



SPECTRUM STRIDERS RUNNING CLUB
Birchwood, Warrington, Cheshire



RESULTS

of the 14th

BIRCHWOOD 10km ROAD RACE

*in association with Birchwood Parish Council
part of the 1997 Saucony Race Series*

*incorporating
The 1997 Cheshire 10km Championship
and including an AAAoE Inter-area Match
(the Northern leg of this 4 race national series)*

and

2½ mile FUN RUN

Sunday 17th August 1997

Thank you for taking part in this year's Birchwood Races event. Please find enclosed your copy of the race results. We hope that you enjoyed the race and we look forward to seeing you at one of our events again next year:

- * Forest Park Ladies 5km Race (provisionally 1st July)
- * Birchwood 10km Road Race and 2½ mile Fun Run (provisionally 23rd August)



14th BIRCHWOOD 10km Road Race

Sunday 17th August 1997

C - Cheshire Championships: N, M, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.



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Race Summary

This year, the Birchwood 10K once again incorporated the Cheshire 10K Championships and, for the first time, the 2nd of 4 races in the national Inter Area series. With these events taking place within the race, perhaps it was inevitable that there would be strong challenges to the course records.

First home was John Mutal from Bromsgrove & Redditch, representing the Midlands, in 29.32. He had led throughout the race and was the first of 5 athletes who finished inside 30 minutes, but the course record of 29.14 achieved by 6th place Paul Roden (Sale Harriers Manchester) in 1992 remains intact. Other runners inside 30 minutes were Paul Taylor (Border H; North), Tony O'Brien (Liverpool H; North), Ian Cornford (Shaftesbury Barnet; South) and Mike Proudlove (City of Stoke) who took the Cheshire title.

The women's race was also keenly contested. Debbie Percival (South) was first home in 34.13, just 4 seconds outside the 11 year old course record. She was closely followed by Maria Bradley (Overton H; South) who had remained close behind throughout the race. Almost a minute behind was 3rd placed Vivienne Connelly (Birchfield H; Wales) who took over 3rd position about half way round. 4th and 5th placed Penny Thackray (Hallamshire H; North) and Pamela Morgan (Liverpool H; North) also finished inside 36 minutes. The Cheshire title went to Audrey Foster, the 34th woman home. There was one wheelchair athlete, Rachel Potter, who finished in 32.33.

Thank You to our Helpers and Sponsors

We would like to take this opportunity to thank everybody who has helped in the organisation of the Birchwood Races event, either directly, or through sponsorship.

In particular we would like to thank our main sponsors who were:-

- ⇒ Birchwood Parish Council - the event was in association with the Parish Council
- ⇒ Saucy - the 10km race was again part of the Saucy Race Series
- ⇒ Warrington Collegiate Institute - for their help and sponsorship with the fun run
- ⇒ McDonalds - who also sponsored the fun run

We would also like to thank you for supporting the event by coming along and running.

About Spectrum Striders

If you are an unattached runner, have you ever thought about joining a running club? Spectrum Striders Running Club is a group of enthusiastic runners, based in Birchwood, Warrington. If you would like more information or if you might be interested in joining us, why not come along to one of our club nights and chat or run with us before deciding whether to join. We welcome runners of all ages and abilities. Our main areas of interest are in road, fell and hill, and cross country running.

We meet at Birchwood High School on Tuesdays and Thursdays at about 6.45pm for a 7pm start.

Birchwood 10K - WINNING TEAM MEMBERS: - MEN.			
1st TEAM	PTS	2nd TEAM	PTS
Liverpool H	66	Tipton H	69
Tony O'Brien	3	Mick Hill	22
Mark Keeley	30	Michael Heger	23
Arthur Deane	33	Gary Cartwright	24
Birchwood 10K - WINNING TEAM MEMBERS: - WOMEN.			
1st TEAM	PTS	2nd TEAM	PTS
Wigan Phoenix	41	Altrincham DAC	50
Kath Charnock	8	Vicki Perry	14
Lisa Gore	15	Alison Peasey	17
Lynn Jolley	18	Susan Vevey	19

