

Birchwood 10k Road Race Sunday 22-Aug-2004 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Pos	Name	Cat	Age %	Club	Time	
1	Tomas Abyu			Salford H&AC	30.26	C
2	Nicholas Goodliffe		88.10%	Holefirth H	30.38	
3	Mike Prowdlove		85.20%	City of Stoke	31.39	C
4	Rick Hayman		84.00%	Sale H Manch	32.07	
5	Mark Keeley		83.80%	Liverpool H	32.11	
6	Eddie Simpson		84.10%	Preston	32.14	
7	Gerry O'Neill		83.10%	Menai T&F	32.36	
8	John McCole		81.60%	Liverpool H	33.03	
9	Gavin Tomlinson			Vale Royal	33.07	C
10	Mike Weedall	M45	89.20%	Wrexham AC	33.09	
11	Steve Murdoch	M40	85.30%	Border H	33.23	
12	Mike Shaw	M40	83.10%	Stockport H	33.32	
13	Michael Halman		80.20%	Wilmslow	33.39	C
14	Thomas Boardman	MJ	80.80%	Leigh H	34.09	
15	Neil Crompton		78.90%	Warrington AC	34.11	C
16	Steve Spence		78.60%	Wirral AC	34.18	
17	Bernie Jones	M45	84.10%	Wrexham AC	34.21	
18	Ian Selby		78.90%	Bolton	34.34	
19	Pete Benyon		77.90%	Vegetarian C&AC	34.38	C
20	Len Best	M50	88.60%	Stockport H	34.44	C
21	Stuart Parrott	M40	80.80%	Wilmslow	34.45	C
22	Tom McGaff	M45	85.40%	Wilmslow	34.53	C
23	Ian Bamber		78.60%	Spectrum Str.	34.57	C
24	Mick Barlow		78.40%	Kent AC	35.02	
25	Alan Pover	M55	88.90%	Stockport H	35.14	C
26	Mikko Kuronen	M45	81.80%	East Cheshire H	35.19	C
27	John Telford	M45	82.10%	Vale Royal	35.29	C
28	Steve Almond	M40	78.30%	Stockport H	35.36	C
29	Chares Linkison		76.10%	Wesham RR	35.38	
30	David Constance	M40	78.70%	Stafford H	35.39	
31	Paul Dedswerth		75.90%	Warrington AC	35.43	C
32	David Edwards	M40	79.00%	Liverpool RC	35.48	
33	Olivia Renshaw	F	83.50%	Vale Royal	35.49	C
34	Nigel Grant	M40	78.20%	Penny Lane Str.	35.54	
35	Steven Crowe		75.10%	Ellesmere Port	35.55	
36	Kevin Beattie		75.40%	Stockport H	35.57	
37	Clive Rowland			Wrexham AC	35.57	
38	Dominic Mahon		75.30%	Warrington AC	36.05	C
39	Suzanne Owen	F	82.80%	City of Glasgow	36.07	
40	Andrew Whittingham		74.60%	Stockport H	36.09	C
41	Jim Pendrill		74.50%	Wilmslow	36.12	C
42	Anthony Battersby		74.30%	Astley Tyldesley	36.18	C
43	Ian Clayton		76.20%	Rothwell H	36.19	
44	Graham Taylor	M40	77.30%	Wilmslow	36.19	
45	Kieran Bailey		74.10%	U/A	36.23	
46	Clare Newton	F	82.20%	Stafford H	36.24	
47	Dave Waywell	M60	89.80%	Wesham RR	36.28	
48	Phil Wood		73.90%	U/A	36.29	
49	Michael Timmins	MJ	76.30%	Warrington AC	36.31	
50	Mark Woodcock		75.70%	Boalloy	36.34	
51	Mark Ellithorn	M40	76.20%	Chorley H	36.34	
52	Steve Clayton	M45	80.80%	Preston	36.37	

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Pos	Name	Cat	Age %	Club	Time	
53	Peter Cruse	M40	77.20%	Wesham RR	36.37	
54	Steve Bacon		74.50%	Congleton H	36.39	C
55	Shaun Moran			Astley Tyldesley	36.41	
56	Lee Barlow		73.50%	Wesham RR	36.43	
57	Alastair Murray		73.40%	Horwich RMI	36.45	
58	Michael Entwistle	M55	86.60%	Astley Tyldesley	36.48	
59	Keith Hatton	M40	77.90%	Liverpool H	36.49	
60	Colin Potts		73.10%	Liverpool RC	36.54	
61	Robert Thomson	M45	78.90%	Shrewsbury AC	36.56	
62	Marc Laithwaite		72.90%	Wigan Phoenix	36.59	
63	Tony Jackson	M45	78.10%	Newburg Nomads	37.01	C
64	Ian Magill		72.80%	Liverpool RC	37.04	
65	David Bamford	M40	75.60%	Wigan Phoenix	37.07	
66	Michael White		72.70%	U/A	37.07	C
67	Julian Barry	M50	83.30%	Boalloy	37.15	
68	John Pares		73.60%	Buckley R	37.19	
69	Tim Gibson		72.30%	Lytham St Annes	37.20	
70	Rachel Jones	F	80.10%	Salford H&AC	37.22	C
71	Tony Hesketh	M55	84.40%	Horwich RMI	37.26	
72	Richard Haggett		72.00%	U/A	37.27	
73	Matthew Cleary	MJ	75.20%	Halesowen Cobra	37.28	
74	Chris Floyd		71.80%	U/A	37.35	C
75	Mick Fairs	M55	84.00%	Wilmslow	37.36	C
76	Ian McIlwee		71.70%	U/A	37.37	
77	Emma Calderbank	F	79.50%	North Fylde	37.39	
78	Ruth Clayton	F	79.50%	U/A	37.39	C
79	Neil McDonald		71.90%	Preston	37.43	
80	Colin Hammond	M40	73.90%	U/A	37.44	C
81	Dowg Fleming	M40	76.00%	Horwich RMI	37.46	
82	Lester McCabe		72.20%	U/A	37.47	C
83	Eddie Sweeney			Manchester YMCA	37.49	
84	Anthony Barbat	M40	75.70%	Wallasey AC	37.53	
85	Nigel Levett		71.20%	U/A	37.54	C
86	Martin Cortvriend	M50	80.50%	Macclesfield	37.57	C
87	Adrian Timmins		70.90%	Warrington AC	38.03	
88	Lee Campbell	M40	74.30%	Boalloy	38.04	C
89	Peter Maher	M45	78.30%	Vale Royal	38.05	C
90	Chris Wakeman	M45	76.40%	Shrewsbury AC	38.07	
91	Chris Nightingale		71.40%	Wigan Phoenix	38.12	
92	Graham Hogg	MJ	73.70%	Trafford AC	38.14	C
93	Michael Wakefield	M50	80.50%	Salford H&AC	38.15	
94	Ian Carson	M50	80.40%	Wrexham AC	38.16	
95	David Lord	M40	73.70%	Clayton-le-Moors	38.21	
96	Martin Quinn		70.20%	Wirral AC	38.24	
97	Emma Phillips	F	77.80%	Tipton H	38.26	
98	John Parrott	M45	77.50%	Stockport H	38.26	C
99	John Clemens	M60	86.00%	Stone Master Mar	38.28	
100	Andy Ault		69.90%	Vale Royal	38.36	C
101	Kerrie Wood	F35	79.40%	Stockport H	38.40	
102	Russ Corsini	M45	75.30%	Darwen Dashers	38.41	
103	Gary Willcock	M40	73.00%	Manchester YMCA	38.43	
104	Colin Martin	M45	75.10%	U/A	38.46	

