	577	Russ	Platt	M40	70		124	00:41:44
125	00:41:54	400	Chris	Jones	M40	69.37	Salford Metropolitan	125	00:41:48
126	00:41:58	1095	Sarah	Jarvis	F	72.27	Liverpool Harriers	126	00:41:56
127	00:42:02	246	Paul	Mulryan	M	63.87		128	00:41:58
128	00:42:06	696	Sandra	Lewis	F	72.56	Altrincham & District AC	127	00:41:56
129	00:42:13	883	Andy	Jones	M	65.37	North Wales Road Runners	129	00:42:01
130	00:42:14	510	Jeremy	Mirams	M	65.35	Hallamshire Harriers Sheffield	131	00:42:07
131	00:42:14	835	Maggie	Fenn	F35	72.84	Vale Royal AC	132	00:42:08
132	00:42:16	394	Arwel	Jones	M50	73.22	Prestatyn Running Club	134	00:42:12
133	00:42:18	458	Peter	Barracough	M	64.85	Denbigh Harriers	135	00:42:12
134	00:42:19	422	Philip	Dunn	M	63.96	Accrington Road Runners	133	00:42:11
135	00:42:21	551	Neil	Cliffe	M50	72.49	Warrington Road Runners	130	00:42:03
136	00:42:24	893	Ian	Edge	M45	70.67	Warrington Road Runners	137	00:42:19
137	00:42:28	523	Stephen	Hayes	M	65.93	Liverpool Running Club	141	00:42:23
138	00:42:28	630	David	Atkinson	M45	71.7	Northern Veterans AC	138	00:42:19
139	00:42:29	846	Andrew	Barton	M	63.2	Altrincham & District AC	136	00:42:15
140	00:42:30	515	Damian	Utton	M45	69.96	Altrincham & District AC	140	00:42:20
141	00:42:31	1059	Graham	Halsall	M	63.89	Penny Lane Striders	139	00:42:20
142	00:42:32	255	Simon	Buckden	M	65.83	Abbey Runners	142	00:42:23
143	00:42:32	213	Keith	McVeigh	M50	74.56		143	00:42:29
144	00:42:37	232	Jacqui	Khoeiry	F35	72.5	Holmfirth Harriers	144	00:42:29
145	00:42:42	282	John	Mcmanniman	M	64.24	Liverpool Running Club	145	00:42:32
146	00:42:46	939	Graham	Pomfret	M60	78.76	Blackburn Harriers	149	00:42:38
147	00:42:48	909	Andrew	Nightingale	M	65.42	Wigan Phoenix	151	00:42:41
148	00:42:50	1020	David	Pinnington	M45	70.54	Penny Lane Striders	150	00:42:39
149	00:42:55	880	Alan	Jackson	M50	72.11	Ipswich Jaffa	153	00:42:50
150	00:42:57	959	Jack	Bates-Lawlor	MJ	64.64		154	00:42:51
151	00:42:58	520	Ken	Burgess	M65	82.77	Altrincham & District AC	152	00:42:48
152	00:42:59	1024	Sean	McCann	M50	73.78	Warrington Road Runners	146	00:42:33
153	00:43:00	1044	Mark	Lysycia	M50	71.39	Astley & Tyldesley RR	155	00:42:52
154	00:43:02	760	Jimmy	Smith	M50	73.08	Stainland Lions	157	00:42:56
155	00:43:02	1091	Juan	Jackson	F50	84.81	Northern Veterans AC	159	00:43:00
156	00:43:04	799	Anthony	Tilstone	M45	69.04		156	00:42:52
157	00:43:05	233	Maz	Khoeiry	M	65.45	Holmfirth Harriers	158	00:42:59
158	00:43:07	397	Ian	Simnor	M45	70.08	Mersey Tri	160	00:43:02
159	00:43:09	234	Michaela	Dempsey	F40	75.12	Wesham Road Runners	161	00:43:05
160	00:43:09	537	Mike	Taylor	M	63.96		163	00:43:08
161	00:43:12	988	Paul	Holland	M	63.88		162	00:43:06
162	00:43:14	423	Stephen	Kemp	M	63.45	Liverpool Running Club	165	00:43:09
163	00:43:15	960	Tony	Bates-Lawlor	M45	68.74		164	00:43:09
164	00:43:16	669	Chris	Povey	M	63.79	Bolton Harriers	147	00:42:33
165	00:43:18	745	Ben	Scott	M	62.31	Bolton United Harriers	148	00:42:36
166	00:43:24	376	Matthew	Maguire	M	62.36		168	00:43:15
167	00:43:24	240	Andrew	Milhench	M45	68.01		166	00:43:10

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
168	00:43:28	229	Richard	Blackburn	M	61.77		169	00:43:18
169	00:43:30	479	Anne	Pugh	F55	85.01	Altrincham & District AC	172	00:43:26
170	00:43:35	414	Tim	Warn	M60	77.28	Penny Lane Striders	171	00:43:25
171	00:43:40	470	Thomas	Fletcher	M	61.52		167	00:43:15
172	00:43:42	532	Ross	Smith	M50	70.25		170	00:43:19
173	00:43:48	950	Stephen	McCullough	M45	69.52	Liverpool Running Club	176	00:43:45
174	00:43:50	900	Jeff	Henderson	M40	65.77	North East Vets	177	00:43:46
175	00:43:53	908	Chris	Nightingale	M40	66.23	Wigan Phoenix	181	00:43:48
176	00:43:57	1017	Andrew	Bardsley	M45	68.75	Glossop Dale	179	00:43:48
177	00:43:58	860	Gary	Jones	M45	69.25		173	00:43:31
178	00:43:58	875	Anthony	Dickens	M50	69.82		178	00:43:48
179	00:43:59	527	Richard	Park	M	61.04		180	00:43:48
180	00:43:59	1049	Mark	Byrne	M40	64.6		174	00:43:42
181	00:44:03	346	Vicky	Williams	F	68.86	Liverpool Running Club	184	00:43:52
182	00:44:03	494	Anthony	Buxton	M50	69.69		175	00:43:43
183	00:44:05	751	Paul	Harris	M	61.39		182	00:43:51
		965	Don	Johnson	M55		Baildon Runners		
		640	Paul	Yeadon	M				
184	00:44:11	1005	Steve	Hollis	M55	72.38	Road Runners Club	187	00:44:00
185	00:44:13	690	Toby	Percival	M	62.04	Altrincham & District AC	186	00:43:59
186	00:44:14	356	Paul	Skidmore	M	62.01		185	00:43:58
187	00:44:15	819	Peter	Newstead	M	63.72		188	00:44:03
188	00:44:19	219	Mike	Murray	M40	65.06		190	00:44:13
189	00:44:29	646	Matt	Roberts	M	62.45		189	00:44:04
190	00:44:30	930	James	Thackray	M40	64.79		198	00:44:23
191	00:44:30	478	Sally	Howarth	F45	74.34	Trafford AC	197	00:44:22
192	00:44:31	566	Paula	Fisher	F50	80.94	Rotherham Harriers & AC	199	00:44:26
193	00:44:32	1023	Marko	Shingier	M	60.29		194	00:44:19
194	00:44:34	332	Derek	Reilly	M40	64.21		195	00:44:20
195	00:44:34	995	Steve	Houghton	M	60.95	Bolton United Harriers	183	00:43:52
196	00:44:35	1061	Dave	Ambler	M55	72.33		192	00:44:15
198	00:44:39	372	Terry	Bradshaw	M50	68.75	Blackpool Wyre & Fylde AC	203	00:44:34
199	00:44:41	592	Eric	Payton	M55	72.8		200	00:44:31
200	00:44:42	412	Peter	Fraser	M	60.06	Wirral A.C.	201	00:44:33
201	00:44:43	899	Andrew	Stephens	MJ	62.09	Boalloy Running Club	202	00:44:34
202	00:44:43	508	James	Jarrett	M	60.04		193	00:44:18
203	00:44:44	1029	Ian	Hamilton	M55	73.99	Astley & Tyldesley RR	205	00:44:35
204	00:44:44	1022	John	Hobson	M	61.69	Warrington Triathlon Club	207	00:44:36
205	00:44:44	242	Jane	Mulryan	F55	82.67	Wilmslow Running Club	209	00:44:40
206	00:44:46	342	John Liam	Goggins	M	60.46		191	00:44:15
207	00:44:48	439	Kevin	Curtis	M50	70.2		204	00:44:34
208	00:44:51	602	Des	Miles	M45	66.29		212	00:44:44
209	00:44:52	1081	David	Bale	M	60.14		210	00:44:41
210	00:44:53	278	Richard	Darlington	M	60.04	Penny Lane Striders	208	00:44:40
211	00:44:54	969	John	Penney	M45	65.73		206	00:44:35
212	00:44:55	971	Thomas	Watson	M	59.77		213	00:44:46
213	00:45:00	552	Keith	Brown	M45	67.66	Warrington Road Runners	211	00:44:43
214	00:45:02	963	Paul	Forster	M50	70.42	Pensby Running Club	214	00:44:47
215	00:45:03	1006	Daniel	Gilbody	M	59.6		217	00:44:53
216	00:45:14	649	Martin	Ward	M	61.01		215	00:44:48
217	00:45:14	585	Pauline	Horsfall	F50	79.66		216	00:44:51
218	00:45:15	375	Andy	Land	M45	65.7	Swinton Running Club	218	00:44:59
219	00:45:16	580	Steve	Fowler	M45	66.75		223	00:45:10
220	00:45:17	725	Lauren	Marsden	F35	68.56	Swinton Running Club	221	00:45:02
221	00:45:18	765	Alan	Bennett	M50	68.32		219	00:45:01
222	00:45:21	925	Sarah	Wilson	F	66.96	Whitchurch Whippets	222	00:45:04
223	00:45:23	1026	Ian	Lawton	M	59.16	Liverpool Running Club	224	00:45:12
224	00:45:23	1025	Emma	Lucy	F	66.83	Penny Lane Striders	225	00:45:12
225	00:45:24	861	Simon	Greene	M55	71.65	Northern Veterans AC	228	00:45:16
226	00:45:25	800	Mark	Preston	M45	65.98	Stainland Lions	227	00:45:16

