

Birchwood 10k Road Race Sunday 17-Aug-2003 at 10:30am

Organised by Spectrum Striders Running Club (www.spectrumstriders.org.uk)

Pos	Name	Cat	Club	Time	
1	Paul Howarth		Wirral AC	31.17	
2	Rodri Jones		Westbury	31.20	
3	Simon Shiels		Abergele H	31.25	
4	Phil McGlory	MJ	Liverpool H	31.48	
5	Paul Muller	M45	Horwich RMI	31.55	
6	Bernie Jones	M40	Wrexham AC	33.14	C
7	Andrew Ellis	MJ	Vale Royal	33.16	C
8	Wayne Thorpe	M40	Warrington AC	33.19	C
9	Arthur Deane	M45	U/A	33.22	
10	Gareth Williams		Pendle AC	33.26	
11	Adam Osborne		Longwood H	33.29	
12	Taro Agui		U/A	33.33	
13	Dominic Mahon	MJ	Warrington AC	33.41	C
14	Gareth Williams		Vale Royal	33.52	
15	Ray Cole	M40	Liverpool H	33.59	
16	Helen Lawrence	F	Wirral AC	34.02	
17	Hywel Care		York Acorn	34.08	
18	Tom McGaff	M45	Wilmslow	34.19	C
19	Tony Clarke		Liverpool H	34.23	
20	Gerry O'Neill		Menai T&F	34.27	
21	Steve Spence		Wirral AC	34.40	
22	Steve Cottom		Horwich RMI	34.49	
23	Barry Norman		Wesham RR	34.56	
24	Jennifer Heath	F	Sale H Manch	35.00	C
25	Dave Carrington	M45	Altrincham DAC	35.02	C
26	Philip Derbyshire	M45	Wigan Phoenix	35.05	
27	John Howarth		Leigh H	35.08	
28	Kevin Beattie		Stockport H	35.12	C
29	Adrian Timmins		Warrington AC	35.20	C
30	Graham MacNeil	M40	Helsby RC	35.24	C
31	Hermann Buys		U/A	35.25	C
32	Leslie Endean	M45	North Fylde	35.28	
33	Graham Jenkins	M40	West Cheshire AC	35.31	C
34	Darren Blazier		Abergele H	35.33	
35	David Bolton	M40	Altrincham DAC	35.33	C
36	Kate Burge	F	Stafford H	35.33	
37	Mike Shaw		Stockport H	35.35	
38	Alan Pover	M50	Stockport H	35.36	C
39	Stuart Robinson		Lytham St Annes	35.53	
40	Nigel Armstrong		Warrington RR	35.58	
41	Graham Miles		Vale Royal	35.59	C
42	Lee Barlow		Red Rose RR	36.04	
43	David Constance	M40	Stafford H	36.06	
44	Maurice Collins	M40	Liverpool RC	36.09	
45	Nick Bishop	M40	Wilmslow	36.12	C
46	Stuart Parrott	M40	Wilmslow	36.16	C
47	Iain Wedge		West Cheshire AC	36.21	C
48	Jim Pendrill		Wilmslow	36.23	
49	Stuart Calderbank	M55	North Fylde	36.23	
50	Mervyn Ward	M45	Helsby RC	36.23	C
51	Emma Phillips	F	Tipton H	36.24	
52	Peter Mahen	M45	Vale Royal	36.25	C

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Pos	Name	Cat	Club	Time	
53	Eric Wilson	M45	Darwen Dashers	36.27	
54	Darren Washington		Boalloy	36.27	
55	Nicholas Turner		U/A	36.37	C
56	David Edwards	M40	Liverpool RC	36.49	
57	Phil Bailey	M50	Liverpool RC	36.56	
58	Ian Carson	M50	Wrexham AC	37.00	
59	George Kennedy	M45	Wesham RR	37.01	
60	Matt Cullen		Warrington RR	37.05	
61	Frank Cordingley	M40	Sale H Manch	37.07	
62	Neil Shepherd	M40	Warrington AC	37.10	C
63	Tony Codling	M40	North Fylde	37.15	
64	Lee Campbell	M40	Boalloy	37.15	C
65	Mark Thornley		Vale Royal	37.18	C
66	Peter Weatherhead	M50	Wirral AC	37.20	C
67	Gill Bacon	F	Wigan Phoenix	37.21	
68	Neil Holding	M40	West Pennine	37.23	
69	Tim Davies	M40	Buckley R	37.32	
70	Matt Roesch		Wirral AC	37.39	
71	Dennis Wharton	M45	St Helens Str.	37.41	
72	Jimmy Price	M50	Liverpool RC	37.42	
73	Tony Hulme	M55	Wilmslow	37.42	C
74	Peter Cruse	M40	Wesham RR	37.43	
75	Tony Hyland		Ellesmere Port	37.47	
76	Darren Maironis		Swinton RC	37.48	
77	Rachel Pleeth	F	Macclesfield	37.58	C
78	Simon Wright	M45	Wigan Phoenix	38.01	
79	Michael Halman		Wilmslow	38.04	
80	Neil Rothwell	M40	HSE C	38.07	
81	Michael Hunt		Pendle AC	38.19	
82	Kevin Edge		Rochdale	38.20	
83	Paul Derbyshire	M40	Wigan Phoenix	38.22	
84	Christophe Nightingale		Wigan Phoenix	38.23	
85	Alison Hartopp	F35	Macclesfield	38.26	
86	Mike Girvan	M45	Warrington AC	38.27	
87	Stephen Dobson	M40	U/A	38.31	
88	Chris Floyd		U/A	38.33	
89	Arian Tarthri		North Fylde	38.36	
90	Arthur Wilson	M40	Birkenhead AC	38.38	
91	Ian Smallwood	M40	Wilmslow	38.40	C
92	Daniel Robson		U/A	38.42	
93	John Parrott	M45	Stockport H	38.42	C
94	Kerrie Wood	F35	Stockport H	38.49	
95	Ray Smith	M55	Northern Vets	38.51	
96	Andrew McCallum	M55	U/A	38.54	
97	Ian James	M40	U/A	38.56	
98	Peter Nolan	M55	Macclesfield	39.00	C
99	Brian Robinson		U/A	39.01	
100	Chris Wakeman	M45	Shrewsbury AC	39.02	
101	Michael Dolan		U/A	39.05	
102	Louise Crawford	F	North Fylde	39.06	
103	Erin Kelly	F	U/A	39.10	
104	Douglas Gent	M60	Wigan Phoenix	39.11	

