

A big thank you to our race sponsors!



Birchwood Town Council



Individual Results

Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
1	653	Mark Miles	M		Kendal A.A.C.	00:30:00	1	00:30:00	90.2
2	216	Matthew Pierson	M		Holmfirth Harriers	00:31:08	2	00:31:08	86.2
3	778	Michael Aspinall	M			00:31:24	3	00:31:24	85.5
4	205	Philip Andrew Hoole	M		Rotherham Harriers & AC	00:31:37	4	00:31:35	85.0
5	373	Daniel Cliffe	M	J	Warrington Athletic Club	00:31:44	5	00:31:44	87.5
6	783	Andrew Davies	M		Maldwyn Harriers	00:32:10	6	00:32:10	83.5
7	811	Nick Jones	M		Spectrum Striders RC	00:32:12	7	00:32:12	84.1
8	882	Matt Proctor	M	J	Rochdale H& AC	00:32:34	8	00:32:33	83.3
9	903	Pumlani Bangani	M		Salford Harriers	00:33:09	9	00:33:09	82.8
10	864	Paul Sankey	M	40	Liverpool Running Club	00:33:11	10	00:33:10	85.6
11	467	Neil Pendlebury	M		Horwich RMI Harriers	00:33:16	11	00:33:14	80.8
12	352	Matthew Donnery	M		Epsom & Ewell Harriers	00:33:18	12	00:33:17	80.6
13	881	David Proctor	M		Rochdale H& AC	00:33:21	13	00:33:20	80.5
14	1028	Colin Potts	M		Liverpool Harriers	00:33:22	14	00:33:20	84.5
15	433	Barry Reynolds	M			00:33:23	15	00:33:23	83.2
16	371	Liam Thompson	M		Warrington Athletic Club	00:33:28	16	00:33:28	80.6
17	1020	Colin Rigby	M	40	Horwich RMI Harriers	00:33:31	17	00:33:29	84.8
18	462	Tony Battersby	M		Leigh Harriers & AC	00:33:32	18	00:33:30	80.3
19	889	Bill Crowther	M	40	Altrincham & District Athletic Club	00:33:33	19	00:33:32	85.9
20	421	Rebecca Robinson	F		Kendal A.A.C.	00:33:38	20	00:33:38	90.2
21	652	Gemma Miles	F		Kendal A.A.C.	00:33:53	21	00:33:51	89.5
22	920	Joshua Dixon	M	J	Abergele Harriers	00:33:53	22	00:33:52	81.0
23	358	Jamie Loxham	M		Stockport Harriers	00:34:11	23	00:34:10	79.2
24	977	Richard Howarth	M		Horwich RMI Harriers	00:34:23	24	00:34:22	79.8
25	832	Michelle Ross-Cope	F	35	City of Stoke	00:34:29	25	00:34:28	89.6
26	470	Susan Partridge	F		Leeds City AC	00:34:35	26	00:34:33	87.7
27	1018	Andy Wilton	M	45	Staffordshire Moorlands	00:34:50	27	00:34:50	86.7
28	942	Richard Smith	M	J	Holmfirth Harriers	00:34:56	28	00:34:54	77.7
29	98	Paul Faulkner	M	40	Hallamshire Harriers	00:34:57	29	00:34:56	81.3
30	760	Marko Gvero	M	40	Keighley A.C.	00:34:58	30	00:34:56	81.3
31	130	Andrew Whittingham	M		Altrincham & District Athletic Club	00:35:03	31	00:35:02	76.7
32	1035	Gregory Seddon	M	45	Blackpool Wyre & Fylde	00:35:06	32	00:35:05	84.1
33	400	Darren Blazier	M		Abergele Harriers	00:35:10	33	00:35:09	79.0
34	984	Hatti Dean	F		Hallamshire Harriers	00:35:17	34	00:35:15	86.0
35	108	Gareth Booth	M		Horwich RMI Harriers	00:35:36	35	00:35:33	78.0
36	895	John Howarth	M	45	Leigh Harriers & AC	00:35:42	36	00:35:40	82.7
37	143	James Scott-Buccleuch	M		Stockport Harriers	00:35:51	37	00:35:45	75.3
38	1040	Mike Shaw	M	45	Stockport Harriers	00:36:09	38	00:36:06	81.7
39	912	Jon Green	M		Preston Harriers	00:36:18	39	00:36:15	75.2
40	907	Martin Swensson	M		Penny Lane Striders	00:36:19	40	00:36:16	75.1
41	862	Paul Dodsworth	M	40	Warrington Athletic Club	00:36:22	43	00:36:21	78.7
42	231	James Corden	M		Stockport Harriers	00:36:23	41	00:36:19	77.0
43	966	Mikko Kuronen	M	50	East Cheshire Harriers	00:36:23	42	00:36:19	84.4
44	949	Ben Beattie	M		Steel City Striders. Sheffield	00:36:27	44	00:36:25	73.7
45	917	Jenny Blizard	F		Rotherham Harriers & AC	00:36:28	45	00:36:27	83.8
46	188	Carl Ryde	M		Doncaster AC	00:36:29	46	00:36:28	73.8

Birchwood 10k Road Race Sunday 23-Aug-2009

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
47	741	Dewi Roberts	M	40	Abergele Harriers	00:36:31	47	00:36:29	79.0
48	573	Lee Woods	M		Sale Harriers Manchester	00:36:34	48	00:36:31	77.1
49	765	Peter Cruse	M	45	Lytham St. Annes R.R.	00:36:37	50	00:36:35	81.8
50	611	Neil Jones	M	40	S.C.H.	00:36:38	49	00:36:35	78.1
51	789	David Edwards	M	45	Liverpool Running Club	00:36:57	51	00:36:54	81.1
52	460	Andrew Clague	M	40	West Cheshire AC	00:36:58	52	00:36:58	77.4
53	740	Gareth Roberts	M	40	Abergele Harriers	00:37:02	54	00:36:59	77.9
54	961	Matthew Crehan	M	J	St Helens Sutton AC	00:37:03	56	00:37:03	75.9
55	959	John Chaplin	M	50	Blackburn Harriers & AC	00:37:04	53	00:36:58	84.8
56	686	Ian Selby	M	40	Bolton United Harriers	00:37:06	57	00:37:03	77.7
57	962	Alex Hall	M			00:37:11	58	00:37:06	72.5
58	297	Stephen Nicholls	M		Wigan Phoenix	00:37:12	59	00:37:11	72.2
59	204	Gary Bergin	M	40		00:37:15	60	00:37:12	76.3
60	605	Julian Goodwin	M		Boalloy Running Club	00:37:17	55	00:37:03	75.1
61	750	Maurice Collins	M	45	Liverpool Running Club	00:37:18	62	00:37:15	79.7
62	535	Darren Cottier	M		Vale Royal A.C.	00:37:21	61	00:37:13	75.5
63	801	Dougie Robinson	M			00:37:23	63	00:37:19	74.9
64	277	Richard Brittain	M	40	Tipton Harriers	00:37:28	64	00:37:24	77.0
65	868	Steven Nijs	M		Liverpool Running Club	00:37:30	65	00:37:25	73.6
66	814	Nicki Nealon	F	40	Huncote Harriers	00:37:31	66	00:37:29	84.3
67	57	Dave Carrington	M	50	Altrincham & District Athletic Club	00:37:33	67	00:37:31	83.8
68	387	Karl Ward	M		Horwich RMI Harriers	00:37:36	68	00:37:34	74.5
69	417	Griffith Owens	M	60	Prestatyn RC	00:37:39	69	00:37:37	89.5
70	890	Chris Yorke	M	40	North Wales RR	00:37:41	71	00:37:39	75.4
71	1010	David Watson	M	40	Preston Harriers	00:37:42	72	00:37:40	75.9
72	568	Chris Essex-Crosby	M		Blackpool Wyre & Fylde	00:37:44	73	00:37:40	71.7
73	1019	Evan Cook	M	55	Blackburn Harriers & AC	00:37:44	70	00:37:39	86.9
74	324	Nicola Bird	F		Ellesmere Port Running Club	00:37:53	74	00:37:50	80.1
75	230	Andy White	M	45	Chester Tri Club	00:37:58	75	00:37:50	78.3
76	19	Leanne Sheehy	F	J	Leigh Harriers & AC	00:37:59	76	00:37:56	80.7
77	455	George Nicholls	M	40	Prestatyn RC	00:38:01	78	00:37:59	74.7
78	933	Phil Iddon	M		Chorley Harriers	00:38:04	77	00:37:57	73.0
79	853	David Dowd	M	60	Northern Veterans AC	00:38:07	81	00:38:02	88.4
80	187	Ian McIlwee	M			00:38:14	83	00:38:09	73.8
81	351	Raphael Murray	M	55	Macclesfield Harriers	00:38:18	86	00:38:17	83.5
82	994	Rob Gillbert	M	40	Wilmslow Running Club	00:38:19	84	00:38:13	74.7
83	800	Chris Stanford	M			00:38:24	79	00:38:00	70.0
84	958	Oliver Park	M	J	Warrington Athletic Club	00:38:24	87	00:38:18	70.7
85	910	Alan Steeple	M		Astley & Tyldesley Road Runners	00:38:28	82	00:38:08	71.8
86	971	Edward Davies	M	50	Maldwyn Harriers	00:38:29	88	00:38:22	82.4
87	365	David Livingstone	M		Altrincham & District Athletic Club	00:38:30	89	00:38:25	73.2
88	397	Darren Perry	M			00:38:33	91	00:38:30	69.6
89	630	Conor Murphy	M			00:38:33	90	00:38:27	72.1
90	857	Sean Cordell	M	40	Salford Harriers	00:38:38	92	00:38:35	73.6
91	733	Ray Stanier	M	50	Tipton Harriers	00:38:40	94	00:38:36	82.0
92	1005	Paul Wathan	M	J	Eryri	00:38:40	95	00:38:37	70.2
93	435	Nigel Shannon	M	45	Chester Tri Club	00:38:44	93	00:38:36	78.6
94	423	Tristan Sheard	M		Stainland Lions	00:38:47	96	00:38:40	71.6
95	1062	Patrick Boyle	M		Liverpool Running Club	00:38:54	98	00:38:49	70.1
96	737	Dale Platt	M	J	Moston & District	00:38:57	97	00:38:45	71.3
97	396	Kelvin Dickinson	M		Wirral AC	00:39:01	80	00:38:00	71.8
98	31	Sue Pennington	F			00:39:04	100	00:38:59	77.6
99	987	Kev Scarbrough	M		Stockport Harriers	00:39:05	99	00:38:53	68.7
100	436	Neil Kelly	M		Penny Lane Striders	00:39:07	101	00:39:03	70.6
101	752	Jason Richards	M		Tipton Harriers	00:39:10	102	00:39:06	72.0
102	532	Mervyn Ward	M	50	Warrington Athletic Club	00:39:12	103	00:39:06	80.9
103	117	Adam Leadbetter	M			00:39:21	106	00:39:11	68.3
104	474	Sally Ann Walker	F	35	Tipton Harriers	00:39:23	109	00:39:20	79.3
105	552	Adela Salt	F	35	Trentham Road Runners	00:39:25	110	00:39:21	78.1
106	919	Andrew Mayers	M	40	South Cheshire Harriers	00:39:26	104	00:39:09	72.1