Birchwood 10k Road Race Sunday 22-Aug-2010

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
227	00:45:30	1034	Andrew	Malone	M	59.04	Winston Running Club	220	00:45:02
228	00:45:33	225	Roger	Jones	M45	66.84		230	00:45:27
229	00:45:34	977	Brian	Griffiths	M55	70.19	Ellesmere Port R.C.	231	00:45:27
230	00:45:37	446	Stuart	Burgess	M	61.38		233	00:45:34
231	00:45:39	1001	Geoffrey	Beattie	M55	71.85	Sale Harriers Manchester	234	00:45:35
232	00:45:41	643	Christopher	Cheap	M	60.05		235	00:45:36
233	00:45:45	619	Andrew	Flanagan	M	58.68	Wesham Road Runners	232	00:45:28
234	00:45:48	870	Liz	Crosland	F35	67.79	Keighley & Craven	238	00:45:40
235	00:45:54	557	Maria	Harron	F35	67.64	Stainland Lions	236	00:45:38
236	00:45:54	395	Samantha	Thackrah	F35	66.77		229	00:45:19
237	00:45:55	956	Brian	Poole	M55	72.08	Liverpool Running Club	239	00:45:44
238	00:45:56	526	Rob	Petch	M	60.95		237	00:45:38
239	00:45:59	467	Mike	Byrne	M	58.39		226	00:45:15
240	00:46:00	215	Paul	Musker	M55	69.52		240	00:45:51
241	00:46:07	1028	Paul	Pover	M55	71.12	Northern Veterans AC	243	00:46:00
242	00:46:07	1054	Hannah	Lemon	F	65.77	Stockport Harriers & AC	242	00:45:55
243	00:46:07	865	Andrew	Lea	M	60.24	British Triathlon	241	00:45:54
244	00:46:16	759	Chris	Rees	M	59.29		244	00:46:02
245	00:46:18	313	Mark	Whitfield	M	58.45		246	00:46:09
246	00:46:21	1045	Brandon	Holroyd	M	59.94	Holmfirth Harriers	247	00:46:14
247	00:46:23	477	Andrew	Blair	M45	64.6	Tattenhall Runners	245	00:46:09
248	00:46:27	245	Sarah	Mulryan	F	65.3		254	00:46:23
249	00:46:30	657	Mark	Scott	M40	62.5	Liverpool Running Club	252	00:46:20
250	00:46:32	435	Bruce	Jackson	M40	61.49		255	00:46:25
251	00:46:39	434	Colin	Davies	M60	71.56	Altrincham & District AC	256	00:46:31
252	00:46:41	682	Andy	Stevenson	M40	61.29		257	00:46:32
253	00:46:42	429	Philip	Derbyshire	M50	67.34	Wigan Phoenix	250	00:46:19
254	00:46:44	425	Richard	Marshall	M	57.45		248	00:46:17
255	00:46:45	878	Tom	Carter	M	57.43		249	00:46:17
256	00:46:48	235	Robin	Hall	M	57.83		253	00:46:21
257	00:46:49	1013	Darren	Roberts	M	60.23		261	00:46:42
258	00:46:49	852	Andrew	Cooper	M50	66.64		251	00:46:19
259	00:46:51	885	Francis	Worthington	M	59.76	Red Rose Road Runners	258	00:46:32
260	00:46:52	1030	Richard	Broster	M	58.53		259	00:46:37
261	00:46:55	680	Tommy	Dunning	M45	63.87		263	00:46:48
262	00:46:55	964	Denise	Johnson	F50	74.84	Baildon Runners	262	00:46:47
263	00:47:02	296	John	Skinley	M45	64.74	St Helens Sutton AC	264	00:46:48
264	00:47:05	1008	Wayne	Babynec	M45	63.64	Astley & Tyldesley RR	266	00:46:52
265	00:47:09	588	Ian	Oates	M40	62.1	Hyde Village Striders	268	00:47:00
266	00:47:10	570	Andrew	Oates	M45	62.57		265	00:46:50
267	00:47:11	929	Rachel	Thackray	F	64.74		269	00:47:00
268	00:47:11	871	Richard	Lawernce	M	57.36		277	00:47:09
269	00:47:13	918	Fiona	Wilson	F45	72.53		270	00:47:03
270	00:47:15	645	Colin	Tait	M	57.49		260	00:46:38
271	00:47:16	424	Joyce	Atherden	F50	75.24		275	00:47:07
272	00:47:21	810	Roger	Fleming	M50	66.42	Stainland Lions	271	00:47:04
273	00:47:23	463	Kevin	McConnell	M	56.66		267	00:46:57
274	00:47:24	890	Matthew	Coles	MJ	61.14	Spectrum Striders RC	279	00:47:16
275	00:47:30	217	Paul	Leech	M45	62.14		272	00:47:06
276	00:47:34	656	Tim	Walsham	M	58.4	Salford Harriers	278	00:47:10
277	00:47:35	344	David	McCluskey	M	56.7		274	00:47:06
278	00:47:35	752	Nicola	Darbyshire	F	63.92		281	00:47:22
279	00:47:39	886	Stuart	Holden	M	57.25		273	00:47:06
280	00:47:42	818	Elizabeth	Waters	F	63.87		284	00:47:30
281	00:47:47	617	Chris	Corns	M	56.47		280	00:47:16
282	00:47:49	383	David	Irvine	M50	64.2		287	00:47:40
283	00:47:49	264	Brian	Beattie	M65	73.68	West Cheshire AC	285	00:47:36
284	00:47:50	826	Bernard	Brown	M45	62.16		283	00:47:24
285	00:48:00	530	Paul	Mason	M	56.59	Atherton Running Club	276	00:47:08
286	00:48:04	984	Mark	Povey	M40		West Cheshire AC		