Pos	Name	Club	Cat	%	Time	C	A	Pos	Name	Club	Cat	%	Time	C	A
1	John Mutal	Bromsgrove Redd	M	91.3%	29.32	M		61	Andrew Starkey	Whitby Heath AC	W	77.9%	34.48	C	
2	Paul Taylor	Border H	N		29.38	N		62	Phil Elliott	North Wales RRC	N	88.0%	34.58		
3	Tony O'Brien	Liverpool H	N		29.51	N		63	Phil Vasey	Altrincham DAC	N	76.9%	35.05		
4	Ian Cornford	Shaftesbury Barn	S	90.2%	29.54	S		64	Mark Jones	Southport W/loo	W	76.7%	35.10		
5	Mike Proudlove	Stoke AC	C	90.0%	29.58	C		65	David Nuttall	Sheffield AC	C	77.6%	35.10		
6	Paul Roden	Sale H Manch	N		30.00	N		66	Pete Kidd	Manchester Uni	M	77.4%	35.13		
7	Andy Morgan-Lee	Southampton RC	C	89.8%	30.02	C		67	Graham Jenkins	Whitby Heath AC	W	84.6%	35.16		
8	Darren Hiscox	Bridgend AC	W	89.8%	30.03	W		68	Vivienne Connelly	Birchfield H	F	76.1%	35.22		
9	Alan Chilton	Boro Hounslow	S	89.8%	30.03	S		69	John Ashton	Horwich RMI	M	79.7%	35.28		
10	Malcolm Price	Sunderland H	N		30.05	N		70	Peter Bennetto	Warrington RR	M	76.0%	35.29		
11	Gareth Davies	Biddig AC	W	88.8%	30.22	W		71	Stephen Broton	Manchester Uni	N	77.3%	35.30		
12	Dave Dudley	Liverpool PS	C	88.6%	30.25	C		72	Tony Jackson	Newburgh N	N	77.3%	35.32		
13	Albert Kembol	Stourport AAC	M	88.6%	30.26	M		73	John Keeling	PMAC	M	85.6%	35.39		
14	Andy Wedlake	Bournemouth AC	S	88.6%	30.27	S		74	David Nolan	North Wales RRC	N	75.6%	35.41		
15	Rodri Jones	Westbury	W	88.4%	30.31	W		75	Nicholas Booth	Altrincham DAC	N	75.4%	35.45		
16	Marin Rees	Swansea HAC	W	88.0%	30.32	W		76	Mark Ashby	Southport W/loo	W	76.2%	35.49		
17	Darren Daniels	Birchfield H	N	88.0%	30.39	N		77	Penny Thackray	Hallamshire H	N	83.4%	35.53		
18	James Jackson	AFD	S	88.0%	30.40	S		78	Jack Sellers	Worsley H	N	83.1%	35.54		
19	Graham Hill	Stockport H	M	87.8%	30.44	M		79	Pamela Morgan	Liverpool H	N	76.2%	36.03		
20	Neil Appleby	Birchfield H	M	87.7%	30.45	M		80	Roger Parris	Wigan Phoenix	C	74.7%	36.04		
21	Richard Gardner	Cardiff AAC	W	87.4%	30.51	W		81	Brian Gore	Wigan Phoenix	C	74.6%	36.08		
22	Mick Hill	Tipton H	N		31.00	N		82	Chris Nightingdale	Rossendale AC	C	74.6%	36.10		
23	Michael Hager	Tipton H	N		31.12	N		83	Neil Law	Lostock AC	C	74.5%	36.11		
24	Gary Cartwright	Tipton H	N		31.22	N		84	Janet Kenyon	Not Known	S	74.5%	36.12		
25	Mike Givan	NVAC	C	85.6%	31.29	C		85	Anita Mellowdew	RRC	C	75.4%	36.13		
26	Jamie Lewis	Swansea HAC	N	85.2%	31.31	N		86	Leslie Davies	Swinton Jog	N	82.7%	36.16		
27	Kostas Nikolaidis	JMU	S	85.0%	31.32	S		87	Steven Doxey	North Fyde AC	N	82.7%	36.25		
28	Gary McIlroy	Epsom & Ewell	S	85.0%	31.39	S		88	Stuart Calderbank	Wigan Phoenix	C	82.3%	36.31		
29	John Wynn	Salford HAC	H	84.3%	31.45	H		89	Kath Charnock	SHelens Strider	C	82.3%	36.40		
30	Mark Keeley	Liverpool H	H	83.7%	32.00	H		90	Mike Simm	GPT Harriers	C	73.8%	36.42		
31	Gary Matthews	East Cheshire H	M		32.12	M		91	Dave Tomkins	Warrington RR	C	73.8%	36.42		
32	Gary Mallon	Tipton H	M		32.14	M		92	William Garner	Red Rose RR	C	73.8%	36.42		
33	Arthur Deane	Liverpool H	C		32.29	C		93	Mark Traynor	GPT Harriers	C	73.8%	36.42		
34	Rachel Potter	Belle Vue Racers	C		32.33	C		94	Paul Blackshaw	UJA	C	73.8%	36.42		
35	Mark Crook	Preston	C		32.35	C		95	David Miles	Liverpool RC	C	73.8%	36.42		
36	John Kettle	UJA	C		32.42	C		96	Mark Worral	CEPAC	C	73.8%	36.42		
37	David Warren	Vale Royal	C		32.45	C		97	Angela Allen	Plymouth H	C	73.8%	36.42		
38	Mike Neary	Salford HAC	C		32.57	C		98	Nicola Haines	Newport HAC	C	73.8%	36.42		
39	James Hill	Not Known	C		33.07	C		99	Dinah Cheverton	Newport HAC	C	73.8%	36.42		
40	Paul Worthington	Burnley RR	C		33.13	C		100	Michael Stroud	CEPAC	C	73.8%	36.42		
41	Kenneth Moss	Vale Royal	C		33.25	C		101	Mansel Pope	Altrincham DAC	C	73.8%	36.42		
42	John Fidler	CEPAC	C		33.31	C		102	Claire Allen	Swansea HAC	C	73.8%	36.42		
43	Mike Shaw	Stockport H	C		33.33	C		103	Stephen Clayton	UJA	C	73.8%	36.42		
44	Simon Clayton	Wigan H	C		33.36	C		104	Derek Walton	Altrincham DAC	C	73.8%	36.42		
45	Stan Curran	Salford HAC	C		33.36	C		105	Bill Carlisle	UJA	C	73.8%	36.42		
46	Andy Parker	Bolton	C		33.42	C		106	Steve Joyce	UJA	C	73.8%	36.42		
47	Stephen Whigley	Salford HAC	C		33.48	C		107	Simon Gobbett	Trafford AC	C	73.8%	36.42		
48	John Pratt	Macclesfield	C		33.51	C		108	Andrew Carmochan	CEPAC	C	73.8%	36.42		
49	Steven Rigby	South Liverpool	C		33.52	C		109	Bob Benson	Rivacre R&J	C	73.8%	36.42		
50	Eric Wilson	Blackburn RR	C		33.57	C		110	Les Fleetwood	Wigan Phoenix	C	73.8%	36.42		
51	Des Gibbons	Altrincham DAC	C		34.03	C		111	Stephen Jeffery	Abergele H	C	73.8%	36.42		
52	Steve Haylock	Stockport H	C		34.06	C		112	Craig Saphon	UJA	C	73.8%	36.42		
53	G Cowan	UJA	C		34.07	C		113	Sarah Harper	Bourton	C	73.8%	36.42		
54	Dennis Matthews	East Cheshire H	C		34.10	C		114	Chris Cowley	Chorley Harriers	C	73.8%	36.42		
55	Debbie Percival	Not Known	C		34.13	C		115	Stephen Littlefair	UJA	C	73.8%	36.42		
56	James Beesley	UJA	C		34.19	C		116	Richard Pavey	Altrincham DAC	C	73.8%	36.42		
57	Peter Maher	Vale Royal	C		34.20	C		117	Vicki Perry	Wigan Phoenix	C	73.8%	36.42		
58	Maria Bradley	Overton H	C		34.25	C		118	Lisa Gore	Wigan Phoenix	C	73.8%	36.42		
59	Andrew Neary	Leigh H	C		34.42	C		119	Steven Casey	Red Rose RR	C	73.8%	36.42		
60	Hermann Buys	UJA	C		34.47	C		120	Stephen Longdon	Altrincham DAC	C	73.8%	36.42		



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Sunday 17th August 1997

C - Cheshire Championships : N, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.

