

A big thank you to our race sponsors!



Birchwood Town Council



Individual Results

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
1	00:29:52	709	David Webb	M		89.89955	Leeds City A.C.	1	00:29:51
2	00:30:31	586	Alan Buckley	M		89.02239	Leeds City A.C.	2	00:30:31
3	00:31:06	596	Michael Aspinall	M		86.33440	Lancs. & Morecambe A C	3	00:31:06
4	00:31:30	732	Daniel Dalmedo	M		85.23810	Bedford & County AC	4	00:31:30
5	00:31:49	734	David Proctor	M		84.44212	Rochdale Harriers	5	00:31:48
6	00:32:14	56	Rob Baker	M		83.50568	Hallamshire Harriers	7	00:32:13
7	00:32:14	209	Ben Gamble	M		83.29887	Stone Master Marathoners	6	00:32:13
8	00:32:16	389	Steve Littler	M		84.55579	Wesham Road Runners	8	00:32:15
9	00:32:26	61	David Turnbull	M		82.78520	Holmfirth Harriers	9	00:32:25
10	00:32:38	456	Jonathan Ferguson	M		82.68642	Rossendale Harriers	10	00:32:38
11	00:32:53	626	Anthony Valentine	M		82.31120	Bolton United Harriers	11	00:32:52
12	00:33:20	14	Liam Thompson	M		80.75000	Warrington A.C.	12	00:33:20
13	00:33:26	694	Paul Sankey	M		84.34696	Liverpool Running Club	13	00:33:26
14	00:33:48	289	Andrew Whittingham	M		79.43787	Altrincham & District AC	14	00:33:47
15	00:33:55	705	Joe Parkinson	M	40	86.33907	Liverpool Running Club	15	00:33:54
16	00:34:08	500	James Metcalfe	M		78.71094	York Acorn	16	00:34:06
17	00:34:14	315	William Martin	M		79.35735	Salford Harriers	17	00:34:13
18	00:34:21	384	Simon Bruton	M		78.16594	Salford Harriers	18	00:34:19
19	00:34:37	741	Jim Pendrill	M		80.88589	Wilmslow A.C.	19	00:34:37
20	00:34:42	555	Tim Taylor	M	45	85.06244	Macclesfield Harriers	21	00:34:41
21	00:34:43	757	Michael Hunt	M		80.02880	Trafford AC	20	00:34:41
22	00:34:46	259	Richard Howarth	M		78.47555	Wigan Phoenix	22	00:34:44
23	00:34:57	695	Jenny Blizzard	F		87.17215	Rotherham A.C.	23	00:34:56
24	00:35:05	605	Paul Muller	M	50	88.21853	Horwich RMI	24	00:35:03
25	00:35:07	483	Paul Dodsworth	M	40	80.92074	Warrington A.C.	25	00:35:06
26	00:35:13	191	Washington Darren	M	40	81.25887		26	00:35:12
27	00:35:23	673	Gary Matthews	M	45	85.39802	East Cheshire Harriers	27	00:35:21
28	00:35:47	294	Sean McMyler	M	45	82.48719	Bolton United Harriers	28	00:35:46
29	00:35:51	570	Mark Rushbrook	M		74.89540		29	00:35:49
30	00:35:55	413	Rachel Jones	F	35	86.45012	Salford Harriers	31	00:35:53
31	00:35:56	72	Peter Chan	M	40	81.49351	Astley & Tyldsley R.R.	30	00:35:51
32	00:35:58	743	David Nolan	M			NWRRC	33	00:35:57
33	00:36:01	599	Chris Bentley	M		74.54882	Macclesfield Harriers	32	00:35:55
34	00:36:02	386	David Edwards	M	45	82.51619	Liverpool Running Club	34	00:35:59
35	00:36:10	467	Liz Such	F		84.10138	Hallamshire Harriers	36	00:36:07
36	00:36:11	408	Julian Goodwin	M		76.78489	Boalloy Running Club	35	00:36:04
37	00:36:13	815	Susan Partridge	F		83.75518	Leeds City A.C.	37	00:36:11
38	00:36:18	424	Mike Stores	M	45	82.55280	Manchester Harriers	38	00:36:15
39	00:36:20	438	Lee Barlow	M		75.96330	Wesham Road Runners	39	00:36:17
40	00:36:25	713	Jon Dance	M		74.59954		40	00:36:21
41	00:36:33	547	Adam Jones	M		74.64661	North Wales R.R.	42	00:36:30
42	00:36:38	610	Denis Duret	M	40	78.70792	Ellesmere Port RC	43	00:36:35
43	00:36:39	382	Joe Waugh	M		73.26057		44	00:36:36

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
44	00:36:39	488	Keith Middleman	M		73.85175	Southport & Waterloo	41	00:36:26
45	00:36:43	184	Ian McIlwee	M		75.66954		45	00:36:39
46	00:36:45	579	Marc Jacques	M	40	77.86848	Liverpool Running Club	46	00:36:42
47	00:36:46	24	Dewi Roberts	M	40	77.83318	Abergele Harriers	47	00:36:45
48	00:36:54	782	Dean Matkin	M	J	74.34508	Stockport Harriers	49	00:36:51
49	00:36:55	650	Mike Shaw	M	40	79.32280	Stockport Harriers	48	00:36:50
50	00:36:56	748	David Livingstone	M		75.22563	Altrincham & District AC	50	00:36:54
51	00:36:58	91	Lee Woods	M		75.74391	Sale Harriers	51	00:36:55
52	00:37:01	226	Ian Lancaster	M	45	82.26025	Tattenhall Runners	52	00:36:59
53	00:37:03	416	Andrew Clague	M		76.11336	West Cheshire	53	00:37:00
54	00:37:05	609	Maurice Collins	M	45	79.59550	Liverpool Running Club	54	00:37:02
55	00:37:09	309	Andrew Campbell	M		73.12696	Wesham Road Runners	57	00:37:06
56	00:37:12	775	Lee Wilkinson	M		74.19355	Stockport Harriers	56	00:37:05
57	00:37:13	671	Shaun Moran	M	45	81.81818	Astley & Tyldsley R.R.	55	00:37:02
58	00:37:14	279	Neil Jones	M	40	76.32050	South Cheshire Harriers	58	00:37:11
59	00:37:15	25	Gareth Roberts	M	40	76.28635	Abergele Harriers	60	00:37:12
60	00:37:15	747	Antony John Woodall	M		74.09396	Eryri	61	00:37:14
61	00:37:17	236	Stephen Hargreaves	M		72.59723	Lytham St Annes RR	62	00:37:17
62	00:37:18	385	Martin Swensson	M		72.83289	Penny Lane Striders	59	00:37:12
63	00:37:21	381	Helen Lawrence	F		81.30299		63	00:37:19
64	00:37:24	121	William Tyler	M		71.83601		64	00:37:20
65	00:37:27	760	Neil Holding	M	45	81.30841	West Pennine Runners	65	00:37:26
66	00:37:31	653	Stephen Nicholls	M		71.56819	Wigan Phoenix	66	00:37:29
67	00:37:34	274	Tony McCarthy	M	45	81.05590	Warrington A.C.	67	00:37:30
68	00:37:41	471	Peter Maher	M	50	83.45865	Vale Royal A.C.	69	00:37:35
69	00:37:42	580	Kelvin Dickinson	M		73.69585	Wirral A.C.	70	00:37:38
70	00:37:43	762	Paul Harrison	M		71.18869	Liverpool Harriers	71	00:37:41
71	00:37:45	785	Ian Palin	M		73.11258	Liverpool Running Club	72	00:37:41
72	00:37:48	481	Alan Hudson	M	55	87.56614	Wesham Road Runners	73	00:37:42
73	00:37:51	476	Chris Proud	M		70.93791		68	00:37:34
74	00:37:52	668	George Nicholls	M		74.47183	Prestatyn Running Club	74	00:37:49
75	00:37:55	607	Simon Ford	M		71.95605	Astley & Tyldsley R.R.	75	00:37:51
76	00:37:58	731	Jonathan Sacks	M		71.07111	Salford Harriers	76	00:37:53
77	00:38:08	101	James Scott-Buckleugh	M		70.58566	Stockport Harriers	77	00:38:04
78	00:38:09	613	Michelle Buckley	F		79.72914	Newcastle (Staffs) A.C.	78	00:38:05
79	00:38:12	141	Andrew Gray	M	40	76.65794	Macclesfield Harriers	79	00:38:07
80	00:38:13	742	Gary Cassiday	M		71.78369	Altrincham & District AC	80	00:38:10
81	00:38:15	767	David Telford	M	60	87.27669	Altrincham & District AC	81	00:38:14
82	00:38:22	477	Gary Willcock	M	45	77.49783	Manchester Ymca	83	00:38:20
83	00:38:22	346	Mervyn Ward	M	50	81.97220	Warrington A.C.	82	00:38:18
84	00:38:27	744	Phil Iddon	M		71.78153	Chorley Harriers	84	00:38:20
85	00:38:31	591	Steven Nijs	M		71.22458	Liverpool Running Club	88	00:38:28
86	00:38:32	268	Leanne Sheehy	F	J	80.40658	Salford Met AC	86	00:38:26
87	00:38:34	293	Maria Lowe	F		78.65169	Salford Harriers	89	00:38:31
88	00:38:37	447	Ian Johnson	M	45	77.60034	S W Vets A.C.	87	00:38:28
89	00:38:40	49	Conor Murphy	M		71.37931		85	00:38:22
90	00:38:43	832	Ian Magill	M		72.83685	Liverpool Running Club	91	00:38:42
91	00:38:51	656	Sarah Johnson	F	J	79.75118	Trentham Road Runners	92	00:38:46
92	00:38:55	564	Lee Campbell	M	45	76.40257	Boalloy Running Club	93	00:38:47
93	00:38:56	632	Philip Garside	M	55	82.14897	Swinton Harriers	95	00:38:51
94	00:38:58	803	Peter Cruse	M	45	76.30453	Wesham Road Runners	94	00:38:48
95	00:39:09	325	Pat Hudson	M		68.62495	South Cheshire Harriers	99	00:39:05
96	00:39:10	390	Elizabeth Crawshaw	F		77.44681		97	00:39:04
97	00:39:12	51	Mark Riches	M	45	75.85034	Astley & Tyldsley R.R.	96	00:39:00
98	00:39:13	281	Murray Raphael	M	50	80.87548	Macclesfield Harriers	102	00:39:08
99	00:39:14	692	Simon Wright	M	50	78.88700	Wigan Phoenix	98	00:39:05
100	00:39:14	508	Sarah Lomas	F		77.31521	Stockport Harriers	103	00:39:10