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
287	00:48:05	352	Ian	Cook	M45	61.38		294	00:48:01
288	00:48:07	253	Frazer	Doyle	MJ	60.23	Bolton United Harriers	282	00:47:23
289	00:48:09	274	Kevin	Yates	M	55.76		295	00:48:02
290	00:48:12	600	David	Thorpe	M45	61.23		292	00:47:59
291	00:48:14	538	Darren	Tyldesley	M40	60.71		291	00:47:55
292	00:48:15	231	Tom	Powell	M	56.54		286	00:47:37
293	00:48:16	731	Jason	Miller	M	58.01		290	00:47:53
294	00:48:20	605	Jonathan	Taylor	M	57.48	Stainland Lions	298	00:48:11
295	00:48:22	904		Thompson	M45	62.47		293	00:48:00
296	00:48:23	265	John	Richards	M	55.76	Stockport Harriers & AC	288	00:47:42
297	00:48:25	1036	Brett	Mahar	M	55.73		296	00:48:03
298	00:48:25	327	John	Riley	M70	75.76	Northern Veterans AC	301	00:48:18
299	00:48:29	452	Mark	Greatholder	M	55.37		299	00:48:17
300	00:48:33	695	Gary	Wilson	M	55.57		297	00:48:07
301	00:48:36	206	Simon	Allen	M	56.13	Warrington Road Runners	300	00:48:17
302	00:48:37	379	Shane	Knott	M	55.87	Penny Lane Striders	302	00:48:19
303	00:48:38	289	Lucy	Smith	FJ	64.53	Altrincham & District AC	309	00:48:29
304	00:48:39	499	Michael	Bayliss	M60	69.23		305	00:48:21
305	00:48:41	524	Ian	Appleyard	M55	65.69	Stainland Lions	308	00:48:26
306	00:48:42	962	David	Smith	M55	67.35	Accrington Road Runners	312	00:48:30
307	00:48:43	1094	Mike	Cutler	M50	64.55	South Cheshire Harriers	303	00:48:20
308	00:48:47	517	Maurizio	Lucchesi	M	55.31	Spectrum Striders RC	306	00:48:21
309	00:48:47	389	Adam	Yuile	M	55.03		311	00:48:29
310	00:48:50	427	Ben	Simpson	MJ	56.17		307	00:48:25
311	00:48:51	445	Paul	Dixon	M	56.15		314	00:48:33
312	00:48:51	555	Jenny	Moffett	F	62.09		317	00:48:36
313	00:48:53	312	John	Kirkham	M60	68.29	Radcliffe A.C.	315	00:48:34
314	00:48:56	373	Janet	Grint	F	62.43	East Cheshire Harriers	323	00:48:44
315	00:48:57	829	Paul	Jackson	M50	63.73	Accrington Road Runners	325	00:48:49
316	00:49:00	1085	Mike	Bradley	M45	61.15		304	00:48:20
317	00:49:01	934	Tony	Gibson	M50	63.65	North Wales Road Runners	324	00:48:48
318	00:49:02	543	Ian	Simpson	M45	61.11		318	00:48:37
319	00:49:06	554	Philip	Moffett	M	54.82		327	00:48:51
320	00:49:06	275	David	Turner	M55	66.25		319	00:48:38
321	00:49:08	1000	Carole	Beattie	F55	76.28	Steel City Striders	331	00:49:03
322	00:49:11	986	Jacqueline	Crowther	F45	69.63	East Cheshire Harriers	321	00:48:40
323	00:49:12	236	Paul	Convery	M	56.47	Stockport Harriers & AC	316	00:48:34
324	00:49:13	676	Kieran	Hynes	M	56.07	Bolton United Harriers	313	00:48:30
325	00:49:14	468	John	Bamforth	M55	67.23		310	00:48:29
326	00:49:15	464	Emma	Murphy	F	61.59	Swinton Running Club	329	00:48:59
327	00:49:16	1063	Terrence	Long	M55	66.03	Penny Lane Striders	333	00:49:06
328	00:49:19	288	Jonathan	Pridgeon	M	55.96	Stainland Lions	335	00:49:09
329	00:49:20	1083	Michael	McCarthy	M	54.45		322	00:48:41
330	00:49:24	795	Miras	Eskander	M	54.62		338	00:49:12
331	00:49:26	677	Jeni	Lewthwaite	F	61.39		330	00:48:59
332	00:49:27	411	Peter	Pritchard	M65	71.92	Penny Lane Striders	336	00:49:10
333	00:49:28	1090	Nick	Boycott	M	55.79		332	00:49:05
334	00:49:29	599	Suzanne	Harrison	F45	67.56	South Cheshire Harriers	341	00:49:15
335	00:49:29	393	Christopher	Kelly	M	54.26		320	00:48:40
336	00:49:32	441	Sharon	Noon	F40	64.87		326	00:48:50
337	00:49:33	550	Alen James	Hurley	M45	60.47		339	00:49:12
338	00:49:35	280	Russell	Burnham	M	56.03	Penny Lane Striders	340	00:49:15
339	00:49:35	573	Stuart	Paize	M	54.58		328	00:48:58
340	00:49:36	940	Catherine	Nevin	F50	73.58	Penny Lane Striders	344	00:49:24
341	00:49:37	650	Derek	Ralphs	M45	60.39		337	00:49:12
342	00:49:37	1021	Ste	Hughes	M40	57.67		342	00:49:18
343	00:49:40	639	Lucy	Gemmell	FJ	61.1	Leeds University Cross Country Club	348	00:49:27
344	00:49:41	378	Nikki	Chamberlain	F40	63.23	Warrington Road Runners	351	00:49:30
345	00:49:42	1035	John	Malone	M50	63.81	Winston Running Club	334	00:49:07
346	00:49:44	722	Martin	Eaves	M	54.85	Spectrum Striders RC	349	00:49:28

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
347	00:49:46	262	Mike	Roxburgh	M40	57.09	Penny Lane Striders	346	00:49:25
348	00:49:48	457	Mark	Watts	M40	58.36		347	00:49:26
349	00:49:50	392	Frazer	Campbell	MJ	55.05		345	00:49:25
350	00:49:52	340	Lauren	Davies	F	60.82	Sale Harriers Manchester	355	00:49:44
351	00:49:54	430	Steve	Dalton	M65	72.67		357	00:49:44
352	00:49:58	614	Matthew	Johnson	M	53.73		343	00:49:23
353	00:50:00	919	David	Williams	M40	58.56		350	00:49:30
354	00:50:02	697	Kate	Cammish	F35	61.25	Swinton Running Club	358	00:49:46
355	00:50:06	565	James	Moss	M	54.02		353	00:49:35
356	00:50:06	1056	Carla	Ousey	F	61.67	Sale Harriers Manchester	362	00:49:58
357	00:50:08	575	Paul Barrie	Costello	M50	61.23	Stainland Lions	359	00:49:52
358	00:50:13	216	Julie	Pennington	F40	63.49	St Helens Sutton AC	371	00:50:04
359	00:50:14	854	Derek	Walton	M65	70.8		376	00:50:11
360	00:50:14	442	Geoffrey	Noon	M50	61.11		352	00:49:33
361	00:50:16	436	Ian	Gibbons	M45	59.61		360	00:49:55
362	00:50:16	726	John	Pickup	M45	60.57	Swinton Running Club	361	00:49:57
363	00:50:16	522	Graham	Roberts	M55	64.72		370	00:50:04
364	00:50:17	693	Chris	Rhodes	M40	57.8		368	00:50:04
365	00:50:17	343	Ian	Beddingfield	M	55.25		356	00:49:44
366	00:50:17	790	Anthony	Maudsley	M	56.08		354	00:49:43
367	00:50:22	970	Joe	Ritchie	M	56.58		378	00:50:12
368	00:50:22	972	Joe	Watson	MJ	56.58		379	00:50:12
369	00:50:24	596	Sue	Lloyd	F	60.18		365	00:50:01
370	00:50:26	584	Anthony	Horsfall	M45	58.95		367	00:50:03
371	00:50:29	916	Sid	Bailey	M50	62.29	Deestridders	383	00:50:16
372	00:50:30	1086	Carol	Foster	F50	68.67	St Helens Striders	369	00:50:04
373	00:50:30	622	Paul	Murton	M50	61.28		389	00:50:29
374	00:50:31	251	Sarah	Green	F45	64.79	Swinton Running Club	382	00:50:14
375	00:50:32	419	Dawn	Holding	F45	66.16	Sale Harriers Manchester	388	00:50:24
376	00:50:32	349	Barry	May	M65	71.04		363	00:49:58
377	00:50:34	485	Sandra	Hutchinson	F45	65.42		373	00:50:07
378	00:50:36	594	Simon	Deakin	M40	57.44		384	00:50:20
379	00:50:36	717	Joshua	Wilbourn	MJ	53.62		366	00:50:02
380	00:50:36	287	Phil	Summers	M50	60.67	Swinton Running Club	385	00:50:20
381	00:50:39	306	Brian	Jones	M45	60.11		374	00:50:08
382	00:50:39	756	Karl	Craggs	M	54.49		380	00:50:13
383	00:50:40	571	David	Pease	M	53.61		364	00:50:00
384	00:50:41	906	Malcolm	Taylor	M65	68.89		375	00:50:11
385	00:50:43	1089	Andy	Everson	M45	59.57		381	00:50:14
386	00:50:45	716	Thomas	Wilbourn	MJ	55.4		377	00:50:12
387	00:50:46	632	Nadia	Wozny	F	59.91		386	00:50:23
388	00:50:46	228	Gill	Collen	F50	70.05	Warrington Road Runners	393	00:50:36
389	00:50:47	1079	Sally	Wood	F	60.35		372	00:50:06
390	00:50:50	626	Rucha	Cogle	F35	60.78		392	00:50:35
391	00:50:56	305	Stephen	Dipple	M	54.54		391	00:50:33
392	00:50:56	764	Stephanie	Bennett	F	59.55		397	00:50:40
393	00:50:57	718	Daniel	Wilbourn	M	52.73		387	00:50:23
394	00:50:57	635	George	Flanagan	M60	66.11	Wesham Road Runners	395	00:50:37
395	00:50:58	258	Andrew	McFarlane	M	53.1		399	00:50:42
396	00:50:58	621	Carole	Leeder	F35	60.36		394	00:50:36
397	00:51:00	493	Steven	Buxton	M	52.67		396	00:50:39
398	00:51:02	700	Stephen	Hewitt	M	54.44		400	00:50:44
399	00:51:07	401	Gary	Wenn	M40	57.28	Royal Navy AC	390	00:50:33
400	00:51:09	367	Mark	Molloy	M40	56.82	Warrington Road Runners	406	00:50:58
401	00:51:13	447	Elizabeth	Wilson	F	59.22		402	00:50:49
402	00:51:14	1050	Adrian	Bates	M50	60.4		398	00:50:41
403	00:51:16	521	Keith	Bardsley	M	53.21		404	00:50:54
404	00:51:17	381	Carolyn	Houghton	F35	60.54	Penny Lane Striders	407	00:50:58
405	00:51:23	553	David	Marsh	M50	59.74	New York Road Runners	410	00:51:16
406	00:51:23	665	Alex	Hunter	M40	55.3		405	00:50:58