Pos	Name	Club	Cat	%	Time	C	A
121	Michael Evans	U/A	M40	71.3%	38.00		
122	Gary Greenwood	Stockport H	M40	74.4%	38.01		
123	Steffan Franzen	Penny Lane Str.	F	71.0%	38.01		
124	Paul Brandrick	Prestatyn RC	M40	73.8%	38.02		
125	Paul Pover	East Cheshire H	M45	75.9%	38.05		
126	Mark Maddison	Trafford AC	F	78.4%	38.09		
127	Lyne Deavany	Ford Halewood	M40	70.7%	38.13		
128	Francis McHale	Tattenhall R	M50	78.6%	38.12		
129	Brett Goddard	Wigan Phoenix	M45	76.8%	38.16		
130	Fechin McCormick	Sale H Manch	M45	80.4%	38.13		
131	Michael Leary	Wigan Phoenix	M50	80.4%	38.16		
132	Ian Sharples	U/A	M40	70.3%	38.23		
133	Philip Hurst	Burden RR	M40	70.2%	38.27		
134	Alan Worthington	Wrexham AC	M40	70.9%	38.28		
135	Brian Pyrah	North Wales RRC	M40	70.1%	38.28		
136	Chris Hardman	Worsley H	M40	70.9%	38.30		
137	Philip Davies	U/A	M40	70.1%	38.39		
138	Tony Jackson	Warrington RR	M40	69.7%	38.42		
139	Ian Carson	Wrexham AC	M45	75.2%	38.43		
140	Colin Davies	Wrexham AC	M45	75.7%	38.45		
141	Tony McGraw	Altrincham DAC	M40	71.9%	38.46		
142	James Russell	Rivacre R&J	M40	74.6%	38.46		
143	Gary Dean	Bellairstown H	M45	74.6%	38.48		
144	Frank Woods	Cepac	M40	69.5%	38.48		
145	Alison Vesey	U/A	F35	77.2%	38.49		
146	Barry Swindells	Altrincham DAC	M45	82.7%	38.52		
147	Steph Fletcher	Stockport H	M45	76.0%	38.55		
148	Grahame Shone	Chorley AC	M45	75.3%	38.57		
149	Peter Scoots	Abergele	M45	75.3%	39.01		
150	Adrian Pike	Middleton H	M45	75.7%	39.03		
151	Lynn Hollis	Newburgh N	M40	72.1%	39.14		
152	Lynn Jolley	Wigan Phoenix	F	76.1%	39.18		
153	Mick Nestor	Blackburn RR	M40	72.3%	39.25		
154	John O'Connor	Worsley H	M50	76.8%	39.26		
155	Anthony Hodgkin	U/A	M40	68.4%	39.27		
156	Andy Squires	Wrexham AC	M45	73.2%	39.28		
157	Derek Boardman	Worsley H	M45	73.2%	39.30		
158	Andrew Marsden	Warrington RR	M40	71.5%	39.33		
159	Dave Edge	Rochdale	M55	81.3%	39.34		
160	Eddie Fairclough	Penny Lane Str.	M40	73.9%	39.37		
161	Susan Pevey	Altrincham DAC	F	75.5%	39.38		
162	James Corrigan	Belle Vue Racers	M40	68.0%	39.40		
163	Robert Welby	Warrington RR	M40	68.8%	39.42		
164	Vanessa Hamlet	Rossendale AC	F	75.2%	39.46		
165	Thomas Topham	Bolton	M40	67.7%	39.49		
166	Louise Cooper	Rossendale AC	F	75.1%	39.51		
167	Russell Ward	Shropshire Shuff	M40	67.6%	39.55		
168	Michael Fox	U/A	M40	67.5%	39.56		
169	Curt Ansley	Worsley H	M40	70.5%	40.00		
170	Michael Hill	Worsley H	M40	71.0%	40.07		
171	Trevor Noon	Worsley H	M40	70.5%	40.05		
172	Mervyn Hirst	Sialland	M40	71.5%	40.09		
173	David Cox	Rivacre R&J	M40	67.3%	40.15		
174	Philip Butler	U/A	M40	67.0%	40.17		
175	David Griffin	Burden RR	M45	73.9%	40.20		
176	Robert Russell	ClaytonleM	M45	72.6%	40.26		
177	Malcolm Godfrey	Birkenhead AC	M45	73.1%	40.28		
178	Fran Fielding	Altrincham DAC	F	73.9%	40.29		
179	Alan Radcliffe	Penny Lane Str.	M55	77.3%	40.30		
180	Bill Mansley	FRA	M55	80.0%	40.34		

Final Results

Sports Computer Services Ian Thomas 0114 290 1281



14th BIRCHWOOD 10km Road Race

Sunday 17th August 1997

C - Cheshire Championships : N, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.