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Pos	Name	Cat	Club	Time	
105	Alec Dobson		U/A	39.13	
106	Michael Burgess		U/A	39.16	
107	Damian Utton		Altrincham DAC	39.18	
108	Graham McAra	M45	Helsby RC	39.18	C
109	Steven Crowe		Ellesmere Port	39.20	
110	Michael Whiteside	M55	Helsby RC	39.21	C
111	Paul Robertson	M40	Ellesmere Port	39.22	
112	Tony Smith	M50	Ellesmere Port	39.22	C
113	Mark Warmby		Newham & Ess.Bea	39.25	
114	David Watson		Preston	39.25	
115	Paul Stepto	M40	Stockport H	39.29	
116	Mark Riches	M40	Astley Tyldesley	39.29	
117	Russ Anderson		North Fylde	39.31	
118	Ken Burgess	M60	Altrincham DAC	39.31	
119	Alan Healey	M55	Bury AC	39.33	
120	Tony Archer	M45	Vale Royal	39.33	C
121	Nicola Bird	F	Ellesmere Port	39.34	C
122	Colin Martin	M45	U/A	39.37	
123	Eric Fogarty	M60	St Helens Sutton	39.37	
124	David Hunter		U/A	39.39	
125	William Dalton	M40	Skelmersdale	39.40	
126	John Halliwell	M40	Manchester H	39.40	
127	Joan Jackson	F45	Northern Vets	39.40	
128	Shaun Wright		U/A	39.46	
129	Marian Martin	F40	U/A	39.50	
130	Paul Pover	M50	Northern Vets	39.51	C
131	Joseph Connolly		Wirral AC	39.54	
132	Jenny Murray	F	Stockport H	39.54	C
133	Linda Clarkson	F35	Darwen Dashers	39.58	
134	Neil Drummond	M40	U/A	40.00	C
135	Andrea Smith	F35	North Fylde	40.02	
136	Gwen Farnworth	F40	Chorley H	40.02	
137	Andrew Whittingham		U/A	40.13	
138	John Evans	M40	U/A	40.15	
139	Paul Sanderson		Preston Tri	40.16	
140	Mark Hawkes	M40	U/A	40.19	
141	Stephen Clayton	M40	Liverpool RC	40.23	C
142	Peter Morgan	M45	Pinetops RC	40.23	
143	Simon Moseley		U/A	40.24	
144	Andrew Lloyd		U/A	40.25	
145	Terry Bradshaw	M40	North Fylde	40.27	
146	Paul Ratcliffe		U/A	40.27	C
147	Peter Scoots	M45	U/A	40.28	
148	Paul Price	M45	West Cheshire AC	40.28	
149	Stephen Hargreaves		Lytham St Annes	40.31	
150	Sally Gilliver	F40	Wilmslow	40.31	C
151	Stuart Percival		U/A	40.33	
152	Roy Woodland	M45	U/A	40.34	C
153	Nigel Levet		U/A	40.35	C
154	David Jones	M50	Denbigh H	40.37	
155	Mark Grey		U/A	40.42	
156	Mark Huddleston	M40	U/A	40.45	