Birchwood 10k Road Race Sunday 23-Aug-2009

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
107	960	Jim Crehan	M	55	St Helens Sutton AC	00:39:29	111	00:39:24	81.0
108	641	Ivor Twiss	M	50	South Cheshire Harriers	00:39:31	107	00:39:14	79.6
109	905	Andy Berry	M			00:39:38	108	00:39:19	71.2
110	843	Kerry Blinston	M		North Wales R.R.	00:39:40	112	00:39:35	69.2
111	972	Richard Howlett	M		Liverpool Running Club	00:39:42	113	00:39:37	70.0
112	761	John Bertenshaw	M	50	Wesham Road Runners	00:39:46	115	00:39:41	79.1
113	729	David Quinn	M		Liverpool Harriers	00:39:50	117	00:39:45	68.2
114	480	Paul Davies	M	40	Trismart	00:39:50	114	00:39:41	73.5
115	582	Konrad Roberts	M	40	North Wales R.R.	00:39:51	118	00:39:46	72.9
116	138	Mark Leybourne	M		Altrincham & District Athletic Club	00:39:53	105	00:39:09	67.9
117	924	Natalie Palin	F		Liverpool Running Club	00:39:54	119	00:39:49	76.1
118	841	Eric Ranicar	M	60	Bolton United Harriers	00:40:02	121	00:39:58	84.9
119	998	Philip Bailey	M	55	Southport Waterloo AC	00:40:07	124	00:40:03	82.5
120	688	Dave Waywell	M	65	Wesham Road Runners	00:40:08	125	00:40:03	87.0
121	152	Gary Thornton-Allen	M		Pensby Runners	00:40:09	123	00:40:03	67.7
122	724	Mark Roper	M			00:40:11	120	00:39:58	67.2
123	126	Martin Green	M		North Wales R.R.	00:40:14	129	00:40:10	67.8
124	572	John Parrott	M	50	Stockport Harriers	00:40:14	126	00:40:07	78.8
125	414	Mark Jones	M		Warrington Road Runners	00:40:14	122	00:40:02	70.1
126	708	Scott Christey	M	40	Astley & Tyldesley Road Runners	00:40:20	85	00:38:14	72.1
127	471	Kath Lamplough	F		Macclesfield Harriers	00:40:20	136	00:40:20	75.4
128	291	Rob Rainsford	M	45	Heanor Running Club	00:40:21	130	00:40:12	74.9
129	232	Paul Boileau	M	45		00:40:23	135	00:40:18	73.6
130	658	Glenn Kelly	M	45	Boalloy Running Club	00:40:24	128	00:40:10	74.2
131	315	Jerry Smith	M	50	Sale Harriers Manchester	00:40:25	133	00:40:17	78.5
132	176	Andy Gibbons	M		Warrington Road Runners	00:40:29	134	00:40:17	66.3
133	382	Adrian Williams	M		Eryri	00:40:31	137	00:40:24	69.1
134	398	Steve Higginson	M			00:40:33	131	00:40:13	66.4
135	946	Nicky Lowe	F	35	South Cheshire Harriers	00:40:35	132	00:40:16	76.5
136	539	James Boardman	M		Mossley Hill A.C.	00:40:37	140	00:40:32	66.3
137	183	Chris Harbron	M		Macclesfield Harriers	00:40:38	139	00:40:31	69.4
138	72	John Marshall	M	40	Pudsey Pacers	00:40:38	138	00:40:30	71.0
139	342	Ken Burgess	M	65	Altrincham & District Athletic Club	00:40:44	142	00:40:36	86.5
140	1008	Dennis Wharton	M	50	St Helens Sutton AC	00:40:52	146	00:40:49	77.0
141	893	Allan Hartley	M		Blackburn Harriers & AC	00:40:53	143	00:40:46	67.1
142	700	Claire Leaver	F		Holmfirth Harriers	00:40:54	149	00:40:53	74.2
143	4	Clive Booth	M	40		00:40:55	141	00:40:35	70.5
144	50	Timothy Rainey	M	40	Sale Harriers Manchester	00:40:57	145	00:40:49	71.5
145	1032	George Pierce	M	40	Liverpool?	00:40:58	148	00:40:52	69.9
146	764	Bev Wright	F	45	Blackpool Wyre & Fylde	00:40:58	151	00:40:54	82.6
147	415	David Jackson	M			00:41:01	150	00:40:54	68.8
148	1023	Barry Green	M	45	Stourbridge	00:41:02	144	00:40:48	72.5
149	25	Stuart Davidson	M			00:41:03	116	00:39:45	65.6
150	452	Stephen Hayes	M		Liverpool Running Club	00:41:08	152	00:41:02	67.5
151	1015	Daniel Rees	M	50		00:41:12	147	00:40:50	74.5
152	1033	Lee Midghall	M		Liverpool Running Club	00:41:12	154	00:41:06	66.6
153	153	Peter Clarkson	M	40		00:41:15	155	00:41:06	70.5
154	322	Paul Lloyd	M	40	Nsrra	00:41:17	157	00:41:08	70.4
155	360	Tim Jenkins	M	45		00:41:18	159	00:41:12	72.6
156	335	Jessica Riley	F		Stainland Lions	00:41:20	160	00:41:12	73.4
157	1003	Robert Evans	M			00:41:24	153	00:41:03	64.9
158	858	Daniel Fox	M	45		00:41:27	158	00:41:09	72.9
159	689	Lee Campbell	M	45	Boalloy Running Club	00:41:33	161	00:41:12	72.1
160	425	Damian Wilde	M		Holmfirth Harriers	00:41:37	165	00:41:34	65.6
161	463	Tom Wainwright	M			00:41:41	156	00:41:08	67.7
162	1013	Syd Omar	M		Penny Lane Striders	00:41:44	164	00:41:32	67.6
163	775	John Pearce	M	50	Aldridge A.C.	00:41:44	166	00:41:37	76.0
164	646	Louise Cooper	F	55	Southport Waterloo AC	00:41:46	168	00:41:42	89.7
165	571	Neil Hankinson	M		Warrington Road Runners	00:41:47	163	00:41:22	64.8
166	798	Andrew Nightingale	M		Wigan Phoenix	00:41:49	167	00:41:42	66.4

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
167	619	Chris Millington	M			00:41:50	172	00:41:46	67.4
168	830	Terry Bradshaw	M	45	Blackpool Wyre & Fylde	00:41:53	177	00:41:48	72.7
169	454	Anthony Macdonald	M			00:41:58	171	00:41:45	64.0
170	374	Neil Cliffe	M	45	Warrington Road Runners	00:41:59	173	00:41:46	72.5
171	738	Michael Jones	M	50	Altrincham & District Athletic Club	00:42:00	184	00:41:56	75.5
172	235	David Nalder	M	55	Ellesmere Port Running Club	00:42:02	170	00:41:44	76.1
173	345	Stephanie Davenport	F			00:42:02	178	00:41:48	72.7
174	214	Alison Vesey	F	45	Altrincham & District Athletic Club	00:42:03	182	00:41:54	79.5
175	488	Keith Mulholland	M	45	Macclesfield Harriers	00:42:04	176	00:41:48	70.2
176	799	Chris Nightingale	M	40		00:42:04	185	00:42:02	68.5
177	408	Duncan Worth	M	45	Swinton Running Club	00:42:05	183	00:41:56	71.8
178	332	Jim Dawson	M	45	Warrington Road Runners	00:42:06	169	00:41:43	70.6
179	252	Martin Stork	M			00:42:07	174	00:41:47	64.5
180	951	Mike Aylott	M			00:42:12	187	00:42:03	63.6
181	434	Carol Wolstenholme	F	60	Hallamshire Harriers	00:42:12	190	00:42:10	98.1
182	1057	Stephen Taylor	M	50		00:42:18	181	00:41:53	73.8
183	412	Joe Dillon	M	40	Leigh Harriers & AC	00:42:18	162	00:41:18	67.7
184	753	Martin Kelly	M		Village Road Runners	00:42:19	189	00:42:09	65.2
185	787	Patrik Corrigan	M	45	Birkenhead A.C.	00:42:22	192	00:42:13	71.3
186	747	Mark Fairhurst	M			00:42:23	188	00:42:04	63.4
187	104	Chris Hampson	M		Warrington Road Runners	00:42:26	186	00:42:02	64.7
188	859	Steve Hill	M		Liverpool Running Club	00:42:27	197	00:42:21	66.0
189	915	Lewis Cox	M	J	North Wales R.R.	00:42:29	193	00:42:15	67.1
190	237	Neil Phillips	M	50		00:42:30	200	00:42:24	72.2
191	825	Michael Dolan	M		Tullamore Harriers	00:42:30	196	00:42:21	
192	651	David Holmes	M			00:42:34	175	00:41:47	64.1
193	757	John Courtney	M			00:42:36	194	00:42:20	64.8
194	45	Russ Corsini	M	50	Darwen Dashers	00:42:36	195	00:42:20	72.7
195	632	Jamie Savage	M			00:42:39	191	00:42:13	63.1
196	228	Keith Brown	M	45	Warrington Road Runners	00:42:41	201	00:42:29	70.8
197	667	Neil Kingan	M			00:42:43	202	00:42:33	62.9
198	142	Charlie Rowlands	M	40	South Cheshire Harriers	00:42:45	198	00:42:21	66.5
199	304	Alison Hughes	F		Ellesmere Port Running Club	00:42:51	203	00:42:34	71.3
200	514	Barrie Cavanagh	M	45		00:42:52	205	00:42:40	71.0
201	993	David James Taylor	M	40	Northern Veterans AC	00:42:53	199	00:42:23	66.7
202	209	Jonathan Keay	M			00:42:53	180	00:41:52	62.8
203	318	Luke Dale	M			00:42:55	208	00:42:48	62.7
204	431	Maria Conaghan	F		Penny Lane Striders	00:43:00	207	00:42:47	70.6
205	196	Clare Priestley	F			00:43:01	206	00:42:41	71.0
206	718	Russell Gibbons	M	J	South Cheshire Harriers	00:43:03	204	00:42:35	67.3
207	326	Peter Morgan	M	50	Pinetops RC	00:43:05	211	00:42:54	73.6
208	313	Joan Jackson	F	50	Northern Veterans AC	00:43:06	214	00:43:02	83.6
209	306	Damian Utton	M	45	Altrincham & District Athletic Club	00:43:10	212	00:42:58	68.4
210	198	Robert Carter	M			00:43:10	210	00:42:52	63.2
211	969	Tony Hulme	M	60	Wilmslow Running Club	00:43:12	209	00:42:50	78.7
212	378	Tracey Peters	F		Southport Waterloo AC	00:43:14	218	00:43:10	70.2
213	780	Billy Hargreaves	M	60	Penny Lane Striders	00:43:15	219	00:43:11	78.6
214	863	Gordon Read	M	50	Penny Lane Striders	00:43:20	216	00:43:08	72.6
215	476	Mark Devany	M	40		00:43:23	220	00:43:16	65.5
216	758	Colin Kay	M	50		00:43:24	179	00:41:51	72.5
217	784	Stephen McCullough	M	45	Liverpool Running Club	00:43:25	221	00:43:20	69.6
218	542	Robert Williams	M		Liverpool Running Club	00:43:27	222	00:43:20	62.5
219	413	Sarah Newman	F		Trafford Athletics Club	00:43:42	215	00:43:03	69.4
220	453	Neil Edwards	M			00:43:46	213	00:42:59	61.3
221	892	Ruth Court	F	35		00:43:48	223	00:43:27	70.9
222	702	Louise Nicholson	F		Liverpool Running Club	00:43:49	217	00:43:10	69.5
223	996	Brian Speake	M	40		00:43:51	229	00:43:35	64.8
224	585	David Gallimore	M		Warrington Road Runners	00:43:52	228	00:43:34	62.5
225	492	Bev Ganose	F	45	Altrincham & District Athletic Club	00:43:52	234	00:43:43	74.6
226	243	Mark Preston	M	45	Stainland Lions	00:43:56	224	00:43:28	67.7

Birchwood 10k Road Race Sunday 23-Aug-2009

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
227	356	David Simon Beck	M		Warrington Road Runners	00:43:57	227	00:43:34	63.7
228	41	Peter Sariwee	M			00:43:59	236	00:43:44	63.2
229	710	Paul Crawley	M		Warrington Road Runners	00:44:00	232	00:43:42	63.1
230	634	Derek Walton	M	65	Altrincham & District Athletic Club	00:44:02	242	00:43:54	80.0
231	997	Gary Mitchell	M	45	Darwen Dashers	00:44:03	237	00:43:48	68.0
232	782	Peter Gibson	M	60	Red Rose Runners	00:44:04	241	00:43:53	77.1
233	556	Geoff Shaw	M	55	Helsby Running Club	00:44:05	239	00:43:52	73.2
234	643	Daniel Allcock	M	J	South Cheshire Harriers	00:44:05	230	00:43:37	65.7
235	302	Brian Griffiths	M	50	Ellesmere Port Running Club	00:44:06	238	00:43:48	70.2
236	327	Christopher Cheap	M			00:44:06	231	00:43:39	61.9
237	301	Frank Heavey Jnr	M	40		00:44:06	226	00:43:30	65.9
238	87	Darren Tyldesley	M	40		00:44:07	235	00:43:44	65.9
239	1000	Craig McNeill	M			00:44:08	233	00:43:42	60.8
240	831	Ian Close	M	50	Blackpool Wyre & Fylde	00:44:09	244	00:43:59	70.7
241	106	Russ Platt	M	40		00:44:11	240	00:43:53	65.8
242	856	Derek Lord	M	45	burnden road runners	00:44:14	225	00:43:29	67.7
243	242	Paul Maye	M	40		00:44:16	253	00:44:10	64.2
244	550	Gareth Trimble	M		Wilmslow Running Club	00:44:17	243	00:43:54	62.7
245	569	Diane Waite	F	45	Stainland Lions	00:44:18	252	00:44:09	73.9
246	887	Peter Summers	M	50	Skelmersdale Boundary Harriers	00:44:19	258	00:44:16	69.8
247	777	Michael Done	M	40		00:44:20	245	00:43:59	65.0
248	682	Daniel Sutton	M			00:44:21	251	00:44:09	61.3
249	567	Emma Essex-Crosby	F		Preston Harriers	00:44:23	254	00:44:15	68.3
250	438	Damian Jones	M			00:44:27	250	00:44:08	61.7
251	937	Daniel Lownes	M			00:44:29	246	00:44:02	62.0
252	663	Graham Robinson	M	50	Lostock A.C.	00:44:31	256	00:44:16	69.0
253	181	Ian Taylor	M	40	North Wales R.R.	00:44:34	265	00:44:30	64.7
254	963	Lindsay Hill	F		Manchester Triathlon Club	00:44:36	255	00:44:15	68.2
255	979	Kate Sutton	F	45	Wilmslow Running Club	00:44:38	259	00:44:18	74.9
256	1056	Simon Bolton	M	45		00:44:46	257	00:44:16	65.9
257	964	Michael Edge	M	45	Wesham Road Runners	00:44:47	127	00:40:09	68.0
258	1029	Philip Smallman	M			00:44:48	264	00:44:29	60.9
259	146	Jimmy Smith	M	50	Stainland Lions	00:44:49	262	00:44:27	69.6
260	821	Ben Shawcross	M			00:44:52	277	00:44:50	59.8
261	265	Paul Bray	M			00:44:54	248	00:44:05	59.8
262	490	Duncan Snape	M			00:44:57	247	00:44:05	62.3
263	323	Anthony Martin Thoma Bell	M	45	Warrington Road Runners	00:45:03	267	00:44:32	66.0
264	114	John Graham Hopper	M	40		00:45:03	260	00:44:20	63.1
265	762	Tony Gibson	M	50	North Wales R.R.	00:45:03	271	00:44:42	68.7
266	366	James Jarrett	M			00:45:04	270	00:44:40	59.6
267	982	Mark Pendlebury	M	45	Holmes Chapel Harriers	00:45:04	278	00:44:52	67.0
268	129	Kevin Hocter	M			00:45:05	263	00:44:29	59.9
269	466	Sarah Waite	F		Wilmslow Running Club	00:45:05	272	00:44:42	67.4
270	443	Lewis Johnston	M	J		00:45:05	269	00:44:39	61.6
271	309	Geoffrey McGuire	M			00:45:08	249	00:44:06	62.5
272	289	Brian Albiston	M			00:45:12	281	00:44:55	59.4
273	182	Owen McGill	M	40	Darwen Dashers	00:45:13	274	00:44:43	62.8
274	940	Alan Williams	M	45	Altrincham & District Athletic Club	00:45:14	280	00:44:54	67.3
275	244	Simon Boulton	M	55	Wirral AC	00:45:18	282	00:44:56	71.2
276	886	Andrew Fisher	M	40		00:45:19	268	00:44:33	62.7
277	788	Spencer Pritchard	M			00:45:21	266	00:44:32	59.7
278	404	Tony Buxton	M	45		00:45:22	276	00:44:50	67.1
279	941	Ian McNulty	M			00:45:24	286	00:45:07	59.2
280	676	Glenn Goodwin	M	40		00:45:27	291	00:45:16	64.4
281	640	Les Smalley	M	40		00:45:27	261	00:44:23	64.4
282	824	Kevin Higgins	M	45	North Wales R.R.	00:45:30	289	00:45:13	66.4
283	333	Ross Smith	M	45		00:45:30	279	00:44:53	66.9
284	948	Geoffrey Beattie	M	55	Sale Harriers Manchester	00:45:31	296	00:45:24	71.5
285	46	Susan Corsini	F	40	Darwen Dashers	00:45:33	288	00:45:11	71.2
286	546	Mary Tavener	F	45	Vale Royal A.C.	00:45:34	284	00:45:06	73.4