Pos	Name	Club	Cat	%	Time	C	A
241	Michael Elson	U/A	M40	64.0%	42.09		
242	Audrey Foster	U/A	F45	77.8%	42.11		
243	David Jackson	U/A	M40	63.9%	42.11		
244	Andrew Cresswell	U/A	M40	63.9%	42.12		
245	Simon Woods	Warrington RR	M40	63.9%	42.12		
246	Nell Cliffe	Warrington RR	M40	63.9%	42.12		
247	David Entwistle	Altrincham DAC	M45	63.8%	42.17		
248	Andrew Cooper	U/A	M40	65.4%	42.19		
249	Scott Liddell	U/A	M40	67.2%	42.21		
250	Brian Griffiths	Rivacre R&J	M40	66.7%	42.22		
251	Wayne Pownall	U/A	M40	63.3%	42.25		
252	Alan Wright	Warrington RR	M55	73.7%	42.29		
253	Nell Roberts	Manchester Uhl	M50	71.8%	42.31		
254	Nicola Jones	Stockport H	F	70.3%	42.33		
255	Richard Anness	U/A	M40	63.3%	42.35		
256	Linda Gore	Wigan Phoenix	F45	77.7%	42.37		
257	Joanne Glynn	U/A	F	70.1%	42.39		
258	Steven Armstrong	U/A	M40	65.3%	42.42		
259	Mary Meredith	Prestatyn RC	F50	81.9%	42.44		
260	Barbara Godfrey	U/A	F45	76.8%	42.44		
261	Peter McElhatton	Middleton H	M40	66.6%	42.44		
262	PW Doughty	Altrincham DAC	M45	68.6%	42.45		
263	Alan Halsall	U/A	M40	66.6%	42.46		
264	Bill Vinton	U/A	M45	69.1%	42.49		
265	Stephen Roddis	Altrincham DAC	M40	65.3%	42.58		
266	Paul Hannigan	GPT Harriers	M40	64.8%	43.00		
267	Chris Sanders	Royal Mail	M40	62.6%	43.05		
268	Scott Byers	Royal Mail	M40	62.6%	43.05		
269	James Weir	Kearsley H	M40	62.9%	43.06		
270	Mathew Robinson	U/A	M55	72.5%	43.09		
271	Peter Baxter	Altrincham DAC	M40	62.4%	43.10		
272	Paul Capley	U/A	M40	62.4%	43.12		
273	David Bettles	Northern Vets	M50	69.5%	43.14		
274	Peter Davies	Helsby RC	M40	62.0%	43.16		
275	Seamus Keating	Birkenhead AC	M40	62.2%	43.19		
276	Ken Connor	Warrington RR	M40	62.2%	43.20		
277	Roy Traynor	Rivacre R&J	M40	62.2%	43.22		
278	Robert Sexton	U/A	M50	70.4%	43.24		
279	James Dunn	Northern Vets	M40	64.6%	43.25		
280	John Rayton	Red Rose RR	M55	72.1%	43.25		
281	Steve Saunders	Birkenhead AC	M40	62.1%	43.26		
282	Michelle Benham	Southport Wico	FJ	69.3%	43.26		
283	S Pemberton	Penny Lane Str.	M40	65.1%	43.27		
284	Paul Davies	U/A	M40	62.1%	43.28		
285	David George	Sale H Manch	M45	68.4%	43.34		
286	Raymond Wormald	Warrington RR	M45	66.7%	43.39		
287	Maurice Hopkinson	Northern Vets	M55	71.6%	43.43		
288	Jim Rosser	Altrincham DAC	M40	61.6%	43.49		
289	Mark Foot	Burden RR	M55	71.3%	43.55		
290	Bryan Mullineaux	CEPAC	F	68.0%	43.59		
291	Julie Fletcher	U/A	M40	63.3%	44.01		
292	Daniel Cameron	U/A	M40	64.2%	44.02		
293	Edmond Woods	Worsley H	F35	69.2%	44.03		
294	Joy Hardman	U/A	MJ	61.7%	44.05		
295	John Altherton	Wigan Phoenix	M40	65.4%	44.10		
296	Dave Butcher	Warrington RR	M40	67.9%	44.14		
297	Ken Hughes	Warrington RR	M40	65.8%	44.16		
298	Graham Rimmer	Warrington RR	M45	65.8%	44.20		
299	Graham Gidney	U/A	M45	66.7%	44.20		
300	Jeannette Goddard	U/A	F	67.5%	44.21		