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
407	00:51:25	808	Katie	Morris	F35	60.74	Warrington Triathlon Club	409	00:51:12
408	00:51:28	806	Janice	Ashforth	F55	71.85	Hallamshire Harriers Sheffield	411	00:51:18
409	00:51:28	286	Cameron	Brown	MJ	55.37		401	00:50:44
410	00:51:30	739	Chris	Kenny	M	53.94		403	00:50:49
411	00:51:32	1027	Simon	Killeen	M50	59.57		412	00:51:19
412	00:51:34	1007	Victoria	Jones	F	58.82		413	00:51:24
413	00:51:34	272	Claire	Plunkett	F35	59.66	Halifax Harriers	408	00:51:07
414	00:51:39	298	Ian	Veasey	M	52.24		415	00:51:28
415	00:51:45	794	Stephen	McVeigh	M	53.33	Trafford AC	416	00:51:30
416	00:51:48	421	Brian	Bradshaw	M50	59.26	Sale Harriers Manchester	424	00:51:40
417	00:51:48	417	Sue	O'Brien	F50	67.79	Widnes Wasps	425	00:51:41
418	00:51:51	418	Alec	Curley	M	51.78		414	00:51:26
419	00:51:53	433	Joe	Park	M70	76	Cheshire Tally-ho	418	00:51:34
420	00:51:53	391	Carl	O'Rourke	M	52.16		431	00:51:49
421	00:51:56	492	David	Clements	M40	55.1		421	00:51:36
422	00:51:59	1011	Judith	Dyer	F40	62.35	Penny Lane Striders	426	00:51:41
423	00:52:00	267	Jonathan	Hardman	M	53.07	Sale Harriers Manchester	417	00:51:33
424	00:52:07	658	Clare	Warrington	F	58.2		420	00:51:35
425	00:52:08	241	Tony	Hewitson	M65	68.22	Penny Lane Striders	433	00:51:54
426	00:52:09	366	Perry	Wyatt	M50	59.34	Sandbach Striders	423	00:51:39
427	00:52:12	490	John	Elias	M50	58.81		430	00:51:48
428	00:52:16	702	Paul	McGuire	M45	58.25		427	00:51:46
429	00:52:17	738	Richard	Murray	M	52.78		422	00:51:36
430	00:52:18	825	Carmel	Higgins	F	58.06	Bolton United Harriers	419	00:51:34
431	00:52:19	634	Martin	Catterall	M	52.43		438	00:52:12
432	00:52:24	830	Amy	Jackson	F	57.88	Accrington Road Runners	440	00:52:16
433	00:52:27	853	Tony	Hails	M45	58.05		435	00:52:00
434	00:52:27	832	Jim	Colaanni	M55	61.48	Razzers Runners	429	00:51:48
435	00:52:27	519	Jackie	Vitali	F40	60.31		432	00:51:52
436	00:52:34	534	Michael	Hegarty	M	52.85		442	00:52:17
437	00:52:36	664	Matt	Scarf	M	51.04		441	00:52:17
438	00:52:40	850	Andrea	Bishop	F40	60.53		446	00:52:24
439	00:52:42	465	Chris	Worthington	M	51.77		434	00:51:58
440	00:52:45	564	Andrew	Lythgoe	M40	53.87		436	00:52:08
441	00:52:49	686	Jeff	Broadhurst	M40	54.18		439	00:52:13
442	00:52:50	888	James	Fox	M	51.92		448	00:52:35
443	00:52:50	688	David	Hart	M40	55.01	Swinton Running Club	447	00:52:32
444	00:52:51	1048	Paul	Donegan	M45	56.7		444	00:52:24
445	00:52:54	884	Brian	Rostron	M45	55.79		437	00:52:08
446	00:52:55	613	Matt	Mckean	M	52.91		449	00:52:36
447	00:52:56	944	Kevin	O'Brien	M65	67.82	Clayton-le-Moors Harriers	453	00:52:41
448	00:53:01	409	Stuart	Blackburn	M40	55.23		454	00:52:42
449	00:53:03	548	Martin	Kelly	M	53.15		450	00:52:38
450	00:53:03	461	Ian	Holliday	M40	53.94		445	00:52:24
451	00:53:04	663	Marcus	Chester	M	51.69		443	00:52:18
452	00:53:10	683	Lisa	Stevenson	F40	59.96		465	00:53:01
453	00:53:13	598	Duncan	Forrest	M45	56.31		456	00:52:49
454	00:53:14	989	McKenzie	Lucy	F	56.98		455	00:52:44
455	00:53:16	432	Jane	Chester	F35	58.01		451	00:52:38
456	00:53:18	531	Breeshey	Smith	F40	60.28	Stockport Harriers & AC	457	00:52:54
457	00:53:19	684	Dawn	Green	F50	66.7	Swinton Running Club	463	00:52:59
458	00:53:20	529	Hilary	Himsworth	F50	66.68		459	00:52:56
459	00:53:21	428	Mike	Bramhall	M	51.42		452	00:52:40
460	00:53:23	390	Gerry	Fairhurst	M50	58.91		458	00:52:55
461	00:53:26	954	Tony	Schenck	M55	59.85		468	00:53:07
462	00:53:27	661	Malcolm	Whitehead	M65	65.91	Horwich RMI Harriers	461	00:52:59
463	00:53:29	955	Jack	Miller	M	50.23		464	00:53:00
464	00:53:40	459	Michael	Thirsk	M50	59.09	Stockport Harriers & AC	462	00:52:59
465	00:53:41	362	Graham	Marshall	M45	55.38		460	00:52:57
466	00:53:42	720	Paul	Savage	M55	60.58		467	00:53:07