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Pos	Name	Cat	Club	Time	
157	Ian Dodds	M40	U/A	40.45	
158	Derek Walton	M60	Altrincham DAC	40.48	
159	Philip Butler	M40	Red Rose RR	40.51	
160	Michael Warburton	M40	Stockport H	40.51	C
161	Michela Stepto	F35	Stockport H	40.53	
162	Rob Arnold	M40	U/A	40.55	C
163	Mark Preston	M40	Stainland	40.56	
164	Barry Allman	M45	Horwich RMI	40.56	C
165	Richard Storky		U/A	40.57	
166	Jim Dawson	M40	U/A	40.59	
167	John Jennings	M40	Ellesmere Port	41.01	
168	Brandon Willoughby	M45	North Fylde	41.01	
169	David Livingstone		U/A	41.02	
170	Matthew Whitfield		Ellesmere Port	41.05	
171	David Taylor	M40	Cheshire Hash	41.05	
172	Eddie Taylor	M45	U/A	41.07	
173	David Robertson		Altrincham DAC	41.09	
174	Simon Jackson		U/A	41.11	
175	Kevin Dickson		U/A	41.12	C
176	Christophe Cowley		Chorley H	41.13	C
177	Graham Felsburgs		David Lloyd	41.14	
178	Robert Aldcroft	M50	Village RR	41.15	
179	Mark Blair		U/A	41.16	
180	John Foulds	M40	Horwich RMI	41.18	C
181	Karen Hutchinson	F35	Horwich RMI	41.22	C
182	Harold Dobson	M65	Knivesmire H	41.28	C
183	Paul Connor		Penny Lane Str.	41.29	
184	Sian Murray	FJ	U/A	41.30	C
185	Paul Rutherford		U/A	41.30	
186	Charles Manclark	M50	Stockport H	41.31	
187	Stephen Wilkinson		U/A	41.33	
188	Timothy Warn	M50	United Utilities	41.36	
189	Scott Liddell	M45	U/A	41.36	
190	Steve Hollis	M45	Road Runners Cl	41.40	
191	Trevor Dunkerley	M50	East Cheshire H	41.40	
192	Alan Durston	M50	Ellesmere Port	41.45	C
193	Allisdhair McNaul	M40	Cheshire Hash	41.49	
194	Howard Issatt		Wilmslow	41.52	
195	Mark Firth		U/A	41.52	
196	Robin Frost	M55	Wrexham AC	41.53	
197	Stephen Napier		U/A	41.53	
198	Alan Garvey	M45	Middleton H	41.55	
199	Alek Karagic	M40	Horsforth H	41.57	
200	Frank Woods	M45	U/A	41.59	
201	Chris Palmer	M40	U/A	41.59	
202	Peter Breen		Village RR	42.01	
203	Ian Fitzhenry		G.M.C Fire	42.02	
204	David Gregory	M55	Manchester H	42.03	
205	Gary Whitehead	M40	North Fylde	42.03	
206	Bill Vinton	M50	West Cheshire AC	42.05	C
207	Stephen Price	M40	Liverpool RC	42.07	
208	William Clarke	M50	U/A	42.11	C

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Pos	Name	Cat	Club	Time	
209	Fergus Wiseman		Warrington RR	42.11	C
210	Liaqat Ali	M40	U/A	42.13	C
211	Malcolm McColl	M55	Deestridders	42.15	
212	Andy Smith	M40	Helsby RC	42.15	C
213	Colin Potts		Liverpool RC	42.20	
214	Sarah Charnock	F	United Utilities	42.20	
215	Philip Dean	M40	Red Rose RR	42.25	
216	Ronnie Jones	M65	Wirral AC	42.27	C
217	Neil Armitage		Sale H Manch	42.28	
218	Paul Thomson	M50	Sale H Manch	42.29	
219	Denise Wakefield	F45	Horwich RMI	42.33	
220	Kevin Hallinan	M40	Stockport H	42.36	
221	Keith Hatton	M40	Liverpool H	42.36	
222	Ian Mitchell		U/A	42.38	
223	Steve Pemberton	M45	Penny Lane Str.	42.38	
224	Louise Raines	F35	Preston Tri	42.39	
225	Steve Owen	M40	U/A	42.41	
226	Andy Gaskell		U/A	42.41	
227	Michael Hughes		Pensby RR	42.44	
228	Chris Maxfield		Wilmslow	42.45	
229	Ian Close	M45	North Fylde	42.45	
230	Sheila Waite	F35	Saddleworth	42.45	
231	Peter Butler	M45	Liverpool RC	42.48	
232	Barry Chambers	M50	Vale Royal	42.51	C
233	Michael Dunne	M50	Sale H Manch	42.52	
234	James Marshall		U/A	42.54	
235	Andy Ault		Vale Royal	42.54	C
236	Helen Armitage	F	Sale H Manch	42.54	C
237	Stephen Felton	M45	HSE C	42.57	
238	Penny Thorn	F	Vale Royal	42.57	C
239	Kate Ayres	F40	Wilmslow	43.00	C
240	Robin Wignall	M55	Altrincham DAC	43.03	
241	Paul Lewis	M40	U/A	43.05	
242	Nicky Archer	FJ	Vale Royal	43.05	C
243	Zoe Strong	F	St Helens Sutton	43.07	
244	Mike Lisle	M45	Mersey Tri	43.12	
245	Angharad Care	FJ	U/A	43.15	
246	Bruce Gordon		U/A	43.15	C
247	James Russell	M50	Warrington AC	43.18	C
248	Rebecca Susca	F	Hyde Village Str	43.25	
249	David Elliott	M55	Oldham & Royton	43.27	
250	Paul Conlon	M40	Garstang RC	43.28	
251	M. Hopkinson	M60	Northern Vets	43.31	C
252	Paul Ayres	M45	Wilmslow	43.34	C
253	Malcolm Godfrey	M50	Pensby RR	43.36	
254	Mark Brockley		U/A	43.37	
255	Simon Bottomley		U/A	43.38	
256	John Bradshaw	M55	Northern Vets	43.39	
257	Timothy Jarvis	M45	Macclesfield	43.39	
258	Brian Beattie	M55	U/A	43.39	C
259	Derek Howarth	M70	Leigh H	43.39	
260	Stephen Reed		U/A	43.40	