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
101	00:39:15	59	Iain Davies-Moore	M		70.78556	Wrexham Tri.	90	00:38:32
102	00:39:19	545	Daniel Hollingworth	M		68.63078	Buckley Runners	100	00:39:07
103	00:39:21	624	Steven Coleman	M	45	75.56120	Astley & Tyldsley R.R.	101	00:39:07
104	00:39:25	817	Paul Roughley	M	45	75.43340	Stone master Marathoners	105	00:39:20
105	00:39:26	651	Simon Eaton	M		70.45647	Wesham Road Runners	104	00:39:17
106	00:39:26	716	Sarah Murphy	F		77.00761	Belgrave Harriers	106	00:39:23
107	00:39:28	172	Chris Yorke	M		71.45271	North Wales R.R.	107	00:39:27
108	00:39:34	818	John Parrott	M	50	79.48610	Stockport Harriers	110	00:39:30
109	00:39:40	280	Bev Wright	F	45	84.28571	Blackpool & Fylde AC	111	00:39:31
110	00:39:41	4	Clive Booth	M	40	72.11256		109	00:39:30
111	00:39:41	816	Warren Mason	M	40	73.24654	Macclesfield Harriers	112	00:39:35
112	00:39:43	531	Peter Acland	M	45	75.45111	Kendal A.A.C.	113	00:39:38
113	00:39:46	231	Andrew Whitaker	M		70.91367		114	00:39:39
114	00:39:46	560	Will Machin	M		67.51886	Warrington Triathlon Club	108	00:39:28
115	00:40:01	256	Simon Knighton	M		68.55477	Stockport Harriers	115	00:39:49
116	00:40:02	188	Charlie Rowlands	M		70.44130	South Cheshire Harriers	116	00:39:49
117	00:40:05	363	Damian Utton	M	40	73.05613	Altrincham & District AC	118	00:39:56
118	00:40:07	595	Anthony Derbyshire	M		69.25633	Boalloy Running Club	119	00:39:59
119	00:40:07	299	Jonathan Britton	M		69.25633		117	00:39:50
120	00:40:08	2	Michael Tinker	M		68.77077		121	00:40:02
121	00:40:09	717	Tilly Heaton	F		76.08966	Belgrave Harriers	122	00:40:03
122	00:40:11	706	John Battersby	M	50	76.39983	Sale Harriers	126	00:40:08
123	00:40:13	571	John Costello	M	45	73.39411		124	00:40:07
124	00:40:14	35	Andrew Collins	M		67.06711	Warrington Road Runners	120	00:40:00
125	00:40:16	110	Owen Burns	M		68.54305	Mossley Hill AC	128	00:40:12
126	00:40:16	809	Guy Roberts	M		66.68047	Mossley Hill AC	127	00:40:11
127	00:40:16	433	Matthew Malone	M		66.68047	Winston Runners	125	00:40:08
128	00:40:18	333	Steve Eldridge	M		69.47890	Astley & Tyldsley R.R.	123	00:40:05
129	00:40:21	830	Kenny Shurie-MacKenzie	M	40	70.42545		129	00:40:17
130	00:40:27	431	Sean McCann	M	50	77.13226	Warrington Road Runners	130	00:40:19
131	00:40:30	391	Andrew Blair	M	45	72.88066	Tattenhall Runners	134	00:40:24
132	00:40:31	779	Craig Bradbury	M		69.10736	Astley & Tyldsley R.R.	131	00:40:20
133	00:40:32	106	Philip Derbyshire	M	50	76.35691	Wigan Phoenix	135	00:40:25
134	00:40:33	505	Ken Burgess	M	65	86.10769	Altrincham & District AC	137	00:40:28
135	00:40:34	778	Anthony Metcalfe	M	50	78.18406	Mossley Hill AC	138	00:40:30
136	00:40:36	364	Stephen Dawson	M	40	72.12643	South Cheshire Harriers	133	00:40:23
137	00:40:41	540	Peter Mulleady	M	45	72.55223	Astley & Tyldsley R.R.	136	00:40:28
138	00:40:43	338	Tom Kasprowicz	M	40	71.91977	Road Runners	139	00:40:35
139	00:40:46	722	Neil Stewart	M		68.68356		132	00:40:22
140	00:40:48	482	Daniel Fox	M	45	73.44772		140	00:40:39
141	00:40:50	715	Louise Cooper	F		74.48980	Belgrave Harriers	143	00:40:45
142	00:40:50	714	Gareth Blizzard	M		67.18367	Chester Tri Club	144	00:40:45
143	00:40:52	130	Sharon Johnstone	F	35	75.00000	Wilmslow A.C.	145	00:40:45
144	00:40:54	773	Simone Capponi	M		66.17767	Penny Lane Striders	147	00:40:50
145	00:40:55	388	George Kennedy	M	50	75.03055	Wesham Road Runners	146	00:40:48
146	00:40:59	434	Patrick Phelan	M	40	71.45181		142	00:40:42
147	00:41:02	804	Joan Jackson	F	50	86.67750	Northern Vets	150	00:41:00
148	00:41:08	829	Paul Evans	M		68.07131	Wreccsam Tri	149	00:40:59
149	00:41:08	726	Peter Summers	M	50	74.63533	Skem Boundray	151	00:41:03
150	00:41:13	221	Anthony Jewitt	M		68.41892	Lancs. & Morecambe A C	141	00:40:41
151	00:41:15	549	John Hallam	M		65.13131		154	00:41:13
152	00:41:23	448	Mike Taylor	M		65.92831		157	00:41:20
153	00:41:25	168	Amanda Davies	F		73.23943	Tattenhall Runners	156	00:41:19
154	00:41:27	316	Phil McGucken	M		67.02855		148	00:40:58
155	00:41:28	62	Mary-Anne Tracey-Aguera	F		73.15112	Astley & Tyldsley R.R.	153	00:41:13
156	00:41:28	670	John Lee	M	40	69.01125	Astley & Tyldsley R.R.	155	00:41:14
157	00:41:30	418	Simon Stead	M	40	70.04016	Manchester Spartans	159	00:41:20

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
158	00:41:31	108	Sarah Atkinson	F	40	77.39864	Tattenhall Runners	160	00:41:25
159	00:41:32	305	Lee Stockwell	M		66.45265		152	00:41:08
160	00:41:35	317	Gareth Atkinson	M		67.33467		158	00:41:20
161	00:41:35	498	David Lever	M	40	68.33667	Spectrum Striders	161	00:41:26
162	00:41:37	308	Lisa Morley	F	35	74.24910		168	00:41:33
163	00:41:39	341	Matthew Orford	M		64.46579	Lancs.Constabulary	162	00:41:27
164	00:41:39	578	Andrew Nightingale	M		66.26651	Wigan Phoenix	166	00:41:31
165	00:41:39	652	Mark Walker	M		67.70708	Warrington Triathlon Club	167	00:41:32
166	00:41:40	794	Steve Almond	M	45	71.36000		165	00:41:31
167	00:41:44	672	Carl Balshaw	M		67.09265	Horwich RMI	163	00:41:29
168	00:41:45	577	Chris Nightingale	M	40	68.54292	Wigan Phoenix	171	00:41:43
169	00:41:48	343	Cliff Puttock	M	40	69.53748	Warrington A.C.	170	00:41:40
170	00:41:48	659	Damian Jones	M		65.27113		164	00:41:31
171	00:41:48	811	Damian Wilde	M		64.99203	Holmfirth Harriers	174	00:41:46
172	00:41:49	211	John Marshall	M	40	68.43364	Pudsey Pacers	173	00:41:45
173	00:41:51	210	Steve Foster	M	45	71.60493	Astley & Tyldsley R.R.	169	00:41:36
174	00:42:02	489	Peter Weatherhead	M	55	77.39889	Wirral A.C.	175	00:41:50
175	00:42:03	516	Ian Taylor	M	40	68.05390	North Wales R.R.	179	00:42:01
176	00:42:06	644	Steven Kenyon	M		63.77672		176	00:41:52
177	00:42:09	204	Amy Cope	F		72.16291	Stone Master Marathoners	178	00:41:58
178	00:42:17	135	Lindsay Fitzgerald	F		71.81711	Bolton United Harriers	177	00:41:53
179	00:42:26	478	Ian Carson	M	55	76.66929	Wrexham A.C.	182	00:42:19
180	00:42:29	198	Philip Whettlock	M	40	68.41899	Halifax Harriers	183	00:42:20
181	00:42:32	351	Chris Loney	M	50	72.17868	Chester Tri Club	184	00:42:22
182	00:42:35	805	Brett Mahar	M		63.09198		188	00:42:31
183	00:42:37	275	Paul Cain	M	40	67.14900		185	00:42:25
184	00:42:38	614	Melanie Young	F		71.14934	Newcastle (Staffs) A.C.	189	00:42:32
185	00:42:39	352	David Alan Jones	M	55	75.61548		186	00:42:29
186	00:42:41	215	Billy Mousdale	M	45	70.20695	St.Helens Sutton	172	00:41:45
187	00:42:41	727	Michael Dunne	M	55	77.54784	Sale Harriers	191	00:42:34
188	00:42:41	409	Jim Dawson	M	45	69.15267	Warrington Road Runners	180	00:42:13
189	00:42:43	296	Keith Brown	M	45	70.15217	Warrington Road Runners	190	00:42:34
190	00:42:44	354	Terry Hughes	M	45	69.07176	Astley & Tyldsley R.R.	187	00:42:30
191	00:42:46	251	Michael White	M		63.79579		193	00:42:36
192	00:42:48	452	Dave Tomkins	M	60	78.69938	Northern Vets	192	00:42:34
193	00:42:51	553	Sergey Ryabov	M	50	74.01789	Vale Royal A.C.	194	00:42:39
194	00:42:52	465	Gary Mitchell	M	45	69.36237	Darwen Dashers	196	00:42:40
195	00:42:55	752	Peterr Cooper	M		62.56311	South Cheshire Harriers	195	00:42:39
196	00:42:56	22	Derek Power	M	50	71.50621		197	00:42:43
197	00:42:58	529	Rob Cunliffe	M	40	68.15361		199	00:42:45
198	00:43:00	419	Stuart Almond	M		63.17830	Manchester Spartans	198	00:42:44
199	00:43:00	235	Emily Hargreaves	F		70.58140	Lytham St Annes RR	200	00:42:46
200	00:43:00	437	Tanya Ashworth	F	35	71.86047	Blackpool & Fylde AC	204	00:42:52
201	00:43:04	126	Fergus Wiseman	M		65.01548	Warrington Road Runners	201	00:42:47
202	00:43:05	38	Mike Schofield	M	40	65.95744		203	00:42:50
203	00:43:05	691	John Clemens	M	65	81.04449	Stone Master Marathoners	205	00:42:55
204	00:43:07	314	Tim Warn	M	55	76.76846	Penny Lane Striders	206	00:42:57
205	00:43:09	225	Alison Smith	F		70.60641	Tattenhall Runners	210	00:43:02
206	00:43:13	556	John Courtney	M		63.47860		181	00:42:18
207	00:43:14	100	Jeremy Austin	M	40	66.19121		202	00:42:48
208	00:43:24	791	Neil Elsbey	M		61.86636	Wirral AC	208	00:42:59
209	00:43:24	819	Briony Taby	F	35	71.96621	Mossley Hill AC	212	00:43:18
210	00:43:27	176	Kevin Dickson	M		64.90218	Warrington Road Runners	209	00:43:00
211	00:43:30	645	Matthew Boyle	M		62.03065		207	00:42:58
212	00:43:32	712	Kevin Higgins	M	45	68.83614	North Wales R.R.	213	00:43:22
213	00:43:32	523	Mark Henderson	M	45	68.30016	Wigan Phoenix	215	00:43:24
214	00:43:33	763	John McMyler	M		61.65327	Salford Harriers	216	00:43:27