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Pos	Name	Cat	Age %	Club	Time	
105	Jason george		69.50%	U/A	38.47	
106	Jeff Seddon		69.50%	Wigan Phoenix	38.49	C
107	Rachel Pleeth	F	77.00%	Macclesfield	38.50	C
108	Linda Clarkson	F35	77.80%	Darwen Dashers	38.51	
109	Miles Jefferson		69.40%	U/A	38.53	
110	Ellis Davies		69.70%	U/A	38.53	
111	John Kelly	M40	72.60%	Penny Lane Str.	38.55	
112	Ian Dodds	M40	72.60%	Southport W'loo	38.58	
113	Frank Murphy	M50	77.70%	Walmsley RC	38.59	
114	Tony Parry	M45	75.80%	Wrexham AC	39.00	
115	Chris Cleary	M40	72.50%	Halesowen Cobra	39.00	
116	Simon Jackson	M40	71.90%	Congleton H	39.02	C
117	Danny Legg	M40	71.90%	Ellesmere Port	39.03	C
118	Ian Rutherford		69.00%	Vale Royal	39.05	
119	David Watson		69.30%	Preston	39.07	
120	John Bertenshaw	M45	75.50%	Wesham RR	39.09	
121	James Roberts	MJ	72.00%	U/A	39.10	C
122	Carol Parsons	F		Tattenhall R	39.12	C
123	Lee Hunter		68.80%	U/A	39.13	
124	John Burns	M45	75.90%	Wesham RR	39.16	
125	Simon Moseley		70.40%	U/A	39.18	
126	Anthony Chadwick		69.90%	Liverpool RC	39.20	
127	Shane Cliffe	M40	70.80%	Red Rose RR	39.23	
128	Jason Howard		68.80%	Birkenhead AC	39.24	
129	Kevin McGrath	M45	73.90%	Darwen Dashers	39.24	
130	Gary Bergin			U/A	39.29	C
131	Kevin Edge		70.10%	Rochdale	39.30	
132	Carl Williams		70.00%	Boalloy	39.32	C
133	Jill McGee	F40	79.00%	Lanc & Morc	39.32	
134	Matthew Whitfield	M45	74.70%	Ellesmere Port	39.35	
135	Ian Edge	M40	70.80%	Warrington RR	39.37	
136	Arthur Wilson	M40	70.80%	Birkenhead AC	39.37	
137	Dave Lovatt	M45	72.90%	Penny Lane Str.	39.39	
138	Keith Lunt		68.00%	Littlewoods Leg	39.41	
139	Joseph Connolly		68.80%	Stafford H	39.41	
140	Roderick Johnstone		67.90%	Warrington RR	39.42	C
141	Gregory Allcock		67.90%	U/A	39.43	C
142	Karen Hutchinson	F35	77.30%	Horwich RMI	39.43	
143	Andrew McCallum	M55	79.50%	U/A	39.45	
144	Stephen Robinson	M40	71.10%	East Cheshire H	39.45	
145	Jonathan Curtis		67.90%	Ripley	39.45	
146	Tony Archer	M45	74.90%	Vale Royal	39.46	C
147	Clive Booth		68.50%	U/A	39.49	C
148	Philip Butler	M40	70.40%	Red Rose RR	39.51	
149	Alan Hudson	M55	78.60%	Wesham RR	39.51	
150	Ken Burgess	M60	83.00%	Altrincham DAC	39.51	
151	Rachael Moore	F	75.00%	Wigan Phoenix	39.53	
152	Eugene McKenna	M40	69.80%	U/A	39.56	C
153	Richard Parris		68.30%	Wilmslow	39.57	
154	Arthur Deane	M50	75.20%	Liverpool H	39.58	
155	Tim Murphy	M40	69.70%	Northern Vets	39.59	C
156	George Livesey	M55	79.70%	Wilmslow	40.00	

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Pos	Name	Cat	Age %	Club	Time	
157	Keith Brown	M40	71.20%	Warrington RR	40.01	C
158	John Battersby	M45	72.70%	Sale H Manch	40.03	C
159	Gillian Glynn	F	74.50%	U/A	40.09	
160	David Livingstone		67.20%	Altrincham DAC	40.09	
161	Joan Jackson	F45	82.50%	Northern Vets	40.09	
162	Karl Lee		67.70%	Wesham RR	40.09	
163	Graham McAra	M50	74.80%	Northern Vets	40.09	
164	Steve Broadfoot	M40	70.30%	Liverpool RC	40.12	
165	John Lee		67.70%	Astley Tyldesley	40.20	
166	Chris Jeffs	M45	72.20%	Buckley R	40.21	
167	Ian Paln		66.70%	Liverpool RC	40.25	C
168	George Kennedy	M45	72.00%	Wesham RR	40.27	
169	Kevin Carroll	M50	74.90%	Liverpool PS	40.27	
170	Richard Davies	M45	71.40%	Wesham RR	40.27	
171	Ian Close	M45	73.10%	North Fylde	40.28	
172	Warren Mason		68.40%	Macclesfield	40.28	C
173	Billy Hargreaves	M55	78.70%	Liverpool H	40.29	
174	Andrew Marsden	M45	73.60%	Warrington RR	40.29	C
175	Chris Harbron		66.60%	Macclesfield	40.31	
176	Caroline Betmead	F	73.80%	North Fylde	40.33	
177	David Jones	M50	75.10%	Denbigh H	40.38	
178	Tony Hulme	M55	78.40%	Wilmslow	40.38	C
179	Paul Pover	M50	75.10%	Northern Vets	40.39	C
180	Andrew Blair	M40	68.50%	Tattenhall R	40.41	C
181	J France	F40	77.90%	Holefirth H	40.43	
182	David Wall	M40	68.40%	Chorley H	40.45	
183	Terry Bradshaw	M40	70.40%	North Fylde	40.45	
184	Stephen Napier		66.10%	U/A	40.49	
185	Matthew Brown	M40	68.20%	Vale Royal	40.50	
186	Tim Jenkins	M40	69.20%	U/A	40.50	C
187	Chris Marshall		66.40%	Ellesmere Port	40.50	C
188	Stephen Saunders	M40	68.10%	Birkenhead AC	40.57	
189	Billy Martin			Bolton	40.58	
190	David Shaw		65.80%	Bolton	41.01	
191	Paul Costello	M40	67.90%	Mersey FB	41.03	
192	Dominic Hopson		65.70%	Idle AC	41.05	C
193	Michael Court		66.40%	Vale Royal	41.07	C
194	Richard Bushwell		67.30%	LingfieldRC	41.07	
195	Derek Walton	M60	80.40%	Altrincham DAC	41.09	
196	David Parkinson			U/A	41.09	
197	Nick White		65.50%	Astley Tyldesley	41.11	
198	James Smith	M55	78.10%	Wilmslow	41.11	
199	Michael Taggart		67.10%	U/A	41.13	
200	Gary Bissell		65.40%	West Cheshire AC	41.14	C
201	Stephen Wilkinson		65.40%	Vale Royal	41.15	
202	David Nalder	M50	72.80%	Ellesmere Port	41.17	C
203	Mike Cutler	M45	71.10%	South Cheshire H	41.17	C
204	Keith Makin	M55	77.00%	Horwich RMI	41.22	
205	Matthew Foddy		65.20%	U/A	41.22	
206	Paul Ashby		66.80%	Southport W'loo	41.26	
207	Chris Palmer	M40	67.70%	U/A	41.28	
208	Andrew Whitaker		65.00%	U/A	41.30	C