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Pos	Name	Cat	Club	Time	
261	Mathew Simister		Warrington RR	43.41	C
262	Sean McCann	M45	Warrington RR	43.42	
263	Peter Smith	M45	Littlewoods Leg	43.44	
264	Claire Hawkes	F40	U/A	43.44	
265	Mary Doyle	F50	Liverpool RC	43.44	
266	Louise Casey	F	St Helens Sutton	43.45	
267	Nicholas Morgan		U/A	43.47	
268	John Delany	M55	Stockport H	43.49	
269	Ashley Worthington	M40	U/A	43.51	
270	Darren Wood	M40	Boalloy	43.51	
271	Iain Watson		U/A	43.52	
272	Gary Ashurst	M40	Wigan Police Tri	43.56	
273	David Jackson	M40	U/A	43.59	
274	Garry Armitage		Sale H Manch	43.59	C
275	Richard Cayzer		U/A	43.59	
276	Julie Cruse	F40	North Fylde	43.59	
277	Eric Tasker	M50	Skelmersdale	44.00	
278	Patricia Verhazza	F50	U/A	44.00	
279	Les Fleetwood	M40	Ellesmere Port	44.00	
280	Michael Done		U/A	44.05	C
281	Samantha Thomas	F	Stockport H	44.11	C
282	Fraser Morton		U/A	44.14	
283	McGarry	M50	Winston Runners	44.17	
284	Dave Wood	M40	Manchester H	44.22	C
285	Michael Mason		Hyde Village Str	44.23	
286	Jon Falkner	M40	U/A	44.25	
287	Martin Howard		U/A	44.29	
288	Helen Fowles	F	Vale Royal	44.30	
289	Alan Graham	M45	U/A	44.32	
290	Phil McCann	M45	U/A	44.34	
291	Larry Crawley	M55	Warrington RR	44.37	
292	Glyn Fry	M40	U/A	44.40	
293	Ian Mackinder		Worsley H	44.40	
294	Liz Thornton	F40	Liverpool RC	44.41	
295	Mike Evans	M50	U/A	44.44	
296	Malcolm Whitehead	M55	Horwich RMI	44.46	
297	Richard McCalmont		Belle Vue Racers	44.47	C
298	Lawrence Woodley	M65	Tattenhall R	44.50	C
299	Lisa Armitage	F	Sale H Manch	44.53	C
300	Kirsty Wright	F	U/A	44.55	
301	Howard Barlow	M45	BlackpoolFylde	44.58	
302	Philip Martin	M50	Glossopdale	45.02	
303	Jackie Cordingley	F40	Sale H Manch	45.04	
304	Manfied Keune	M45	U/A	45.05	
305	Peter Watson	M60	Wilmslow	45.05	C
306	Graham Pidgeon	M40	U/A	45.10	
307	Ailsa Pearson	F35	U/A	45.12	
308	Alison Titterington	F45	North Fylde	45.18	
309	Norman Gibson	M45	U/A	45.18	
310	Andrew Stone		U/A	45.20	
311	David Fletcher	M45	U/A	45.20	
312	Paul Carter		Wesham RR	45.22	