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
287	876	Thomas Burke	M	60	Penny Lane Striders	00:45:36	304	00:45:29	74.5
288	909	Mark Gregory	M	40	Whitchurch Whippets	00:45:41	275	00:44:48	62.2
289	440	Lauren Marsden	F	35	Swinton Running Club	00:45:42	283	00:45:05	67.6
290	714	Martin Witty	M	40	Deestridders	00:45:44	303	00:45:29	62.6
291	293	Matthew McGuire	M			00:45:45	273	00:44:43	59.4
292	521	Peter Newstead	M			00:45:46	287	00:45:10	61.2
293	1026	Ian Hamilton	M	55	Astley & Tyldesley Road Runners	00:45:48	290	00:45:16	71.6
294	489	John Delany	M	65	Stockport Harriers	00:45:48	309	00:45:36	76.2
295	914	Mark Roberts	M	55	Pensby Runners	00:45:49	315	00:45:43	71.0
296	602	Mark Molyneux	M	45		00:45:50	312	00:45:40	64.9
297	877	Emma Kennedy	F			00:45:52	318	00:45:44	66.1
298	885	Mathew Simister	M			00:45:53	295	00:45:23	60.6
299	319	Andrew Edwards	M			00:45:54	320	00:45:46	59.2
300	850	Barry Chambers	M	55	Vale Royal A.C.	00:45:55	299	00:45:26	70.9
301	251	Des Miles	M	45		00:45:57	307	00:45:32	64.2
302	703	David Jones	M	55	Denbigh Harriers	00:45:59	298	00:45:25	70.8
303	65	George Morini	M	45	Darwen Dashers	00:45:59	319	00:45:44	66.2
304	746	Mike Cutler	M	50	South Cheshire Harriers	00:46:00	305	00:45:30	67.8
305	399	Steve Fowler	M	45	Manchester Triathlon Club	00:46:02	316	00:45:43	65.1
306	1039	Nick Bishop	M	50	Wilmslow Running Club	00:46:03	313	00:45:42	66.7
307	226	Kara Brittan	F			00:46:03	308	00:45:35	66.2
308	813	Sam Darby	M	50	Penny Lane Striders	00:46:03	300	00:45:27	67.8
309	794	Leon Bennett	M	40		00:46:05	292	00:45:16	62.1
310	564	Michael Horton	M	60	Boalloy Running Club	00:46:06	306	00:45:32	73.7
311	494	Scott Simpson	M			00:46:11	324	00:45:49	58.8
312	995	David Atkinson	M	45		00:46:13	311	00:45:38	65.4
313	599	Andrew Barton	M		Altrincham & District Athletic Club	00:46:20	329	00:46:03	57.9
314	804	Michael Horrocks	M			00:46:20	297	00:45:24	58.9
315	981	Sarah Green	F	40	Swinton Running Club	00:46:21	317	00:45:44	69.9
316	105	Paul Davies	M			00:46:22	328	00:46:01	60.8
317	872	Andrew Stansfield	M	45	Penny Lane Striders	00:46:23	331	00:46:04	64.6
318	186	Stuart Gallagher	M			00:46:26	285	00:45:06	57.8
319	610	Vicky Barrett	F	40	Stockport Harriers	00:46:26	334	00:46:10	69.8
320	66	Peter Murphy	M	50	Darwen Dashers	00:46:27	333	00:46:10	66.1
321	755	Tom Devine	M	J		00:46:28	327	00:45:58	58.4
322	287	Alasdair Dyde	M	45	South Cheshire Harriers	00:46:29	302	00:45:28	64.0
323	767	Mark Povey	M	40	West Cheshire AC	00:46:30	332	00:46:09	61.1
324	308	Emma Fawcett	F		Stainland Lions	00:46:31	330	00:46:04	65.2
325	816	Samantha Jane Thomas	F	35		00:46:33	335	00:46:13	66.1
326	687	Kath Hoyer	F	45	Wesham Road Runners	00:46:34	345	00:46:28	73.6
327	684	Dave Feakes	M	45	Helsby Running Club	00:46:35	310	00:45:36	64.3
328	812	Paul Scully	M			00:46:36	336	00:46:13	59.6
329	257	Dave Hampson	M	45		00:46:37	339	00:46:23	64.3
330	769	Brendan Murden	M	60		00:46:38	314	00:45:42	71.6
331	1022	Denise Wakefield	F	55	Northern Veterans AC	00:46:39	349	00:46:32	79.3
332	1037	Andrew Gaskell	M	40		00:46:41	322	00:45:48	61.3
333	109	Toby Percival	M			00:46:43	342	00:46:28	58.4
334	976	Colin Gill	M			00:46:44	325	00:45:50	59.9
335	349	Neil Birchall	M			00:46:46	294	00:45:22	59.9
336	496	Darren Valentine	M			00:46:48	326	00:45:54	57.7
337	426	Chris Wootton	M	40	Skelmersdale Boundary Harriers	00:46:49	356	00:46:38	62.5
338	1027	Paul Pover	M	55	Northern Veterans AC	00:46:49	340	00:46:26	69.5
339	526	Emily Hughes	F		Middleton Harriers	00:46:49	323	00:45:48	64.8
340	677	Kieran Leach	M			00:46:50	301	00:45:28	57.8
341	906	Anthony Valentine	M		Bolton United Harriers	00:46:50	369	00:46:50	58.0
342	239	Piotr Sananowicz	M			00:46:52	360	00:46:43	57.6
343	541	Daniel McDermott	M			00:46:52	321	00:45:46	59.3
344	956	Mike O'Brien	M	50	Manchester Ymca Harriers	00:46:56	344	00:46:28	65.9
345	727	Julian Wareham	M	40		00:46:56	337	00:46:20	60.5
346	734	Ian Barwise	M	55	Warrington Road Runners	00:46:57	343	00:46:28	70.5

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
347	854	Cliff Etherden	M	60	Saddleworth RC	00:46:57	353	00:46:34	71.1
348	918	Martin French	M	50		00:46:58	367	00:46:47	65.9
349	422	Mark Wheeldon	M			00:46:58	341	00:46:27	57.2
350	894	Chris Donald	M	50		00:47:00	348	00:46:31	65.3
351	403	Paul Mason	M		Astley & Tyldesley Road Runners	00:47:01	293	00:45:18	57.6
352	720	Neil Gibbons	M	45		00:47:03	338	00:46:22	64.7
353	220	Carol Butterworth-Cowell	F	40	Darwen Dashers	00:47:05	350	00:46:32	66.7
354	270	Karen Jarvis	F	45		00:47:05	362	00:46:43	71.9
355	576	John Dawson	M			00:47:08	351	00:46:33	58.2
356	662	John Houghton	M	50	Warrington Road Runners	00:47:09	359	00:46:40	65.1
357	945	Phil Cliff	M	45	South Cheshire Harriers	00:47:11	365	00:46:45	62.6
358	950	Joanne Wright	F		Steel City Striders. Sheffield	00:47:11	375	00:47:01	64.3
359	42	Dawn Abrahams	F	40		00:47:11	376	00:47:05	66.6
360	498	James Joyce	M			00:47:13	347	00:46:31	57.3
361	836	Paul Watterson	M	45		00:47:13	368	00:46:48	63.5
362	49	Stephen McVeigh	M		Trafford Athletics Club	00:47:16	357	00:46:38	58.0
363	1004	Gemma Morgans	F	J	Eryri	00:47:19	379	00:47:15	64.1
364	441	Rob Petch	M			00:47:22	374	00:46:56	58.7
365	596	Rob Peat	M		Leeds Abbey Runners	00:47:23	352	00:46:33	59.5
366	94	Sally Howarth	F	45	Trafford Athletics Club	00:47:23	366	00:46:46	69.1
367	874	Gerry O'Donnell	M	50		00:47:27	371	00:46:51	64.7
368	292	Rosie Fearon	F		Trafford Athletics Club	00:47:28	370	00:46:50	64.1
369	481	Lauren Morley	F		Trismart	00:47:34	377	00:47:11	63.8
370	219	Alan Percival	M	40	Hermitage Harriers	00:47:35	364	00:46:45	61.1
371	732	Paul Ireland	M			00:47:36	358	00:46:39	56.4
372	1053	Susan Flatters	F	35	Horwich RMI Harriers	00:47:40	361	00:46:43	65.1
373	449	John Goggins	M			00:47:42	354	00:46:37	56.6
374	40	Ian Hamling	M			00:47:45	396	00:47:40	56.4
375	557	Kay Hatton	F	45	North Wales R.R.	00:47:45	385	00:47:25	68.6
376	207	Leon Wilson	M			00:47:46	388	00:47:27	58.2
377	131	David Harrison	M	45		00:47:50	378	00:47:15	62.6
378	986	Rob Mayers	M	45	South Cheshire Harriers	00:47:57	373	00:46:56	62.0
379	833	Peter Worthington	M	45		00:47:58	390	00:47:31	62.0
380	338	Mark Melody	M			00:47:58	384	00:47:25	57.5
381	179	Lee McGarity	M			00:47:59	346	00:46:29	56.4
382	618	Ewan Dawick	M	55	St Helens Sutton AC	00:48:00	380	00:47:18	67.2
383	730	Stuart Pailk	M			00:48:01	355	00:46:38	56.2
384	241	Andrea Cole	F	40		00:48:01	401	00:47:50	66.4
385	608	Jack Bradley	M	45	North Wales R.R.	00:48:04	400	00:47:47	61.9
386	222	Keith Peacock	M	50	Horwich RMI Harriers	00:48:05	389	00:47:30	65.4
387	525	Janet Booth	F	45		00:48:05	398	00:47:43	68.1
388	392	Mitchell Hawkins	M		Liverpool Running Club	00:48:06	391	00:47:31	55.8
389	932	Robert Buckley	M	55	Altrincham & District Athletic Club	00:48:06	394	00:47:35	67.6
390	902	Janet Grint	F		East Cheshire Harriers	00:48:06	387	00:47:26	63.3
391	796	Stephen Christie	M	J		00:48:06	405	00:47:52	58.5
392	955	Richard Park	M			00:48:08	392	00:47:32	55.8
393	448	George Thompson	M	55	Clayton le Moors Harriers	00:48:08	404	00:47:52	68.8
394	115	Mike Anderson	M	40		00:48:09	393	00:47:34	60.8
395	339	Jamie Starrs	M			00:48:10	372	00:46:52	57.0
396	957	Alan Romagnolo	M	40	Sale Harriers Manchester	00:48:10	409	00:47:59	60.8
397	427	Mansel Pope	M	55	Altrincham & District Athletic Club	00:48:12	407	00:47:55	68.0
398	330	Alan Barton	M			00:48:12	382	00:47:23	57.3
399	721	Fiona Wilson	F	45		00:48:13	412	00:48:03	70.2
400	1038	Simon Allen	M			00:48:14	363	00:46:45	56.3
401	199	Jamie Hillman	M			00:48:15	408	00:47:57	55.7
402	739	Catriona Marshall	F	40	Wilmslow Running Club	00:48:16	403	00:47:52	66.1
403	531	Bernard Brown	M	45		00:48:17	386	00:47:25	61.1
404	947	Carol Beattie	F	55	Steel City Striders. Sheffield	00:48:19	415	00:48:09	76.5
405	592	David Ball	M			00:48:23	383	00:47:24	57.9
406	587	Richard Bean	M			00:48:24	381	00:47:22	56.4