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Pos	Name	Club	Cat	%	Time C	A	Pos	Name	Club	Cat	%	Time C	B
361	Martin Daulby	UJA	M45	57.8%	46:42		421	Marilyn Greenwood	F45	M50	66.7%	49:41	
362	Ian Barwise	UJA	M45	62.6%	46:51		422	Alex Thomas	UJA	M50	60.4%	49:42	
363	Kenneth Brown	UJA	M45	62.1%	46:54		423	Ken Smart	Wimslow	M55	64.6%	49:49	
364	Ian Mackinder	UJA	57.5%	Worsley H	46:57		424	John Robinson	Bridgend AC	F	57.5%	49:55	
365	David Finch	UJA	57.4%	UJA	46:58		425	Louise Riley	UJA	F	59.9%	49:57	
366	Richard Lavin	UJA	57.4%	UJA	46:59		426	B Greenhalgh	Darwen Dash	F40	63.0%	49:59	
367	David Brerley	CEPAC	58.9%	CEPAC	47:00		427	Helen Kennedy	UJA	F	59.8%	50:01	
368	George Baxter	UJA	57.3%	UJA	47:05	C	428	Jim Taylor	Darwen Dash	M45	59.1%	50:01	
369	Andy Yates	UJA	57.2%	UJA	47:07		429	John Mason	UJA	M40	56.5%	50:02	
370	Liz Hales	Sale H Manch	F40	67.9%	47:07		430	Tracy Roberts	UJA	F35	60.3%	50:08	
371	Andrew Berry	Darwen Dash	M45	61.8%	47:08		431	Martin Percoc	Northern Vets	M45	58.0%	50:11	
372	Michelle Meredith	Prestatyn RC	F	63.4%	47:09		432	Brian Wheelodon	Worsley H	60+	65.9%	50:13	
373	Gillian Demet	Sale H Manch	M40	60.8%	47:11		433	John Halsall	Swinton Jog	M45	58.8%	50:17	
374	Gillian Whigley	UJA	F	63.1%	47:24	C	434	John Pieterse	Royal Mail	M40	56.1%	50:24	
375	Philip Crump	UJA	56.9%	UJA	47:25		435	Rino Formisano	UJA	M40	56.1%	50:25	C
376	Michael Reid	Middleton H	56.8%	Middleton H	47:29		436	Peter Demahie	Darwen Dash	M45	58.1%	50:33	
377	Suzanne Budgett	Manchester YMCA	F	62.9%	47:35		437	Cath Wood	UJA	F	59.1%	50:37	
378	David Redpath	UJA	M45	61.6%	47:37		438	David Dishman	UJA	M40	55.5%	50:37	
379	Clive Luty	Stockport H	M55	67.5%	47:40	C	439	Robert Holden	UJA	M40	55.2%	50:42	
380	Tim Scott	RRC	M50	62.9%	47:43		440	Wilt Talbot	Lostock AC	M50	60.7%	50:43	
381	Bob Lane	GMP AAA	M40	58.3%	47:47		441	Jackie Beavers	Burnden RR	F45	65.2%	50:47	
382	Angela Heenan	UJA	F	62.6%	47:47		442	Jeanele Murphy	Ford Hallowood	F50	67.6%	50:48	C
383	Charles Goldie	UJA	M45	61.4%	47:48	C	443	Richard Taylor	UJA	M40	56.0%	50:49	
384	Tania Smith	UJA	F	62.5%	47:52		444	Neil Gawthorpe	UJA	M40	56.0%	50:49	
385	Kenneth Hanson	Todmorden H	M50	64.8%	47:54		445	Paul Jackson	UJA	M45	56.9%	50:50	
386	Norman Marshall	Southport W'loo	60+	68.2%	48:01		446	Thomas Jones	UJA	M45	58.5%	50:55	
387	Howard Henshaw	Wesham RR	M55	66.3%	48:03		447	Stephanie Norton	Warrington RR	F35	60.8%	50:55	C
388	William Cook	Darwen Dash	60+	68.0%	48:08		448	David Howard	UJA	M40	53.9%	50:59	
389	Colin Battick	AccringtonRR	56.3%	AccringtonRR	48:10		449	Edward Lloyd	Penny Lane Str.	60+	69.8%	51:00	
390	John Coding	UJA	M40	58.7%	48:12		450	Graham Padgett	Sale H Manch	M50	60.8%	51:03	
391	Lee Williams	North Wales RRC	57.0%	North Wales RRC	48:13		451	John Morrison	UJA	M45	56.6%	51:04	
392	Colin Moston	UJA	M40	58.2%	48:16	C	452	Gordon Brown	UJA	M55	62.9%	51:05	
393	Eric Rathbone	Middleton H	M55	64.9%	48:16		453	Tom Watson	Aitricham DAC	M50	60.1%	51:07	
394	Thomas Keenan	Merseyside FB	M40	59.4%	48:17		454	Peter Slade	Wirral AC	60+	64.5%	51:11	
395	Brian Allred	Northern Vets	M45	60.7%	48:21		455	James Daley	Penny Lane Str.	FJ	59.4%	51:15	
396	Gavin Campbell	UJA	55.8%	UJA	48:22	C	456	Lorraine Stocker	Whitby Heath AC	M50	59.9%	51:23	
397	John Taylor	UJA	M40	59.2%	48:28		457	Alan Davies	SHelens Stulder	M50	59.9%	51:24	
398	Chris Owen	UJA	56.2%	UJA	48:31		458	Bernard Mitchell	UJA	53.1%	51:26		
399	Gillian Whigley	UJA	F	61.6%	48:32	C	459	Barry Towers	UJA	F40	61.1%	51:28	
400	Pauline Stubbs	Wimslow	F40	65.9%	48:33		460	J Hateley	Stafford H	M50	60.2%	51:34	
401	Michael Lamb	CEPAC	M55	65.0%	48:37	C	461	Eric Corker	Rivacre R&J	M45	57.2%	51:40	
402	Stephen Chapman	CEPAC	M40	59.2%	48:37		462	Rachel Slater	UJA	F	57.8%	51:43	
403	Stephen Mallen	CEPAC	M40	57.2%	48:42		463	Jenny Griffiths	UJA	F	57.8%	51:44	
404	Judith Dyer	Penny Lane Str.	F	61.4%	48:45		464	Steven Whitaker	UJA	52.1%	51:44		
405	Martin Costello	Merseyside FB	55.2%	Merseyside FB	48:53		465	Andrew Stavordaus	UJA	53.4%	51:47		
406	Don George	Sale H Manch	60+	66.9%	48:56		466	Marth Lee	UJA	52.0%	51:51		
407	Bill Mackinder	Worsley H	M50	61.3%	48:58		467	Terry Cox	UJA	52.0%	51:51		
408	Emma Calderbank	UJA	FJ	62.8%	49:04		468	Mark Atkins	UJA	M40	55.2%	51:53	
409	Ruth Calderbank	North Fyde AC	F45	66.3%	49:06		469	John Coupe	UJA	M40	55.2%	51:59	
410	Sharon Simpson	North Fyde AC	F	60.9%	49:08		470	Jane Calderbank	North Fyde AC	FJ	58.2%	52:00	
411	Stephen Munday	Helsby RC	M40	56.7%	49:10		471	Carl Baxendale	Middleton H	F45	63.1%	52:01	
412	Anthony Dixon	UJA	54.7%	UJA	49:18		472	Sul Cushing	Helsby RC	F35	57.7%	52:01	
413	Alan Lee	UJA	54.6%	UJA	49:25		473	Frank Amott	Sale H Manch	60+	65.5%	52:04	
414	Ken McNeae	Penny Lane Str.	M45	58.9%	49:26		474	Terry Cowham	UJA	M50	58.1%	52:06	
415	David Jackson	UJA	55.1%	UJA	49:30		475	Claira Taylor	UJA	F	57.3%	52:12	
416	Barry Pierce	Cheshire Const	M45	59.3%	49:31		476	Susan Bridge	UJA	F40	59.8%	52:14	
417	Joe McGrath	UJA	M50	62.7%	49:32		477	Barry Taylor	UJA	M40	54.4%	52:23	C
418	Jeff Dawson	Burnden RR	54.4%	Burnden RR	49:34		478	Malcolm Cook	UJA	M40	53.1%	52:26	C
419	Joan Minty	Helsby RC	F	60.3%	49:36	C	479	John Dolan	UJA	M45	56.8%	52:27	
420	Geoffrey Kenah	UJA	55.8%	UJA	49:37	C	480	Linda Hindle	UJA	F	57.0%	52:31	