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Pos	Name	Cat	Club	Time	
313	James Lewis		U/A	45.25	
314	Stephen Dippnall	MJ	U/A	45.25	
315	Zena Harrop	F	Hyde Village Str	45.32	
316	Peter O'Hare	M45	Hyde Village Str	45.32	
317	Tommy Broderick	M60	Middleton H	45.32	
318	Al Mansley	M65	Pensby RR	45.38	
319	Andrew Nightingale		Wigan Phoenix	45.40	
320	Bryan Clark	M55	N.S.R.R.A.	45.42	
321	Andrew Bathe	M40	U/A	45.42	C
322	Aalan Taylor		Wesham RR	45.45	
323	Simon Booth	M40	U/A	45.49	
324	Barry Stuart-Cole	M55	Winston Runners	45.49	
325	Mark Wood		U/A	45.55	
326	Richard Benson		U/A	45.55	
327	Scott Dougall		U/A	45.57	
328	Sarah Hardy	F	U/A	45.57	C
329	Richard Hammond		U/A	45.58	C
330	Tony Brady	M55	Manchester H	45.58	
331	Deborah Bamford	F	U/A	46.02	
332	John Heath		U/A	46.02	
333	Mark Armstrong		Swinton RC	46.05	C
334	Keith Mitchell		U/A	46.07	
335	Graham Marshall		U/A	46.07	
336	Phillip Dale	M40	Boalloy	46.07	C
337	John Harrison	M50	U/A	46.08	
338	David Hall	M40	Middleton H	46.10	
339	Joseph Rimmer	M50	Warrington RR	46.10	C
340	Karl Bowles		U/A	46.13	
341	Fred Dippnall	M55	U/A	46.14	
342	John Riley	M60	U/A	46.14	
343	Barry Hodson	M55	Barton AC	46.16	
344	Christophe Done		U/A	46.20	C
345	Neil Bamber		U/A	46.22	
346	Roy Pownall	M50	Wilmslow	46.23	C
347	Paul Maybury		U/A	46.23	
348	Steve Collier	M40	U/A	46.24	
349	David Wild		U/A	46.26	C
350	Gill Keeble	F45	Altrincham DAC	46.28	
351	Gillian Cullen	F45	Warrington AC	46.28	C
352	Brian Todd	M45	U/A	46.28	
353	Carol Godfrey	F	South Cheshire H	46.35	
354	Ted Smith		U/A	46.36	
355	Trevor Willoughby	M45	Lytham St Annes	46.39	
356	Vanessa Griffiths	F35	U/A	46.39	C
357	Kevin Brindle		U/A	46.39	
358	Karl Wanstall		U/A	46.40	C
359	Trevor Bradshaw		HSE C	46.45	
360	Andrew Godfrey	M40	South Cheshire H	46.46	
361	Terry Doyle	M55	Liverpool RC	46.48	
362	Fiona McGrath	F	Warrington AC	46.50	C
363	Joseph Harker	M60	Durham C	46.50	
364	Frank Gribbin	M55	Liverpool RC	46.53	

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Pos	Name	Cat	Club	Time	
365	Mark Povey		West Cheshire AC	46.55	
366	George Ingham	M45	Liverpool RC	46.57	
367	Philip Goodstone		U/A	46.58	
368	Cecilia Fitzsimons	F55	St Helens Sutton	46.58	
369	Joe Foy	M45	U/A	46.59	
370	Thomas Whiting	M50	U/A	47.02	
371	David Newell	M45	Sale H Manch	47.03	
372	Howard Henshaw	M60	BlackpoolFylde	47.05	
373	Stephen Smith		U/A	47.10	
374	Adrian Bradshaw		Stockport H	47.10	
375	Paul Taylor	M45	Oldham & Royton	47.13	
376	Chris Hancox	M40	U/A	47.14	
377	Mark Smith		Warrington AC	47.17	C
378	Martyn Bowen		U/A	47.20	
379	Edmond Woods	M45	U/A	47.22	
380	Elizabeth Turner	F35	U/A	47.22	
381	Jerry Stevens	M45	U/A	47.24	
382	Carol Robson	F35	U/A	47.26	
383	Gordon Adam	M40	U/A	47.28	
384	Mark Rogers		U/A	47.29	
385	Kathryn Borrell	F	Hyde Village Str	47.30	
386	Stephen Cook	M45	Winston Runners	47.32	
387	David Bradshaw	M50	St Helens Sutton	47.33	
388	Louise Gilchrist	F65	Middleton H	47.34	
389	Jon Willis		U/A	47.34	
390	Colin Everest	M40	U/A	47.35	
391	Margaret Williams	F45	Northern Vets	47.36	
392	Nefyn Williams	M50	Northern Vets	47.36	
393	Adam Willoughby	MJ	U/A	47.36	
394	Robert Baker		U/A	47.37	
395	Kate Dyke	F	U/A	47.37	
396	Mike Couzens		U/A	47.37	
397	Catherine Broadbent	F35	U/A	47.37	
398	Andy Heaps		U/A	47.38	
399	Sam Hardman	M55	Winston Runners	47.38	
400	Christophe Lee		U/A	47.45	
401	Jackie Carrington	F	David Lloyd	47.46	C
402	Rosemary Price	F50	Deestridders	47.46	
403	Terry Robson	M60	Stockport H	47.51	C
404	Bill Monaghan	M50	Warrington RR	47.57	C
405	James Naylor	M40	U/A	47.57	
406	Il Mackinder	M55	Worsley H	47.59	
407	Michael Bayliss	M50	U/A	47.59	C
408	Mark Greenwood		U/A	47.59	
409	Stephen Whalley	M40	U/A	48.03	
410	Mark Jones		U/A	48.08	
411	Karen Pate	F	U/A	48.12	
412	John Ward	M50	U/A	48.14	
413	Michael Horton	M55	Boalloy	48.17	
414	Bernard Brown		U/A	48.17	
415	Hugh McKenna	M50	Manchester Tri	48.17	
416	Kevin O'Brien	M60	Clayton-le-Moors	48.18	