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
407	282	John Skinley	M	45	St Helens Sutton AC	00:48:29	406	00:47:54	62.3
408	485	John Riley	M	65	Northern Veterans AC	00:48:31	422	00:48:18	74.8
409	218	Miras Eskander	M			00:48:34	423	00:48:21	55.4
410	745	Philip Cooper	M	55	South Cheshire Harriers	00:48:36	395	00:47:36	68.1
411	393	Robin Rowe	M			00:48:36	424	00:48:22	55.2
412	719	Gill Gibbons	F	50	South Cheshire Harriers	00:48:38	418	00:48:12	71.3
413	869	Gordon Brown	M	75	Liverpool Harriers	00:48:38	430	00:48:28	82.6
414	508	Rosemary Rogers	F	55	Deestridders	00:48:39	431	00:48:29	80.3
415	622	Karl Martin	M		Stainland Lions	00:48:41	429	00:48:27	57.9
416	70	David Longley Eames	M			00:48:45	410	00:48:02	55.1
417	670	Andrew Duckett	M			00:48:45	436	00:48:34	55.1
418	469	Atholl Stewart	M			00:48:47	402	00:47:51	55.7
419	880	Siobhan Lillie	F		Dragons Sale	00:48:47	411	00:48:02	62.2
420	861	Dave Grundy	M	45	Bury AC	00:48:47	397	00:47:43	60.9
421	847	Carol Paxton	F			00:48:49	434	00:48:32	62.2
422	846	Holly Metcalfe	F			00:48:49	433	00:48:32	62.1
423	621	Susan Gledhill	F	35	Stainland Lions	00:48:50	426	00:48:25	63.6
424	840	Mark Shingler	M			00:48:51	438	00:48:36	55.0
425	418	Stephen Dipple	M			00:48:55	414	00:48:07	56.4
426	395	Joanna Thomas	F			00:48:57	450	00:48:49	62.0
427	201	Martin O'Brien	M	45	Stainland Lions	00:48:58	421	00:48:18	62.2
428	790	Martin Beale	M			00:48:58	444	00:48:44	55.5
429	518	Dave Haines	M		Vale Royal A.C.	00:49:00	419	00:48:14	57.6
430	865	Alan Taylor	M	40	Wesham Road Runners	00:49:01	453	00:48:51	58.4
431	208	Andrew Grimshaw	M			00:49:05	399	00:47:46	54.7
432	665	Tony Bishop	M	40		00:49:05	448	00:48:48	59.2
433	337	Paul Yeadon	M			00:49:06	425	00:48:24	54.8
434	802	Tim Browning	M			00:49:07	417	00:48:11	54.7
435	312	Christine Dickinson	F	45		00:49:10	449	00:48:48	68.0
436	884	David Wood	M			00:49:11	446	00:48:47	54.6
437	792	Peter Doherty	F	45	Northern Veterans AC	00:49:12	456	00:48:55	69.6
438	807	David Hargreaves	M	40		00:49:12	442	00:48:41	57.8
439	570	David Waite	M	45	Stainland Lions	00:49:13	435	00:48:33	60.0
440	132	Roy Jones	M	50		00:49:13	440	00:48:39	64.4
441	69	Alex Hunter	M			00:49:13	416	00:48:09	57.3
442	254	Raymond Taylor	M	50	Astley & Tyldesley Road Runners	00:49:14	420	00:48:17	64.4
443	23	Michael Hallsworth	M	55	Helsby Running Club	00:49:15	452	00:48:50	64.9
444	704	Dave Reid	M	45	Chester Tri Club	00:49:17	432	00:48:29	61.3
445	709	Sidney Bailey	M	50	Deestridders	00:49:19	460	00:49:04	63.3
446	1006	Alec Curley	M			00:49:21	459	00:48:57	54.4
447	437	Russell Egan	M	45	Darwen Dashers	00:49:22	463	00:49:06	60.2
448	519	Alan Davies	M	50	North Wales R.R.	00:49:26	443	00:48:42	63.6
449	442	John Pickup	M	45	Swinton Running Club	00:49:27	451	00:48:50	61.1
450	524	Linda Clarkson	F	40	Darwen Dashers	00:49:28	455	00:48:55	63.9
451	405	David Clements	M	40		00:49:30	458	00:48:57	57.4
452	86	Eric Payton	M	55		00:49:32	439	00:48:39	65.1
453	447	Gerard Nugent	M			00:49:34	441	00:48:39	54.6
454	353	Steven Kenyon	M			00:49:35	445	00:48:45	54.2
455	361	Stephen Wilkinson	M	55	Wesham Road Runners	00:49:37	462	00:49:06	65.0
456	897	James Barnes	M	45	UK N&T Runner	00:49:43	413	00:48:05	61.2
457	973	Ian Seabury	M			00:49:44	428	00:48:26	55.9
458	1045	Keith J Williams	M	55	Birkenhead A.C.	00:49:44	461	00:49:05	64.8
459	76	John Bamforth	M	55		00:49:44	427	00:48:25	66.0
460	250	Joanne Wilford	F			00:49:45	447	00:48:48	61.4
461	983	Andrew Vize	M	40		00:49:49	437	00:48:35	58.3
462	671	Paul Anderton	M			00:49:51	479	00:49:31	55.4
463	606	Robin Wignall	M	65	Altrincham & District Athletic Club	00:49:52	454	00:48:52	70.0
464	380	Peter Brennan	M	70	Northern Veterans AC	00:49:53	488	00:49:47	76.5
465	32	Geoff Pennington	M	55		00:49:54	471	00:49:21	64.6
466	475	Barry May	M	65		00:49:56	457	00:48:57	71.2

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
467	851	Keith Martin	M	40		00:49:57	477	00:49:26	58.2
468	1024	Nial Chambers	M	45	West Yorkshire Police	00:49:58	465	00:49:12	60.0
469	512	Karen Jones	F	35		00:50:01	490	00:49:49	61.8
470	267	David Larkin	M			00:50:02	475	00:49:26	54.5
471	384	William Cook	M	50		00:50:05	476	00:49:26	63.3
472	515	Richard Raynor	M	50		00:50:05	469	00:49:19	63.3
473	1054	Mike Bradley	M	45		00:50:06	470	00:49:19	59.3
474	1025	Paul Carter	M		Wesham Road Runners	00:50:10	485	00:49:41	56.2
475	348	Huw Thomas	M	40		00:50:12	464	00:49:11	57.0
476	878	Andrew Sankey	M			00:50:18	468	00:49:18	53.5
477	548	James Cowan	M			00:50:22	489	00:49:49	53.7
478	189	Justin Davies	M	45		00:50:26	483	00:49:38	59.0
479	614	Tony Hails	M	45		00:50:28	487	00:49:43	59.9
480	828	Jonathan Williams	M			00:50:29	497	00:50:05	53.2
481	307	Gary Oakford	M			00:50:29	481	00:49:36	55.9
482	638	Joe Park	M	70	Tally Ho Runners	00:50:30	494	00:50:01	76.8
483	926	Richard Hellen	M			00:50:31	466	00:49:13	54.0
484	411	Martin Cordingley	M	40	Stainland Lions	00:50:32	492	00:49:55	56.2
485	712	David McClusky	M			00:50:32	467	00:49:15	53.3
486	633	Colette Russell	F	40		00:50:33	484	00:49:40	63.1
487	744	Martin Stirna	M	55	South Cheshire Harriers	00:50:36	478	00:49:28	63.7
488	133	Paul Lawton	M	40		00:50:38	472	00:49:25	56.9
489	763	Gary Wenn	M	40	Royal Navy	00:50:39	491	00:49:51	57.4
490	429	Peter Hully	M	45		00:50:42	474	00:49:25	58.2
491	578	Tommy Dunning	M	45		00:50:44	505	00:50:21	58.6
492	577	John Tollitt	M	40		00:50:45	508	00:50:21	56.4
493	145	Alan Gibson	M	45	Stainland Lions	00:50:45	502	00:50:18	58.6
494	457	Steve Hart	M	50	Swinton Running Club	00:50:45	499	00:50:09	60.5
495	1014	Ling Leung	F			00:50:46	511	00:50:32	59.8
496	642	Susan Allcock	F	40	South Cheshire Harriers	00:50:47	506	00:50:21	62.8
497	751	Michael Tobin	M	50	South Cheshire Harriers	00:50:52	507	00:50:21	60.4
498	609	Andrew Osborne	M	45		00:50:53	473	00:49:25	58.9
499	156	David Trownson	M			00:50:53	480	00:49:35	53.0
500	770	Lee Rogers	M			00:50:55	493	00:49:59	52.7
501	300	Hadrian Collier	M	40		00:50:55	510	00:50:29	57.1
502	328	Andrew Lythgoe	M			00:50:55	498	00:50:05	55.4
503	695	Richard Smith	M			00:50:55	482	00:49:36	53.0
504	495	Graham Millington	M			00:50:57	501	00:50:13	55.3
505	468	George Flanagan	M	60	Wesham Road Runners	00:50:59	500	00:50:12	65.5
506	669	Stuart Holden	M			00:51:04	486	00:49:41	53.2
507	450	Kevin Scally	M			00:51:07	523	00:50:57	55.2
508	888	Kate Wozniak	F			00:51:11	525	00:50:58	59.3
509	597	David Reilly	M	60		00:51:13	504	00:50:20	65.2
510	227	Andrew Marson	M	40		00:51:14	495	00:50:03	55.5
511	913	Bruce Jackson	M	40		00:51:19	509	00:50:25	55.4
512	456	Gill Collen	F	50	Warrington Road Runners	00:51:19	517	00:50:50	68.4
513	520	Elizabeth Waters	F			00:51:21	514	00:50:46	59.2
514	99	Christopher Rhodes	M	40		00:51:22	527	00:50:59	56.1
515	779	Robert Page	M	50	Chorlton Runners	00:51:22	496	00:50:05	61.2
516	898	Matt Roberts	M			00:51:23	526	00:50:58	52.3
517	13	Duncan Forrest	M	45		00:51:24	519	00:50:55	57.8
518	103	Gary Needham	M			00:51:26	537	00:51:14	54.0
519	406	Neil Horridge	M	50		00:51:26	512	00:50:35	61.1
520	60	Sarah McMutrie	F	35		00:51:27	542	00:51:20	60.1
521	978	Martin Holohan	M			00:51:31	521	00:50:57	52.1
522	870	Graham Lawler	M	55	East Cheshire Harriers	00:51:32	536	00:51:13	64.2
523	554	Michael Smith	M	45		00:51:33	503	00:50:19	59.1
524	543	Helena McGoldrick	F	45	Leigh Harriers & AC	00:51:34	520	00:50:56	64.8
525	410	Terry Costello	M	40	Stainland Lions	00:51:36	522	00:50:57	56.8
526	290	Ingrid Cain	F	50	Stourbridge	00:51:36	544	00:51:23	68.9