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Pos	Name	Cat	Age %	Club	Time	
209	Marc Jacques		65.80%	U/A	41.30	C
210	Stephen Esplin		65.00%	Stockport H	41.31	C
211	Gary Stevens		65.00%	Astley Tyldesley	41.31	
212	Ian Brown	M50	73.50%	Manchester Tri	41.33	
213	Mark Firth		65.70%	U/A	41.33	
214	Gary Milnes	M45	70.10%	East Cheshire H	41.34	
215	Sheila McVeigh	F45	81.10%	Cumberland AC	41.35	
216	Stephen Symons			Manchester YMCA	41.38	
217	Neil Taylor		65.50%	Skelmersdale	41.38	
218	James Downey	M40	66.90%	Wirral AC	41.38	
219	Deil Goodman	M45	70.40%	Macclesfield	41.41	
220	Harold Dobson	M65	84.50%	Knavesmire H	41.41	
221	Pete Doyle	M45	69.80%	Congleton H	41.44	C
222	Andrew Birtwistle	M50	71.90%	Manchester YMCA	41.45	
223	Mark Hawkes	M40	68.20%	U/A	41.45	
224	Anne Sweeney	F45	78.00%	Preston	41.45	
225	Geoff Caton	M50	74.10%	Southport W'loo	41.52	
226	Alek Karagic	M40	67.40%	Horsforth H	41.55	
227	James Bradbury	M55	77.40%	Congleton H	41.56	C
228	Andy Boyack	M50	72.20%	St Helens Sutton	41.58	
229	David Temple		64.30%	Deestriders	41.58	
230	Gaynor Higson	F35	72.50%	Horwich RMI	42.03	
231	Neil Manwaring		64.10%	U/A	42.03	
232	Allisdhair McNaul	M40	67.20%	Cheshire Hash	42.04	
233	David Preston	M50	71.30%	Wesham RR	42.08	
234	Ros Barker	M40	66.60%	Stone Master Mar	42.09	
235	Eddie Taylor	M45	70.10%	U/A	42.10	
236	Timothy Edwards		65.50%	U/A	42.15	
237	Feleena Taylor	F	70.80%	U/A	42.15	
238	Barry Chambers	M50	72.20%	Vale Royal	42.16	C
239	Andrew Nightingale		63.80%	Wigan Phoenix	42.17	
240	Kate Ayres	F45	76.90%	Wilmslow	42.20	C
241	Paul Kay	M50	71.50%	U/A	42.21	C
242	Andrew Carter		63.60%	U/A	42.23	C
243	Nicky Archer	FJ	71.40%	Vale Royal	42.26	C
244	Jonathan Falkner	M40	66.10%	Macclesfield	42.27	C
245	Craig Bradbury		63.50%	Astley Tyldesley	42.28	
246	Pete Simpson	M55	74.30%	Liverpool H	42.29	
247	Michael Leary	M60	77.00%	Wigan Phoenix	42.32	
248	Mike Perchard	M50	71.20%	BNFL Runners (I)	42.33	C
249	Philip Leaver	M50	71.10%	Wesham RR	42.35	
250	Chrissie O'Connor	F45	76.40%	North Fylde	42.35	
251	John Raftery	M50	71.10%	Wallasey AC	42.35	
252	Matthew Williams	MJ	65.30%	Wallasey AC	42.38	C
253	Roger Brereton		63.30%	Macclesfield	42.38	C
254	Alex Dobson		63.20%	U/A	42.41	
255	Karen Green	F35	71.40%	Congleton H	42.42	C
256	Karen Smout	F	70.00%	Horwich RMI	42.44	
257	Eric Barford		64.30%	U/A	42.44	
258	Rebecca Avanessian	F		Manchester YMCA	42.45	
259	David English	M40	66.60%	U/A	42.46	
260	Alan Oakes	M40	65.60%	Boalloy	42.46	

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261	Gerry Kennedy		64.70%	U/A	42.46	
262	Andy Gaskell		63.30%	U/A	42.47	
263	Susan Corsini	F35	72.30%	Darwen Dashers	42.50	
264	Ian Barwise	M50	72.40%	Warrington RR	42.52	C
265	Edwin Lowrey	M45	68.30%	Birkenhead AC	42.57	C
266	John Ladanowski	M50	70.80%	Ford Halewood	43.06	
267	Darren Barlow		62.50%	U/A	43.09	
268	Ronnie Jones	M65	81.60%	Wirral AC	43.09	C
269	Robert Hancox	M40	64.50%	U/A	43.14	
270	Rachel White	F	69.20%	Birmingham Uni	43.15	
271	Kevin Straw	M40	66.30%	U/A	43.16	
272	Andy Edwards	M45	67.80%	U/A	43.17	
273	Graham Vickers	M45	67.30%	Wesham RR	43.18	
274	Mike O'Crien	M45	67.70%	Manchester YMCA	43.20	C
275	Larry Crawley	M55	72.90%	Warrington RR	43.21	
276	Sue Turner	F40	72.00%	North Fylde	43.22	
277	Brandon Holroyd		62.20%	U/A	43.23	
278	David Heald		62.10%	U/A	43.25	
279	Pete Hoyle	M40	64.20%	U/A	43.26	
280	Glyn Jones	M50	70.30%	U/A	43.26	
281	Pete Bland	M55	72.70%	Horwich RMI	43.27	
282	Gareth Trimble		62.10%	Wilmslow	43.27	
283	John Lazarus	M50	69.10%	Warrington RR	43.27	C
284	Garry Thompson	M45	68.00%	U/A	43.28	
285	Alan Coper	M55	72.00%	West Cheshire AC	43.29	
286	Toby Cushion		62.00%	BNFL Runners (I)	43.29	
287	Mike Breslin	M45	66.90%	Walmsley RC	43.32	
288	Andrew Reid		63.10%	U/A	43.34	
289	Jane Clarke	F35	68.80%	Wilmslow	43.34	
290	Andrew Nelson		61.80%	U/A	43.37	
291	Ranald Mackay		62.10%	U/A	43.38	
292	Steve Pemberton	M45	68.20%	Penny Lane Str.	43.40	
293	Denise Wakefield	F50	77.90%	Horwich RMI	43.40	
294	Rosemary Wilson	F45	74.50%	Stone Master Mar	43.42	
295	Bill Clsrke	M55	72.90%	Stone Master Mar	43.42	
296	Ian Manners			Manchester YMCA	43.43	
297	Catherine Hewitt	F40	72.00%	Wrexham AC	43.43	
298	Andy Fisher		62.80%	U/A	43.46	
299	Stuart Towns		61.60%	U/A	43.46	
300	Danielle Jepson	F	68.30%	BNFL Runners (I)	43.48	
301	Leigh Brindle		61.60%	U/A	43.49	
302	David Fox	M45	67.50%	U/A	43.49	
303	Stuart Sharp		61.40%	U/A	43.55	
304	Michael Evans		61.40%	U/A	43.55	C
305	Ian Ashcroft	M55	73.20%	Wilmslow	43.56	C
306	Alan Taylor		61.70%	Wesham RR	43.57	
307	Jason Dix		61.30%	South Cheshire H	43.58	
308	Erika Schmid	F	68.00%	U/A	44.00	C
309	Michael Livingstone	M40	64.20%	U/A	44.01	C
310	Robin Wignall	M60	74.30%	Altrincham DAC	44.03	
311	Anne Webb	F35	70.30%	Hyde Village Str	44.04	
312	Paul Caldwell	M50	68.10%	Village RR	44.05	