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
215	00:43:34	625	Fiona Baird	F		69.70161	Sale Harriers	211	00:43:18
216	00:43:40	800	Richard Matthews	M	50	70.30534	Warrington Triathlon Club	214	00:43:22
217	00:43:46	721	Tony Gibson	M	50	70.14471	North Wales R.R.	219	00:43:37
218	00:43:48	311	Sophie Hine	F		69.29224	Macclesfield Harriers	221	00:43:41
219	00:43:52	697	Stephen Hayes	M		62.91793		226	00:43:48
220	00:43:54	758	Haydn Jones	M	40	66.21108	Abergele Harriers	227	00:43:50
221	00:43:58	630	Dave James	M		62.05459		223	00:43:45
222	00:44:00	725	Brian Speake	M		64.09091	Reading RR	220	00:43:37
223	00:44:00	114	Kevin Hocter	M		61.17424		224	00:43:45
224	00:44:02	681	Alan Voights	M	65	79.29599		234	00:43:59
225	00:44:02	291	Anthony Dickens	M	45	68.62225		218	00:43:35
226	00:44:03	193	John Kelly	M	45	67.49905	Penny Lane Striders	233	00:43:57
227	00:44:05	102	Sally Howarth	F	40	73.53497	Trafford AC	225	00:43:46
228	00:44:06	584	Alan Hilton	M		63.49206	Astley & Tyldsley R.R.	222	00:43:44
229	00:44:09	544	Laynie Stothart-Wilde	F		68.89392	Tattenhall Runners	236	00:44:02
230	00:44:10	254	Simon Gray	M		61.09434	Manchester Tri Club	228	00:43:51
231	00:44:11	113	Peter Newstead	M		62.88193		230	00:43:56
232	00:44:12	76	Mark Wallwork	M		61.23680		237	00:44:05
233	00:44:13	427	Mary Tavener	F	45	74.82096	Vale Royal A.C.	235	00:44:01
234	00:44:14	302	Simon Greene	M	50	71.70309	Northern Vets	238	00:44:06
235	00:44:15	373	Andrew Edwards	M		61.65725		229	00:43:53
236	00:44:17	144	Konrad Roberts	M	40	65.11103	North West R.R.	243	00:44:14
237	00:44:20	45	John Hopper	M		63.60902		232	00:43:57
238	00:44:21	795	David gamble	M		63.58512		217	00:43:30
239	00:44:22	94	Chris Taylor	M	40	65.51465		231	00:43:57
240	00:44:24	492	Paul Forster	M	50	70.27027	Merseyside Police	245	00:44:15
241	00:44:25	728	Colin Toole	M	45	67.46717		240	00:44:10
242	00:44:29	301	Garry Baines	M	50	69.57662	Astley & Tyldsley R.R.	242	00:44:13
243	00:44:35	290	Michael Horton	M	60	75.55140	Boalloy Running Club	244	00:44:14
244	00:44:39	213	Alan Percival	M	40	64.57633	Hermitage Harriers	241	00:44:13
245	00:44:46	797	Glen Goodwin	M	40	64.92926		251	00:44:35
246	00:44:48	199	Paul Leech	M	40	64.88095		239	00:44:07
247	00:44:49	239	Vicky Barrett	F	40	71.69952	Stockport Harriers	253	00:44:42
248	00:44:50	655	Philip Cliff	M	40	65.31599	South Cheshire Harriers	249	00:44:34
249	00:44:53	718	Anthony Cooper	M		59.85889		247	00:44:33
250	00:44:58	458	Eric Barford	M	40	64.12157		246	00:44:27
251	00:45:04	562	Stephen Cresswell	M	50	70.37722		248	00:44:34
252	00:45:05	824	Adam Wenn	M	J	61.58965		250	00:44:35
253	00:45:05	185	Alan Berry	M	45	66.46950		258	00:44:55
254	00:45:07	195	Tom Carter	M		60.80532		252	00:44:37
255	00:45:12	792	Anne Jaynes	F		67.10915	Mossley Hill AC	260	00:45:06
256	00:45:12	160	Paul Maybury	M	40	62.86873		255	00:44:50
257	00:45:12	285	Des Miles	M	40	64.78613		254	00:44:46
258	00:45:14	524	Alasdair Dyde	M	45	65.25423	South Cheshire Harriers	259	00:45:00
259	00:45:15	370	Andrew Malone	M		59.33702	Winston Runners	256	00:44:52
260	00:45:18	777	Paul Pover	M	55	71.19205	Northern Vets	261	00:45:07
261	00:45:20	628	Mark Scott	M	40	63.12500	Liverpool Running Club	257	00:44:53
262	00:45:22	54	Lewis Cox	M	J	62.82145	North Wales R.R.	266	00:45:19
263	00:45:27	581	Honor Duffield	F		66.77668	Skelmersdale R.C.	263	00:45:15
264	00:45:27	432	Victoria Malone	F		66.74001	Winston Runners	262	00:45:08
265	00:45:32	249	Bill Fairclough	M	50	69.07028	Liverpool Running Club	270	00:45:29
266	00:45:43	127	Jon Hawker	M	45	64.56435	Ellesmere Port RC	269	00:45:25
267	00:45:50	512	David Owen	M		61.09091		265	00:45:18
268	00:45:53	612	Gareth Ellis	M	40	61.93244		274	00:45:43
269	00:45:55	307	Daniel McDermott	M		60.10889		268	00:45:23
270	00:45:55	490	Louise Nicholson	F		66.24319		264	00:45:18
271	00:46:01	50	Gary Wenn	M	40	62.65846	Royal Navy A.A.	271	00:45:31

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
272	00:46:05	657	Spencer Priestley	M		59.89150	Halifax Harriers	275	00:45:47
273	00:46:08	861	Andrew Daly	M		58.23700		280	00:45:57
274	00:46:08	550	Terry Williams	M	40	63.00578		272	00:45:40
275	00:46:09	286	Dave Thomas	M		58.64933		273	00:45:40
276	00:46:10	425	Mansel Pope	M	55	70.46931	Altrincham & District AC	278	00:45:56
277	00:46:11	27	Shirley Anderson	F	35	67.62901	Warrington Road Runners	279	00:45:57
278	00:46:13	480	David Wood	M		58.09592		277	00:45:50
279	00:46:14	264	Steve Smith	M	45	64.81615		276	00:45:48
280	00:46:16	117	Peter Cooke	M	45	65.81412	Wesham Road Runners	281	00:45:59
281	00:46:18	379	Barrie Cavavagh	M	45	65.26278		267	00:45:21
282	00:46:22	460	Liz Turton	F	50	75.73688	Stockport Harriers	289	00:46:12
283	00:46:31	756	Alan Redford	M		58.65281		297	00:46:30
284	00:46:34	7	Alan Bennett	M	45	65.39012		284	00:46:03
285	00:46:34	790	Simon Lister	M		60.12885	Lancs Constabulary	292	00:46:17
286	00:46:35	633	James Lambe	M	45	63.36315	Sale Harriers	286	00:46:08
287	00:46:38	42	Brenda Wane	F	45	70.94353	Astley & Tyldsley R.R.	294	00:46:24
288	00:46:41	177	Christopher Cheap	M		58.19350		295	00:46:25
289	00:46:41	77	Lesley Evans	F	40	67.76151		298	00:46:34
290	00:46:42	32	Brian Beattie	M	60	74.08994	West Cheshire	296	00:46:26
291	00:46:45	207	Michael Southern	M	45	63.13726		287	00:46:09
292	00:46:48	585	Rachel Tweedie	F	35	65.74074	Newcastle (Staffs) A.C.	293	00:46:20
293	00:46:49	738	Ian Nestor	M		57.35137		283	00:46:02
294	00:46:49	164	Marcus Conroy	M		59.34496	Wigan Phoenix	282	00:46:01
295	00:46:50	365	Tony Buxton	M	45	64.51957		285	00:46:04
296	00:46:52	459	Robert Spotswood	M	50	65.50498	Abergele Harriers	304	00:46:44
297	00:46:53	669	Paul Savage	M		60.14931	Manchester Tri Club	288	00:46:11
298	00:46:54	194	Simon Ellwood	M	45	64.42786		291	00:46:15
299	00:46:55	852	Cliff Etherden	M			Saddleworth Runners	301	00:46:41
300	00:46:57	470	Derek Walton	M	65	74.36990	Altrincham & District AC	307	00:46:51
301	00:46:59	399	Charles Bamford	M		57.43171		299	00:46:35
302	00:47:00	621	Steven Maclure	M		58.04964	Wigan Phoenix	290	00:46:13
303	00:47:07	701	Rachael Nevins	F	40	66.67846		305	00:46:44
304	00:47:07	702	David Watson	M	40	60.73576		303	00:46:44
305	00:47:09	854	Nick Burt	M		57.22870		312	00:46:58
306	00:47:09	20	David Taylor	M	45	64.58112		310	00:46:55
307	00:47:15	394	Stephen Wilkinson	M	55	67.68960	Wesham Road Runners	314	00:47:03
308	00:47:16	611	Christopher Lowe	M		57.47532		306	00:46:47
309	00:47:17	781	Mick Flaherty	M		57.70180		309	00:46:52
310	00:47:19	822	Sharon Farmer	F		64.10708		308	00:46:52
311	00:47:26	736	Andy Pennington	M	40	60.33029		320	00:47:16
312	00:47:31	167	Stephen Booth	M	45	63.59172	Macclesfield Harriers	302	00:46:42
313	00:47:34	181	John Skinley	M	45	62.99930	St.Helens Sutton	316	00:47:07
314	00:47:39	542	Anthony Leach	M	45	62.88912		300	00:46:37
315	00:47:41	821	Ian Thomas Hamilton	M			Astley & Tyldsley R.R.	321	00:47:17
316	00:47:41	814	Sam Darby	M	50	64.90737	Penny Lane Striders	313	00:47:00
317	00:47:43	707	Catrina Marshall	F	40	65.84003	Wilmslow A.C.	326	00:47:24
318	00:47:44	429	Narren Jones	M		56.91341	Wrexham Tri.	317	00:47:10
319	00:47:47	220	Dawn Abrahams	F	35	65.36449		319	00:47:13
320	00:47:51	631	Jon Shaw	M		56.11285		332	00:47:31
321	00:47:52	665	Mark Robinson	M		56.09332		311	00:46:56
322	00:47:52	328	Robert Wilson	M	J	59.54039	Stockport Stompers	328	00:47:26
323	00:47:52	277	Jonathan Goulding	M	40	60.72424		324	00:47:20
324	00:47:52	238	Michael Hallsworth	M	50	66.26044	Helsby Running Club	329	00:47:27
325	00:47:54	765	Clive Fagg	M	55	66.77105		322	00:47:17
326	00:47:54	369	Andrew Vize	M	40	59.32498		330	00:47:28
327	00:47:56	461	David Turton	M	50	65.61196	Stockport Harriers	340	00:47:47
328	00:48:01	724	Paul O'Connor	M	45	61.92294		337	00:47:40