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
527	1034	Tony Clixby	M	55		00:51:37	518	00:50:51	63.0
528	316	Hugh McLay	M	45		00:51:39	531	00:51:08	58.5
529	346	Madeleine Bird	F	55	Ellesmere Port Running Club	00:51:42	532	00:51:08	71.5
530	409	David Alan Watson	M			00:51:44	513	00:50:40	51.9
531	701	Paul Beddingfield	M	40		00:51:45	534	00:51:13	56.6
532	147	James Fox	M			00:51:46	524	00:50:57	52.7
533	48	Andy Foy	M			00:51:47	530	00:51:07	53.3
534	394	Fabiola Swain	F	35		00:51:48	549	00:51:32	59.4
535	871	Karl Nathan Horsfield	M			00:51:49	515	00:50:47	53.6
536	334	Breeshey Smith	F	40	Stockport Harriers	00:51:50	533	00:51:12	61.5
537	175	Chris Worthington	M			00:51:51	543	00:51:21	52.4
538	236	Michael Bayliss	M	60		00:51:53	529	00:51:05	64.3
539	612	Nick Dyer	M	50		00:51:56	516	00:50:49	60.1
540	988	Katy Main	F			00:51:56	554	00:51:41	58.4
541	482	Michael Thirsk	M	50	Stockport Harriers	00:52:00	552	00:51:38	60.5
542	615	Reg Chapman	M	60	Wesham Road Runners	00:52:02	538	00:51:14	64.7
543	253	Melanie Robertson	F	45		00:52:04	545	00:51:24	65.0
544	134	Jacqueline Mahoney	F	35	Spectrum Striders RC	00:52:06	551	00:51:36	59.1
545	341	Ian Oates	M	40	Hyde Striders	00:52:09	541	00:51:18	55.7
546	808	Michael Wright	M	50		00:52:15	540	00:51:18	59.2
547	901	David Williams	M	40		00:52:18	546	00:51:28	55.6
548	1050	Lynn Ward	F	40		00:52:19	548	00:51:32	60.9
549	283	David Stuckey	M	45		00:52:20	539	00:51:17	57.3
550	320	Simon Yates	M			00:52:22	547	00:51:31	53.9
551	363	Mark Eaton	M	55		00:52:23	528	00:51:03	61.1
552	999	Martin Devine	M	45	Leigh Harriers & AC	00:52:25	556	00:51:46	56.3
553	247	Rebecca Mills	F		Swinton Running Club	00:52:25	557	00:51:46	57.9
554	549	Hilary Himsworth	F	50		00:52:29	535	00:51:13	66.9
555	173	Francis Worthington	M			00:52:31	555	00:51:46	52.9
556	713	Nick Blackburn	M	40		00:52:33	563	00:51:58	54.1
557	11	Barry Roberts	M	50		00:52:33	565	00:52:04	58.4
558	839	Steven Newall	M	40		00:52:36	571	00:52:21	54.8
559	285	Sarah Roberts	F	40	Darwen Dashers	00:52:37	568	00:52:15	60.1
560	974	Dave Parry	M	45		00:52:41	574	00:52:28	56.0
561	711	Alan Gregson	M			00:52:46	561	00:51:56	50.9
562	166	Joanne Johnston	F		Warrington Road Runners	00:52:47	560	00:51:48	57.9
563	922	Lawrence Brown	M	65	Birkenhead A.C.	00:52:53	567	00:52:15	67.9
564	486	Andrew Carl Everson	M	45		00:52:54	564	00:52:02	56.6
565	637	Hollie Acklam	F			00:52:55	553	00:51:40	57.3
566	672	Paul Hayes	M	45		00:52:57	558	00:51:48	56.2
567	1036	Howard Henshaw	M	65	Blackpool Wyre & Fylde	00:52:58	588	00:52:43	68.5
568	502	Andrew Parr	M			00:52:58	550	00:51:33	52.5
569	639	Gary Hunter	M	40		00:53:01	562	00:51:57	53.6
570	278	Laura Casey	F			00:53:02	594	00:52:56	57.2
571	160	Amanda Baxendale	F	35	Astley & Tyldesley Road Runners	00:53:02	566	00:52:05	58.3
572	58	Mandie Richardson	F	40	Greater Manchester Police	00:53:05	584	00:52:38	60.5
573	59	Steve Richardson	M	40	Stockport Harriers	00:53:06	585	00:52:39	53.9
574	202	Sarah Oliver	F	35		00:53:07	569	00:52:16	58.2
575	203	Mark Oliver	M			00:53:07	570	00:52:17	52.3
576	696	Rob Whitby	M			00:53:09	559	00:51:48	50.5
577	402	Joanne Knight	F	35		00:53:09	578	00:52:31	58.4
578	401	Jackie Knight	F	60		00:53:10	576	00:52:31	77.8
579	211	Michael Hegarty	M			00:53:18	589	00:52:44	51.8
580	879	Paul Clay	M	40		00:53:18	591	00:52:49	53.7
581	483	Stuart Cairns	M			00:53:19	593	00:52:51	52.9
582	795	Paul Schofield	M	60		00:53:19	581	00:52:34	63.7
583	180	Lesley Cresswell	F	55	Stainland Lions	00:53:22	572	00:52:27	71.2
584	477	Stuart Pennycook	M			00:53:27	573	00:52:27	50.3
585	921	David Perkins	M	55		00:53:28	586	00:52:42	61.3
586	47	Robert Radcliffe	M			00:53:28	582	00:52:36	52.4

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
587	992	Anthony Maudar	M	45		00:53:29	577	00:52:31	56.0
588	731	Catherine Nevin	F	50	Penny Lane Striders	00:53:30	598	00:53:11	67.4
589	1016	Carl Deighton	M		Liverpool Running Club	00:53:30	587	00:52:42	50.2
590	759	Paul Dixon	M			00:53:34	596	00:53:01	50.9
591	264	Tracey Bray	F		Manchester Triathlon Club	00:53:36	575	00:52:31	56.6
592	842	Peter Edwards	M	70	Northern Veterans AC	00:53:43	612	00:53:29	71.1
593	685	Lesley Feakes	F	40	Helsby Running Club	00:53:43	590	00:52:45	60.3
594	624	Brian Tull	M	60	Darwen Dashers	00:53:43	579	00:52:33	63.8
595	174	Janine Worthington	F			00:53:44	595	00:52:59	56.6
596	1051	Nick Hughes	M			00:53:48	580	00:52:34	49.9
597	184	Philip Taylor	M			00:53:49	600	00:53:17	51.0
598	771	Daniel O'Day	M			00:53:51	583	00:52:37	49.9
599	192	Karl Aldred	M			00:53:55	603	00:53:18	52.3
600	357	Paul Donegan	M	45		00:53:58	597	00:53:07	55.1
601	791	Leonard Unsworth	M	50		00:54:00	619	00:53:41	58.2
602	654	Sidney Molyneux	M	60	Picton Running Club	00:54:01	621	00:53:42	62.9
603	370	Michael Horton	M		Swinton Running Club	00:54:02	607	00:53:25	49.7
604	439	Gary Barrett	M	45		00:54:03	592	00:52:51	55.0
605	2	Stephen Hamer	M			00:54:07	605	00:53:20	51.3
606	594	Brian Higgins	M	55	Style Running Club	00:54:08	617	00:53:38	60.6
607	838	Trevor Faulkner	M	65	Wilmslow Running Club	00:54:12	625	00:53:47	65.6
608	177	Neil Taylor	M	40		00:54:13	602	00:53:17	53.2
609	691	Andrea Bishop	F	40		00:54:16	626	00:53:49	58.8
610	692	David Bishop	M	45		00:54:16	627	00:53:49	56.1
611	20	Helen Britton	F	40		00:54:22	599	00:53:12	58.2
612	855	Shelley Walsh	F	55	Warrington Road Runners	00:54:25	608	00:53:26	68.0
613	844	Laura Hall	F		Norton Cannas	00:54:27	624	00:53:46	55.7
614	26	Jackie Aspden	F	40		00:54:30	606	00:53:24	58.5
615	329	Helen Katherine Ross	F			00:54:31	618	00:53:41	55.7
616	136	Roger Sparkman	M	60		00:54:32	629	00:53:51	62.3
617	891	Stuart Anderson	M	70	Wakefield Harriers	00:54:34	610	00:53:27	68.1
618	272	Peter Parlett	M			00:54:36	601	00:53:17	51.3
619	271	Mark Lambe	M			00:54:36	604	00:53:18	50.9
620	111	Matthew McKean	M			00:54:37	620	00:53:41	50.9
621	975	Mark Talbot	M	40		00:54:40	631	00:53:55	53.2
622	776	Hayden Whittaker	M	50		00:54:41	642	00:54:14	58.0
623	197	Andrew Nicholls	M			00:54:41	646	00:54:22	49.9
624	523	John Newsham	M	60	Northern Veterans AC	00:54:42	609	00:53:26	62.1
625	190	Kay Fisher	F	40		00:54:42	611	00:53:27	58.7
626	314	Jan Green	F	50		00:54:44	623	00:53:43	66.7
627	990	David Jones	M	60	Wesham Road Runners	00:54:46	614	00:53:35	61.5
628	248	Graham Padget	M	65	Sale Harriers Manchester	00:54:47	637	00:54:03	64.3
629	553	Derek Howarth	M	75	Leigh Harriers	00:54:47	615	00:53:36	78.0
630	118	Michael Payton	M			00:54:48	622	00:53:42	49.0
631	245	Steve Boyer	M	45	Stainland Lions	00:54:48	636	00:54:02	54.3
632	420	Ceilidh Leighton	F			00:54:49	613	00:53:32	55.3
633	1007	Sarah Hayes	F	50		00:54:51	630	00:53:51	64.0
634	823	Claire Rogers	F			00:54:52	632	00:53:57	55.4
635	144	Carol Lord	F	45	Stainland Lions	00:54:52	633	00:53:57	61.7
636	668	Katherine Stott	F			00:54:53	616	00:53:37	55.3
637	500	Rebecca Jane Bowden	F			00:54:53	628	00:53:49	55.3
638	459	Andy Fryer	M		Swinton Running Club	00:54:53	644	00:54:15	48.9
639	275	Andrew Kilmartin	M	50		00:54:54	640	00:54:10	55.9
640	33	Gary Birkenhead	M	40		00:55:09	641	00:54:14	52.3
641	158	Andrew Rouse	M	45		00:55:10	649	00:54:35	53.5
642	446	Richard Cookson	M	40		00:55:11	638	00:54:05	52.3
643	88	Kate Fowles	F	40		00:55:13	634	00:53:59	57.3
644	679	Neil Croxton	M			00:55:14	647	00:54:28	49.2
645	238	Clare Warrington	F			00:55:16	648	00:54:34	54.9
646	666	Steph Illingworth	F	40		00:55:22	639	00:54:07	58.0

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
647	113	Louisa Jane Hopper	F	35		00:55:23	656	00:54:41	56.4
648	547	John Wilding	M	60		00:55:25	668	00:55:07	61.3
649	506	Gary Ashcroft	M			00:55:25	635	00:54:00	50.5
650	12	Carole Leeder	F	35		00:55:27	664	00:55:01	55.3
651	540	Stacey Holt	F			00:55:27	645	00:54:22	54.8
652	305	David Marsh	M		Southport Waterloo AC	00:55:31	663	00:54:59	49.7
653	574	Keith Dimelow	M			00:55:32	654	00:54:39	50.8
654	616	Catherine Jones	F	45	Bolton United Harriers	00:55:35	665	00:55:02	60.1
655	754	Liz Simpson	F	60	Village Road Runners	00:55:36	678	00:55:25	73.4
656	617	Gary Jones	M	45	Bolton United Harriers	00:55:36	666	00:55:04	54.3
657	212	Jason Bury	M	40		00:55:37	643	00:54:14	51.1
658	331	Phillip Dale	M	45	Boalloy Running Club	00:55:40	653	00:54:38	53.4
659	140	Matthew Pullin	M			00:55:41	652	00:54:37	48.2
660	364	Judith Deakin	F	60	Preston Harriers	00:55:46	677	00:55:25	74.2
661	555	Janet Shaw	F	55	Helsby Running Club	00:55:48	681	00:55:30	67.2
662	379	Danielle Birch	F			00:55:49	655	00:54:41	54.3
663	558	Naomi Grant	F	35	Sale Harriers Manchester	00:55:50	667	00:55:06	55.1
664	390	Mark Carters	M	40		00:55:50	661	00:54:56	51.6
665	504	David Cresswell	M			00:55:53	660	00:54:46	50.5
666	233	Colin Hampson	M	40		00:55:55	657	00:54:41	52.0
667	748	Martin Cooksey	M	50		00:55:56	658	00:54:45	55.3
668	385	Sally Fraser	F			00:55:58	650	00:54:37	54.2
669	809	Martin Costello	M	40	Merseyside Fire Brigade	00:55:59	651	00:54:37	51.5
670	159	Kathy Rouse	F	35		00:56:02	680	00:55:27	55.7
671	953	Holly Riley	F	J		00:56:03	676	00:55:22	54.3
672	343	David Noble	M	55	Baldon Runners	00:56:07	670	00:55:15	59.0
673	927	James Garbe	M			00:56:11	659	00:54:45	47.8
674	837	David Hutson	M	50		00:56:12	662	00:54:56	54.6
675	931	Adam Corlett	M			00:56:14	692	00:56:02	47.7
676	566	John Noakes	M	70	Holmes Chapel Harriers	00:56:14	694	00:56:03	66.0
677	938	Stephen Ridge	M			00:56:16	685	00:55:47	47.8
678	590	Malcolm Sugden	M	50		00:56:18	674	00:55:19	55.0
679	53	Charles Anthony Thackray	M	60	West Cheshire AC	00:56:21	669	00:55:12	60.3
680	930	Beverley Graham	F			00:56:23	698	00:56:12	53.8
681	1001	Chris Rotherham	F	45		00:56:24	689	00:55:57	59.3
682	83	Kellie Caterall	F			00:56:25	700	00:56:17	53.8
683	952	John Albutt	M	55		00:56:29	675	00:55:20	57.1
684	55	Colin Moston	M	50		00:56:32	673	00:55:19	55.6
685	742	Suzanne Hannan	F	35		00:56:38	671	00:55:16	54.3
686	743	Simon Anderson	M			00:56:38	672	00:55:16	48.4
687	161	Karen Thorne	F	45	Stainland Lions	00:56:41	683	00:55:46	57.7
688	934	Nicola Smith	F	45		00:56:43	682	00:55:35	57.7
689	63	Carl Ford	M			00:56:47	679	00:55:27	47.3
690	852	Malcolm Towler	M	65	Northern Veterans AC	00:56:52	709	00:56:37	63.1
691	510	William Marsh	M	55	Fords Athletic	00:56:56	688	00:55:54	57.6
692	650	Germaine Holmes	F	35		00:56:57	690	00:56:00	54.0
693	826	Bernie krawczyk	M	50	Wesham Road Runners	00:56:58	684	00:55:47	55.2
694	497	Jennifer Joyce	F			00:57:00	702	00:56:18	53.2
695	935	Joanne Moore	F	45		00:57:00	687	00:55:53	57.4
696	829	Michael Ibbotson	M	45		00:57:02	708	00:56:37	53.0
697	699	Arthur Kelly	M	45		00:57:04	695	00:56:04	52.5
698	1049	Chris Marsland	M	45		00:57:05	701	00:56:18	51.7
699	92	John Hill	M			00:57:05	686	00:55:51	48.1
700	580	Alan Buckley	M	55		00:57:06	696	00:56:10	57.4
701	269	Steve Wright	M	40	Spectrum Striders RC	00:57:06	705	00:56:26	50.5
702	375	Fiona Smith	F			00:57:09	711	00:56:47	53.1
703	603	Rosemary Thompson	F	55		00:57:11	693	00:56:02	65.5
704	944	Ian Gibbons	M	45		00:57:13	691	00:56:00	52.0
705	112	Vikki French	F			00:57:14	721	00:57:03	53.1
706	939	Joanne Heathcote	F			00:57:20	697	00:56:11	53.1