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313	Stephen Goodchild	F		Manchester YMCA	44.07	
314	Dave Edge	M65	78.00%	Rochdale	44.07	
315	Julia Eccleston	F	67.80%	St Helens Sutton	44.09	
316	Campbell MacKellar	M40	64.40%	U/A	44.13	
317	Alan Berry	M40	64.40%	U/A	44.15	
318	Adrian Bryan		60.90%	U/A	44.16	
319	Neil Canham	M55	70.70%	Trafford AC	44.18	
320	Diana Wall	F	67.50%	Chorley H	44.18	
321	Andrew Thurlow		60.90%	U/A	44.19	
322	Michael Crowe	M45	67.20%	Lytham St Annes	44.20	
323	Malcolm Whitehead	M60	73.80%	Horwich RMI	44.22	
324	Paul Aytes	M45	66.70%	Wilmslow	44.22	C
325	Jack Thomas	M60	75.30%	Buckley R	44.23	
326	John Mason		62.40%	U/A	44.23	
327	Karl Wanstall	M40	62.80%	U/A	44.24	
328	Richard Horrocks		61.00%	U/A	44.24	
329	David Hall	M40	63.20%	Middleton H	44.26	
330	Richard Woodcock		60.70%	U/A	44.26	
331	Clare Hawkes	F40	72.60%	Wirral AC	44.27	
332	Rosemary Connolly	F35	67.50%	Stafford H	44.28	
333	Sam Schofield		60.70%	U/A	44.28	C
334	Philip Wright		60.60%	U/A	44.30	
335	Alby Flynn	M55	71.60%	Marconi H	44.31	
336	Kirsty Wright	F	67.20%	U/A	44.32	
337	Linda Ely	F40	71.90%	Wilmslow	44.32	C
338	Mark Wood		62.10%	U/A	44.32	
339	Gareth Dowson		60.50%	U/A	44.33	C
340	Patricia O'Keefe	F45	73.10%	Ford Halewood	44.33	
341	Marty Grieve	M45	65.80%	Liverpool RC	44.35	
342	Alan Garvey	M50	67.30%	Middleton H	44.36	
343	Mark Fallows		60.50%	U/A	44.36	
344	Chris Allen		60.40%	U/A	44.38	
345	Michael Jones		60.40%	U/A	44.41	C
346	David Jackson	M40	64.20%	U/A	44.41	
347	Louise Williams	F35	68.10%	Wesham RR	44.46	
348	Brian Beattie	M60	73.10%	West Cheshire AC	44.47	C
349	Andrew Vize		61.30%	U/A	44.48	
350	Alan Durston	M50	68.70%	Ellesmere Port	44.50	C
351	Michael Mason	M40	62.10%	Hyde Village Str	44.51	
352	Andy Roberts	M40	62.00%	U/A	44.55	C
353	Carl Bedson		60.00%	Glossopdale	44.57	
354	Tom Dutton			Manchester YMCA	44.57	
355	Oliver Kay		60.00%	U/A	44.58	
356	Richard Hammond		60.30%	U/A	44.58	C
357	Liz Thornton	F40	71.10%	Liverpool RC	44.59	
358	David Gamble		59.90%	U/A	45.00	
359	Sara Atkinson	F35	68.70%	Tattenhall R	45.02	
360	Chris Lowe		59.90%	U/A	45.04	
361	Simon Rigby		59.80%	Warrington RR	45.08	C
362	Nigel Armstrong		59.80%	Warrington RR	45.08	
363	Norman Gibson	M45	65.40%	U/A	45.14	
364	Gordon Brown	M70	81.50%	Liverpool H	45.18	

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Pos	Name	Cat	Age %	Club	Time	
365	Amy Archer	F	66.00%	Vale Royal	45.19	C
366	Derek Howarth	M70	84.60%	Leigh H	45.21	
367	Edward Roberts	M50	68.50%	Ford Halewood	45.21	
368	Alison Titterington	F45	73.00%	North Fylde	45.23	
369	Rebecca Smith	F	65.80%	Northbrook AC	45.26	
370	Finlay McCalman	M40	61.30%	Wesham RR	45.26	
371	Michael Horton	M55	70.10%	Boalloy	45.28	
372	John Dunford	M40	62.60%	North Fylde	45.30	
373	Chris Taylor		60.80%	U/A	45.30	C
374	Ruth Calderbank	F50	76.20%	North Fylde	45.32	
375	Kathleen Hoyer	F40	70.80%	Wesham RR	45.35	
376	Colin Fitzjohn	M40	61.10%	Darwen Dashers	45.37	C
377	Howard Barlow	M45	65.30%	BlackpoolFylde	45.38	
378	lisa Morley	F	65.60%	Wrexham AC	45.38	
379	Peter Smith	M50	65.70%	Littlewoods Leg	45.45	
380	Clare Holdcroft	F	65.30%	Congleton H	45.48	
381	David Beresford		58.90%	Congleton H	45.48	
382	Janet Hodgkinson	F	65.30%	Macclesfield	45.50	
383	Neil Stubbs	M40	62.10%	U/A	45.53	
384	Janine Lowe	F	65.20%	Darwen Dashers	45.55	
385	Paul Hannigan	M45	63.90%	Marconi H	45.56	
386	Andrew Campbell		58.70%	Wrexham Tri	45.59	
387	James Wilkinson		60.20%	U/A	46.00	
388	John Houghton	M45	62.80%	U/A	46.02	C
389	Janet Booth	F40	67.60%	U/A	46.12	C
390	Nigel Gloudon		59.30%	U/A	46.21	
391	Kyrinda Hurst-Moore	F35	66.80%	Middleton H	46.22	
392	Simon Press		58.40%	U/A	46.23	
393	Michael Darwell		58.10%	U/A	46.26	
394	Gary Jenkinson		58.30%	Village RR	46.28	
395	Trevor Willoughby	M50	64.50%	Lytham St Annes	46.34	
396	Sandra Owen	F55	77.40%	Tattenhall R	46.35	C
397	Angela Leonard	F		Manchester YMCA	46.39	
398	Daniel Fox	M40	60.90%	U/A	46.44	
399	Hugh Halpin	M40	60.00%	U/A	46.48	C
400	Jack Brayshaw	MJ	58.90%	U/A	46.50	C
401	Howard Henshaw	M60	72.70%	BlackpoolFylde	46.53	
402	John Barnes			Darwen Dashers	46.57	
403	Steve Hill		57.40%	U/A	46.59	C
404	Kim Simpson	F	63.70%	Wilmslow	47.00	
405	Aaron Sedgwick	MJ	58.70%	U/A	47.01	C
406	Peter Breen		57.40%	Village RR	47.01	
407	Louise Gilchrist	F70	91.90%	Valley Striders	47.01	
408	Mike Evans	M50	64.80%	U/A	47.06	
409	Paul O'Wonnor	M40	59.60%	U/A	47.07	
410	Rachael Nevins	F35	64.20%	U/A	47.07	
411	Joanne Edwards	F40	66.80%	Vale Royal	47.08	
412	Solenn Caradec	F	63.40%	U/A	47.09	
413	Terry Robson	M60	70.70%	Stockport H	47.15	C
414	Stephen Bushill		57.10%	U/A	47.16	C
415	Bernard Brown	M40	58.90%	U/A	47.18	
416	Ailsa Pearson	F40	66.00%	U/A	47.19	