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
329	00:48:02	246	David Fox	M	55	67.73074	Erme Valley Harriers	335	00:47:35
330	00:48:04	827	Andy Braun	M		57.80167		318	00:47:13
331	00:48:05	33	David Beck	M		57.78163	Warrington Road Runners	327	00:47:24
332	00:48:07	330	Lee Pownall	M	40	59.05785	North Wales R.R.	342	00:47:49
333	00:48:09	710	Charlie Seddon	M	50	64.27830	Macclesfield Harriers	331	00:47:30
334	00:48:09	551	Kate Litherland	F		63.03219		325	00:47:23
335	00:48:10	55	Rosemary Rogers	F	55	79.96540	Deestridders RC	345	00:48:01
336	00:48:14	138	Nefyn Williams	M	55	68.62474	Northern Vets	333	00:47:33
337	00:48:15	538	Margaret Ludden	F	45	68.56649	Buckley Runners	343	00:47:56
338	00:48:17	224	Steven Jones	M		57.54229		334	00:47:35
339	00:48:18	245	Mark Povey	M		58.38509	West Cheshire	346	00:48:02
340	00:48:25	548	Julia Wrigglesworth	F	35	63.82100	Warrington Road Runners	338	00:47:44
341	00:48:28	751	Alan Graham	M	50	64.88996		347	00:48:05
342	00:48:30	527	James Duke	M		55.49828		323	00:47:17
343	00:48:30	3	Janet Booth	F	40	66.83849		355	00:48:20
344	00:48:32	170	Bernard Brown	M	40	60.33654		341	00:47:48
345	00:48:34	522	Kevin Curtis	M	50	63.72684		349	00:48:07
346	00:48:36	129	Philip Williams	M	40	60.25377		361	00:48:30
347	00:48:37	617	Paul Fiddler	M		55.87933		336	00:47:38
348	00:48:38	768	Michael Jaras	M	60	71.14462		348	00:48:06
349	00:48:45	859	Deane Lamb	M		55.35043	Liverpool Running Club	339	00:47:44
350	00:48:46	353	Graham Sutton	M	50	63.97813		344	00:47:58
351	00:48:48	639	James Fox	M		55.66940		352	00:48:17
352	00:48:49	266	Stephen McVeigh	M		55.88938		358	00:48:26
353	00:48:50	426	Colin Bamford	M	55	67.78157		357	00:48:26
354	00:48:53	57	Clare Leventon	F		62.05251	Hallamshire Harriers	364	00:48:32
355	00:48:54	554	Martin Stirna	M	55	65.40559	South Cheshire Harriers	367	00:48:37
356	00:48:57	303	Mike Anderson	M	40	59.38032		354	00:48:18
357	00:48:59	783	David Young	M	60	68.15244	Wesham Road Runners	360	00:48:30
358	00:48:59	358	Elizabeth Haynes	F		61.95985	Astley & Tyldsley R.R.	369	00:48:38
359	00:49:00	306	Martin Evans	M		56.32653		362	00:48:30
360	00:49:00	187	Jenny Hibbert	F		62.17687		353	00:48:17
361	00:49:00	592	Barry May	M	65	71.90476		363	00:48:31
362	00:49:02	46	Stephen Whittle	M	50	62.61047	Northern Vets	371	00:48:49
363	00:49:03	666	Mark Watts	M	40	58.34183		368	00:48:37
364	00:49:03	559	Emma Johnston	F	35	62.99694	Spectrum Striders	365	00:48:35
365	00:49:05	487	Paul Scully	M		56.23090		366	00:48:36
366	00:49:07	95	Tony Hails	M	45	61.01120		350	00:48:15
367	00:49:10	258	Carl Frodsham	M		54.88136	Wigan Phoenix	356	00:48:23
368	00:49:12	833	Kevin Hall	M	45	61.89024	South Cheshire Harriers	315	00:47:03
369	00:49:13	473	Paul Maye	M		57.29766		370	00:48:43
370	00:49:15	47	Mary Doyle	F	55	75.09306	Liverpool Running Club	379	00:49:08
371	00:49:19	733	Simon Allen	M		54.88341		359	00:48:28
372	00:49:21	780	Ciarar Murphy	F		61.73590		373	00:48:56
373	00:49:24	342	Fred Orford	M	50	63.66397	Lancs.Constabulary	351	00:48:16
374	00:49:31	642	Neil Henshall	M		54.22417		374	00:48:58
375	00:49:33	444	Catherine Nevin	F	50	71.77935	Penny Lane Striders	384	00:49:23
376	00:49:36	789	Richard Donohue	M		56.85484		376	00:49:04
377	00:49:38	319	Graham Jackett	M	55	66.68906	Leigh Harriers	375	00:48:58
378	00:49:42	183	Peter Smith	M	50	63.81623		377	00:49:06
379	00:49:44	269	Bryan Bates	M		54.62466		378	00:49:08
380	00:49:45	252	Christopher Parker	M		53.96985		380	00:49:18
381	00:49:47	53	Joseph Sparkman	M		54.20154		383	00:49:23
382	00:49:48	112	Elizabeth Waters	F		60.97724		388	00:49:32
383	00:49:49	587	Joe Park	M	70	76.64771	Cheshire Tally-Ho	382	00:49:22
384	00:49:50	423	Paul Beddingfield	M	40	58.32776		396	00:49:37
385	00:49:51	658	Simon Anderson	M		54.73086		372	00:48:51

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
386	00:49:57	149	John Lees	M	50	61.46146		381	00:49:21
387	00:49:57	287	Karen Thomas	F		60.76076		386	00:49:29
388	00:50:00	682	Stephen Gooch	M	45	59.46667		387	00:49:31
389	00:50:02	186	David Perkins	M	55	65.02332		391	00:49:33
390	00:50:03	583	Emmy Petersson	F		60.60606		403	00:49:43
391	00:50:03	502	Dave Reid	M	45	59.87346	Chester Tri Club	385	00:49:26
392	00:50:04	99	Paul Mallanaphy	M		53.89481	Liverpool Running Club	394	00:49:35
393	00:50:06	641	Paulo Rodrigues	M		54.02528		389	00:49:32
394	00:50:08	273	Claire Swarbrick	F		60.77128		390	00:49:33
395	00:50:09	337	Louise Gilchrist	F	75	100.43200	Valley Striders A.C.	415	00:50:01
396	00:50:12	310	Matt McKean	M		54.98008	Wesham Road Runners	406	00:49:47
397	00:50:14	105	Tony Schenck	M	50	62.60783		398	00:49:39
398	00:50:16	151	Catherine Jones	F		60.37798	Tattenhall Runners	399	00:49:41
399	00:50:16	826	Paul Battersby	M	50	63.09682	Sale Harriers	418	00:50:04
400	00:50:16	563	Stephen Cresswell	M		53.68037		404	00:49:45
401	00:50:20	750	Christopher Dove	M	40	56.85431		393	00:49:34
402	00:50:21	125	Christopher Platt	M		56.00795		395	00:49:36
403	00:50:22	92	Chris Rhodes	M	40	56.81668		416	00:50:01
404	00:50:22	411	Andrew Doyle	M		55.98941	MPSSA	392	00:49:33
405	00:50:23	387	Peter Samuelson	M	60	68.67350	Spectrum Striders	420	00:50:09
406	00:50:26	103	Phil Hamilton	M	40	56.74157		417	00:50:03
407	00:50:28	449	Suzanna Wild	F		60.53501		397	00:49:39
408	00:50:30	466	James Gresty	M		53.20132		401	00:49:41
409	00:50:32	828	Elaine Monks	F	35	61.80739		400	00:49:41
410	00:50:35	699	Ian Dixon	M	45	58.78089		422	00:50:20
411	00:50:35	163	Melanie Taylor	F		60.13179	Tattenhall Runners	414	00:50:00
412	00:50:36	536	Joanne Knight	F	35	61.06719		421	00:50:19
413	00:50:36	395	Dawn Holding	F	45	64.69038	Sale Harriers	410	00:49:58
414	00:50:36	698	John Barrow	M		55.73122		423	00:50:22
415	00:50:37	735	Steven Quick	M		53.04577		407	00:49:50
416	00:50:38	29	Stuart Fung	M		55.29954		428	00:50:31
417	00:50:39	683	Andrew Crabtree	M	J	55.51168		408	00:49:56
418	00:50:41	455	Simon Howarth	M		53.10753		402	00:49:41
419	00:50:42	685	Sarah Crabtree	F		59.82906		412	00:49:59
420	00:50:42	16	Garry Hill	M		55.22683		411	00:49:58
421	00:50:45	203	Paul Murton	M	45	60.00000		424	00:50:27
422	00:50:46	755	Ian Bithell	M	40	57.68221		409	00:49:57
423	00:50:51	400	Stacey Bamford	F		59.65257		426	00:50:27
424	00:50:54	350	Stephen Wilson	M	40	57.53111		419	00:50:07
425	00:50:55	820	Steven Lenihan	M		52.99509		405	00:49:47
426	00:50:59	282	Ellison David	M		52.69696		413	00:50:00
427	00:51:00	440	Michelle Fairclough	F		59.64052	Astley & Tyldsley R.R.	430	00:50:35
428	00:51:02	48	Roger Sparkman	M	60	66.00261		432	00:50:37
429	00:51:03	601	George Flanagan	M	55	64.83839	Wesham Road Runners	427	00:50:29
430	00:51:04	594	Kate Hollins	F	35	60.24804	Boalloy Running Club	438	00:50:55
431	00:51:06	857	Howard Henshaw	M	65	70.25440	Blackpool Wyre & Fylde AC	440	00:50:57
432	00:51:08	855	John Morrison	M	55	63.07040		425	00:50:27
433	00:51:12	272	Katherine Moyser	F		59.66797		442	00:50:57
434	00:51:13	719	Richard Cunliffe	M	40	57.17540		447	00:51:07
435	00:51:16	37	Duncan Forrest	M	45	57.57477		434	00:50:43
436	00:51:16	514	David Pritchard	M	40	56.24187	Astley & Tyldsley R.R.	437	00:50:52
437	00:51:17	603	Simon Chappell	M		52.77868		429	00:50:33
438	00:51:18	788	Joe White	M	55	62.34568	YMCA Harriers	433	00:50:39
439	00:51:20	634	Paul Wardle	M		52.92208		435	00:50:45
440	00:51:21	566	Jeanette O'Brien	F		59.23402		448	00:51:10
441	00:51:21	270	David Molyneux	M		54.91724		444	00:51:04
442	00:51:23	21	Andrew Taylor	M	J	55.46545		449	00:51:10