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
707	1047	David Pritchard	M	40	Astley & Tyldesley Road Runners	00:57:21	704	00:56:22	50.7
708	299	Kelly Dalton	F		Widnes Wasps Running Club	00:57:27	707	00:56:33	52.8
709	818	Steven Capner	M			00:57:28	723	00:57:03	46.8
710	817	Catherine Newell	F			00:57:28	724	00:57:04	52.8
711	376	Nicola Davis	F			00:57:28	703	00:56:20	52.8
712	191	William Preston	M	55	Uknetrunner.co.uk	00:57:31	732	00:57:31	57.5
713	22	Jane Hughes	F	45		00:57:33	710	00:56:43	56.9
714	280	Leon Thomson	M			00:57:34	706	00:56:28	48.3
715	860	Kevin John	M			00:57:35	699	00:56:13	46.7
716	693	John Smith	M	50	Sale Harriers Manchester	00:57:40	719	00:56:58	55.0
717	256	Michelle Caffin	M			00:57:44	731	00:57:31	47.1
718	172	Philip Murray	M	70	Penny Lane Striders	00:57:59	726	00:57:18	63.3
719	165	Lesley Joyner	F	40	Stourbridge	00:58:00	727	00:57:19	55.4
720	90	Nicki Johns	F	40		00:58:00	713	00:56:52	54.2
721	1042	David Wild	M	40		00:58:01	714	00:56:53	50.5
722	657	Amanda Kelly	F		Boalloy Running Club	00:58:01	716	00:56:55	52.3
723	336	Lee Boardman	M			00:58:02	729	00:57:28	48.6
724	936	Jodi Hookins	F			00:58:03	715	00:56:53	52.3
725	281	Oliver Farley	M			00:58:03	718	00:56:58	46.3
726	487	Janet Ann Parker	F	50		00:58:06	728	00:57:23	61.2
727	120	Tony Bartlett	M	40		00:58:08	712	00:56:49	48.9
728	102	Mary Jane Platt	F	50		00:58:11	733	00:57:38	60.4
729	896	Jock Plommer	M	60	Northern Veterans AC	00:58:13	717	00:56:57	58.9
730	350	Judith Checkley	F	50	Dragons Running Club Sale	00:58:15	722	00:57:03	60.3
731	465	Derek Clark	M	55	Cheshire Hash House Harriers	00:58:21	725	00:57:17	56.2
732	458	Carol Hart	F	45	Swinton Running Club	00:58:26	738	00:57:49	57.9
733	873	Lucy Wood	F		Halton & Frodsham	00:58:29	746	00:58:01	51.9
734	735	Paul Murton	M	50		00:58:30	720	00:56:59	52.5
735	773	Brian Bradshaw	M	45		00:58:31	742	00:57:52	52.0
736	82	Elizabeth Mole	F	50		00:58:33	739	00:57:50	60.7
737	725	Anne Bevan	F	55		00:58:34	730	00:57:30	64.9
738	620	Alex Dale	M	50		00:58:37	736	00:57:46	53.7
739	505	Bronwen Evans	F	40	Birkenhead A.C.	00:58:40	745	00:58:00	55.3
740	604	Nina Birch	F		Wilmslow Running Club	00:58:44	747	00:58:19	51.6
741	178	Louisa Ingham	F			00:58:53	734	00:57:44	51.5
742	899	Derek Davies	M	45		00:58:53	749	00:58:22	50.1
743	276	Jacqueline Tipping	F	45		00:58:54	757	00:58:36	55.6
744	451	Martin Robertson	M			00:58:55	740	00:57:50	45.8
745	288	Sarah Dyde	F	40	South Cheshire Harriers	00:59:00	741	00:57:51	54.0
746	509	Kevin O'Brien	M	65	Penny Lane Striders	00:59:04	743	00:57:53	61.4
747	928	Anna Youssef	F			00:59:05	737	00:57:48	51.7
748	52	Gary Foy	M			00:59:06	752	00:58:27	47.7
749	680	Jon Cockram	M	40		00:59:08	750	00:58:22	48.4
750	1046	Neil Woodall	M			00:59:10	735	00:57:45	47.3
751	1017	Lee Jones	M			00:59:25	744	00:57:59	45.3
752	388	Elizabeth Rimmer	F	40		00:59:30	760	00:58:40	53.2
753	381	Lee Rimmer	M			00:59:30	759	00:58:40	47.4
754	386	Neil Rimmer	M	45		00:59:31	762	00:58:42	50.4
755	268	Nicky Tasker	F	40		00:59:31	751	00:58:23	53.2
756	591	Fran Healey	F			00:59:33	755	00:58:32	51.2
757	1048	Deborah Hanna	F			00:59:35	756	00:58:33	51.1
758	155	Stephen Smith	M			00:59:47	748	00:58:20	44.9
759	805	Sophie Gelsthorpe	F			00:59:49	763	00:58:50	50.7
760	626	Stan Kakouri	M	45		00:59:50	773	00:59:13	49.7
761	586	Clinton Haskew-Jones	M			00:59:52	753	00:58:28	45.0
762	908	Anne Hewitt	F	60	Rossendale Harriers AC	00:59:53	758	00:58:40	68.1
763	367	Tony Jones	M	45		00:59:54	754	00:58:30	50.0
764	528	Leigh Kellaway	M	45		00:59:55	764	00:58:56	50.8
765	444	Lucy Bowden	F			01:00:02	765	00:58:59	50.5
766	904	Clare Ferrie	F	40		01:00:03	769	00:59:05	54.0

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
767	980	Samantha Herridge	F			01:00:04	767	00:59:05	50.9
768	170	John Mooney	M	40		01:00:05	775	00:59:19	48.7
769	124	Andrew Atkinson	M	45	Northern Veterans AC	01:00:06	774	00:59:14	49.5
770	929	Gail Andrews	F	35		01:00:06	770	00:59:08	51.2
771	613	Geoff Howarth	M	70	Northern Veterans AC	01:00:07	771	00:59:08	64.5
772	925	Rebecca Grime	F			01:00:09	761	00:58:42	50.4
773	563	Margaret Delany	F	55	Birkenhead A.C.	01:00:13	777	00:59:34	64.0
774	501	Graham Benton	M	50	Maltby Running Club	01:00:15	766	00:59:01	52.2
775	1011	Laura Molyneux	F			01:00:16	783	00:59:50	50.3
776	1012	Alison Turton	F			01:00:18	785	00:59:52	50.3
777	62	Mahesh Makwana	M			01:00:25	768	00:59:05	44.4
778	575	Neville Kershaw	M	60	Northern Veterans AC	01:00:31	778	00:59:35	56.7
779	125	Matt Lockett	M			01:00:33	776	00:59:21	46.6
780	529	Janet Stanhope	F	45	Spectrum Striders RC	01:00:33	772	00:59:10	54.1
781	157	Carol Moir	F	45		01:00:36	784	00:59:50	55.8
782	728	Bill Carlisle	M	65		01:00:43	781	00:59:45	59.7
783	756	Rosalind Pilgrim	F	45		01:00:43	789	01:00:00	55.1
784	479	Helen Thomas	F			01:00:55	786	00:59:54	49.8
785	536	Chris Byrom	M	65	East Cheshire Harriers	01:00:55	779	00:59:41	57.8
786	690	Donald McConochie	M	70		01:00:59	780	00:59:42	61.7
787	168	Kathryn Weir	F			01:01:01	787	00:59:54	49.7
788	80	Phil Best	M	40		01:01:01	790	01:00:17	47.3
789	432	Marie Reynolds	F			01:01:03	788	00:59:58	49.9
790	697	Tracey Hughes	F	35		01:01:09	782	00:59:47	50.1
791	484	Claire Dewsbury	F	35		01:01:19	793	01:00:36	50.9
792	246	Emma Warrington	F			01:01:20	794	01:00:37	49.6
793	544	Kay Burns	F	40		01:01:39	791	01:00:26	51.7
794	545	Glenn Pinder	M			01:01:39	792	01:00:27	45.7
795	537	Julie Jenkins	F	45	Astley & Tyldesley Road Runners	01:01:53	795	01:00:42	53.5
796	584	Vicki Gaskell	F	60		01:01:56	796	01:01:01	65.9
797	344	Paul Gandy	M	55	Sale Harriers Manchester	01:02:12	797	01:01:24	51.4
798	148	Lynn Burrows	F			01:02:14	798	01:01:24	48.7
799	527	Doug Moir	M	40		01:02:36	799	01:01:49	46.8
800	655	Lorraine Nordman	F	45		01:02:40	802	01:02:11	52.2
801	827	Archie Rao	F	35		01:02:52	800	01:01:50	48.8
802	1041	Tom Hampton	M	45	Warrington Triathlon Club	01:03:14	811	01:02:48	48.2
803	607	Henry Rainford	M	60		01:03:20	801	01:02:10	54.6
804	1031	Paula Jane Evans	F	J		01:03:24	815	01:03:12	47.9
805	706	Jim Garvey	M	60		01:03:27	803	01:02:17	54.5
806	985	Nia Rostron	F	35		01:03:33	807	01:02:33	48.9
807	185	Alison Palmer	F	35		01:03:37	805	01:02:31	48.6
808	967	Abigail Curtis	F			01:03:41	804	01:02:27	
809	30	Sofia Albahaithi	F			01:03:51	806	01:02:31	47.5
810	259	Alan Lacey	M	40	Uknetrunner.co.uk	01:03:55	808	01:02:39	44.8
811	786	Frank Wilson	M	75	Roby Road Runners	01:03:58	820	01:03:35	61.6
812	261	Brenda Bradley	F	35		01:03:59	809	01:02:44	48.5
813	551	Maria Haigh	F	40	Birkenhead A.C.	01:04:00	817	01:03:19	49.8
814	224	Ian Ridgley	M	45		01:04:01	810	01:02:44	47.2
815	164	Clare Grant	F	45		01:04:06	818	01:03:21	52.2
816	321	John Wolstenholme	M	65	Dragons Running Club Sale	01:04:12	813	01:02:59	56.5
817	627	Carol Fell	F	60	Warrington Road Runners	01:04:14	814	01:03:11	61.7
818	507	Manisha Makwana	F			01:04:14	812	01:02:55	47.2
819	656	Heather Kelly	F		Boalloy Running Club	01:04:21	816	01:03:14	47.1
820	473	Linsey Bullock	F			01:04:45	821	01:03:40	46.8
821	1052	Kelly McQueen	F			01:04:50	822	01:03:45	46.8
822	803	Anne Goodwin	F	35	Accrington Road Runners	01:04:58	827	01:04:07	47.6
823	1055	Jane Tatchell	F			01:04:58	819	01:03:35	46.7
824	258	Isobel Duckworth	F	45		01:05:03	829	01:04:23	52.7
825	705	Paul Roberts	M	50		01:05:07	824	01:03:52	48.7
826	223	Clare Ridgley	F	45		01:05:12	826	01:03:55	50.2