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Pos	Name	Cat	Age %	Club	Time	
417	Bernard Bullock	M45	62.40%	U/A	47.23	C
418	Jon Paramor	M50	64.40%	Manchester YMCA	47.24	
419	Julia Wigglesworth	F	63.10%	Warrington RR	47.25	C
420	Sid Bailey	M45	61.90%	Deestridders	47.26	
421	Michelle Kelly	F45	68.60%	Penny Lane Str.	47.28	
422	William Thompson	M40	60.40%	U/A	47.28	
423	Tim Callaghan		56.80%	U/A	47.29	
424	Paul Clay		57.10%	U/A	47.29	
425	Val Kinvig	F40	66.80%	Vale Royal	47.29	
426	Carol Shaw	F40	66.80%	Helsby RC	47.30	C
427	Stuart Anderson	M65	73.30%	Wakefield	47.30	
428	Philip Eaton	M40	59.00%	U/A	47.32	
429	Alan Buckley	M50	64.10%	Middleton H	47.37	
430	Gillian Collen	F45	68.90%	Warrington RR	47.38	C
431	Christophe McGinnity	M50	63.00%	U/A	47.39	
432	Thomas Russell		56.90%	U/A	47.39	C
433	Mike Piercy	M45	61.10%	U/A	47.41	
434	Bryan Clark	M55	67.40%	NSRRA	47.42	
435	James Naylor	M45	60.50%	U/A	47.44	
436	Stefan Hoheisal		56.50%	U/A	47.45	
437	Rob Dulson	M50	63.90%	U/A	47.46	
438	Helen Lester	F35	63.30%	Tattenhall R	47.47	
439	David Wild		57.50%	Stockport H	47.49	C
440	Alan Lacey		56.70%	UKnetrunner.co.u	47.49	
441	Neil Bamber		56.40%	U/A	47.51	
442	Julie Fletcher	F	62.50%	Macclesfield	47.53	
443	John Morrison	M50	63.70%	U/A	47.56	
444	Mark Watts		56.90%	U/A	47.57	
445	Michael Bayliss	M55	65.30%	U/A	47.58	
446	George Ingham	M45	61.20%	Liverpool RC	47.59	
447	Jenny Griffiths	F	62.30%	U/A	47.59	
448	David Taylor		56.50%	U/A	47.59	
449	Michael Owens		57.20%	U/A	48.00	
450	Paul Martin		56.20%	U/A	48.01	C
451	Paul Howarth		57.10%	Wirral AC	48.06	
452	Kenneth Mumford			Middleton H	48.08	
453	Rosemary Price	F50	73.40%	Deestridders	48.09	C
454	Mandy Wheatley	F35	64.30%	U/A	48.10	
455	Michael Hallsworth	M50	62.40%	U/A	48.10	
456	Kevin O'Brien	M60	69.30%	Clayton-le-Moors	48.12	
457	Andy Braun		56.00%	U/A	48.12	
458	Ian Langton		55.90%	U/A	48.15	
459	Stephen Norbury		55.90%	U/A	48.17	C
460	Chris Clark		55.80%	U/A	48.19	
461	Stephen Wilkinson	M50	62.60%	Wesham RR	48.24	
462	Martin Costello		56.30%	Mersey FB	48.27	
463	Richard Benson		55.60%	U/A	48.30	
464	David Pickering		55.60%	U/A	48.30	
465	Simon Booth	M40	58.30%	U/A	48.30	
466	Matthew Kerruish-Jon		55.60%	U/A	48.32	C
467	Stuart Hinks		55.60%	U/A	48.33	C
468	Nick Mackarel		56.20%	U/A	48.35	

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Pos	Name	Cat	Age %	Club	Time	
469	Karen Pate	F	61.50%	U/A	48.40	
470	Denise Ennett	F40	66.30%	U/A	48.40	
471	Caroline Emery	F	61.50%	U/A	48.41	C
472	Anne Fortune	F50	71.10%	Northern Vets	48.45	C
473	Alan Brooks	M40	58.40%	U/A	48.47	
474	James Lambe	M40	57.50%	Sale H Manch	48.49	
475	Helena McGoldrick	F40	65.00%	Golborne Trot	48.49	
476	Michael McGoldrick	M40	58.30%	Golborne Trot	48.49	
477	Jim Taylor	M55	64.10%	Darwen Dashers	48.51	
478	Mark Reader	M40	57.40%	U/A	48.52	
479	Karen Dunford	F35	62.80%	North Fylde	48.56	
480	Kate McKenna	F40	64.80%	U/A	48.58	C
481	Ann Jones	F55	74.30%	Wrexham AC	49.01	
482	Frank Wilson	M70	74.30%	Marconi H	49.04	
483	Christine Jackson	F40	64.10%	U/A	49.05	
484	Ian Thomas	M50	62.20%	Swinton RC	49.06	
485	Russell Bowden		54.80%	U/A	49.12	
486	Dominic Cullen		54.80%	U/A	49.15	
487	William Murphy	M65	69.90%	Ford Halewood	49.16	C
488	Ged Johnson	M45	59.90%	Darwen Dashers	49.21	
489	Paul Wadsworth	M40	58.10%	U/A	49.21	
490	Chris Caddick	M40	56.40%	U/A	49.25	
491	Peter Marsh	M55	63.30%	Swinton RC	49.28	
492	Joseph Harker	M65	69.60%	Durham C	49.29	
493	Sally Griffiths	F		U/A	49.30	C
494	Peter Bedford	M50	61.60%	Sale H Manch	49.32	C
495	Alan Poole	M45	58.70%	U/A	49.36	
496	Martin Davies		54.40%	U/A	49.37	
497	David Campbell	M40	57.80%	Congleton H	49.38	
498	Mark Wilson	M45	60.00%	U/A	49.39	
499	Clare Hamer	F	60.20%	U/A	49.43	
500	Marilyn Frain	F55	74.10%	Run Net	49.43	
501	Tommy Broderick	M60	67.80%	Middleton H	49.44	
502	Karen Rigby	F	59.90%	Warrington RR	49.55	C
503	Alison Lysons	F40	62.50%	Warrington RR	49.58	C
504	Leslie Dunn	F40	62.40%	U/A	49.59	
505	William Barber		53.90%	U/A	50.00	
506	Michael Lysons		53.90%	Warrington RR	50.01	C
507	Rae Willoughby	M55	62.50%	Lytham St Annes	50.06	
508	Mark Povey		53.80%	West Cheshire AC	50.06	
509	Clive Langham	M50	60.90%	U/A	50.07	
510	Neil Byrne		55.20%	U/A	50.08	
511	David Hobbs	M45	57.60%	U/A	50.08	
512	David Sargent		54.20%	U/A	50.12	
513	Stephen Langton	M55	62.30%	U/A	50.13	
514	Susan Carter	F35	60.10%	U/A	50.16	
515	Gareth Jones		53.60%	U/A	50.19	
516	Mark Stephenson		53.50%	U/A	50.23	
517	Lynda Tracey	F50	68.80%	U/A	50.25	C
518	Richard Shaw		53.70%	U/A	50.26	
519	John Ruey	M60	67.50%	U/A	50.28	
520	Anne Ferry	F50	67.40%	Liverpool RC	50.30	C