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
443	00:51:24	567	Kevin O'Brien	M	65	68.54734	Clayton-Le-Moors	450	00:51:12
444	00:51:24	597	David Noble	M	55	63.81323	BAI00028	441	00:50:57
445	00:51:25	776	Carol Foster	F	45	65.80227	St. Helens Harriers	431	00:50:37
446	00:51:26	704	Chris Jones	M		54.82826		443	00:50:59
447	00:51:33	192	Michelle Kelly	F	45	66.44035	Penny Lane Striders	452	00:51:22
448	00:51:35	15	Paul Kenny	M		54.66882		453	00:51:28
449	00:51:42	10	Andrew Leigh	M		53.38491		445	00:51:04
450	00:51:42	262	Paul Heathcote	M		54.15861		451	00:51:21
451	00:51:47	746	Richard Hoe	M		51.85066	Warrington Road Runners	446	00:51:06
452	00:51:49	454	Rosalind Harnes	F		58.53972		436	00:50:49
453	00:51:50	764	John Pickard	M		52.05788		439	00:50:56
454	00:51:53	300	Carole Baines	F	40	62.47992	Astley & Tyldsley R.R.	455	00:51:31
455	00:51:58	219	Jayne Lomax	F	40	60.87235	Vale Royal A.C.	458	00:51:41
456	00:52:03	297	Sidney Molyneux	M	60	64.71342	Picton Running Club	460	00:51:43
457	00:52:04	75	Dominick Byrne	M		54.16133		462	00:51:44
458	00:52:06	853	Anne Ferry	F	50	70.05758	Liverpool RC	468	00:51:50
459	00:52:07	770	Janine Edwards	F	35	58.81036		464	00:51:44
460	00:52:10	327	John Wilson	M	45	57.92332	Stockport Stompers	463	00:51:44
461	00:52:12	851	Stephen Wenn	M	J	55.52363		459	00:51:41
462	00:52:13	462	Roy Thompson	M	55	62.81519		465	00:51:48
463	00:52:14	284	Colin Eaves	M	50	58.77473		456	00:51:34
464	00:52:16	729	Malcolm Towler	M	65	68.04847	Northern Vets	466	00:51:48
465	00:52:19	627	Bernie Krawczyk	M	50	59.63683	Wesham Road Runners	461	00:51:43
466	00:52:22	464	Karen Baker	F	35	59.29344		472	00:51:56
467	00:52:24	693	Derek Howarth	M	75	79.73919	Leigh Harriers	471	00:51:53
468	00:52:28	696	Edward Barlow	M		52.28717		457	00:51:40
469	00:52:28	90	Darren Henderson	M	40	54.54257		454	00:51:31
470	00:52:29	786	Stephen Southart	M		53.73134		474	00:52:08
471	00:52:32	348	Ian Dugdale	M		52.22081		469	00:51:52
472	00:52:34	754	Paul Richard Taylor	M	50	59.82879	Oldham & Royston Harriers	467	00:51:49
473	00:52:42	552	Lauren Davies	F		57.55851	Sale Harriers	473	00:52:03
474	00:52:42	234	Jonathan Shaw	M	45	57.33713	Macclesfield Harriers	470	00:51:52
475	00:52:44	439	Vanessa Thomson	F		57.58533	Astley & Tyldsley R.R.	480	00:52:22
476	00:52:44	263	Jennifer Chambers	F		57.58533	Tattenhall Runners	476	00:52:08
477	00:52:45	745	Amanda Baxendale	F	35	58.32544	Astley & Tyldsley R.R.	485	00:52:29
478	00:52:46	229	Kedren Elliott	F		57.73847	South Cheshire Harriers	475	00:52:08
479	00:52:48	654	Andrew Culpán	M		51.26263	Halifax Harriers	484	00:52:29
480	00:52:49	441	John Smith	M	50	59.54560	Sale Harriers	477	00:52:11
481	00:52:51	619	Christina Carson	F	50	68.18038	Penny Lane Striders	493	00:52:40
482	00:52:56	71	Brenda Hill	F	40	59.35139		481	00:52:22
483	00:52:57	321	Simon Cowan	M		51.80988		479	00:52:13
484	00:52:59	737	David Quick	M		50.67631		478	00:52:12
485	00:53:03	518	Michael Bayliss	M	55	62.39397		488	00:52:33
486	00:53:07	684	Simon Crabtree	M	45	56.88736		482	00:52:24
487	00:53:09	519	Jonathan Schofield	M	45	56.38131		487	00:52:31
488	00:53:12	823	Shaun Claffey	M	45	56.32832		491	00:52:36
489	00:53:18	223	Emma Jones	F	35	57.72358	Sale Harriers	492	00:52:37
490	00:53:18	730	Debbie Hawker	F	40	59.34959	Ellesmere Port RC	483	00:52:28
491	00:53:20	806	Lynn Cook	F	45	64.21875	Mossley Hill AC	502	00:53:10
492	00:53:22	623	Paul Ireland	M		50.31231		490	00:52:36
493	00:53:24	173	Geoff Mowatt	M	40	54.43196		500	00:53:06
494	00:53:27	813	Mike Killen	M	50	59.33895		486	00:52:30
495	00:53:29	450	Rob Radcliffe	M		51.94765		494	00:52:49
496	00:53:35	205	Phillipa Boone	F	45	61.74184		489	00:52:35
497	00:53:36	39	Stephen Hamer	M		51.49254		498	00:53:04
498	00:53:37	119	Audrey Gresty	F	50	64.68760	Sale Harriers	504	00:53:17
499	00:53:40	537	Martin Clarke	M		50.83851		499	00:53:06

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
500	00:53:43	649	Jon Wood	M		50.23270		495	00:52:51
501	00:53:45	588	Lucy Wood	F		56.43411		496	00:53:02
502	00:53:51	602	Andrew Flanagan	M		49.86073		505	00:53:20
503	00:53:55	366	David Clements	M		52.30294		501	00:53:09
504	00:54:01	509	Simon Killen	M		49.83030		497	00:53:03
505	00:54:04	421	Stephen Cooney	M	40	52.55857		507	00:53:26
506	00:54:07	858	Shaun Webster	M	40	53.71112		514	00:53:46
507	00:54:08	159	Rachel Hiorns	F		56.03448		506	00:53:24
508	00:54:10	700	Anthony Maudar	M	45	54.89231		503	00:53:14
509	00:54:12	349	Sidney Bailey	M	50	57.10332	Deestridders RC	518	00:53:54
510	00:54:15	575	John Robinson	M	55	58.95545		513	00:53:44
511	00:54:19	598	Norman Bateman	M	65	66.09389	Wesham Road Runners	523	00:54:06
512	00:54:19	339	Graham Padget	M	65	64.28352	Sale Harriers	511	00:53:38
513	00:54:19	533	Jackie Knight	F	60	75.08438		519	00:54:02
514	00:54:20	535	Shah Sag	M		51.90184		520	00:54:02
515	00:54:20	534	Vickie Brindle	F	35	57.48466		521	00:54:03
516	00:54:22	740	Karen Rigby	F	35	57.11220	Warrington Road Runners	512	00:53:40
517	00:54:26	539	Alison Jones	F	35	56.76669	Buckley Runners	525	00:54:07
518	00:54:34	216	Karen Jones	F	35	56.38363		509	00:53:36
519	00:54:37	753	bRIAN wARMAN	M	65	65.73085		522	00:54:03
520	00:54:38	166	Caroline Booth	F	40	59.33496		516	00:53:49
521	00:54:38	372	Dawn Green	F	50	63.48383	Swinton Road Runners	524	00:54:06
522	00:54:43	769	Barry Belfield	M	60	61.55955		532	00:54:22
523	00:54:43	158	Barrie Hillyer	M		49.86293		515	00:53:48
524	00:54:43	784	David Banister	M	50	56.10722		510	00:53:38
525	00:54:48	812	David McCluskey	M		49.02676		517	00:53:50
526	00:54:54	356	Nicholas Peake	M		51.00182		529	00:54:19
527	00:54:55	491	Andrea Evans	F	35	56.26707		527	00:54:17
528	00:54:55	443	John Sumner	M	55	58.23976		508	00:53:36
529	00:54:56	367	Steven Buxton	M	J	49.39320		526	00:54:09
530	00:54:57	11	Adrian O'Brien	M		48.98392		530	00:54:19
531	00:54:58	680	Lisa Stevenson	F	40	57.15585		534	00:54:29
532	00:54:59	115	Alan Buckley	M	55	59.16945		528	00:54:17
533	00:55:09	131	John Riley	M	65	65.09519	Northern Vets	551	00:55:01
534	00:55:11	271	Jan Green	F	50	65.29749		537	00:54:36
535	00:55:12	810	Alan Thomas	M	50	56.97464	Belle Vue Racers	539	00:54:40
536	00:55:14	230	Paul Donegan	M	45	53.43995		535	00:54:31
537	00:55:17	74	Bruce Glaister	M	40	52.15556		533	00:54:28
538	00:55:20	766	Richie Dunk	M		48.52410		538	00:54:38
539	00:55:22	739	Alan Lacey	M	40	51.32450	UK net Runner	531	00:54:21
540	00:55:26	495	Stan Kakouri	M	45	53.24714		548	00:54:53
541	00:55:28	412	Michael Hughes	M	55	59.67548	Sale Harriers	543	00:54:48
542	00:55:32	165	Diane Whitfield	F	45	61.67467	Warrington Road Runners	552	00:55:04
543	00:55:36	118	Jane Hughes	F	40	58.30336		550	00:54:59
544	00:55:39	405	Mark Woods	M		48.24798		536	00:54:35
545	00:55:41	147	Kay Mysiw	F	45	59.41335	Manchester Ymca	545	00:54:51
546	00:55:42	241	Carolyn Smith	F	40	57.69001		546	00:54:51
547	00:55:43	283	Colin Hampson	M	40	51.74992		549	00:54:56
548	00:55:45	646	Sarah Clegg	F		54.46936		547	00:54:53
549	00:55:49	430	Bill Preston	M	55	58.76381	UK net Runner	540	00:54:48
550	00:55:55	663	Richard Smithdale	M		48.13711		541	00:54:48
551	00:55:58	515	Andrew Johnston	M		49.01727		553	00:55:04
552	00:56:00	161	Nigel Williams	M	45	53.09524		561	00:55:31
553	00:56:01	629	Naomi Miller	F	35	54.92413		542	00:54:48
554	00:56:08	442	Lindsay Sumner	F	50	64.19240		544	00:54:50
555	00:56:11	93	Ian King	M	45	52.53634		557	00:55:15
556	00:56:13	148	Kevin O'Brien	M	65	63.86007	Penny Lane Striders	562	00:55:32