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
467	00:53:44	369	Anthony	Charlesworth	M55	60.54		471	00:53:25
468	00:53:45	1055	Marie	Walsh	M	50.54	Liverpool Running Club	470	00:53:21
469	00:53:45	243	David	Spicer	M65	66.79	Northern Veterans AC	475	00:53:30
470	00:53:46	623	Steven	Kenyon	M	49.96		428	00:51:47
471	00:53:50	858	Tom	Bannister	M55	60.92		480	00:53:37
472	00:53:50	406	Joseph	Weightman	M	49.87		466	00:53:01
473	00:53:52	247	Peter	Edwards	M70	71.99	Northern Veterans AC	482	00:53:44
474	00:53:52	1092	Mick	Flaherty	M	51.57	Chester Triathlon	472	00:53:27
475	00:53:55	238	Katie	While	F	56.5		469	00:53:13
476	00:53:56	329	Christopher	Newman	M	49.81	Helsby Running Club	474	00:53:29
477	00:53:59	271	David	McKenna	M45	55.97		473	00:53:28
478	00:53:59	472	John	Swift	M	50.13		483	00:53:46
479	00:54:00	473	Steven	Walker	M	49.72		485	00:53:47
480	00:54:01	973	Paul	Ireland	M	49.83		478	00:53:35
481	00:54:06	354	Paul	Carter	M40	52.52	Wesham Road Runners	484	00:53:47
482	00:54:10	816	Brian	Treadwell	M40	52.83		491	00:53:57
483	00:54:11	358	Alan	Pepper	M40	53.64	Northern Veterans AC	492	00:53:57
484	00:54:12	497	Andrew	Doyle	M40	52.79	MPSSA	476	00:53:34
485	00:54:13	851	David	Bishop	M50	56.62		490	00:53:57
486	00:54:13	471	Sharen	Roberts	F35	56.99	Swinton Running Club	489	00:53:56
487	00:54:18	1096	Robert	Phoenix	M50	56.99	Atherton Running Club	477	00:53:34
488	00:54:20	936	Michael	Hall	M50	56.96		481	00:53:39
489	00:54:23	261	Steven	Thomson	M45	54.27		486	00:53:53
490	00:54:31	968	Rachel	Penney	FJ	57.56		498	00:54:12
491	00:54:32	666	Helen Katherine	Ross	F	55.68		487	00:53:55
492	00:54:32	706	Gary	Birkenhead	M40	53.3		493	00:53:58
493	00:54:34	882	Michael	Murphy	M55	59.62		494	00:54:08
494	00:54:38	1010	Laura	Babynec	F	55.52	Astley & Tyldesley RR	503	00:54:23
495	00:54:39	982	Paul	Bedford	M45	54.4		504	00:54:24
496	00:54:42	365	Colin	O'Callaghan	M50	56.58		488	00:53:56
497	00:54:44	505	Steven	Newall	M40	53.1		510	00:54:31
498	00:54:47	796	Matthew	Davidson	M	49.13		502	00:54:20
499	00:54:47	325	Sarah	Appleton	F	55.36		495	00:54:09
500	00:54:48	302	Christopher William	Powell	M	49.57	Aldridge Running Club	496	00:54:09
501	00:54:48	502	Jackie	Knight	F60	76.64		505	00:54:26
502	00:54:48	501	Vickie	Brindle	F40	57.72		507	00:54:27
503	00:54:49	903	Julie	Thompson	F45	61.72		509	00:54:28
504	00:54:51	978	Richard	Pailing	MJ	51.95		514	00:54:39
505	00:54:53	787	Darren	Cunliffe	M	49.71		500	00:54:20
506	00:54:53	789	Ian	King	M45	54.6		501	00:54:20
507	00:54:58	558	Alison	Rainton	F	55.18		512	00:54:38
508	00:55:01	1060	John	Harrison	M55	59.61		499	00:54:12
509	00:55:01	224	Michael	Wright	M	49.59		497	00:54:11
510	00:55:03	836	Graham	Padget	M65	64.6	Sale Harriers Manchester	518	00:54:50
511	00:55:05	743	Vikki	French	F	55.31		516	00:54:44
512	00:55:06	928	Paul	Beddingfield	M45	53.56		511	00:54:32
513	00:55:09	237	Frederic	Dorenlot	M	51.13		513	00:54:39
514	00:55:12	624	Richard	Aldridge	M40	51.84		506	00:54:26
515	00:55:12	387	Rene	Power	M	50		517	00:54:46
516	00:55:13	625	Kemmel	Healey	F40	58.7		508	00:54:27
517	00:55:17	244	Martin	Mulryan	M55	57.85	Wilmslow Running Club	525	00:55:11
518	00:55:19	525	Helen	Murphy	F	54.83		519	00:54:53
519	00:55:20	689	Steve	Hart	M50	55.93	Swinton Running Club	521	00:55:01
520	00:55:27	612	Dominick	Byrne	M40	51.6		528	00:55:14
521	00:55:28	201	Graham	Carlton	M50	56.7		515	00:54:43
522	00:55:28	254	Mary	Jeal	F45	61.74	Denbigh Harriers	479	00:53:37
523	00:55:30	801	Grant	Stanning	M50	55.31	Sandbach Striders	522	00:55:01
524	00:55:32	489	Hannah	Clark	F	54.62		534	00:55:23
525	00:55:35	268	Christina	Carson	F55	66.53	Penny Lane Striders	533	00:55:22
526	00:55:37	1014	Malcolm	Towler	M65	65.2	Northern Veterans AC	538	00:55:29

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
527	00:55:39	1080	Suzanne	Moss	F	54.65		527	00:55:13
528	00:55:41	350	Angela	Bradbury	FJ	54.5		523	00:55:02
529	00:55:45	483	Stuart	Piggott	M	48.19		539	00:55:29
530	00:55:45	309	Christopher	Wright	M	49.2		520	00:54:58
531	00:55:50	1046	Robert	Swift	M40	51.25		524	00:55:03
532	00:55:51	932	Derek	Howarth	M75	78.33	Leigh Harriers & AC	531	00:55:19
533	00:55:52	263	Neil	Tabern	M	48.44		542	00:55:38
534	00:55:52	539	Tony	Jones	M45	54.08		532	00:55:20
535	00:55:55	360	Richard	Price	M	49.68		526	00:55:13
536	00:55:56	239	Ian	Barker	M	48.24		537	00:55:28
537	00:55:56	947	Peter	Butterworth	M	48.77		536	00:55:27
538	00:55:56	776	Christopher	Jones	M	49.67		530	00:55:17
539	00:55:57	704	Colin	Moston	M50	56.68		529	00:55:14
540	00:55:58	859	Catherine	Jones	F45	60.45		540	00:55:30
541	00:56:00	957	Carole	Miller	F40	56.93		543	00:55:38
542	00:56:04	778	Nicola Elizabeth	Griffiths	F	54.48		547	00:55:42
543	00:56:06	946	Anthony	Connolly	M40	50.65		546	00:55:41
544	00:56:07	681	Mike	Richards	M40	50.99		535	00:55:26
545	00:56:07	420	Ian	Rooney	M	47.84		544	00:55:39
546	00:56:16	1051	Les	Robinson	M50	56.36	Winston Runners	545	00:55:41
547	00:56:17	542	Sarah	Reay	F	53.89		541	00:55:34
548	00:56:20	748	Caroline	Baba	F	53.99	Manchester Harriers and AC	548	00:55:47
549	00:56:21	443	Rawdon	Jones	M	49.3		554	00:56:06
550	00:56:22	533	Andrew	Kilmartin	M50	54.9		552	00:55:59
551	00:56:24	887	Ros	Thompson	F55	66.45		550	00:55:52
552	00:56:26	208	Steven	Price	M	49.61		549	00:55:52
553	00:56:31	757	Paul Justin	Arrowsmith	M	49.89	Uknetrunner.co.uk	556	00:56:13
555	00:56:42	687	Carol	Yates	F45	60.4		553	00:55:59
556	00:56:47	487	Suzanne	Valentine	F	53.65		559	00:56:20
557	00:56:52	945	Christopher	Wainwright	M45	51.9		566	00:56:48
558	00:56:56	469	Tracy	Hampson	F	53.65		557	00:56:14
559	00:57:02	269	Nigel	Blandford	M45	52.13		555	00:56:07
560	00:57:03	993	John	Graham	M	47.44		558	00:56:18
561	00:57:04	1084	Jon	Gibbons	M40	50.93		560	00:56:23
562	00:57:05	248	Anthony	Johnson	M45	51.7		561	00:56:40
563	00:57:13	1004	Christopher	Lennon	M	48.55		563	00:56:43
564	00:57:14	967	Michael	Penney	MJ	47.4		568	00:56:54
565	00:57:21	426	Jason	Marshall	M	46.84		562	00:56:42
566	00:57:22	891	Marko	Johnston	M	46.8		576	00:57:19
567	00:57:23	616	Philip	Morley	M	47.16		564	00:56:47
568	00:57:25	374	Paulette	Storey	F55	65.28	Swinton Running Club	569	00:57:08
569	00:57:25	481	Joanne	Keogh	F35	53.38	St Helens Sutton AC	574	00:57:16
570	00:57:26	536	Kate	Fowles	F40	55.51		567	00:56:50
571	00:57:28	273	Kelli	Black	F35	53.33		575	00:57:16
572	00:57:29	500	Tracey	Hart	F40	55.03		573	00:57:13
573	00:57:30	1082	Rebecca	Tinker	F	52.75		565	00:56:48
574	00:57:31	495	Jacqueline	Tipping	F45	57.51		570	00:57:09
575	00:57:33	768	Andrew	Atkinson	M45	52.07	Northern Veterans AC	571	00:57:09
576	00:57:35	907	Adam	Johnson	M	46.62		577	00:57:21
577	00:57:41	662	Emma	Warrington	F	52.81		572	00:57:09
578	00:57:48	961	Robert	Page	M50	54.87	Chorlton Runners	578	00:57:21
579	00:57:54	732	Yvette	Isherwood	F35	53.62		583	00:57:32
580	00:57:58	230	Claire	Walker	F	52.32		587	00:57:48
581	00:58:03	841	Neville	Kershaw	M60	59.6	Northern Veterans AC	579	00:57:23
582	00:58:04	654	Sophie	Stephens	FJ	52.26		585	00:57:46
583	00:58:04	653	Neale	Stephens	M45	52.03		586	00:57:47
584	00:58:06	351	Linda	White	F45	58.95	St Helens Sutton AC	595	00:57:57
585	00:58:10	444	John	Morrison	M55	56.38		580	00:57:31
586	00:58:10	410	John	Curran	M50	53.63		581	00:57:32
587	00:58:15	291	Paul	Hulse	M40	49.89		582	00:57:32