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Pos	Name	Cat	Age %	Club	Time	
521	Vincent Cranny	M40	56.00%	Liverpool RC	50.31	
522	Adrian Glover		54.80%	U/A	50.31	
523	John Hilton	M55	62.00%	Abbey Runners	50.32	
524	Michelle Carrington	F	59.10%	Wirral AC	50.37	C
525	Mike Anderson		54.70%	U/A	50.37	
526	Philip Birchall		53.20%	Leigh H	50.40	
527	Graham Roberts	M50	59.70%	BNFL Runners (I)	50.42	
528	Barbara Bayliss	F45	66.50%	Swinton RC	50.44	
529	John Lightfoot	M40	55.50%	U/A	50.59	
530	Michael Hall	M40	55.00%	U/A	51.00	
531	Andrew Stagg		53.90%	Boalloy	51.01	
532	Alan Hayes	M50	59.30%	U/A	51.03	
533	Dave Bottoms	M45	57.00%	Marconi Spartans	51.04	C
534	Kevin Birchall	M50	60.70%	Leigh H	51.08	
535	John Parrott	M45	58.30%	Stockport H	51.09	C
536	Shaun Alexander		52.70%	U/A	51.13	
537	Peter Hunt	M50	59.10%	U/A	51.13	
538	Terence Long	M50	59.10%	Penny Lane Str.	51.15	
539	William Parkinson	M45	57.20%	U/A	51.18	
540	Gavin Hurst	MJ	53.60%	U/A	51.26	
541	Stuart McWilliam		52.40%	U/A	51.28	
542	Peter Maddock	M50	58.30%	U/A	51.29	
543	David Dickinson		52.30%	U/A	51.37	
544	Carla Ousey	F	57.90%	Sale H Manch	51.41	
545	Stephen Gill		52.10%	U/A	51.44	
546	Chloe Ashby	F	57.80%	U/A	51.46	C
547	Martin Ashby		53.10%	U/A	51.46	
548	Tim Jarvis	M45	57.10%	Macclesfield	51.47	
549	Emer McCarron	F	57.70%	U/A	51.49	
550	Mark Tyldesley		52.10%	U/A	51.49	C
551	Karen Forshaw	F40	60.70%	Leigh H	51.52	
552	Rory Stiles		52.00%	U/A	51.52	
553	Ian Pate	M40	54.00%	U/A	51.56	
554	Andrew Renshaw	M50	59.70%	U/A	51.58	C
555	Steve Higgins	M50	58.70%	U/A	52.00	
556	Derek Beesley	M50	59.10%	Village RR	52.07	C
557	Kelly Towns	F	57.30%	U/A	52.10	
558	David Shaw	M40	54.60%	U/A	52.12	C
559	Hilary Himsworth	F45	62.90%	U/A	52.13	
560	John Jocys	M45	57.10%	Cheshire TallyHo	52.13	
561	Colin Potter		52.60%	U/A	52.15	
562	Angela Parmar	F35	57.80%	U/A	52.18	
563	Jason Tildsley		51.60%	U/A	52.18	C
564	Arabella Stevens	F	57.10%	U/A	52.22	
565	Christina Carson	F45	64.30%	Penny Lane Str.	52.28	
566	Tim Oliver	M45	55.50%	U/A	52.30	
567	Dave Riley	M45	56.30%	U/A	52.31	
568	Percy Hogg	M55	61.80%	Village RR	52.31	C
569	Scott Mason		51.30%	U/A	52.32	
570	Farrah Hunter		51.30%	U/A	52.32	
571	Dave Reid	M40	54.20%	U/A	52.32	
572	Paul Dorgan		51.30%	U/A	52.32	C

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Pos	Name	Cat	Age %	Club	Time	
573	John Wright	M40	53.00%	Birkenhead AC	52.32	
574	Billy Marsh	M50	58.50%	Ford Halewood	52.35	
575	Graham Jowers		51.30%	U/A	52.37	C
576	Richard Darby		51.20%	U/A	52.39	C
577	Russell Kerfoot	M45	56.60%	U/A	52.40	
578	Michael Rishworth		51.20%	U/A	52.40	C
579	Sean Jackson		51.90%	U/A	52.45	
580	Patricia Hanley	F		Manchester YMCA	52.46	
581	Gordon Heeler	M75	76.00%	Northern Vets	52.46	
582	Brian Vigrass	M70	69.00%	Staffs Mor	52.47	
583	Cherie Waring	F	56.70%	U/A	52.48	
584	Julie Sorrell	F35	56.80%	U/A	52.51	
585	Elaine Monks	F35	56.70%	U/A	52.52	
586	Ken Neal		52.30%	U/A	52.54	
587	Gemma Weedon	F	56.60%	U/A	52.54	
588	Kate Vokes	F35	56.70%	U/A	52.56	
589	Meg Jones	F	56.50%	Penny Lane Str.	52.59	
590	Anne Williams	F	56.40%	U/A	53.00	
591	Ron Reed	M75	75.30%	Wilmslow	53.12	C
592	Jonathan Dada	M40	53.50%	U/A	53.15	
593	Alexander Cummins	M65	65.30%	U/A	53.17	
594	John Noakes	M65	65.30%	U/A	53.20	C
595	John Hateley	M60	62.00%	Stafford H	53.20	
596	Steven Buckley	MJ	52.20%	U/A	53.20	
597	Kevin Dillon	M45	54.60%	Royal Mail	53.20	
598	Vicky Warburton	F	56.10%	U/A	53.20	
599	John Coupe	M50	56.80%	U/A	53.20	
600	Michael Woods		50.50%	U/A	53.23	
601	Philip Murray	M65	64.50%	Penny Lane Str.	53.24	
602	John Bradshaw	M40	53.30%	U/A	53.25	
603	Paul Dix	M55	59.10%	U/A	53.27	
604	Catrin Evans	F	55.90%	U/A	53.29	
605	Fiona Macintosh	F35	57.00%	U/A	53.29	
606	Geri Ashcroft	F	56.60%	U/A	53.30	C
607	Jonathan Shaw	M40	53.60%	U/A	53.31	
608	Edward Ryan	M45	55.30%	U/A	53.31	
609	Simon Fisher		50.40%	U/A	53.32	
610	Allison Owen	F35	56.00%	U/A	53.32	
611	Linda Kaye	F35	57.30%	U/A	53.34	
612	Michael Thomas		50.30%	U/A	53.35	
613	Julie Murphy	F35	57.50%	Wesham RR	53.48	
614	Mohamed Kholasi			Burnden RR	53.52	
615	Julie Cruse	F40	58.90%	North Fylde	53.54	
616	Dominic Coupes		50.00%	U/A	53.58	
617	Ken Smart	M65	63.60%	Wilmslow	54.07	C
618	Ian Currey	M40	51.50%	U/A	54.07	
619	Julie Ryan	F35	56.70%	U/A	54.09	
620	Victoria Buckley	F35	56.20%	Stockport H	54.13	C
621	Roz Wood	F45	60.00%	Rothwell H	54.14	
622	Jen Ward	F35	55.30%	U/A	54.16	C
623	Dave Clarke	M50	55.30%	Cheshire Const	54.17	
624	Debbie Read	F45	61.00%	U/A	54.17	