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
557	00:56:14	340	Marian Orford	F	50	64.90812	Lancs.Constabulary	554	00:55:06
558	00:56:15	640	Andy Greenhalgh	M		48.50370		565	00:55:41
559	00:56:19	169	Simon Yates	M		49.71885		558	00:55:23
560	00:56:23	357	Althea Deane	F	40	56.10405	Penny Lane Striders	559	00:55:26
561	00:56:26	89	Simone Henderson	F		53.80981		560	00:55:31
562	00:56:28	116	Neville Kershaw	M	60	60.18300	Northern Vets	567	00:55:45
563	00:56:31	807	Gabrielle Ganwell	F	50	61.36833		566	00:55:45
564	00:56:34	171	Graham Benton	M	50	55.15616	Maltby Running Club	563	00:55:38
565	00:56:37	228	Julie Jenkins	F	45	57.81572	Leigh Harriers	568	00:55:49
566	00:56:38	608	Liam Fisher	M		47.96939		564	00:55:40
567	00:56:39	689	Catherine Walton	F	35	54.31009		570	00:55:51
568	00:56:41	260	Sue Hadley	F	40	57.18906	Village Road Runners	555	00:55:11
569	00:56:41	261	Garry Wells	M		49.39724	Village Road Runners	556	00:55:12
570	00:56:43	380	Sheila Bahti	F		53.86424		573	00:56:04
571	00:56:45	687	Dave Collyer	M		47.69457		569	00:55:51
572	00:56:45	688	Ben Flynn	M		47.69457		571	00:55:52
573	00:56:46	5	Chris Byrom	M	65	61.50910	East Cheshire Harriers	574	00:56:07
574	00:56:49	648	Paul Taylor	M		48.01995		572	00:55:56
575	00:56:51	796	Anne Goodwin	F	35	54.11903		585	00:56:39
576	00:57:01	686	Stuart Ryder	M		47.47150		575	00:56:07
577	00:57:03	674	Lisa Jackson	F		53.19895		577	00:56:10
578	00:57:03	675	Dave Jackson	M	45	52.52702		578	00:56:11
579	00:57:03	615	Neil Taylor	M	40	50.16068		591	00:56:46
580	00:57:07	196	Heather Mannings	F		53.48701		583	00:56:36
581	00:57:09	52	Joanna Sparkman	F		53.45582		576	00:56:10
582	00:57:11	359	Hilary Price	F	35	54.03672	Widnes Wasps	590	00:56:45
583	00:57:14	208	Jill Sanders	F	35	53.98952	Sale Harriers	582	00:56:32
584	00:57:16	304	Stacey Holt	F		52.99767		589	00:56:43
585	00:57:23	532	Martin Cooksey	M	45	53.06419		579	00:56:18
586	00:57:24	313	David Briers	M	45	51.42276		581	00:56:30
587	00:57:25	798	Julie Ryan	F	40	55.52975		592	00:56:48
588	00:57:30	347	Jill Kritzingner	F	35	54.31884		594	00:56:50
589	00:57:30	469	Cliff Wilkinson	M	75	71.18841	North Wales R.R.	597	00:57:02
590	00:57:30	23	Neil Bradford	M		46.72464		580	00:56:26
591	00:57:31	67	Pamela Roach	F		52.73834		586	00:56:40
592	00:57:31	66	Chris Roach	M		46.71110		587	00:56:40
593	00:57:37	201	William Barber	M		48.94417		584	00:56:37
594	00:57:39	240	Roger Lyon	M	50	54.55334		604	00:57:24
595	00:57:40	799	Natalie Ensland	F		52.60115	Stockport Harriers	600	00:57:08
596	00:57:44	637	Peter Earnshaw	M	65	61.02771	Wesham Road Runners	595	00:57:00
597	00:57:46	561	Elaine Holden	F	40	56.11656		598	00:57:03
598	00:57:47	368	Kristy Borg	F	J	52.52380		596	00:57:02
599	00:57:48	109	Ros Thompson	F	50	63.14879		593	00:56:48
600	00:57:53	526	Mary Haddock	F		52.43306		588	00:56:41
601	00:57:57	174	Patricia King	F	55	67.41444		599	00:57:08
602	00:58:01	661	Frank Wilson	M	70	66.84861	Roby Runners	611	00:57:55
603	00:58:09	98	Ian Pickford	M		48.15133		603	00:57:23
604	00:58:11	60	Caroline Partner	F		52.16270	Congleton Harriers	608	00:57:38
605	00:58:13	801	Maragaret Stockten	F	45	56.82794		605	00:57:28
606	00:58:13	802	Catherine Chappell	F	35	52.64816		606	00:57:29
607	00:58:20	396	Julie Sorrell	F	35	53.54286	Stone Master Marathoners	602	00:57:22
608	00:58:22	324	Rebecca Mills	F		51.97030		601	00:57:15
609	00:58:22	525	Sarah Dyde	F	40	54.19760	South Cheshire Harriers	609	00:57:45
610	00:58:27	723	Jason mastin	M	40	48.95922		612	00:58:08
611	00:58:28	606	Gill Nowell	F		52.25200		607	00:57:31
612	00:58:37	604	Alexander Cummins	M	70	62.58175		615	00:58:18
613	00:58:38	636	John Whiteman	M	65	59.55088	Wesham Road Runners	610	00:57:54

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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614	00:58:48	453	Keith Crosby	M	65	60.48753	Sale Harriers	613	00:58:08
615	00:58:51	558	Terry Robson	M	65	59.86972	Stockport Harriers	621	00:58:45
616	00:59:04	212	Sarah Turner	F	40	53.97855	Pudsey Pacers	614	00:58:14
617	00:59:08	543	Jenny Edwards	F	40	54.81962	Chester Tri Club	618	00:58:33
618	00:59:10	513	Margaret Delaney	F	55	64.22535	Birkenhead A.C.	620	00:58:45
619	00:59:20	142	Allan Bird	M	45	50.92697		619	00:58:35
620	00:59:23	497	Maria Haigh	F	40	53.26972	Birkenhead A.C.	625	00:58:58
621	00:59:30	44	Louisa Hopper	F	35	51.51260		617	00:58:30
622	00:59:31	420	Janet Fielden	F	55	63.84766	Sale Harriers	624	00:58:51
623	00:59:32	582	John Hateley	M	65	58.65062	Stafford Harriers	616	00:58:28
624	00:59:32	761	Stephen Gorman	M	40	48.82419		623	00:58:49
625	00:59:35	336	Kamal Basran	F	55	62.90909	Winston Runners	633	00:59:13
626	00:59:42	576	Maria Lindley	F	50	59.57566	Chester Tri Club	629	00:59:06
627	00:59:45	143	Matthew Bird	M	J	48.50767		626	00:58:59
628	00:59:56	572	Holly Gregory	F		50.97330		622	00:58:48
629	01:00:01	318	Linda Jackett	F	55	64.17662	Leigh Harriers	632	00:59:09
630	01:00:02	86	David Cresswell	M		46.64075		627	00:59:01
631	01:00:08	362	Judith Checkley	F	50	57.67738	Dragons Sale	628	00:59:05
632	01:00:09	334	John Wolstenholme	M	65	59.68412	Dragons Sale	630	00:59:06
633	01:00:11	831	John Savage	M	40	47.54916		631	00:59:09
634	01:00:20	36	Tom Hampton	M	45	50.08287	Warrington Triathlon Club	638	00:59:51
635	01:00:28	78	Marcus Evane	M	40	48.07056		642	01:00:09
636	01:00:30	214	Catherine Mousdale	F	J	50.68871		634	00:59:35
637	01:00:43	406	Tracey Bray	F		49.95882		636	00:59:49
638	01:00:43	407	Paul Bray	M		44.22179		637	00:59:49
639	01:00:47	415	Lesley Clague	F	65	72.38827	Tattenhall Runners	635	00:59:46
640	01:00:49	134	Alex Hunter	M		46.04001		639	01:00:01
641	01:00:51	457	Bill Carlisle	M	65	58.99754		640	01:00:04
642	01:00:57	546	June Sinnott	F	45	56.19360	Northern Vets	644	01:00:24
643	01:01:03	825	Terri Davies	F	40	51.46055		641	01:00:04
644	01:01:13	720	Hazel Rawlinson	F		49.90471		645	01:00:24
645	01:01:18	499	Tracey Howarth	F	40	51.25068	Prestatyn Running Club	643	01:00:19
646	01:01:21	664	Rebecca Rushton	F		49.44308		646	01:00:25
647	01:01:23	298	Alison Britton	F	35	50.12218		647	01:00:48
648	01:01:24	335	Ann Marie Robinson	F	50	57.19327	Winston Runners	655	01:01:00
649	01:01:29	435	Andrew Atkinson	M	45	48.00759	Northern Vets	652	01:00:52
650	01:01:40	312	Joanne Wilforrd	F		49.40541		651	01:00:52
651	01:01:41	393	Roy Haggett	M		43.55580		649	01:00:49
652	01:01:44	410	Gary Ashcroft	M		45.00540		648	01:00:49
653	01:01:44	82	Manisha Makwana	F		49.13607		650	01:00:51
654	01:01:57	344	Rachel Kinney	F		49.31396		653	01:00:53
655	01:01:59	345	Cheryl Wright	F		49.28744		654	01:00:54
656	01:02:04	136	Elizabeth Holman	F		48.87218		663	01:01:48
657	01:02:11	622	Chris Liptrot	M		45.34977		656	01:01:01
658	01:02:17	771	Paul Bennicke	M		44.95585		657	01:01:18
659	01:02:18	749	Helen Bennicke	F	35	49.59872		658	01:01:19
660	01:02:22	326	Elizabeth Southern	F	55	62.64030		662	01:01:48
661	01:02:23	774	David Bourne	M	45	48.43708		660	01:01:27
662	01:02:23	451	Louise Charnock	F		48.62410		659	01:01:27
663	01:02:31	152	Andy Kent	M	50	50.30658		661	01:01:28
664	01:02:35	618	Rebecca Lee	F		48.46871		668	01:02:13
665	01:02:39	428	Paula Jenkins	F		48.47034	Wrexham Tri.	667	01:02:06
666	01:02:45	244	Peter Povey	M	70	59.97344	West Cheshire	666	01:02:01
667	01:02:53	6	Stephanie Bennett	F	J	48.42300		669	01:02:23
668	01:02:54	616	Anna Portsmouth	F		48.25119		665	01:02:00
669	01:02:58	124	Andrew Downs	M	40	46.50609	UK net Runner	664	01:01:58
670	01:03:06	8	Dawn Atkinson	F		48.09826		670	01:02:28