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
588	00:58:19	754	David	Cresswell	M40	48.72		588	00:57:50
589	00:58:19	454	Andrew	Devonshire	M	46.27		584	00:57:40
590	00:58:22	591	Arthur	Green	M60	58.73	Red Rose Road Runners	596	00:58:02
591	00:58:23	583	Paula	Smith	F40	53.81	Wirral A.C.	601	00:58:05
592	00:58:25	516	Margaret	Williams	F55	63.3		599	00:58:04
593	00:58:26	514	Nefyn	Williams	M60	57.64		600	00:58:04
594	00:58:30	709	Liz	Williamson	F45	57.83		593	00:57:56
595	00:58:31	712	Ian	Williamson	M45	52.03		594	00:57:56
596	00:58:32	1093	Martin	Costello	M40	49.65	Merseyside Fire Brigade	589	00:57:51
597	00:58:33	545	Gareth	Ross	M	46.08		592	00:57:56
598	00:58:33	667	Alan	Barton	M	47.45	St Helens Striders	591	00:57:55
600	00:58:38	701	Lee	Gibson	M	48.09		605	00:58:23
601	00:58:41	456	Lorraine	Walker	F45	55.77		603	00:58:18
602	00:58:43	628	Elizabeth	Mole	F50	61.36	Atherton Running Club	597	00:58:03
603	00:58:44	719	Andrew	Wilbourn	M45	51.84		602	00:58:10
604	00:58:47	611	Adrian Roy	Bolton	M40	48.34		598	00:58:04
605	00:58:48	1009	Denise	Babyne	F40	55.13	Astley & Tyldesley RR	608	00:58:32
606	00:58:52	334	Paul	Webb	M40	48.27		604	00:58:19
607	00:59:02	987	Mike	McDonald	M65	61.43	Bowland Fell Runners	607	00:58:30
608	00:59:10	330	Gail	Andrews	F35	52.22		616	00:58:51
609	00:59:12	1033	Bernard	Thompstone	M60	57.91	Winston Runners	609	00:58:37
610	00:59:14	937	Linda	Drayton	F50	60.04		606	00:58:28
611	00:59:22	223	Kay	Pirali	F	51.15		613	00:58:46
612	00:59:23	994	Julie	Jenkins	F45	56.3	ARC 216	612	00:58:44
613	00:59:25	749	Jeff	Gregory	M40	49.28		611	00:58:43
614	00:59:26	371	Judith	Checkley	F50	59.84	Dragons RC (Sale)	610	00:58:41
615	00:59:26	257	Clara	Burton	F	51.03		617	00:59:09
616	00:59:28	556	Roy	Haggett	M	45.37		615	00:58:49
617	00:59:30	889	Peter	Brennan	M70	65.18	Salford Harriers	621	00:59:27
618	00:59:34	941	Bill	Carlisle	M70	62.33		614	00:58:48
619	00:59:43	737	Stephen	McNorton	M	46.52		622	00:59:27
620	00:59:46	266	Catherine	Hodgetts	F35	51.95	Astley & Tyldesley RR	620	00:59:24
621	00:59:46	506	Samantha	Herridge	F35	51.47		618	00:59:13
622	00:59:56	783	Nigel	Cotton	M40	48.49		619	00:59:22
623	01:00:01	572	Dave	Jones	M62		Wesham Road Runners	625	00:59:41
624	01:00:03	644	David	Hayton	M50	51.95		624	00:59:33
625	01:00:06	655	Kathryn	Roberts	F50	59.17		628	00:59:45
626	01:00:07	949	Peter	Gibson	M50	52.31	Red Rose Road Runners	626	00:59:43
627	01:00:07	948	Wendy	Ward	F35	51.95	Red Rose Road Runners	627	00:59:44
628	01:00:08	415	Chris	Flynn	M45	49.44		623	00:59:28
629	01:00:14	844	Frank	Pilgrim	M45	49.75		631	01:00:02
630	01:00:18	569	Jim	Garvey	M65	57.9		629	00:59:50
631	01:00:27	678	Clare	Grant	F45	55.96		630	01:00:00
632	01:00:38	827	Diane	Whitfield	F50	57.91	Warrington Road Runners	633	01:00:20
633	01:00:49	359	Amanda	Weems	F	49.87		632	01:00:07
634	01:00:52	1087	Maria	Ventura	F40	51.61		635	01:00:24
635	01:00:58	474	Anne	Hewitt	F60	67.87	Rossendale Harriers AC	636	01:00:27
636	01:01:01	455	Mike	Mannion	M40	47.63		634	01:00:22
637	01:01:03	811	Maria	Haigh	F40	52.63	Birkenhead A.C.	638	01:00:45
638	01:01:08	910	Hazel	Rawlinson	F35	50.32		637	01:00:41
639	01:01:16	990	Bankhead	Mark	M	45.04		639	01:00:45
640	01:01:25	341	Martin	Robertson	M	44.07		640	01:00:52
641	01:01:33	416	Mark	Carters	M40	47.22		641	01:00:56
642	01:01:34	277	Nick	Adams	M	45.47		642	01:00:57
643	01:01:44	779	Tom	Hampton	M50	49.73	Warrington Triathlon Club	643	01:01:13
644	01:01:46	637	Loraine	Snowden	F50	56.85		645	01:01:16
645	01:01:46	636	Kimberley	Snowden	F	49.1		646	01:01:16
646	01:01:48	842	Rosalind	Pilgrim	F45	54.74		650	01:01:37
647	01:01:50	589	Laura	Hall	F	49.05	Norton Cannes	649	01:01:25
648	01:01:50	211	Sue	Harrison	F55	60.61	Helsby Running Club	647	01:01:18

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Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
649	01:01:53	283	Andrew	Cotton	M40	46.24	Muller Running Club	644	01:01:15
650	01:02:06	338	Kevin	Fannon	M45	47.53		648	01:01:20
651	01:02:14	898	Henry	Rainford	M65	56.1		651	01:01:46
652	01:02:24	1053	Susanna	Domeniloni	F	49.75	Pudsey Pacers	653	01:01:55
653	01:02:37	772	Robert	Worsley	M45	47.13		652	01:01:50
654	01:02:38	331	David S	Evans	M75	65.35		656	01:02:06
655	01:02:43	824	Lisa	Scobbie	F35	49.8		654	01:01:57
656	01:02:50	864	Gavin	Sherriff	M	43.66		655	01:02:02
657	01:02:53	1031	John	Mason	M50	50.01		657	01:02:15
658	01:03:09	845	Benjamin	Pilgrim	MJ	43.44		664	01:02:58
659	01:03:13	316	Sarah	Savage	F45	51.77	Helsby Running Club	658	01:02:40
660	01:03:23	377	Nicola	Maguire	F	47.85		666	01:03:15
661	01:03:26	249	Sarah	Turnbull	F	47.81	Holmfirth Harriers	661	01:02:51
662	01:03:28	771	Mandy	Worsley	F40	49.84		659	01:02:41
664	01:03:29	1041	Chris	Cartmell	M	42.32		663	01:02:52
665	01:03:31	466	Michelle	O'Brien	F	47.75		660	01:02:47
666	01:03:46	975	Lisa	Lawton	F35	48.98		665	01:03:14
667	01:03:48	798	Margaret	Delaney	F55	61.23	Birkenhead A.C.	675	01:03:30
668	01:03:50	323	Andy	Fryer	M	42.06	Swinton Running Club	674	01:03:30
669	01:03:53	535	Lesley	Reed	F40	50.3	Stocksfield Striders	670	01:03:25
670	01:03:54	568	Stephen	Whittle	M55	50.46	Northern Veterans AC	671	01:03:25
671	01:04:00	807	Carol	Fell	F60	62.78	Warrington Road Runners	673	01:03:29
672	01:04:04	862	John	Hateley	M65	55.51	Stafford Harriers	667	01:03:19
673	01:04:04	652	Kris	Knight	M	42.24		676	01:03:40
674	01:04:07	1047	Rachel	Kinney	F35	48.19		668	01:03:22
675	01:04:07	297	Cheryl	Wright	F35	47.98		669	01:03:22
676	01:04:22	460	Craig	Jones	M45	46.55	Sunlight Runners	672	01:03:29
677	01:04:25	897	Geoff	Howarth	M70	61.21	Northern Veterans AC	677	01:03:46
678	01:04:27	437	Catherine	Griffin-Jones	F35	47.73		678	01:03:48
679	01:04:41	857	Gail	Bannister	F50	54.29		680	01:04:29
680	01:04:47	607	Morag	Sutton	F35	48.21		679	01:04:23
681	01:04:48	450	Shantelle	Gaston-Hird	F	46.81		683	01:04:36
682	01:04:49	403	Lucy	Rushton	F	46.79		684	01:04:36
683	01:05:03	802	Sheila	Sheedy	F55	58.41		682	01:04:36
684	01:05:08	804	Pamela	Rawson	F65	68.62	Hallamshire Harriers Sheffield	689	01:04:56
685	01:05:12	730	Doug	Moir	M45	45.6		687	01:04:53
686	01:05:15	750	Holly	Gregory	F35	47.15		681	01:04:32
687	01:05:19	828	Karen	Jackson	F50	55.16	Accrington Road Runners	690	01:05:02
688	01:05:32	363	Phil	Christopher	F	46.28	Dragons RC (Sale)	685	01:04:47
689	01:05:32	364	Peter	Bedford	M55	50.05	Dragons RC (Sale)	686	01:04:47
690	01:05:37	996	Michael	Dunn	M45	46.05	Preston Harriers	688	01:04:54
691	01:05:41	848	Glyn	Davies	M40	43.89		692	01:05:18
692	01:05:53	814	Lesley	Joyner	F40	48.77	Stourbridge	693	01:05:21
693	01:05:54	567	Chris	Haggett	M65	52.98		691	01:05:07
694	01:05:59	660	Sarah	Mahar	F	46.09		695	01:05:37
695	01:06:01	581	Terrie	Blammon	F35	46.8	Winston Running Club	694	01:05:26
696	01:06:02	587	Rachel	Whiteley	F	45.98	Stainland Lions	697	01:05:47
697	01:06:14	638	Stephen	Davis	M	42.27		696	01:05:45
698	01:06:16	803	Christine	Champney	F55	58.95	Birkenhead A.C.	698	01:05:57
699	01:06:31	877	Derek	Broadfoot	MJ	42.27	Liverpool Running Club	700	01:06:24
700	01:06:43	855	Steven	Martin	M50	46.01		699	01:06:18
701	01:06:51	484	Nicola	Richardson	F	45.37		705	01:06:35
702	01:06:53	328	Sarah Jayne	Broughton	F	45.37		702	01:06:25
703	01:06:55	507	Elaine	Jones	F	45.45		701	01:06:25
704	01:07:08	549	Nick	Warburton	M	41.11		704	01:06:31
705	01:07:10	833	Vicki	Gaskell	F60	61.61		703	01:06:27
706	01:07:13	728	June	Gladman	F40	46.73		706	01:06:37
707	01:07:30	582	Sharon	Fitzpatrick	F35	46	Winston Running Club	707	01:06:54
708	01:07:30	901	Arthur	Walsham	M75	64.81	Salford Harriers	708	01:06:57
709	01:07:51	310	David	Smith	M40	42.17		709	01:07:13