Final Results

Sports Computer Services. Ian Thomas. 0114 230 1381



14th BIRCHWOOD 10km Road Race

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Age-graded performances are shown as a % of the WAVA standard time.

Pos	Name	Club	Cat	%	Time C	A	Pos	Name	Club	Cat	%	Time C	A
481	Patricia Tighe	F	57.0%	Aitricham ns	52:31		530	Jim Garvey	M50	53.5%	UJA	57:06	
482	Roger Hom	M50	59.0%	UJA	52:37		531	Kathy Simpson	F	52.1%	Massey Ferguson	57:22	
483	Michelle Dixon	F35	57.9%	Swinton Jog	52:39		532	Alec Johns	M40	48.6%	Cheshire Const	57:24	
484	Richard Crofts	F	51.2%	UJA	52:44	C	533	Roger Lyon	M40	49.2%	UJA	57:30	
485	Deborah O'Hanlon	F	56.7%	UJA	52:45		534	Odette Thompson	F	51.9%	UJA	57:36	
486	Shella Marshall	F50	65.0%	Southport W'oo	52:52		535	Andrew Halloran	F45	56.4%	UJA	57:37	
487	Sharon Rathbone	F	56.6%	UJA	52:53		536	Janet Redpath	M45	50.7%	Red Rose RR	57:50	
488	Raymond Tant	M40	52.7%	Penny Lane Str.	52:55		537	Richard Kidd	M55	54.1%	Northern Vets	57:55	
489	Ian Gleave	M50	51.0%	Cheshire Const	52:56		538	Andrew Bland	60+	58.2%	Red Rose RR	57:57	
490	Janette Morrison	F45	63.7%	Penny Lane Str.	53:06		539	Ian Dishman	46.3%	UJA	58:18		
491	Michael Peel	F	50.8%	UJA	53:16		540	Tony Greenhalgh	46.2%	UJA	58:23		
492	Marc Clarke	FJ	58.5%	UJA	53:18		541	John Ansell	M50	51.8%	Rivacre R&J	58:27	
493	Claira Jarvis	FJ	57.1%	Whiby Heath AC	53:21		542	Arthur Hartson	45.8%	UJA	58:36		
494	Sarah Hardy	FJ	57.1%	Melham Zero	53:27		543	Kevin Williamson	45.8%	UJA	58:55		
495	Claira Edgar	F45	62.1%	UJA	53:47		544	Kirk Siddals	45.8%	UJA	58:55		
496	David Carter	F50	65.0%	Wigan Phoenix	53:52		545	Phil Mulligan	45.8%	UJA	58:55		
497	Gerry Lindsay	F	55.5%	Rosendale AC	53:55		546	Tony Remner	45.8%	UJA	59:18		
498	John Walker	F	55.5%	Northern Vets	54:20		547	Ghm Buterworth	46.3%	UJA	59:18		
499	Joyce Gent	M50	55.3%	Warrington RR	54:32		548	Joanne Salt	F	50.1%	UJA	59:40	
500	Julie Leary	MJ	51.0%	Rivacre R&J	54:34		549	Debra Sunderland	F	50.0%	Liverpool Uni	59:53	
501	George Large	M45	52.8%	UJA	54:43		550	Gaynor Wilson	F40	52.9%	UJA	59:59	
502	Ann Hughes	F35	55.6%	UJA	54:47		551	David Buterworth	45.5%	UJA	60:00		
503	Michael Hartson	F35	55.9%	UJA	54:59		552	Julie Birch	F	49.7%	UJA	60:09	C
504	Garry Sproston	F35	54.5%	Melham Zero	55:03		553	Sally Houghton	F	49.7%	UJA	60:15	
505	Leri Jarvis	F35	54.5%	Melham Zero	55:05		554	Kirsty Byers	F	49.2%	Royal Mail	60:49	C
506	Janet Haylock	M40	51.7%	Warrington AC	55:05	C	555	Wendy Johnson	F40	50.9%	UJA	61:21	
507	Jackie Carter	F	54.3%	Liverpool Uni	55:08		556	Lisa Rea	FJ	48.7%	UJA	61:25	
508	Barry Heath	60+	68.4%	Bolton	55:21		557	Lianne Barnes	F	49.8%	UJA	61:54	
509	Claira Watson	F	48.8%	UJA	55:29		558	Ian Riley	F45	54.2%	UJA	61:54	
510	Alan Fearnley	F	53.8%	UJA	55:39		559	Julie Pennington	M50	49.1%	UJA	62:12	
511	Jon Ford	M55	56.7%	Keasley H	55:45		560	Peter Salt	M55	51.1%	UJA	62:13	
512	Amanda Jones	M40	51.4%	UJA	55:49		561	Bill Carlisle	M45	47.5%	UJA	62:19	
513	Tom Broderick	F	53.4%	UJA	56:03		562	Peter Ollershaw	M40	45.7%	Police AA	62:42	
514	Tony McGee	F35	54.7%	Swinton Jog	56:07		563	Nigel Forrest	F50	55.7%	Sale H Manch	63:00	
515	Mary Dunne	F	49.0%	UJA	56:07		564	Charmian Kerr	M55	49.4%	Wimslow	63:28	
516	Ken Barnsley	F	49.0%	UJA	56:08		565	Doreen Padgett	F45	51.3%	UJA	63:53	
517	Ann Boothman	F	53.1%	UJA	56:18		566	Dave Read	M45	46.4%	UJA	63:57	
518	Stephen Rodger	M40	50.9%	UJA	56:19		567	Barbara Godfrey	M45	46.4%	UJA	64:13	
519	Jackie Horrocks	F40	55.4%	UJA	56:21		568	Jim Callaway	M45	46.4%	UJA	65:07	
520	Brian Lawlor	60+	59.1%	Liverpool RC	56:23		569	Neil Rowlands	F40	48.3%	UJA	65:45	
521	Alan Pender	F	47.6%	Merseyside FB	56:28		570	Susan Buterworth	F	45.4%	UJA	65:54	
522	Karen Jackson	M40	49.5%	UJA	56:37		571	Kim Nester	F45	48.1%	Warrington RR	67:23	
523	David Atkinson	F35	53.6%	UJA	56:45		572	Barry Lewis	F	44.2%	UJA	67:39	
524	John Newbury	F	52.5%	UJA	56:53		573	Carol Birchenough	F55	55.7%	Warrington RR	69:53	
525	Tony Costello	F	47.4%	UJA	56:56		574	Dawn Rowlands	F	41.0%	Royal Mail	72:56	C
526	David Maddocks	F	47.4%	UJA	56:57		575	Janice Blood	FJ	38.7%	Rivacre R&J	77:50	
527	Karen Scott						576	Lynda Oliver					
528	Stephanie Wilson						577	Penny Worrall					
529	John Cuerdan												