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Gun Pos	Gun Time	Race No	Name	M/F	Cat	Perf %	Club	Chip Pos	Chip Time
671	01:03:16	190	John Coupe	M	55	50.55322		674	01:03:03
672	01:03:26	463	Dot Carr	F	60	63.34735		676	01:03:10
673	01:03:36	496	Paula Simpson	F	35	49.10902		675	01:03:03
674	01:03:41	589	John Marriott	M	55	51.08610		671	01:02:43
675	01:03:42	504	John Longden	M	50	49.37206		672	01:02:44
676	01:03:52	590	Joy Marriott	F	55	58.68998		673	01:02:54
677	01:04:16	808	Eleanor Schofield	F		47.19917		678	01:03:31
678	01:04:29	206	Chris Haggett	M	60	53.16619		677	01:03:23
679	01:05:44	501	Sheila Sheedy	F	55	56.26268		679	01:04:50
680	01:06:04	182	Diane Wright	F	50	53.15338		680	01:04:58
681	01:06:37	320	Lianne East	F		45.53415		682	01:05:37
682	01:06:41	520	Clare Ridgley	F	40	48.61285		681	01:05:32
683	01:06:43	146	Ann Burrows	F	55	57.73170	Manchester Ymca	683	01:05:53
684	01:06:47	189	Michael Sibley	M	60	50.88595		686	01:06:27
685	01:06:52	568	Sarah Warburton	F	35	45.83749		684	01:05:54
686	01:06:54	145	Margaret Watkin	F	55	56.80120	Manchester Ymca	685	01:06:04
687	01:07:50	517	Lesley Bayliss	F	50	53.80835		687	01:07:01
688	01:08:00	436	Martin Crossley	M	40	41.78922	Northern Vets	689	01:07:22
689	01:08:01	58	Andrew Mackintosh	M		40.84783		691	01:07:43
690	01:08:13	253	Susan Harrison	F	50	51.47813		688	01:07:19
691	01:08:41	856	Dominic Leach	M	45	43.99417		690	01:07:38
692	01:08:52	569	Geraldine Mcllwaine	F		44.04647		692	01:07:50
693	01:08:53	711	Lisa Ritson	F		44.22937		693	01:07:51
694	01:08:59	494	Bindi Patel	F	40	45.85649		694	01:07:58
695	01:09:00	690	Paul Roberts	M	50	45.57971		696	01:08:07
696	01:09:05	378	Marloess Molinger	F		43.93245		695	01:08:04
697	01:09:36	73	Beverley Watson	F	40	45.13889		699	01:09:09
698	01:10:06	485	Mark Lloyd	M	45	43.10509	Sale Harriers	697	01:09:00
699	01:10:11	200	Lucy Barber	F		43.33887		698	01:09:03
700	01:10:43	65	Helen Jones	F	40	44.73250		700	01:09:35
701	01:10:47	479	Helen Wood	F		42.85378		701	01:10:03
702	01:10:57	486	Mark Bankhead	M		38.45431	Spectrum Striders	702	01:10:05
703	01:11:04	322	Robert Baldwin	M	40	40.26735		703	01:10:27
704	01:11:04	323	Richard Good	M		39.68105		704	01:10:28
705	01:11:12	397	Mary Pomfret	F	55	52.64513	Blackburn Harriers	705	01:10:41
706	01:11:25	787	Paula Hoodley	F	40	45.39090	YMCA Harriers	706	01:10:46
707	01:12:09	150	Paul Moon	M	50	43.24324		707	01:11:12
708	01:12:41	475	Norman Grundy	M	60	47.60376	Birkenhead A.C.	709	01:11:48
709	01:12:46	507	Tony McGee	M	55	43.95327		708	01:11:39
710	01:12:53	31	Audra Waite	F	40	43.40270		710	01:11:54
711	01:12:55	360	Maureen Marguerie	F	40	43.38286		713	01:12:23
712	01:13:04	667	Danielle Lightfoot	F	J	41.53741		711	01:12:06
713	01:13:12	85	Lisa Cresswell	F	35	42.21312		712	01:12:11
714	01:14:25	676	Alison Jones	F	45	44.92721		714	01:14:02
715	01:14:25	677	Matthew Davidson	M		36.10302		715	01:14:03
716	01:15:14	133	Terry Meddings	M	55	42.51218		716	01:14:16
717	01:16:55	404	Rachel Mannion	F	35	39.84832		717	01:15:51
718	01:17:29	403	Tanya Woods	F		39.14820		718	01:16:25
719	01:18:22	243	Fabiola Fuschi	F		38.87708		719	01:17:16
720	01:18:22	242	Russell Kerfoot	M	50	40.13186		720	01:17:16
721	01:19:36	402	Lindsay Kendrick	F		38.10720		721	01:18:32
722	01:38:22	759	Stefan Thorpe	M		27.29583		722	01:37:31

Individual Prize Winners

PrizeCat	Pos	Cat	Name	Club	Time
	1		David Webb	Leeds City A.C.	00:29:52
	2		Alan Buckley	Leeds City A.C.	00:30:31
	3		Michael Aspinall	Lancs. & Morecambe A C	00:31:06
	4		Daniel Dalmedo	Bedford & County AC	00:31:30
	5		David Proctor	Rochdale Harriers	00:31:49
	6		Rob Baker	Hallamshire Harriers	00:32:14
40	1	40	Joe Parkinson	Liverpool Running Club	00:33:55
40	2	45	Tim Taylor	Macclesfield Harriers	00:34:42
40	3	40	Paul Dodsworth	Warrington A.C.	00:35:07
40	4	40	Washington Darren		00:35:13
45	1	50	Paul Muller	Horwich RMI	00:35:05
45	2	45	Gary Matthews	East Cheshire Harriers	00:35:23
45	3	45	Sean McMyler	Bolton United Harriers	00:35:47
50	1	50	Peter Maher	Vale Royal A.C.	00:37:41
50	2	55	Alan Hudson	Wesham Road Runners	00:37:48
55	1	60	David Telford	Altrincham	00:38:15
55	2	55	Philip Garside	Swinton Harriers	00:38:56
60	1	65	Ken Burgess	Altrincham & District AC	00:40:33
60	2	60	Dave Tomkins	Northern Vets	00:42:48
65	1	65	John Clemens	Stone Master Marathoners	00:43:05
70	1	70	Joe Park	Cheshire Tally-Ho	00:49:49
75	1	75	Derek Howarth	Leigh Harriers	00:52:24

PrizeCat	Pos	Cat	Name	Club	Time
	1		Jenny Blizzard	Rotherham A.C.	00:34:57
	2	35	Rachel Jones	Salford Harriers	00:35:55
	3		Liz Such	Hallamshire Harriers	00:36:10
	4		Susan Partridge	Leed City A.C.	00:36:13
35	1	45	Bev Wright	Blackpool & Fylde AC	00:39:40
35	2	35	Sharon Johnstone	Wilmslow A.C.	00:40:52
35	3	40	Sarah Atkinson	Tattenhall Runners	00:41:31
40	1	50	Joan Jackson	Northern Vets	00:41:02
40	2	40	Sally Howarth	Trafford AC	00:44:05
45	1	45	Mary Tavener	Vale Royal A.C.	00:44:13
45	2	50	Liz Turton	Stockport Harriers	00:46:22
50	1	55	Rosemary Rogers	Deestriders RC	00:48:10
55	1	55	Mary Doyle	Liverpool Running Club	00:49:15
60	1	75	Louise Gilchrist	Valley Striders A.C.	00:50:09
65	1	65	Lesley Clague	Tattenhall Runners	01:00:47

Ladies Team Results

Team Pos	Total Time	Club	Pos	Bib	Time	Name
1	02:00:25	Belgrave Harriers	106	716	00:39:26	Sarah Murphy
			121	717	00:40:09	Tilly Heaton
			141	715	00:40:50	Louise Cooper
2	02:06:05	Tattenhall Runners	153	168	00:41:25	Amanda Davies
			158	108	00:41:31	Sarah Atkinson
			205	225	00:43:09	Alison Smith
3	02:07:35	Newcastle (Staffs) A.C.	78	613	00:38:09	Michelle Buckley
			184	614	00:42:38	Melanie Young
			292	585	00:46:48	Rachel Tweedie
4	02:10:25	Stockport Harriers	100	508	00:39:14	Sarah Lomas
			247	239	00:44:49	Vicky Barrett
			282	460	00:46:22	Liz Turton
5	02:17:05	Astley & Tyldsley R.R.	155	62	00:41:28	Mary-Anne Tracey-Aguera
			287	42	00:46:38	Brenda Wane
			358	358	00:48:59	Elizabeth Haynes
6	02:21:56	Mossley Hill AC	209	819	00:43:24	Briony Taby
			255	792	00:45:12	Anne Jaynes
			491	806	00:53:20	Lynn Cook
7	02:25:00	Tattenhall Runners	229	544	00:44:09	Laynie Stothart-Wilde
			398	151	00:50:16	Catherine Jones
			411	163	00:50:35	Melanie Taylor
8	02:26:52	Sale Harriers	215	625	00:43:34	Fiona Baird
			413	395	00:50:36	Dawn Holding
			473	552	00:52:42	Lauren Davies
9	02:28:58	Warrington Road Runners	277	27	00:46:11	Shirley Anderson
			340	548	00:48:25	Julia Wrigglesworth
			516	740	00:54:22	Karen Rigby
10	02:33:57	Penny Lane Striders	375	444	00:49:33	Catherine Nevin
			447	192	00:51:33	Michelle Kelly
			481	619	00:52:51	Christina Carson
11	02:35:37	Astley & Tyldsley R.R.	427	440	00:51:00	Michelle Fairclough
			454	300	00:51:53	Carole Baines
			475	439	00:52:44	Vanessa Thomson



Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Team Pos	Total Time	Club	Pos	Bib	Time	Name
12	02:44:09	Sale Harriers	489	223	00:53:18	Emma Jones
			498	119	00:53:37	Audrey Gresty
			583	208	00:57:14	Jill Sanders
13	02:46:26	Winston Runners	264	432	00:45:27	Victoria Malone
			625	336	00:59:35	Kamal Basran
			648	335	01:01:24	Ann Marie Robinson
14	03:09:18	Manchester Ymca	545	147	00:55:41	Kay Mysiw
			683	146	01:06:43	Ann Burrows
			686	145	01:06:54	Margaret Watkin

Mens Team Results

Team Pos	Total Time	Club	Pos	Race no	Time	Name
1	02:20:08	Liverpool Running Club	13	694	00:33:26	Paul Sankey
			15	705	00:33:55	Joe Parkinson
			34	386	00:36:02	David Edwards
			46	579	00:36:45	Marc Jacques
2	02:23:33	Wesham Road Runners	8	389	00:32:16	Steve Littler
			39	438	00:36:20	Lee Barlow
			55	309	00:37:09	Andrew Campbell
			72	481	00:37:48	Alan Hudson
3	02:24:23	Warrington A.C.	12	14	00:33:20	Liam Thompson
			25	483	00:35:07	Paul Dodsworth
			67	274	00:37:34	Tony McCarthy
			83	346	00:38:22	Mervyn Ward
4	02:27:12	Altrincham & District AC	14	289	00:33:48	Andrew Whittingham
			50	748	00:36:56	David Livingstone
			80	742	00:38:13	Gary Cassidy
			81	767	00:38:15	David Telford
5	02:28:08	Macclesfield Harriers	20	555	00:34:42	Tim Taylor
			33	599	00:36:01	Chris Bentley
			79	141	00:38:12	Andrew Gray
			98	281	00:39:13	Murray Raphael
6	02:29:09	Stockport Harriers	48	782	00:36:54	Dean Matkin
			49	650	00:36:55	Mike Shaw
			56	775	00:37:12	Lee Wilkinson
			77	101	00:38:08	James Scott-Buckleugh
7	02:30:06	Salford Harriers	17	315	00:34:14	William Martin
			18	384	00:34:21	Simon Bruton
			76	731	00:37:58	Jonathan Sacks
			214	763	00:43:33	John McMyler
8	02:30:16	Astley & Tyldsley R.R.	31	72	00:35:56	Peter Chan
			57	671	00:37:13	Shaun Moran
			75	607	00:37:55	Simon Ford
			97	51	00:39:12	Mark Riches
9	02:32:03	Wigan Phoenix	22	259	00:34:46	Richard Howarth
			66	653	00:37:31	Stephen Nicholls
			99	692	00:39:14	Simon Wright
			133	106	00:40:32	Philip Derbyshire