Birchwood 10k Road Race Sunday 22-Aug-2010

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Firstname	Lastname	Cat	Age Perf %	Club	Chip Pos	Chip Time
710	01:07:55	694	Joanne	Rose	F	44.66		710	01:07:15
711	01:08:13	713	Katy	Carter	F	44.46		712	01:07:38
712	01:08:18	544	Kate	Douglas	F	44.41		711	01:07:34
713	01:08:28	755	Lisa	Cresswell	F35	45.61		713	01:07:57
714	01:08:35	218	Clare	Unsworth	F	44.86	Astley & Tyldesley RR	716	01:08:13
715	01:08:39	740	Louise	Smith	F	44.18		714	01:07:58
716	01:08:42	1037	Bridget	Dillon	F55	53.83	Winston Runners	715	01:08:04
717	01:09:11	856	Helen	Jones	F40	46.08		718	01:08:38
718	01:09:19	997	Tanya	Mattin	F40	46.35	Preston Harriers	717	01:08:36
719	01:10:05	974	Andrew	Lawton	M40	40.54		719	01:09:33
720	01:10:23	703	John P.	Coupe	M55	46.22		721	01:10:17
721	01:10:29	293	Tracy	Lever	F	43.15		720	01:09:58
722	01:10:51	998	Neil	Street-Bailey	M40	41.02	Spectrum Striders RC	722	01:10:28
723	01:11:06	335	Catriona	West	F40	44.18		723	01:10:31
724	01:11:20	843	Abigail	Pilgrim	FJ	42.54		725	01:11:09
725	01:11:39	707	Tony	McGee	M55	45.4		724	01:10:52
726	01:11:51	204	Stan	Kakouri	M45	41.7		726	01:11:10
727	01:12:06	927	David	Holden	M40	39.69		727	01:11:19
728	01:12:07	892	Norman	Grundy	M65	48.85	Birkenhead A.C.	729	01:11:38
729	01:12:09	205	Paula	Simpson	F40	43.84		728	01:11:28
730	01:13:06	203	Gina	Kakouri	F	41.49		732	01:12:23
731	01:13:12	633	Heather	Morton	F	41.73		730	01:12:22
732	01:13:13	440	Shelly	Atton	F	41.45		731	01:12:23
733	01:13:52	541	Ron	Makin	M40	38.74		733	01:13:09
734	01:14:10	766	Andrew	MacKintosh	M	38.02		734	01:13:50
735	01:14:34	938	Mary	Pomfret	F55	51.65	Blackburn Harriers	735	01:14:12
736	01:15:14	448	Margaret	Carleton	F55	49.82	Winston Running Club	736	01:14:38
737	01:15:22	540	Caroline Woowoo	Vickers	F	40.24		737	01:14:38
738	01:15:46	608	Hayley-Jane	Richards	F	40.03		738	01:15:08
739	01:15:46	609	Bethan	Jones	F	40.03		739	01:15:09
740	01:15:49	593	Victoria	Kehoe	F35	40.58		740	01:15:31
741	01:17:15	595	Robert	Barnett	M	34.75		741	01:16:38
742	01:17:24	405	Cathy	Roberts	F40	41.88		742	01:16:49
743	01:17:32	668	Debbie	Boardman	F40	40.52	Stockport Harriers & AC	745	01:17:02
744	01:17:33	503	Elizabeth	Hamer-Davies	F45	42.2	Winston Running Club	743	01:16:57
745	01:17:33	1052	Annette	Dillon	F45	44.16	Winston Runners	744	01:16:57
746	01:21:09	1088	Jackie	Raven	F55	45.57		746	01:20:37
747	01:21:09	724	Ann	Hunter	F45	40.33		747	01:20:38

Ladies Team Results

			Race			
Pos	Points	Club	Pos	No	Time	Name
1	277	Liverpool Harriers	38	1057	00:36:13	Jennifer Clague
			113	1058	00:41:17	Michelle Murphy
			126	1095	00:41:58	Sarah Jarvis
2	600	Altrincham & District AC	128	696	00:42:06	Sandra Lewis
			169	479	00:43:30	Anne Pugh
			303	289	00:48:38	Lucy Smith
3	900	Swinton Running Club	220	725	00:45:17	Lauren Marsden
			326	464	00:49:15	Emma Murphy
			354	697	00:50:02	Kate Cammish
4	968	Penny Lane Striders	224	1025	00:45:23	Emma Lucy
			340	940	00:49:36	Catherine Nevin
			404	381	00:51:17	Carolyn Houghton
5	1081	Sale Harriers Manchester	350	340	00:49:52	Lauren Davies
			356	1056	00:50:06	Carla Ousey
			375	419	00:50:32	Dawn Holding
6	1364	Warrington Road Runners	344	378	00:49:41	Nikki Chamberlain
			388	228	00:50:46	Gill Collen
			632	827	01:00:38	Diane Whitfield
7	1441	Stockport Harriers & AC	242	1054	00:46:07	Hannah Lemon
			456	531	00:53:18	Breeshey Smith
			743	668	01:17:32	Debbie Boardman
8	1511	St Helens Sutton AC	358	216	00:50:13	Julie Pennington
			569	481	00:57:25	Joanne Keogh
			584	351	00:58:06	Linda White
9	1719	Astley & Tyldesley RR	494	1010	00:54:38	Laura Babyne
			605	1009	00:58:48	Denise Babyne
			620	266	00:59:46	Catherine Hodgetts
10	2002	Birkenhead A.C.	637	811	01:01:03	Maria Haigh
			667	798	01:03:48	Margaret Delaney
			698	803	01:06:16	Christine Champney
11	2138	Winston Running Club	695	581	01:06:01	Terrie Blammon
			707	582	01:07:30	Sharon Fitzpatrick
			736	448	01:15:14	Margaret Carleton