If you were waiting for results on the day, please accept our apologies. This was the first time that we have not been able to produce a full set of results for sale on the day.

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Final Results

Sports Computer Services. Ian Thomas. 0114 230 1381



14th BIRCHWOOD 10km Road Race

Sunday 17th August 1997

C - Cheshire Championships - N, M, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.



Inter Area Match - MEN.

Pos	Name	Cat	%	Club	Time	C	A
1.	John Mural	91.3%		Midlands	29.32		
2.	Paul Taylor			North	29.38		
3.	Tony O'Brien			North	29.51		
4.	Ian Cornford	90.2%		South	29.54		
5.	Paul Roden			North	30.00		
6.	Darren Hiscox	89.8%		Wales	30.03		
7.	Alan Chilton	89.8%		South	30.03		
8.	Malcolm Price			North	30.05		
9.	Gareth Davies	88.8%		Wales	30.22		
10.	Dave Dudley			North	30.25		
11.	Albert Kembol	88.6%		Midlands	30.26		
12.	Andy Wedlake	88.6%		South	30.27		

Inter Area Match - WINNING TEAM MEMBERS: - MEN.

1st TEAM	PTS	2nd TEAM	PTS	3rd TEAM	PTS	4th TEAM	PTS
North	18	South	39	Wales	42	Midlands	44
Paul Taylor	2	Ian Cornford	4	Darren Hiscox	6	John Mural	1
Tony O'Brien	3	Alan Chilton	7	Gareth Davies	9	Albert Kembol	11
Paul Roden	5	Andy Wedlake	12	Rodri Jones	13	Darren Daniels	15
Malcolm Price	8	James Jackson	16	Martin Rees	14	Neil Appleby	17

Inter Area Match - WOMEN.

Pos	Name	Cat	%	Club	Time	C	A
1.	Debbie Percival	F35	87.7%	South	34.13		
2.	Maria Bradley	F	86.9%	South	34.25		
3.	Vivienne Connelly	F	84.6%	Wales	35.22		
4.	Penny Thackray	F	83.4%	North	35.53		
5.	Pamela Morgan	F	83.1%	North	35.59		
6.	Anita Mellowdew	F		South	36.11		

Inter Area Match - WINNING TEAM MEMBERS: - WOMEN.

1st TEAM	PTS	2nd TEAM	PTS	3rd TEAM	PTS	4th TEAM	PTS
South	9	North	16	Wales	22		
Debbie Percival	1	Penny Thackray	4	Vivienne Connelly	3		
Maria Bradley	2	Pamela Morgan	5	Nicola Haines	9		
Anita Mellowdew	6	Kath Charnock	7	Dinah Cheverton	10		

What is an AAAoE Inter-area Match?

The AAA of England organises a 4 match series during the year, 1 in each of its 3 regions (North, Midlands and South) plus Wales. Each of the 4 areas sends a team of athletes to compete on its behalf in the series.

This year, Spectrum Striders and the Birchwood 10km Race hosted the Northern stage, the 2nd race of the series. The 4 events in the series are:

- ◆ Midlands: 18 May (Stoke on Trent)
- ◆ North: 17 August (Birchwood)
- ◆ Wales: 14 September (Swansea)
- ◆ South: 19 October (Basingstoke)



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Cheshire County Championship - MEN.