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Pos	Name	Cat	Club	Time	
417	Claire Newing	F	Sutton AC	48.19	C
418	Justine Reston	F	HSE C	48.19	
419	Lee Birchall		U/A	48.20	C
420	Neil Stubbs	M40	U/A	48.20	
421	Mark Fallows		U/A	48.22	
422	Steve Hill		U/A	48.27	
423	Frank Wilson	M65	Marconi H	48.36	
424	Martin Costello		Mersey FB	48.39	C
425	Malcolm Henderson	M45	U/A	48.40	
426	John Mooney	M45	U/A	48.40	C
427	Glen Slaymaker		U/A	48.40	
428	Lee Draycott		U/A	48.45	
429	Roderick Johnstone		U/A	48.48	
430	Gordon Reeve	M45	Village RR	48.51	
431	Mark Vernon		U/A	48.52	
432	Barbara Benton	F40	U/A	48.53	
433	Danny Williams		Village RR	48.59	C
434	Cameron Morton		U/A	49.03	
435	Michael Roberts		U/A	49.08	C
436	Vincent Scriven	M55	U/A	49.10	
437	Alan Buckley	M50	Middleton H	49.11	
438	Heather Mitchell	F50	West Yorks Pol	49.12	
439	John Morrison	M50	U/A	49.13	
440	Will Pike		Liverpool RC	49.17	
441	Daniel Winch		U/A	49.17	
442	Mark Tyldesley		U/A	49.18	C
443	Gary Fleet		U/A	49.19	
444	Alison Lysons	F35	Warrington RR	49.22	C
445	Michael Lysons		Warrington RR	49.22	C
446	Mike Anderson		U/A	49.22	
447	Christine Jackson	F40	U/A	49.24	
448	Julie Aubrey-Willi	F	U/A	49.24	
449	Alan Baggaley	M55	U/A	49.30	
450	Jennifer Harrison	F40	U/A	49.30	
451	Donna Pannett	F	U/A	49.31	C
452	Stephen Gill		U/A	49.31	C
453	Anne Fortune	F50	Northern Vets	49.37	C
454	Philip Murray	M60	Penny Lane Str.	49.37	C
455	Jackie Knight	F55	U/A	49.37	
456	Alan Debenham	M55	U/A	49.40	
457	Graham Boyd	M45	U/A	49.42	
458	William Thompson	M40	U/A	49.42	
459	Kate Pearson	F	U/A	49.43	
460	Christophe McGinnity	M45	U/A	49.45	
461	Ros Mann	F45	Stockport H	49.46	
462	Michael Hutchinson	M65	Lytham St Annes	49.46	
463	Daren Renshaw		U/A	49.48	
464	Cameron Mitchell		U/A	49.51	C
465	Simon Wright	M45	U/A	49.51	
466	Mark Lefley	M40	Liverpool RC	49.53	
467	Ruth Calderbank	F	North Fylde	49.53	
468	John Dunford	M40	North Fylde	49.53	

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Pos	Name	Cat	Club	Time	
469	David McElhinney	M40	U/A	49.56	
470	Steve Hardman	M50	Belle Vue Racers	50.01	
471	Simon Munday		U/A	50.01	
472	Neville Kershaw	M55	Northern Vets	50.06	
473	Rae Willoughby	M50	Lytham St Annes	50.07	
474	Ann Jones	F55	Wrexham AC	50.08	
475	Phillip Whittles		U/A	50.11	
476	Debra McCann	F35	Stockport H	50.15	C
477	Philip McCann	M45	Stockport H	50.15	C
478	Elizabeth Routledge	F35	North Fylde	50.19	
479	Helen Ward	F	U/A	50.20	C
480	Oliver Kay		U/A	50.21	C
481	Julia Eccleston	F	St Helens Sutton	50.28	
482	Christina Carson	F45	Penny Lane Str.	50.29	
483	Derek Beesley	M50	Village RR	50.31	
484	Paul Gilbert		U/A	50.31	
485	Kevin Birchall	M50	Leigh H	50.33	
486	Chris Penn		U/A	50.34	C
487	Wendy Johnson	F45	U/A	50.40	
488	Emily Dennis	F	Lytham St Annes	50.43	
489	John Noakes	M65	U/A	50.47	C
490	Anthony Ratcliffe		U/A	50.48	C
491	Angela Monaghan	F50	Warrington RR	50.50	C
492	Julian Scott		U/A	50.52	
493	Sean Tuite		U/A	50.54	
494	Jamie Hall		U/A	51.04	
495	Michael Argent	M40	U/A	51.04	
496	Lesley Dunn	F35	U/A	51.05	
497	Sandra Lewis	F	U/A	51.10	C
498	Tony Barnes	M50	South Liverpool	51.17	
499	Jeremy Billson		U/A	51.26	
500	Jane Woodley	F55	Tattenhall R	51.27	C
501	Marie Cosgrove	F	Stockport H	51.30	C
502	Christina Woods	F45	U/A	51.31	
503	Hilary Himsworth	F45	U/A	51.32	
504	Pauline Stubbs	F45	Wilmslow	51.32	C
505	Lynda Tracey	F50	U/A	51.34	
506	Lesley Mills	F	Cheshire Const	51.35	C
507	Gary Marshall	M40	U/A	51.35	C
508	James Longton	M55	Warrington RR	51.36	
509	Chris Fairfield	M65	East Cheshire H	51.38	
510	Geoff Latham	M60	U/A	51.39	
511	Malcolm Towler	M60	U/A	51.42	
512	Cath Maher	F	U/A	51.42	
513	Russell Kerfoot	M45	U/A	51.46	C
514	Janette Hallinan	F45	Stockport H	51.46	
515	Graham England		U/A	51.46	
516	Gwyn Thomas	M45	U/A	51.52	
517	Rionach Casey	F40	U/A	51.54	
518	Jonathan Shaw	M40	U/A	51.54	
519	Louise Hale	F40	U/A	51.54	C
520	Bill Loughlin	M70	Skelmersdale	51.56	