Mens Team Results

Pos	Club	Points	Pos	RaceNo	Time	Name
1	Hallamshire Harriers Sheffield	46	4	753	00:32:04	Dave Archer
			5	672	00:32:20	Rob Baker
			13	767	00:33:53	Paul Faulkner
			24	699	00:34:37	Michael Sprot
2	Horwich RMI Harriers	65	10	691	00:33:22	Russell Maddams
			11	380	00:33:38	Neil Pendlebury
			16	1078	00:33:58	Alastair Murray
			28	981	00:35:02	Paul Muller
3	Warrington AC	138	19	320	00:34:05	Liam Thompson
			31	256	00:35:38	James Ellis
			37	512	00:36:10	Oliver Park
			51	220	00:37:11	Graham Green
4	Liverpool Running Club	156	9	923	00:33:16	Paul Sankey
			39	345	00:36:15	Anthony Wilcox
			53	952	00:37:19	Dave Edwards
			55	386	00:37:33	Lee Midghall
5	Sale Harriers Manchester	391	30	339	00:35:31	Mike Hatch
			57	922	00:37:38	Lee Woods
			73	917	00:38:40	Gary Willcock
			231	1001	00:45:39	Geoffrey Beattie
6	Stockport Harriers & AC	405	21	207	00:34:23	Dean Martin
			32	337	00:35:45	Richard Marlton
			56	482	00:37:37	Mike Shaw
			296	265	00:48:23	John Richards
7	Penny Lane Striders	416	61	1076	00:37:58	Luke Parker
			66	715	00:38:21	Paul Riley
			141	1059	00:42:31	Graham Halsall
			148	1020	00:42:50	David Pinnington
8	Bolton United Harriers	417	78	951	00:38:56	James Rideout
			101	597	00:40:27	Chris Kay
			115	462	00:41:24	Daryl Bentley
			123	399	00:41:45	Andrew James Doyle
9	Boalloy Running Club	432	40	822	00:36:16	Julian Goodwin
			93	1077	00:39:30	Carla Williams
			98	559	00:40:20	Lee Campbell
			201	899	00:44:43	Andrew Stephens
10	Holmfirth Harriers	444	7	250	00:32:38	David Turnbull
			34	1003	00:35:53	David Darby
			157	233	00:43:05	Maz Khoueiry
			246	1045	00:46:21	Brandon Holroyd

Pos	Club	Points	Pos	RaceNo	Time	Name
11	Wigan Phoenix	486	69	1016	00:38:30	Dave Bamford
			95	943	00:39:52	David Waddington
			147	909	00:42:48	Andrew Nightingale
			175	908	00:43:53	Chris Nightingale
12	Altrincham & District AC	498	68	896	00:38:27	Marko Norton
			139	846	00:42:29	Andrew Barton
			140	515	00:42:30	Damian Utton
			151	520	00:42:58	Ken Burgess
13	Warrington Road Runners	522	99	933	00:40:22	Jim Dawson
			135	551	00:42:21	Neil Cliffe
			136	893	00:42:24	Ian Edge
			152	1024	00:42:59	Sean McCann
14	Astley & Tyldesley RR	531	65	451	00:38:16	Gary Stevens
			110	210	00:41:03	Jonathan Hyde
			153	1044	00:43:00	Mark Lysycia
			203	1029	00:44:44	Ian Hamilton
15	Wesham Road Runners	539	80	874	00:38:59	Alan Hudson
			105	1042	00:40:36	Gary Moore
			121	905	00:41:42	Dave Waywell
			233	619	00:45:45	Andrew Flanagan
16	Leigh Harriers & AC	672	22	321	00:34:33	Tony Battersby
			36	931	00:35:59	John Howarth
			82	1032	00:39:02	Martin Conroy
			532	932	00:55:51	Derek Howarth
17	Spectrum Striders RC	692	48	1062	00:37:02	Neil Crompton
			62	809	00:38:00	Christopher Millington
			274	890	00:47:24	Matthew Coles
			308	517	00:48:47	Maurizio Lucchesi
18	Northern Veterans AC	698	94	876	00:39:47	Steven Broadfoot
			138	630	00:42:28	David Atkinson
			225	861	00:45:24	Simon Greene
			241	1028	00:46:07	Paul Pover
19	Stainland Lions	758	106	574	00:40:40	David Hutchings
			154	760	00:43:02	Jimmy Smith
			226	800	00:45:25	Mark Preston
			272	810	00:47:21	Roger Fleming
20	Swinton Running Club	1479	218	375	00:45:15	Andy Land
			362	726	00:50:16	John Pickup
			380	287	00:50:36	Phil Summers
			519	689	00:55:20	Steve Hart
21	Salford Harriers	1642	41	221	00:36:20	Stanley Owen
			276	656	00:47:34	Tim Walsham
			617	889	00:59:30	Peter Brennan
			708	901	01:07:30	Arthur Walsham

Fun Run Results

Pos	Time	Name	Club	Category	Race no
1	0:07:38	REILLY, Frank	Stockport Harriers	Vet Man 40+	944
2	0:07:51	SMITHYMAN-HARDING, Kiro	Warrington AC	Under 15 boy	878
3	0:07:51	IREDALE, Patrick		Under 15 boy	881
4	0:07:58	SMITHYMAN-HARDING, Cory	Warrington AC	Under 15 boy	879
5	0:08:03	FOX, Daniel	Warrington AC	Under 11 boy	880
6	0:08:12	DUGDALE, Ryan	Warrington AC	Under 15 boy	892
7	0:08:47	WATTERSON, Louise	Warrington AC	Under 15 girl	875
8	0:09:29	WILLIAMS, Harrison		Under 15 boy	876
9	0:09:36	JONES, Jordan	Warrington AC	Under 11 boy	936
10	0:09:38	DICKINSON, Abbie	Warrington AC	Under 15 girl	868
11	0:09:59	ALDRIDGE, Reece		Under 11 boy	956
12	0:10:03	CAIN, Samuel		Under 11 boy	954
13	0:10:03	CAIN, Paul		Vet Man 40+	955
14	0:10:04	MORRIS, Jasmine		Under 15 girl	863
15	0:10:13	GARNETT, Edward		Under 15 boy	946
16	0:10:24	MORRIS, Tyler		Under 11 boy	862
17	0:10:29	HAYES, Lewis		Under 11 boy	940
18	0:10:33	GIBBONS, Adam		Under 11 boy	945
19	0:10:37	MCGUIRE, Jack	Clayton-le-Moors	Vet Man 40+	877
20	0:10:42	MCBRIDE, Robbie-Ray		Under 11 boy	887
21	0:10:52	COOPER, Emma		Under 15 girl	953
22	0:10:57	BOOTH, George		Under 11 boy	888
23	0:10:57	HART, Katy		Under 18 girl	959
24	0:11:05	GARNETT, Matthew		Under 11 boy	947
25	0:11:05	DICKINSON, Jack		Under 11 boy	867
26	0:11:06	COOPER, Sophie		Under 15 girl	952
27	0:11:09	JACKSON, Maddie		Under 11 girl	898
28	0:11:09	JACKSON, Bruce		Vet Man 40+	435
29	0:11:15	OATES, Daniel		Under 11 boy	941
30	0:11:33	HALLS, Lauren		Under 15 girl	899
31	0:11:34	HYNES, Laura	Bolton United Harriers	Under 11 girl	948
32	0:11:42	DUGDALE, Emma		Under 15 girl	891
33	0:11:49	SCOBIE, Jacob		Under 11 boy	896
34	0:11:56	LARKIN-WILLIAMS, Lucas		Under 11 boy	872
35	0:12:04	LEES, Ciaran		Under 11 boy	873
36	0:12:11	MCCONKEY, Layton		Under 11 boy	874
37	0:12:30	HYNES, Alisha	Bolton United Harriers	Under 11 girl	949
38	0:12:32	PRICE, Jake		Under 11 boy	883
39	0:12:37	COOPER, Kian		Under 11 boy	869
40	0:12:49	BROADFOOT, Caitlen		Under 11 girl	882
41	0:13:09	RICHARDSON, Scarlett		Under 11 girl	951
42	0:13:13	VESEY, Jason		Under 11 boy	950
43	0:13:23	LEEDER, Ethan		Under 11 boy	884
44	0:13:23	LEEDER, Carole		Vet Woman 35+	885
45	0:13:27	BATES-LAWLOR, Tony		Vet Man 40+	960
46	0:13:34	BEST, Lewis		Under 11 boy	870
47	0:13:36	MCCONKEY, Lee		Senior Man	957
48	0:13:49	BONIFACE, Katie		Under 18 girl	958
49	0:14:04	MCMANNIMAN, Grace		Under 11 girl	943
50	0:14:04	MCMANNIMAN, Nicola		Senior Woman	942
51	0:14:36	WALKER, Joseph		Under 11 boy	890
52	0:14:36	WALKER, Michael		Vet Man 40+	889



Birchwood 10k Road Race Sunday 22-Aug-2010

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Pos	Time	Name	Club	Category	Race no
53	0:14:37	HAYES, Luke		Senior Man	939
54	0:14:37	HAYES, Stephen		Senior Man	938
55	0:15:02	HUGHES, Sammi-Anne		Under 11 girl	886
56	0:15:02	HUGHES, Ste		Vet Man 40+	1021
57	0:15:18	HOBSON, Freddie	Warrington Tri	Under 11 boy	893
58	0:15:18	HOBSON, Rosalind	Warrington Tri	Vet Woman 35+	894
59	0:16:37	SCOBBIIE, Harry		Under 11 boy	895
60	0:16:37	SCOBBIIE, Martyn		Vet Man 40+	897
61	0:17:59	SULLIVAN, Lizzie		Under 15 girl	900