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Pos	Name	Cat	Age %	Club	Time	
625	Geoff Read	M50	56.70%	U/A	54.17	
626	Michael Roberts		49.70%	U/A	54.17	C
627	Matty Mayers		49.70%	U/A	54.19	
628	Tony Totham	M40	52.80%	Chorley H	54.23	
629	Ian Cameron	M50	55.20%	U/A	54.24	C
630	Colin Bradshaw		51.70%	U/A	53.30	
631	Ray Gould		51.40%	U/A	53.30	C
632	Ray barlow	M55	60.60%	Boalloy	53.33	
633	Gary Monks		50.90%	U/A	53.36	C
634	Melvyn Whiteside	M45	53.90%	U/A	53.37	
635	Graham Padget	M60	61.60%	Sale H Manch	53.41	
636	Mark Molloy		50.80%	Warrington RR	53.41	
637	Richard Hackett		50.20%	U/A	53.47	
638	Robert Jones	M50	55.20%	U/A	54.49	
639	Kay Mysin	F		Manchester YMCA	54.50	
640	Philip Maher		49.20%	U/A	54.51	
641	Paul Davies	M40	51.10%	U/A	54.55	
642	Sue Short	F	54.50%	U/A	54.56	
643	Erica Spellman	F35	55.50%	U/A	54.56	
644	Hugo Collingridge		49.00%	U/A	55.01	
645	Vickie Brindle	F35	54.50%	U/A	55.04	
646	Jackie Knight	F55	66.80%	U/A	55.05	
647	James Longton	M55	58.90%	U/A	55.05	
648	Wayne Harris	M40	51.60%	U/A	55.13	
649	Elaine Williams	F45	60.40%	Northern Vets	55.18	
650	Ann Burrows	F		Manchester YMCA	55.29	
651	Harry Rice	M55	58.50%	U/A	55.31	
652	Siane Whitfield	F45	58.50%	Warrington RR	55.37	
653	Elaine Atkinson	F35	55.20%	Darwen Dashers	55.38	C
654	Ros Thompson	F50	61.10%	U/A	55.41	
655	David Heathwood			U/A	55.47	
656	Nicholas Benson	M40	50.70%	U/A	55.48	
657	Jonathan Muir		48.30%	Helsby RC	55.51	
658	Philip Croft	M40	49.80%	U/A	55.55	
659	Andrew Nunn		48.20%	U/A	55.59	
660	Geoffrey Knowles	M45	52.00%	Bolton	56.00	
661	Elizabeth Mason	F	55.20%	Hyde Village Str	56.03	
662	Janet Fielden	F50	62.50%	Sale H Manch	56.03	
663	Lisa Mackay	F35	53.90%	U/A	56.06	
664	Kevin O'Brien	M60	60.80%	Penny Lane Str.	56.06	
665	Yasmin Foulds	FJ	54.40%	Leigh H	56.07	C
666	Sue Walsh	F45	58.50%	U/A	56.07	C
667	John Foulds	M40	51.10%	Horwich RMI	56.07	C
668	Joyce Gent	F60	67.80%	Wigan Phoenix	56.09	
669	Helen Wardill	F	53.20%	U/A	56.11	
670	Andrew Screen	M40	50.70%	U/A	56.11	
671	Janette Woods	F45	57.90%	U/A	56.13	
672	Viv Jones	F50	61.50%	U/A	56.23	
673	Antonia Hanton	F35	54.40%	U/A	56.25	
674	John Butler	M50	53.70%	U/A	56.25	
675	Malcolm Towler	M60	59.80%	U/A	56.27	
676	Rachel Roberts	F35	53.90%	U/A	56.29	C

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Pos	Name	Cat	Age %	Club	Time	
677	Paul Pritchard		47.70%	U/A	56.33	
678	June Sinnott	F45	57.50%	Stockport H	56.38	
679	Linda Birtles	F40	55.60%	U/A	56.39	
680	Jason Hutton		47.60%	U/A	56.42	C
681	Stacie Hughes	F	52.80%	U/A	56.42	
682	Chris Palin	M45	52.10%	U/A	56.44	
683	Helen Beard	F40	55.40%	Stockport H	56.46	
684	Jane Bilton	F	52.70%	U/A	56.47	
685	Phillip Urmston	M40	49.40%	U/A	56.49	
686	Julia Chisnell	F40	55.30%	U/A	56.53	
687	Lyndsey Volkaerts	F	52.60%	U/A	56.53	C
688	Angela Pilling	F50	61.50%	Bolton	56.56	
689	Azman Ibrahim		47.30%	U/A	56.58	
690	Alex Eckel	MJ	48.30%	U/A	57.09	
691	Phil Markham	M45	50.90%	U/A	57.11	
692	Richard Harvey	M45	51.70%	U/A	57.11	C
693	Rachel Forster	F	52.30%	U/A	57.13	
694	Michelle Wilder	F35	52.80%	U/A	57.13	
695	Julie Hockenhull	F40	55.80%	U/A	57.18	
696	Claire Hutchinson	F35	53.90%	U/A	57.26	
697	Stella Anderson	F		U/A	57.32	
698	Margaret Delaney	F50	60.80%	Birkenhead AC	57.37	
699	Stephen Davis		46.70%	U/A	57.42	
700	Julia Simpson	F35	53.60%	U/A	57.43	C
701	Sarah McMutrie	F	51.80%	U/A	57.44	C
702	Ross Beesley	MJ	48.20%	U/A	57.46	
703	Angela Pike	F50	59.40%	Leigh H	57.48	
704	Adam Griffiths		47.30%	U/A	57.51	
705	Lee Hunter		46.60%	U/A	57.51	
706	Morris Fairweather	M45	51.10%	Hyde Village Str	57.53	
707	Julie Hurst	F40	53.90%	U/A	57.53	
708	Martin Powell	M45	49.80%	U/A	58.01	
709	Tanya Foley	F35	52.40%	U/A	58.07	C
710	Rahat Perveen	F35	51.60%	Fitness First	58.10	C
711	Helen Shaw	F35	53.20%	U/A	58.11	
712	Chris Pickford	M40	48.90%	U/A	58.13	C
713	Neil Fawsett	M40	48.20%	U/A	58.15	
714	Robert McCurrie		46.30%	U/A	58.15	C
715	Monica Collantine	F55	62.50%	U/A	58.18	C
716	Elizabeth Lawrence	F35	52.30%	U/A	58.19	
717	Emma Kershaw	F	51.30%	U/A	58.20	
718	Iain Blair		46.20%	U/A	58.23	
719	Susan Adamson	F40	53.40%	U/A	58.24	
720	Catherine Matthews	F	51.20%	U/A	58.25	C
721	Bridget Hall	F35	52.10%	U/A	58.27	C
722	Edward Lloyd	M75	66.50%	Penny Lane Str.	58.29	
723	Mike Burt	M55	54.00%	U/A	58.29	C
724	Arthur Walsham	M70	65.60%	Salford H&AC	58.31	
725	Karen O'Brien	F	51.10%	U/A	58.36	
726	Jeanette O'Brien	F	51.00%	U/A	58.42	
727	Catherine Daintree	F	51.00%	Penny Lane Str.	58.42	
728	Gary Molyneux		45.90%	U/A	58.43	