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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
827	194	Darren Harrison	M			01:05:13	825	01:03:53	41.2
828	511	Sheila Sheedy	F	55		01:05:13	828	01:04:21	57.5
829	150	Lisa Scobbie	F	35		01:05:17	823	01:03:49	47.6
830	883	Helen Wood	F		Northern Solf	01:05:52	830	01:04:49	46.1
831	673	Sam Ulyatt	F	35		01:05:56	835	01:05:25	46.5
832	1043	Christopher Larkin	M	J		01:06:02	831	01:04:54	42.0
833	37	Andrew Ivanauskas	M	40		01:06:16	833	01:05:16	44.2
834	503	Lisa Cresswell	F	35		01:06:25	832	01:05:14	46.8
835	234	Dawn Hayes	F	35	Leigh Harriers & AC	01:06:41	837	01:05:43	46.8
836	121	Alison Bartlett	F	45		01:06:42	834	01:05:24	49.1
837	89	Philippa Southern	F	35		01:06:51	841	01:06:17	45.8
838	286	Tracey Hart	F	40		01:06:53	836	01:05:29	47.0
839	340	James Brophy	M	40		01:07:12	842	01:06:20	42.3
840	91	Kristen Dooley	F	35		01:07:20	840	01:06:12	45.7
841	848	Anne Cooper	F	55		01:07:32	838	01:06:08	54.8
842	849	Peter Cooper	M		South Cheshire Harriers	01:07:32	839	01:06:08	39.8
843	391	Jane Ashcroft	F	40	St Helens Sutton AC	01:07:58	845	01:07:15	46.5
844	661	Sophie Taylor	F			01:08:05	843	01:06:40	44.6
845	383	Glyn Jones	M			01:08:07	847	01:07:26	40.3
846	530	Helen Jones	F	40		01:08:13	848	01:07:30	46.7
847	810	Arthur Walsham	M	75	Salford Harriers	01:08:20	850	01:07:40	62.5
848	660	Nigel Neath	M			01:08:21	844	01:06:57	39.4
849	407	Stephen Davis	M			01:08:34	849	01:07:37	40.5
850	991	Susan Jones	F	40	Wesham Road Runners	01:08:35	846	01:07:24	46.9
851	295	Michael James Hartshorn	M			01:08:45	851	01:07:49	39.1
852	989	Hayley Jane Martin	F	35		01:08:58	853	01:08:09	45.3
853	589	Hazel Sugden	F	50		01:09:18	855	01:08:20	50.7
854	815	Jason Mastin	M	40		01:09:20	854	01:08:17	41.6
855	36	Joanne Fairhurst	F		Astley & Tyldesley Road Runners	01:09:34	852	01:08:03	43.7
856	629	Vicky Byrne	F	40		01:09:35	856	01:08:41	45.5
857	749	Elizabeth Southern	F	60		01:10:03	859	01:09:19	56.6
858	279	Lesley Bayliss	F	55		01:10:03	858	01:09:15	52.8
859	659	James Tutton	M		Boalloy Running Club	01:10:04	857	01:08:58	38.3
860	845	John Coupe	M	55		01:10:34	867	01:10:20	45.7
861	768	Peter Povey	M	70	West Cheshire AC	01:10:39	860	01:09:28	53.3
862	623	Shirley Tull	F	60	Darwen Dashers	01:10:40	861	01:09:29	56.1
863	625	Sheila Gudgeon	F	50	Darwen Dashers	01:10:40	862	01:09:30	50.3
864	1044	Irene Taylor	F	55		01:11:03	864	01:09:54	55.0
865	1030	Dennis Adelsberg	M	75	Skelmersdale Boundary Harriers	01:11:03	863	01:09:51	60.1
866	369	Chris Cowell	M			01:11:08	866	01:10:16	39.4
867	954	Denise Albutt	F	50		01:11:18	865	01:10:09	51.2
868	559	Kirsty Ellis	F			01:11:41	868	01:10:34	42.5
869	296	Arthur Thomas Hartshorn	M	60		01:11:47	873	01:10:51	47.8
870	85	Heather Reynolds	F		West Cheshire AC	01:11:50	870	01:10:43	42.2
871	362	Andrea Ward	F	50		01:11:55	869	01:10:35	50.1
872	900	Runner 900	M			01:11:56	875	01:11:24	
873	416	Norman Grundy	M	65	Birkenhead A.C.	01:11:57	874	01:10:54	48.5
874	698	Adam Davies	M			01:12:03	871	01:10:43	37.3
875	781	Elizabeth Martin	F	35		01:12:04	872	01:10:43	42.9
876	368	Sarah Whittham	F	40		01:12:32	876	01:11:39	44.7
877	819	Ken Brown	M	55	Spectrum Striders RC	01:13:00	878	01:11:52	44.9
878	311	Tony McGee	M	55		01:13:13	877	01:11:44	44.0
879	678	Jo Renfrew	F	35		01:13:17	879	01:11:57	42.0
880	377	Tony Fillingham	M			01:14:22	881	01:13:15	36.9
881	793	Katherine Beswick	F	35		01:14:29	880	01:13:08	41.5
882	303	Paul Anthony Charles Moon	M	50		01:14:35	882	01:13:18	42.2
883	1021	Sarah Mahar	F			01:14:50	884	01:13:59	40.6
884	24	Hassiena Albohaiti	F			01:15:09	883	01:13:48	40.4
885	149	Kelly Halliwell	F			01:15:46	885	01:14:19	40.0
886	154	Louise Oliver	F			01:16:20	886	01:14:53	39.7



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Gun Pos	Race No	Name	Gender	Cat	Club	Gun Time	Chip Pos	Chip Time	Age Perf%
887	51	Ron Makin	M	40		01:16:47	887	01:15:44	37.0
888	107	Samantha Gough	F	J		01:21:18	888	01:20:13	37.3
889	694	Colin Unwin	M	40		01:26:08	889	01:24:40	33.7
890	123	Linda Sherman	F	55		01:26:08	890	01:24:40	44.1
891	18	Karen Anne Forrest	F	40		01:26:27	891	01:25:25	36.3
892	717	Kate Roberts	F			01:26:27	892	01:25:26	35.3
893	834	Ria Bright	F	40	Saddleworth RC	01:37:59	893	01:36:33	32.5

Individual Prize Winners

Male

PrizeCat	Pos	Value	Cat	Name	Club	Time
	1	150		Mark Miles	Kendal A.A.C.	00:30:00
	2	100		Matthew Pierson	Holmfirth Harriers	00:31:08
	3	70		Michael Aspinall		00:31:24
	4	55		Philip Andrew Hoole	Rotherham Harriers & AC	00:31:37
	5	40		Daniel Cliffe	Warrington Athletic Club	00:31:44
	6	30		Andrew Davies	Maldwyn Harriers	00:32:10
40	1	60	40	Paul Sankey	Liverpool Running Club	00:33:11
40	2	50	40	Colin Rigby	Horwich RMI Harriers	00:33:31
40	3	40	40	Bill Crowther	Altrincham & District Athletic	00:33:33
40	4	30	40	Paul Faulkner	Hallamshire Harriers	00:34:57
45	1	55	45	Andy Wilton	Staffordshire Moorlands	00:34:50
45	2	40	45	Gregory Seddon	Blackpool Wyre & Fylde	00:35:06
45	3	30	45	John Howarth	Leigh Harriers & AC	00:35:42
50	1	55	50	Mikko Kuronen	East Cheshire Harriers	00:36:23
50	2	40	50	John Chaplin	Blackburn Harriers & AC	00:37:04
55	1	40	60	Griffith Owens	Prestatyn RC	00:37:39
55	2	30	55	Evan Cook	Blackburn Harriers & AC	00:37:44
60	1	40	60	David Dowd	Northern Veterans AC	00:38:07
60	2	30	60	Eric Ranicar	Bolton United Harriers	00:40:02
65	1	30	65	Dave Waywell	Wesham Road Runners	00:40:08
70	1	25	75	Gordon Brown	Liverpool Harriers	00:48:38

Female

PrizeCat	Pos	Value	Cat	Name	Club	Time
	1	150		Rebecca Robinson	Kendal A.A.C.	00:33:38
	2	100		Gemma Miles	Kendal A.A.C.	00:33:53
	3	70	35	Michelle Ross-Cope	City of Stoke	00:34:29
	4	45		Susan Partridge	Leeds City AC	00:34:35
35	1	60	40	Nicki Nealon	Huncote Harriers	00:37:31
35	2	50	35	Sally Ann Walker	Tipton Harriers	00:39:23
35	3	40	35	Adela Salt	Trentham Road Runners	00:39:25
40	1	50	45	Bev Wright	Blackpool Wyre & Fylde	00:40:58
40	2	40	45	Alison Vesey	Altrincham & District Athletic	00:42:03
45	1	50	55	Louise Cooper	Southport Waterloo AC	00:41:46
45	2	40	60	Carol Wolstenholme	Hallamshire Harriers	00:42:12
50	1	40	50	Joan Jackson	Northern Veterans AC	00:43:06
55	1	35	55	Denise Wakefield	Northern Veterans AC	00:46:39
60	1	30	60	Jackie Knight		00:53:10
60	2	30	60	Liz Simpson	Village Road Runners	00:55:36

Ladies Team Results

Pos	Points	Club	Pos	Bib	Time	Name
1	722	Stainland Lions	155	335	00:41:20	Jessica Riley
			244	569	00:44:18	Diane Waite
			323	308	00:46:31	Emma Fawcett
2	800	Ellesmere Port Running Club	74	324	00:37:53	Nicola Bird
			198	304	00:42:51	Alison Hughes
			528	346	00:51:42	Madeleine Bird
3	923	Wilmslow Running Club	254	979	00:44:38	Kate Sutton
			268	466	00:45:05	Sarah Waite
			401	739	00:48:16	Catriona Marshall
4	949	Trafford Athletics Club	218	413	00:43:42	Sarah Newman
			364	94	00:47:23	Sally Howarth
			367	292	00:47:28	Rosie Fearon
5	974	Northern Veterans AC	207	313	00:43:06	Joan Jackson
			330	1022	00:46:39	Denise Wakefield
			437	792	00:49:12	Peter Doherty
6	1040	South Cheshire Harriers	134	946	00:40:35	Nicky Lowe
			411	719	00:48:38	Gill Gibbons
			495	642	00:50:47	Susan Allcock
7	1085	Darwen Dashers	284	46	00:45:33	Susan Corsini
			352	220	00:47:05	Carol Butterworth-Cowell
			449	524	00:49:28	Linda Clarkson
8	1154	Swinton Running Club	288	440	00:45:42	Lauren Marsden
			314	981	00:46:21	Sarah Green
			552	247	00:52:25	Rebecca Mills
9	1432	Leigh Harriers & AC	76	19	00:37:59	Leanne Sheehy
			523	543	00:51:34	Helena McGoldrick
			833	234	01:06:41	Dawn Hayes
10	1638	Stainland Lions	422	621	00:48:50	Susan Gledhill
			582	180	00:53:22	Lesley Cresswell
			634	144	00:54:52	Carol Lord
11	1683	Warrington Road Runners	511	456	00:51:19	Gill Collen
			561	166	00:52:47	Joanne Johnston
			611	855	00:54:25	Shelley Walsh
12	2216	Astley & Tyldesley Road Runners	570	160	00:53:02	Amanda Baxendale
			793	537	01:01:53	Julie Jenkins
			853	36	01:09:34	Joanne Fairhurst



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Pos	Points	Club
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13	2279	Darwen Dashers
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14	2319	Birkenhead A.C.
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Pos	Bib	Time	Name
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558	285	00:52:37	Sarah Roberts
860	623	01:10:40	Shirley Tull
861	625	01:10:40	Sheila Gudgeon

737	505	00:58:40	Bronwen Evans
771	563	01:00:13	Margaret Delany
811	551	01:04:00	Maria Haigh

Mens Team Results

Pos	Points	Club	Pos	Bib	Time	Name
1	87	Horwich RMI Harriers	11	467	00:33:16	Neil Pendlebury
			17	1020	00:33:31	Colin Rigby
			24	977	00:34:23	Richard Howarth
			35	108	00:35:36	Gareth Booth
2	140	Stockport Harriers	23	358	00:34:11	Jamie Loxham
			37	143	00:35:51	James Scott-Buccleuch
			38	1040	00:36:09	Mike Shaw
			42	231	00:36:23	James Corden
3	146	Warrington Athletic Club	5	373	00:31:44	Daniel Cliffe
			16	371	00:33:28	Liam Thompson
			41	862	00:36:22	Paul Dodsworth
			84	958	00:38:24	Oliver Park
4	155	Abergele Harriers	22	920	00:33:53	Joshua Dixon
			33	400	00:35:10	Darren Blazier
			47	741	00:36:31	Dewi Roberts
			53	740	00:37:02	Gareth Roberts
5	187	Liverpool Running Club	10	864	00:33:11	Paul Sankey
			51	789	00:36:57	David Edwards
			61	750	00:37:18	Maurice Collins
			65	868	00:37:30	Steven Nijs
6	204	Altrincham & District Athletic Club	19	889	00:33:33	Bill Crowther
			31	130	00:35:03	Andrew Whittingham
			67	57	00:37:33	Dave Carrington
			87	365	00:38:30	David Livingstone
7	504	Liverpool Running Club	94	1062	00:38:54	Patrick Boyle
			110	972	00:39:42	Richard Howlett
			149	452	00:41:08	Stephen Hayes
			151	1033	00:41:12	Lee Midghall
8	510	Blackpool Wyre & Fylde	32	1035	00:35:06	Gregory Seddon
			72	568	00:37:44	Chris Essex-Crosby
			167	830	00:41:53	Terry Bradshaw
			239	831	00:44:09	Ian Close
9	512	Penny Lane Striders	40	907	00:36:19	Martin Swensson
			99	436	00:39:07	Neil Kelly
			161	1013	00:41:44	Syd Omar
			212	780	00:43:15	Billy Hargreaves
10	533	North Wales R.R.	109	843	00:39:40	Kerry Blinston
			114	582	00:39:51	Konrad Roberts
			122	126	00:40:14	Martin Green
			188	915	00:42:29	Lewis Cox

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Pos	Points	Club	Pos	Bib	Time	Name
11	588	Warrington Road Runners	124	414	00:40:14	Mark Jones
			131	176	00:40:29	Andy Gibbons
			164	571	00:41:47	Neil Hankinson
			169	374	00:41:59	Neil Cliffe
12	604	Sale Harriers Manchester	48	573	00:36:34	Lee Woods
			130	315	00:40:25	Jerry Smith
			143	50	00:40:57	Timothy Rainey
			283	948	00:45:31	Geoffrey Beattie
13	614	South Cheshire Harriers	105	919	00:39:26	Andrew Mayers
			107	641	00:39:31	Ivor Twiss
			197	142	00:42:45	Charlie Rowlands
			205	718	00:43:03	Russell Gibbons
14	631	Altrincham & District Athletic Club	115	138	00:39:53	Mark Leybourne
			138	342	00:40:44	Ken Burgess
			170	738	00:42:00	Michael Jones
			208	306	00:43:10	Damian Utton
15	656	Boalloy Running Club	60	605	00:37:17	Julian Goodwin
			129	658	00:40:24	Glenn Kelly
			158	689	00:41:33	Lee Campbell
			309	564	00:46:06	Michael Horton
16	680	St Helens Sutton AC	54	961	00:37:03	Matthew Crehan
			106	960	00:39:29	Jim Crehan
			139	1008	00:40:52	Dennis Wharton
			381	618	00:48:00	Ewan Dawick
17	781	Warrington Road Runners	177	332	00:42:06	Jim Dawson
			186	104	00:42:26	Chris Hampson
			195	228	00:42:41	Keith Brown
			223	585	00:43:52	David Gallimore
18	787	Leigh Harriers & AC	18	462	00:33:32	Tony Battersby
			36	895	00:35:42	John Howarth
			182	412	00:42:18	Joe Dillon
			551	999	00:52:25	Martin Devine
19	840	Wilmslow Running Club	82	994	00:38:19	Rob Gilbert
			210	969	00:43:12	Tony Hulme
			243	550	00:44:17	Gareth Trimble
			305	1039	00:46:03	Nick Bishop
20	852	Astley & Tyldesley Road Runners	85	910	00:38:28	Alan Steeple
			125	708	00:40:20	Scott Christey
			292	1026	00:45:48	Ian Hamilton
			350	403	00:47:01	Paul Mason
21	915	Wesham Road Runners	111	761	00:39:46	John Bertenshaw
			119	688	00:40:08	Dave Waywell
			256	964	00:44:47	Michael Edge
			429	865	00:49:01	Alan Taylor