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Team Pos	Total Time	Club	Pos	Race no	Time	Name
10	02:32:04	Liverpool Running Club	54	609	00:37:05	Maurice Collins
			71	785	00:37:45	Ian Palin
			85	591	00:38:31	Steven Nijs
			90	832	00:38:43	Ian Magill
11	02:37:01	South Cheshire Harriers	58	279	00:37:14	Neil Jones
			95	325	00:39:09	Pat Hudson
			116	188	00:40:02	Charlie Rowlands
			136	364	00:40:36	Stephen Dawson
12	02:39:48	Boalloy Running Club	36	408	00:36:11	Julian Goodwin
			92	564	00:38:55	Lee Campbell
			118	595	00:40:07	Anthony Derbyshire
			243	290	00:44:35	Michael Horton
13	02:40:51	Astley & Tyldsley R.R.	103	624	00:39:21	Steven Coleman
			128	333	00:40:18	Steve Eldridge
			132	779	00:40:31	Craig Bradbury
			137	540	00:40:41	Peter Mulleady
14	02:41:36	North Wales R.R.	41	547	00:36:33	Adam Jones
			107	172	00:39:28	Chris Yorke
			175	516	00:42:03	Ian Taylor
			212	712	00:43:32	Kevin Higgins
15	02:44:47	Abergele Harriers	47	24	00:36:46	Dewi Roberts
			59	25	00:37:15	Gareth Roberts
			220	758	00:43:54	Haydn Jones
			296	459	00:46:52	Robert Spotswood
16	02:45:22	Penny Lane Striders	62	385	00:37:18	Martin Swensson
			144	773	00:40:54	Simone Capponi
			204	314	00:43:07	Tim Warn
			226	193	00:44:03	John Kelly
17	02:45:35	Wesham Road Runners	94	803	00:38:58	Peter Cruse
			105	651	00:39:26	Simon Eaton
			145	388	00:40:55	George Kennedy
			280	117	00:46:16	Peter Cooke
18	02:46:05	Warrington Road Runners	124	35	00:40:14	Andrew Collins
			130	431	00:40:27	Sean McCann
			188	409	00:42:41	Jim Dawson
			189	296	00:42:43	Keith Brown

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Team Pos	Total Time	Club	Pos	Race no	Time	Name
19	02:46:25	Sale Harriers	51	91	00:36:58	Lee Woods
			122	706	00:40:11	John Battersby
			187	727	00:42:41	Michael Dunne
			286	633	00:46:35	James Lambe
20	02:50:09	Astley & Tyldsley R.R.	156	670	00:41:28	John Lee
			173	210	00:41:51	Steve Foster
			190	354	00:42:44	Terry Hughes
			228	584	00:44:06	Alan Hilton
21	02:53:45	Wigan Phoenix	164	578	00:41:39	Andrew Nightingale
			168	577	00:41:45	Chris Nightingale
			213	523	00:43:32	Mark Henderson
			294	164	00:46:49	Marcus Conroy
22	02:53:45	Altrincham & District AC	117	363	00:40:05	Damian Utton
			134	505	00:40:33	Ken Burgess
			276	425	00:46:10	Mansel Pope
			300	470	00:46:57	Derek Walton
23	03:00:34	Northern Vets	192	452	00:42:48	Dave Tomkins
			234	302	00:44:14	Simon Greene
			260	777	00:45:18	Paul Pover
			336	138	00:48:14	Nefyn Williams
24	03:01:53	South Cheshire Harriers	195	752	00:42:55	Peterr Cooper
			248	655	00:44:50	Philip Cliff
			258	524	00:45:14	Alasdair Dyde
			355	554	00:48:54	Martin Stirna
25	03:05:25	Warrington Triathlon Club	114	560	00:39:46	Will Machin
			165	652	00:41:39	Mark Walker
			216	800	00:43:40	Richard Matthews
			634	36	01:00:20	Tom Hampton
26	03:06:22	Stockport Harriers	108	818	00:39:34	John Parrott
			115	256	00:40:01	Simon Knighton
			327	461	00:47:56	David Turton
			615	558	00:58:51	Terry Robson
27	03:06:23	Warrington Road Runners	201	126	00:43:04	Fergus Wiseman
			210	176	00:43:27	Kevin Dickson
			331	33	00:48:05	David Beck
			451	746	00:51:47	Richard Hoe

Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

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Team Pos	Total Time	Club	Pos	Race no	Time	Name
28	03:08:03	Macclesfield Harriers	111	816	00:39:41	Warren Mason
			312	167	00:47:31	Stephen Booth
			333	710	00:48:09	Charlie Seddon
			474	234	00:52:42	Jonathan Shaw
29	03:09:41	Liverpool Running Club	261	628	00:45:20	Mark Scott
			265	249	00:45:32	Bill Fairclough
			349	859	00:48:45	Deane Lamb
			392	99	00:50:04	Paul Mallanaphy
30	03:14:45	North Wales R.R.	217	721	00:43:46	Tony Gibson
			262	54	00:45:22	Lewis Cox
			332	330	00:48:07	Lee Pownall
			589	469	00:57:30	Cliff Wilkinson
31	03:14:48	West Cheshire	53	416	00:37:03	Andrew Clague
			290	32	00:46:42	Brian Beattie
			339	245	00:48:18	Mark Povey
			666	244	01:02:45	Peter Povey
32	03:17:29	Wesham Road Runners	307	394	00:47:15	Stephen Wilkinson
			357	783	00:48:59	David Young
			396	310	00:50:12	Matt McKean
			429	601	00:51:03	George Flanagan
33	03:32:52	Sale Harriers	399	826	00:50:16	Paul Battersby
			480	441	00:52:49	John Smith
			512	339	00:54:19	Graham Padget
			541	412	00:55:28	Michael Hughes
34	03:32:55	Northern Vets	362	46	00:49:02	Stephen Whittle
			464	729	00:52:16	Malcolm Towler
			533	131	00:55:09	John Riley
			562	116	00:56:28	Neville Kershaw
35	03:43:00	Wesham Road Runners	465	627	00:52:19	Bernie Krawczyk
			511	598	00:54:19	Norman Bateman
			596	637	00:57:44	Peter Earnshaw
			613	636	00:58:38	John Whiteman

Corporate Challenge Team Results

Team Pos	Total Time	Team	Pos	Bib	Time	Name	
1	02:44:50	Daresbury Accel	44	488	00:36:39	Keith Middleman	small company
			124	35	00:40:14	Andrew Collins	
			174	489	00:42:02	Peter Weatherhead	
			270	490	00:45:55	Louise Nicholson	
2	03:19:07	NNL Runners	114	560	00:39:46	Will Machin	large company
			364	559	00:49:03	Emma Johnston	
			365	487	00:49:05	Paul Scully	
			644	720	01:01:13	Hazel Rawlinson	
3	03:33:28	Mad Dogs	295	365	00:46:50	Tony Buxton	friends & family
			503	366	00:53:55	David Clements	
			529	367	00:54:56	Steven Buxton	
			598	368	00:57:47	Kristy Borg	

Fun Run Results

Pos	Time	Name	Team	Category	Race no
1	0:07:53	LUDDEN, Michael	Deeside AC	Under 15 Boy	1012
2	0:08:34	HARKIN, Kiran		Under 21 Boy	1036
3	0:08:41	WILLCOCK, Cameron	Sale Harriers Mcr	Under 15 Boy	1019
4	0:08:51	HARKIN, Vivek		Under 21 Boy	1035
5	0:09:06	BOOTH, Harvey		Under 15 Boy	1053
6	0:09:11	PAYNE, Ben		Under 11 Boy	1040
7	0:09:34	MCFALL, Joel		Under 15 Boy	1065
8	0:09:39	COATES, Samuel	Leigh Harriers &AC	Under 11 Boy	1014
9	0:09:43	ROBERTS, Bethan Haf	Colwyn Bay AC	Under 11 Girl	1001
10	0:09:55	ROBERTS, Nia-ann	Colwyn Bay AC	Under 15 Girl	1002
11	0:09:56	FERGUSON-LACEY, Callum		Under 15 Boy	1034
12	0:10:07	CAWOOD, George		Under 11 Boy	1030
13	0:10:12	HARRISON, William	Leigh Harriers &AC	Under 11 Boy	1013
14	0:10:18	LUDDEN, Laura		Under 11 Girl	1011
15	0:10:26	GARNETT, Edward		Under 11 Boy	1038
16	0:10:29	GREENALGH, James		Under 15 Boy	1042
17	0:10:48	FORSTER, Rebecca	Spectrum Striders	Under 11 Girl	1028
18	0:10:50	DONOHUE, Jack		Under 21 Boy	1064
19	0:10:53	BAINES, Cerys	Leigh Harriers &AC	Under 11 Girl	1005
20	0:11:11	HAMPSON, Shauna		Under 15 Girl	1023
21	0:11:21	MCFALL, Lee		Vet lady 35+	1066
22	0:11:36	AGNEW, Ben		Under 11 Boy	1045
23	0:11:38	DONOHUE, Evan		Under 11 Boy	1063
24	0:11:56	EHLEN, Penny		Under 11 Girl	1047
25	0:11:57	EHLEN, Holly		Under 11 Girl	1048
26	0:11:59	HOPPER, Daniel		Under 11 Boy	1018
27	0:11:59	HOPPER, Edward		Under 11 Boy	1020
28	0:12:03	BUCKLEY, Katie		Under 11 Girl	1056
29	0:12:17	LACEY, Pearce		Under 15 Boy	1032
30	0:12:18	MORLEY, Sam		Under 15 Boy	1021
31	0:12:36	ELDRIDGE, Thomas		Under 11 Boy	1041
32	0:12:46	JONES, Bethan		Under 15 Girl	1022
33	0:12:56	GARNETT, Matthew		Under 11 Boy	1039
34	0:13:00	DODSWORTH, Liz	Warrington AC	Vet lady 35+	1060
35	0:13:01	WILLIAMS, Maya		Under 11 Girl	1037
36	0:13:02	WILLIAMS, Andrew		Vet man 40	1049
37	0:13:14	LACEY, Kai		Under 11 Boy	1031
38	0:13:15	LACEY, Alan	Uknetrunner	Vet man 40	1033
39	0:13:18	PERCIVAL, Zoe		Under 11 Girl	1004
40	0:13:22	FORSTER, Suzannah	Spectrum Striders	Under 11 Girl	1027
41	0:13:23	YATES, Janet		Vet lady 35+	1003
42	0:13:28	CAWOOD, Liam		Under 11 Boy	1029
43	0:13:35	KENT, Alex		Under 11 Boy	1026
44	0:13:43	SHAW, Alex		Under 15 Boy	1050
45	0:14:13	ALTON, Chloe		Under 15 Girl	1016
46	0:14:14	PHELAN, Niamh		Under 11 Girl	1007
47	0:14:19	PHELAN, Patrick		Senior Man	1006
48	0:14:50	KENT, Matthew		Under 11 Boy	1025
49	0:15:04	TAYLOR, Georgia		Under 11 Girl	1055
50	0:15:06	TAYLOR, Sophie		Under 11 Girl	1054
51	0:15:16	DURET, Eve		Under 11 Girl	1061
52	0:15:35	SPEAKE, Carrie		Under 11 Girl	1017
53	0:15:36	GREENALGH, Jordan		Under 11 Boy	1043



Birchwood 10k Road Race Sunday 17-Aug-2008 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)



Pos	Time	Name	Team	Category	Race no
54	0:16:35	IVEY, Ethan		Under 11 Boy	1062
55	0:18:09	DONE, Suzanne		Vet lady 35+	1051
56	0:18:09	DONE, Jessica		Under 11 Girl	1052
57	0:19:12	TAYLOR, Katie		Under 11 Girl	1008
58	0:19:28	WAYT, Carmel		Vet lady 35+	1010
59	0:20:37	TAYLOR, Christopher		Under 11 Boy	1009
60	0:21:45	AGNEW, Katie		Under 11 Girl	1046
61	0:21:45	AGNEW, Ruth		Vet lady 35+	1044
62	0:21:48	SPEAKE, Kirsty		Under 15 Girl	1015
63	0:21:50	CLARKE, Holly		Under 11 Girl	1058
64	0:22:00	CLARKE, Luke		Under 11 Boy	1057
65	0:22:00	CLARKE, Lisa		Senior Man	1059