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Pos	Name	Cat	Age %	Club	Time	
729	Maxine Marigold	F35	51.50%	U/A	58.44	
730	John Quick	M45	50.70%	U/A	58.46	
731	Marie Holden	F35	52.70%	Horwich RMI	58.48	
732	Clive Hughes	M40	48.10%	U/A	58.49	C
733	Emma Devine	F	50.80%	Sepratech (s)	58.52	
734	Ian Pritchard	M40	47.70%	U/A	58.52	
735	Tony Costello	M40	48.00%	Mersey FB	58.55	
736	Gill Beesley	F50	58.80%	U/A	58.57	
737	Philippa Edwards	F50	58.20%	Sale H Manch	59.00	
738	Victoria Guy	F	50.60%	U/A	59.04	
739	Brian Horrocks	M70	63.20%	Wigan Phoenix	59.09	
740	Lloyd Neary			U/A	59.11	
741	Sonia Fairweather	F40	54.40%	Hyde Village Str	59.16	
742	Lisa Griffin	F	50.30%	U/A	59.28	
743	Dan Stagg		45.30%	U/A	59.29	C
744	Diane Barton	F40	54.20%	U/A	59.31	
745	Helen Walkden	F35	50.80%	U/A	59.31	
746	Monica Brown	F60	64.60%	Penny Lane Str.	59.33	
747	Melanie O'Neill	F	50.20%	U/A	59.34	
748	Colette Twamley	F40	54.20%	U/A	59.34	
749	Lucy Freese	F	50.20%	U/A	59.35	
750	Cathie Morrow	F	50.20%	U/A	59.37	C
751	Andy Greenhalgh		45.20%	U/A	59.37	C
752	Fat Face	M40	47.10%	U/A	59.37	
753	Lee Rimmer		45.20%	U/A	59.41	
754	Elizabeth Southern	F55	59.80%	U/A	59.42	
755	Helen Conte	F	49.90%	U/A	59.55	
756	Carol Robinson	F35	51.30%	U/A	59.55	
757	Jane Hatch	F45	54.80%	U/A	59.58	
758	Tony Ferry	M55	52.20%	Liverpool RC	59.58	
759	Bernice Greenhalgh	F45	55.70%	Chorley H	59.59	
760	Alyson Lamb	F45	56.20%	Middleton H	59.59	
761	Sally Jones	F35	49.90%	Road Runners Cl	60.09	
762	Stephen Jones	M45	48.00%	Road Runners Cl	60.09	
763	Sarah Gibson	FJ	50.70%	U/A	60.11	
764	Lynda Clay	F	49.70%	U/A	60.15	
765	Ruth Quick	F65	67.00%	Penny Lane Str.	60.17	
766	Claire Littler	F	49.40%	U/A	60.32	
767	Derek Gill	M70	63.30%	Bingley H	60.38	
768	Sally Huxley	F	49.30%	Warrington RR	60.42	
769	Kevin Burt		44.40%	U/A	60.44	
770	Aileen Flavin	F40	52.60%	U/A	60.51	
771	Jeffrey Williams	M45	48.40%	U/A	61.05	
772	Peter Moritz	M40	46.90%	Barton AC	61.12	
773	Neil Atherton			Manchester YMCA	61.19	
774	Neil Bostock		44.00%	U/A	61.21	C
775	Jane Lawrence	F	48.70%	U/A	61.24	
776	Brian Kavanagh	M45	47.40%	U/A	61.29	C
777				U/A	61.35	
778	Carolyn Eaton	F35	49.10%	U/A	61.36	
779	Clive Dowie	M50	49.60%	White City(Hull)	61.36	
780	Sarah Crabtree	FJ	49.40%	U/A	61.45	

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Pos	Name	Cat	Age %	Club	Time	
781	Simon Crabtree	M40	46.40%	U/A	61.46	
782	Malcolm Davies	M55	51.60%	U/A	61.47	
783	Ewan Duncan		44.30%	U/A	61.50	
784	Adele McNeillie	F45	53.10%	U/A	61.51	
785	Christina Williamson	F45	53.10%	U/A	61.51	
786	Gillian Hopley	F35	49.20%	U/A	61.54	
787	Julie Simpkin	F40	51.60%	U/A	62.01	C
788	Cathryn Appleby	F	48.20%	U/A	62.06	C
789	Emma Tilston	F35	49.50%	U/A	62.06	
790	Karen Davies	F35	49.00%	Manchester YMCA	62.10	
791	Joyce Devine	F55	58.60%	Sepratech (s)	62.10	
792	Nicholas Devine		43.40%	Sepratech (s)	62.11	
793	Chris Roberts		43.40%	U/A	62.11	
794	Tony Pickering	M55	51.70%	U/A	62.13	
795	Matthew Sharman		44.40%	Manchester YMCA	62.18	
796	Gillian Aldom	F	48.00%	U/A	62.19	C
797	Maria Rowlinson	F35	49.20%	U/A	62.28	
798	William Carlisle	M60	54.60%	U/A	62.28	
799	Norman Grundy	M60	52.30%	Birkenhead AC	62.34	C
800	Beccy Haggett	F	47.70%	U/A	62.44	
801	Chris Haggett	M55	51.70%	U/A	62.48	
802	Gary Weilding			U/A	62.49	
803	Richard Adams	M40	45.00%	U/A	62.49	
804	Julia Fawsett	F35	49.30%	U/A	62.50	
805	Stephen Wilde		42.80%	U/A	63.05	C
806	Andrew Barton	M45	46.50%	U/A	63.07	
807	Hannah English	FJ	48.20%	U/A	63.20	
808	Adele McIver	F	47.00%	U/A	63.38	
809	Gary McIver	M45	46.40%	Hyde Village Str	63.46	
810	Leslie Dunning	M50	48.30%	U/A	63.46	
811	Emma Lowcock	F	46.90%	U/A	63.50	
812	Stephen Bedson		42.20%	U/A	63.51	
813	Pauline Newton	F45	51.40%	U/A	63.51	
814	Cecil Wagstaff	M70	59.20%	East Cheshire H	63.56	
815	Gloria Norton	F40	50.10%	Stockport H	64.23	
816	Bernice Sanders	F35	46.60%	U/A	64.25	
817	Jaynie Phillips	F	46.40%	U/A	64.32	
818	Dawn Taylor	F	46.30%	U/A	64.33	
819	Tony McGee			U/A	64.47	
820	Helen Wilkinson	F40	48.50%	U/A	64.55	
821	Carmel Barnett	F45	50.10%	U/A	64.57	
822	Tony Martin	M50	46.90%	Darwen Dashers	65.07	
823	Stephen Hogg	M45	45.40%	U/A	65.10	
824	Kim Rockcliffe	F40	48.60%	Liverpool RC	65.21	
825	Clare Smith	F35	47.20%	U/A	65.32	
826	Janet Caldwell	F35	46.00%	U/A	65.41	
827	Barbara Williams	F60	57.20%	Bolton	65.47	
828	Sharon Maunder	F	45.20%	U/A	66.12	
829	Angela Rainford	F45	49.70%	U/A	66.39	
830	Mark Rainford	M50	45.10%	U/A	66.39	
831	Alex Hunter		40.20%	U/A	67.09	
832	Alison Jones	F	44.50%	U/A	67.15	C

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Pos	Name	Cat	Age %	Club	Time	
833	Sandra Aldridge	F40	47.50%	Liverpool RC	67.23	
834	Gail Bannister	F45	48.30%	U/A	67.27	C
835	Kim Piper	M40	42.20%	Liverpool RC	67.32	
836	Pam Kershaw	F	44.00%	Middleton H	67.55	
837	Neville Kershaw	M55	47.30%	Northern Vets	67.55	
838	Nichola Hartness	F45	49.30%	Village RR	68.28	
839	Stephen Moores		39.20%	U/A	68.53	
840	Marie Delooze	F	43.30%	U/A	69.06	
841	Susan Rainford-Mil	F45	47.90%	U/A	69.08	
842	Julie Pennington	F55	52.10%	U/A	69.15	
843	Peter Salt	M55	46.80%	U/A	69.16	
844	Paul Godfrey	M45	42.90%	Wesham RR	69.25	
845	Susan Godfrey	F40	46.10%	Wesham RR	69.25	
846	Jennifer Cobdon	F35	43.40%	U/A	69.40	C
847	Paul Devine	M55	44.90%	Sepratech (s)	69.48	
848	Neil Hunter		38.60%	U/A	69.53	
849	Sarah Allen	FJ	43.40%	U/A	70.23	C
850	Catherine Hardman	F40	45.20%	U/A	70.45	
851	Alison Doyle	F50	49.80%	Northern Vets	70.59	C
852	June Gladman	F	42.00%	U/A	71.15	
853	Debbie Rose	F	40.70%	Penny Lane Str.	73.33	
854	Andy Brindley		36.70%	U/A	74.28	
855	Darren Hodgkinson		36.50%	U/A	74.33	
856	Samantha Hatton	F35	39.80%	U/A	75.26	
857	Jenny Benson	F	39.70%	U/A	75.26	
858	Michael Regan	M60	44.30%	U/A	76.52	C

Age graded performances are shown as a percentage of the WAVA standard time.

The last column shows whether you were a counter in the Cheshire 10k Championships.