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Pos	Name	Cat	Club	Time	
521	Victoria Buckley	F35	Stockport H	51.56	
522	Diane Massey	F40	U/A	52.02	
523	Katherine Bond	F	U/A	52.02	
524	Raymond Wormald	M50	Warrington RR	52.05	
525	Anne Greenwood	F35	U/A	52.08	
526	Adrian Cartwright		U/A	52.09	C
527	June Sinnott	F40	Stockport H	52.14	
528	Philip Lipshutz	M40	U/A	52.17	
529	Graeme Hartley		U/A	52.21	
530	Timothy Oliver	M40	U/A	52.24	
531	Stuart Fallows		U/A	52.25	
532	Colin Potter		U/A	52.28	
533	John Deveney		Penny Lane Str.	52.29	
534	Andrew Renshaw	M50	U/A	52.33	
535	Iain Fortune	M55	Northern Vets	52.42	C
536	Paul Donegan	M40	U/A	52.43	
537	Mohamed Kholasi	M65	Burnden RR	52.46	
538	Joyce Gent	F55	Wigan Phoenix	52.46	
539	Steven Dagger	M45	U/A	52.48	C
540	Barbara Naughton	F40	Warrington RR	52.49	
541	Christine Lawton	F40	U/A	52.51	
542	Charles Doyle	M70	L.P.Sefton	52.54	C
543	Stephen Langton	M50	U/A	52.56	
544	Matthew Stones		U/A	52.57	
545	James Downey		Wirral AC	53.00	
546	Kashaf Aslam		U/A	53.04	
547	Stephen Lewis	M55	U/A	53.07	
548	Michael Baker	M45	U/A	53.07	
549	Nick Brooker	M40	U/A	53.08	
550	Barbara Carpenter	F	U/A	53.12	
551	David Goodall		Village RR	53.17	
552	Melanie Cullen	F	U/A	53.21	
553	Andrew Hughes		HeinzRM A	53.29	C
554	Kenneth Duffill	M45	U/A	53.37	
555	Liz Simpson	F55	Village RR	53.38	
556	John Hateley	M60	Stafford H	53.39	
557	Patricia Duffton	F45	Wilmslow	53.42	
558	Alexander Cummins	M65	U/A	53.45	
559	Fiona McNair	F	U/A	53.51	
560	John Wright		Birkenhead AC	53.56	
561	Elizabeth Dobson	F35	U/A	53.56	
562	Michael Spiers		U/A	54.09	C
563	Lorraine Williams	F35	U/A	54.14	
564	Paul Ellis		Barton AC	54.17	C
565	Paul Dix	M55	U/A	54.31	
566	Peter Moritz	M40	Barton AC	54.33	
567	Caroline Hilton	F	U/A	54.35	
568	Anthony Calabro	M50	U/A	54.41	
569	Claire Rourke	F	Hyde Village Str	54.49	
570	Helen Newman	F	U/A	54.58	
571	Keith Dimelow		U/A	55.00	
572	Stephen Davis		U/A	55.03	C

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Pos	Name	Cat	Club	Time	
573	Julie Wanstall	F	U/A	55.04	C
574	Peter Santo		U/A	55.14	
575	Elizabeth Rourke	F50	Hyde Village Str	55.18	
576	Jane Deakin	F	Sale H Manch	55.23	
577	Ian Pritchard	M40	U/A	55.31	
578	Tanit Pruksapun		U/A	55.32	
579	Peter Powell	M55	Stockport H	55.38	
580	Elaine Williams	F45	Northern Vets	55.41	
581	Margaret Delaney	F50	Birkenhead AC	55.43	
582	Gerry Bowes	M50	U/A	55.45	
583	Paul Pritchard		U/A	55.48	
584	Arthur Walsham	M70	Salford H&AC	55.53	
585	Helen Shaw	F35	U/A	55.54	
586	Nicola Critchlow	F	U/A	56.00	
587	Ian Critchlow		U/A	56.00	
588	Edward Lloyd	M70	Penny Lane Str.	56.09	
589	Christian Carr		U/A	56.17	
590	John Thompson	M45	Penny Lane Str.	56.19	
591	Tony Bray	M50	U/A	56.31	C
592	Scott Williams	MJ	U/A	56.34	
593	Reginald Pownall	M50	Warrington Post	56.35	C
594	Gary McIver	M45	Hyde Village Str	56.35	
595	Charlotte Hancox	F	U/A	56.37	
596	Brian Stuart-Cole	M55	Winston Runners	56.38	
597	Dorothy Fairhurst	F60	St Helens Sutton	56.38	
598	Lesley Kavanagh	F35	HeinzRM A	56.45	
599	Linda Sharps	F45	U/A	56.45	
600	Richard Aldcroft		Village RR	56.45	
601	Carol Douglas	F35	U/A	56.55	
602	Ros Thompson	F45	U/A	56.55	
603	Dawn Fairhurst	F35	U/A	56.56	
604	Monica Brown	F60	Penny Lane Str.	57.07	
605	Christine Threlfall	F35	U/A	57.14	C
606	Dennis Crompton	M70	Penny Lane Str.	57.16	
607	Tim Havard	M40	U/A	57.25	
608	Paul Wasworth	M40	U/A	57.28	
609	Louise Dickinson	F	U/A	57.45	
610	Barbara Leedham	F55	Winston Runners	58.02	C
611	Ann Collier	F40	U/A	58.03	
612	Victoria Cordingley	F	Sale H Manch	58.14	
613	Aron Myers		Sale H Manch	58.14	
614	Nicola Lavis	F	U/A	58.16	
615	Tony Costello	M40	Mersey FB	58.29	
616	Clive Dowie	M50	White City(Hull)	58.45	
617	Richard Harvey	M45	U/A	58.46	C
618	Sally Holland	F40	U/A	58.57	
619	Anne Wilson	F35	U/A	58.57	
620	Sally Howarth	F35	U/A	58.57	
621	Marie Holden	F35	Horwich RMI	59.01	C
622	Mark Weedon	M40	U/A	59.11	
623	Lita Reason	F55	Stockport H	59.13	
624	Dave Hughes		U/A	59.15	