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Pos	Points	Club	Pos	Bib	Time	Name
22	990	Stainland Lions	93	423	00:38:47	Tristan Sheard
			225	243	00:43:56	Mark Preston
			258	146	00:44:49	Jimmy Smith
			414	622	00:48:41	Karl Martin
23	997	Darwen Dashers	193	45	00:42:36	Russ Corsini
			230	997	00:44:03	Gary Mitchell
			272	182	00:45:13	Owen McGill
			302	65	00:45:59	George Morini
24	1007	Liverpool Running Club	187	859	00:42:27	Steve Hill
			216	784	00:43:25	Stephen McCullough
			217	542	00:43:27	Robert Williams
			387	392	00:48:06	Mitchell Hawkins
25	1023	Northern Veterans AC	79	853	00:38:07	David Dowd
			200	993	00:42:53	David James Taylor
			337	1027	00:46:49	Paul Pover
			407	485	00:48:31	John Riley
26	1054	Stockport Harriers	98	987	00:39:05	Kev Scarbrough
			123	572	00:40:14	John Parrott
			293	489	00:45:48	John Delany
			540	482	00:52:00	Michael Thirsk
27	1061	Warrington Road Runners	226	356	00:43:57	David Simon Beck
			228	710	00:44:00	Paul Crawley
			262	323	00:45:03	Anthony Martin Thoma Bell
			345	734	00:46:57	Ian Barwise
28	1122	Penny Lane Striders	213	863	00:43:20	Gordon Read
			286	876	00:45:36	Thomas Burke
			307	813	00:46:03	Sam Darby
			316	872	00:46:23	Andrew Stansfield
29	1168	Bolton United Harriers	56	686	00:37:06	Ian Selby
			117	841	00:40:02	Eric Ranicar
			340	906	00:46:50	Anthony Valentine
			655	617	00:55:36	Gary Jones
30	1181	North Wales R.R.	252	181	00:44:34	Ian Taylor
			264	762	00:45:03	Tony Gibson
			281	824	00:45:30	Kevin Higgins
			384	608	00:48:04	Jack Bradley
31	1202	Altrincham & District Athletic Club	229	634	00:44:02	Derek Walton
			273	940	00:45:14	Alan Williams
			312	599	00:46:20	Andrew Barton
			388	932	00:48:06	Robert Buckley

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Pos	Points	Club	Pos	Bib	Time	Name
32	1213	South Cheshire Harriers	233	643	00:44:05	Daniel Allcock
			303	746	00:46:00	Mike Cutler
			321	287	00:46:29	Alasdair Dyde
			356	945	00:47:11	Phil Cliff
33	1719	Swinton Running Club	176	408	00:42:05	Duncan Worth
			448	442	00:49:27	John Pickup
			493	457	00:50:45	Steve Hart
			602	370	00:54:02	Michael Horton
34	1768	South Cheshire Harriers	377	986	00:47:57	Rob Mayers
			409	745	00:48:36	Philip Cooper
			486	744	00:50:36	Martin Stirna
			496	751	00:50:52	Michael Tobin
35	1839	Stainland Lions	426	201	00:48:58	Martin O'Brien
			438	570	00:49:13	David Waite
			483	411	00:50:32	Martin Cordingly
			492	145	00:50:45	Alan Gibson
36	1911	West Cheshire AC	52	460	00:36:58	Andrew Clague
			322	767	00:46:30	Mark Povey
			678	53	00:56:21	Charles Anthony Thackray
			859	768	01:10:39	Peter Povey
37	1972	Wesham Road Runners	454	361	00:49:37	Stephen Wilkinson
			473	1025	00:50:10	Paul Carter
			504	468	00:50:59	George Flanagan
			541	615	00:52:02	Reg Chapman
38	2074	Birkenhead A.C.	184	787	00:42:22	Patrik Corrigan
			457	1045	00:49:44	Keith J Williams
			562	922	00:52:53	Lawrence Brown
			871	416	01:11:57	Norman Grundy
39	2366	Northern Veterans AC	463	380	00:49:53	Peter Brennan
			591	842	00:53:43	Peter Edwards
			623	523	00:54:42	John Newsham
			689	852	00:56:52	Malcolm Towler
40	2531	Sale Harriers Manchester	395	957	00:48:10	Alan Romagnolo
			627	248	00:54:47	Graham Padget
			714	693	00:57:40	John Smith
			795	344	01:02:12	Paul Gandy
41	3039	Northern Veterans AC	727	896	00:58:13	Jock Plommer
			767	124	01:00:06	Andrew Atkinson
			769	613	01:00:07	Geoff Howarth
			776	575	01:00:31	Neville Kershaw

Corporate Challenge Team Results

Team Pos	Total Time	Club	Pos	Bib	Time	Name
1	03:09:52	MWH A (L)	63	801	00:37:23	Dougie Robinson
			83	800	00:38:24	Chris Stanford
			434	802	00:49:07	Tim Browning
			821	803	01:04:58	Anne Goodwin
2	03:19:32	MWH B (L)	241	106	00:44:11	Russ Platt
			314	804	00:46:20	Michael Horrocks
			438	807	00:49:12	David Hargreaves
			758	805	00:59:49	Sophie Gelsthorpe
3	03:24:02	United Utilities A (L)	197	667	00:42:43	Neil Kingan
			506	669	00:51:04	Stuart Holden
			636	668	00:54:53	Katherine Stott
			646	666	00:55:22	Steph Illingworth
4	03:25:34	Usdaw Harriers(S)	399	721	00:48:13	Fiona Wilson
			545	341	00:52:09	Ian Oates
			547	901	00:52:18	David Williams
			564	486	00:52:54	Andrew Carl Everson
5	03:28:20	United Utilities E (L)	248	682	00:44:21	Daniel Sutton
			327	685	00:46:35	Lesley Feakes
			593	684	00:53:43	Dave Feakes
			807	967	01:03:41	Abigail Curtis
6	03:37:29	United Utilities B (L)	417	670	00:48:45	Andrew Duckett
			462	671	00:49:51	Paul Anderton
			566	672	00:52:57	Paul Hayes
			830	673	01:05:56	Sam Ulyatt
7	03:38:09	Opal (L)	500	770	00:50:55	Lee Rogers
			598	771	00:53:51	Daniel O'Day
			634	823	00:54:52	Claire Rogers
			734	773	00:58:31	Brian Bradshaw
8	03:38:57	NNL(L)	168	830	00:41:53	Terry Bradshaw
			328	812	00:46:36	Paul Scully
			710	817	00:57:28	Catherine Newell
			876	819	01:13:00	Ken Brown
9	03:41:34	Gasp'n Hale (S)	281	640	00:45:27	Les Smalley
			569	639	00:53:01	Gary Hunter
			730	465	00:58:21	Derek Clark
			819	473	01:04:45	Linsey Bullock
10	03:57:16	NYK Logistics(L)	503	695	00:50:55	Richard Smith
			576	696	00:53:09	Rob Whitby
			789	697	01:01:09	Tracey Hughes
			873	698	01:12:03	Adam Davies

Fun Run Results

Pos	Time	Name	Club	Category	Race no
1	0:07:20	SHARMAN, Leighton	Warrington AC	Under 15 Boy	771
2	0:07:29	MCLAY, Andrew		Under 15 Boy	844
3	0:07:51	BENNETT, Louie	Colwyn Bay AC	Under 15 Boy	766
4	0:08:20	DUGDALE, Ryan		Under 11 Boy	799
5	0:08:28	BOOTH, Harvey		Under 15 Boy	894
6	0:08:37	WRIGHT, Alex	Warrington AC	Under 15 Boy	895
7	0:08:38	MCGOLDRICK, Rachel	Leigh Harriers &AC	Under 15 Girl	761
8	0:08:47	MCGOLDRICK, Maria	Leigh Harriers &AC	Under 15 Girl	762
9	0:08:54	GIBBONS, Cara		Under 11 Girl	843
10	0:09:08	WATTERSON, Louise	Warrington AC	Under 15 Girl	770
11	0:09:13	NEALON, Chris	Wreake Runners	Under 11 Boy	768
12	0:09:32	ENTWISTLE, Katy		Under 15 Girl	789
13	0:09:39	SMALLEY, Jennifer		NDB	784
14	0:09:44	JONES, Jordan		Under 11 Boy	850
15	0:09:46	HAYES, Ashley		Under 15 Girl	838
16	0:10:02	HOPPER, Daniel		Under 11 Boy	849
17	0:10:03	FORSTER, Rebecca	Spectrum Striders	Under 15 Girl	846
18	0:10:05	YOUNG, Francesca		Under 15 Girl	795
19	0:10:05	DICKINSON, Abbie		Under 11 Girl	788
20	0:10:15	CAWOOD, George		Under 11 Boy	778
21	0:10:19	PERCIVAL, Zoe	Ivanhoe Robins	Under 11 Girl	774
22	0:10:23	PERCIVAL, Alan	Hermitage Harriers	Vet Man 40+	775
23	0:10:26	MCGUIRE, Jack	Clayton-le-moors	Vet Man 40+	776
24	0:10:38	ROBERTS, Danielle		Under 15 Girl	785
25	0:10:43	WORTH, Jessica	Salford Met	Under 11 Girl	783
26	0:10:44	WORTH, Duncan	Swinton RC	Vet Man 40+	408
27	0:10:47	OATES, Charlotte		Under 11 Girl	885
28	0:10:47	HOPPER, Edward		Under 11 Boy	848
29	0:10:50	GARNETT, Edward		Under 11 Boy	782
30	0:10:50	STANHOPE, Lucy		Under 15 Girl	798
31	0:10:55	ENTWISTLE, Joel		Under 15 Boy	883
32	0:10:56	GIBBONS, Adam		Under 11 Boy	841
33	0:10:57	DUGDALE, Emma		Under 15 Girl	834
34	0:10:57	NEALON, Rachel	Wreake Runners	Under 11 Girl	769
35	0:11:01	MCMUTRIE, Leah		Under 11 Girl	891
36	0:11:08	OATES, Daniel		Under 11 Boy	886
37	0:11:18	VESEY, Freya		Under 11 Girl	847
38	0:11:24	CAWOOD, Liam		Under 11 Boy	777
39	0:11:26	BARRETT, Stephanie		Under 15 Girl	839
40	0:11:28	CAIRNS, Megan		Under 15 Girl	779
41	0:11:44	DICKINSON, Jack		Under 11 Boy	787
42	0:11:46	STYNES, Nathan		Under 15 Boy	842
43	0:11:52	DONE, Hannah		Under 15 Girl	794
44	0:11:56	SCOBIE, Jacob		Under 11 Boy	763
45	0:11:56	SCOBIE, Martyn		Vet Man 40+	764
46	0:12:04	MCMUTRIE, Josh		Under 11 Boy	892
47	0:12:06	GARNETT, Matthew		Under 11 Boy	781
48	0:12:09	JACKSON, Maddie		Senior Lady	896
49	0:12:46	FORSTER, Suzannah	Spectrum Striders	Under 11 Girl	845
50	0:12:47	NUTTING, Georgia		Under 11 Girl	765
51	0:12:53	WILLIAMS, Tom		Under 15 Boy	899
52	0:12:58	WILLIAMS, Gaby		Under 15 Girl	898

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Pos	Time	Name	Club	Category	Race no
53	0:13:08	PATCH, Liz		Vet Lady 35+	893
54	0:13:14	BROWN, Jessica		Under 11 Girl	780
55	0:13:15	GREENHALGH, Jordan		Under 11 Boy	773
56	0:13:50	ANNELL, Georgia		Senior Lady	897
57	0:14:16	ROBERTS, Ellie		Under 11 Girl	786
58	0:14:16	VESEY, Jason		Under 11 Boy	884
59	0:14:21	GIBBONS, Jennifer		Under 15 Girl	840
60	0:14:32	DONE, Bethany		Under 11 Girl	792
61	0:14:32	DONE, Sharron		Vet Lady 35+	793
62	0:15:25	FORREST, Sophie		Under 15 Girl	790
63	0:15:25	FORREST, Eleanor		Under 11 Girl	791
64	0:15:52	TAYLOR, Georgia		Under 11 Girl	887
65	0:16:04	TAYLOR, Sophie		Under 11 Girl	888
66	0:16:09	NUTTING, Harrison		Under 11 Boy	767
67	0:17:19	STANHOPE, Molly		Under 11 Girl	796
68	0:17:38	SKINLEY, Luke		Under 11 Boy	835
69	0:17:38	ROBERTS, Daniel		Under 15 Boy	837
70	0:17:38	MCBAINE, Mark		Under 15 Boy	836
71	0:18:30	STANHOPE, Ella		Under 11 Girl	797
72	0:18:46	NUGENT, Kristian		Under 11 Boy	772
73	0:19:36	GILBERT, Molly		Under 11 Girl	889