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Pos	Name	Cat	Club	Time	
625	Justin Roberts		U/A	59.24	
626	Paul Benton	M40	U/A	59.28	
627	Michael Whelan	M40	U/A	59.35	
628	Lorraine Aldridge	F40	Littlewoods Leg	60.05	
629	Norman Grundy	M55	Birkenhead AC	60.13	C
630	Jack Abenson	M40	U/A	60.14	
631	Jean Butler	F40	Liverpool RC	60.14	
632	Linda Edmondson	F40	U/A	60.15	C
633	Kim Rockliffe	F40	Liverpool RC	60.18	
634	Christophe Hoyle		U/A	60.24	
635	Judith Harrison	F50	U/A	60.25	
636	Janet Eccleston	F	St Helens Str.	60.32	
637	Pamela Kershaw	F	U/A	60.43	
638	Nigel Kavanagh		HeinzRM A	60.45	
639	Sidney Molyneux	M55	Picton RC	60.48	C
640	Sherrill Tacy	F45	Wirral AC	60.48	
641	David West	M45	U/A	60.57	
642	Veronique Durand	F	U/A	60.57	
643	Paul Roberts	M45	U/A	61.12	
644	James Himsworth	MJ	U/A	61.12	
645	Cecil Wagstaff	M70	East Cheshire H	61.26	
646	Ellis Rattigan	F35	HeinzRM A	61.28	C
647	Claire Wood	F	U/A	61.29	
648	Sarah Atkin	F35	U/A	61.37	
649	Emma Conally	F	U/A	61.53	
650	Graeme Rogers	M50	U/A	62.22	
651	Stephen Bedson		U/A	62.27	
652	Jean Fairclough	F50	U/A	62.28	
653	Nicola Smith	F	U/A	63.34	
654	Emma Phillips	F	U/A	63.48	
655	Susan Rainford-Mil	F45	U/A	63.51	
656	Patricia Baker	F40	U/A	64.12	
657	Karen Connolly	F40	East Cheshire H	64.12	
658	Barbara Harries	F55	Winston Runners	64.15	C
659	Adele McNeillie	F45	U/A	64.44	
660	Linda Birtles	F40	U/A	64.44	
661	Christina Williamson	F45	U/A	64.51	
662	Anthony Tonks		U/A	65.04	
663	Michael Regan	M60	U/A	65.40	C
664	Tammy Weston	F	U/A	66.13	
665	Nichola Woodyatt	F	U/A	66.26	
666	Louise Moore	F	Village RR	66.26	
667	Emma Pilley	F	U/A	66.42	
668	Adam McElhinney	MJ	U/A	66.49	
669	Julie Pennington	F55	U/A	67.13	
670	Peter Salt	M55	U/A	67.13	
671	Gillian Hanley	F40	U/A	67.30	C
672	Jane Falkner	F40	U/A	68.01	
673	Sarah Morgan	F35	U/A	68.01	
674	Leanne Darwin	F	U/A	68.48	
675	Helen Booth	F45	U/A	69.01	
676	Jonathan Muir		U/A	69.59	

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Pos	Name	Cat	Club	Time
677	Natasha Lynch	F	U/A	70.05
678	Claire Speed	F	U/A	70.19
679	June Gladman	F	U/A	70.22
680	Philip Murray		U/A	70.44
681	Patrick McElhinney	M70	U/A	70.49
682	Lisa jane McIver	F	Hyde Village Str	71.09
683	Carol Barnes	F50	Winston Runners	71.32
684	Marjorie Whitehead	F50	Horwich RMI	71.42
685	Barbara Williams	F55	Bolton	71.42
686	Barbara Acomb	F45	Warrington RR	72.15

The last column shows whether you were a counter in the Cheshire 10k Championships.