Pos	Name	Cat	%	Club	Time	C	A
1.	Mike Proudlove	90.0%		Stoke AC	29.58		
2.	John Kettle	82.5%		U/A	32.42		
3.	Kenneth Moss	M45	86.5%	Vale Royal	33.25		
4.	John Fidler	M45	88.2%	CEPAC	33.31		
5.	Peter Maher	M40	82.3%	Vale Royal	34.20		
6.	Hermann Buys	77.5%		U/A	34.47		
7.	Andrew Starkey	77.9%		Whitby Heath AC	34.48		
8.	Chris Nightingale	74.7%		Wigan Phoenix	36.06		
9.	Leslie Davies	74.5%		RRC	36.12		
10.	Dave Tomkins	M50	82.3%	Warrington RR	36.31		
11.	Michael Stroud	72.9%		CEPAC	37.00		
12.	Derek Walton	M50	83.6%	Altrincham DAC	37.08		
13.	Mark Davany	70.7%		U/A	38.10		
14.	Frank Woods	71.3%		U/A	38.49		
15.	Andy Squires	68.3%		Wrexham AC	39.28		
16.	Curt Anstey	67.4%		RRC	40.00		
17.	Bill Mansley	M55	80.0%	FRA	40.34		
18.	Ian Pemberton	M45	72.4%	Altrincham DAC	40.52		
19.	Mark Orford	65.6%		CEPAC	41.07		
20.	Samuel Fletcher	60.4		CEPAC	41.09		
21.	Brian Beattie	M50	74.5%	CEPAC	41.18		
22.	John Wheelton	66.3%		Macclesfield	41.26		
23.	John Lazarus	M40	68.0%	Warrington RR	41.52		
24.	Richard Anness	63.3%		U/A	42.35		
25.	Steven Armstrong	M40	65.3%	U/A	42.42		
26.	Paul Capcy	62.4%		U/A	43.12		

Cheshire County Championship - WOMEN.

Pos	Name	Cat	%	Club	Time	C	A
1.	Audrey Foster	F45	77.8%	U/A	42.11		
2.	Julie Fletcher	F	68.0%	CEPAC	43.59		
3.	Linda Ely	F35	67.3%	Wimslow	44.56		
4.	Lucy Hickey	F35	65.3%	Altrincham DAC	46.39		
5.	Gillian Wigley	F	63.1%	U/A	47.24		
6.	Gillian Wigley	F	61.6%	U/A	48.32		

AGE GRADED RESULTS

What are age graded results?

The WAVA produces tables of times that a world champion class athlete might be expected to achieve at any age. In the results, you will see that you have a percentage figure as well as your time. This corresponds to how your time compared against the WAVA world standard time for your age. Part of our prize awards were for the top 3 men and women, based on the highest percentage scores (the closest to the world standard time).

Age factored winners - Men

Pos	Name	Cat	%	Club	Time	C	A
16	Martin Rees	M40	84.0%	Swansea HAC	30.32	W	44
23	Michael Hager	M45	93.3%	Tipton H	31.12	M	46
1	John Mural	91.3%		Bromsgrove Redd	29.32	M	29
25	Mike Glavan	M40	90.5%	NVAC	31.29		43
4	Ian Cornford	90.2%		Shaftesbury Barn	29.54	S	32
5	Mike Proudlove	90.0%		Stoke AC	29.58	C	27

Age factored winners - Women

Pos	Name	Cat	%	Club	Time	C	A
55	Debbie Percival	F35	87.7%	Not Known	34.13	S	35
58	Maria Bradley	F	86.9%	Overton H	34.25	S	34
84	Janet Kenyon	F35	84.9%	Lostock AC	36.10		38
68	Vivienne Connelly	F	84.6%	Birchfield H	35.22	W	21
77	Penny Thackray	F	83.4%	Hallamshire H	35.53	N	22
79	Pamela Morgan	F	83.1%	Liverpool H	35.59	N	32

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Womens Race Result

Pos	Name	Club	Time	Cat	%
1	Debbie Percival	Not Known	34.13	F35	87.7%
2	Maria Bradley	Overton H	34.25	F	86.9%
3	Vivienne Connelly	Birchfield H	35.22	F	84.6%
4	Penny Thackray	Hallamshire H	35.53	N	83.4%
5	Pamela Morgan	Liverpool H	35.59	N	83.1%
6	Janet Kenyon	Lostock AC	36.10	F35	84.9%
7	Anita Mellowdew	Not Known	36.11	S	87.0%
8	Kath Charnock	Wigan Phoenix	36.16	F35	82.7%
9	Angela Allen	Plymouth H	36.46	F	81.4%
10	Nicola Haines	Newport HAC	36.49	F	81.3%
11	Dinah Cheverton	Newport HAC	36.54	W	81.1%
12	Claire Allen	Swansea HAC	37.04	W	80.7%
13	Sarah Harper	Bourton	37.36	M	79.6%
14	Vicki Perry	Altrincham DAC	37.48	F35	81.9%
15	Lisa Gore	Wigan Phoenix	37.51	F	79.0%
16	Lynne Maddison	Trafford AC	38.09	F	78.4%
17	Alison Vesey	Altrincham DAC	38.50	F35	77.2%
18	Lynn Jolley	Wigan Phoenix	39.18	F	76.1%
19	Susan Pavey	Altrincham DAC	39.38	F	75.5%
20	Vanessa Hamlet	Rossendale AC	39.46	F	75.2%
21	Louise Cooper	Rossendale AC	39.51	F	75.1%
22	Fran Fielding	Altrincham DAC	40.29	F	73.9%
23	Alice Becroft	Wakefield	40.38	F	73.6%
24	Theresa McCourt	Kidderminster R.	40.53	F35	75.1%
25	Denise Wakefield	Sale H March	40.57	F40	76.1%
26	Tracey Evans	Eryl H	41.03	F	72.9%
27	Carolyn Wright	Horwich RMI	41.12	F35	75.1%
28	Janet Pound	Chorley AC	41.18	F40	76.2%
29	Christina Lewis	Claytonleam	41.40	F	71.8%
30	Gillian Glynn	Middleton H	41.46	F	71.6%
31	Sandra Owen	Tattenhall R	41.50	F45	80.6%
32	Clare Hawkes	Mirral AC	41.57	F35	76.8%
33	Vanessa Mulholland	Altrincham DAC	42.05	F45	81.1%
34	Audrey Foster	UJA	42.11	C	77.8%
35	Nicole Jones	Stockport H	42.33	F	70.3%
36	Linda Gore	Wigan Phoenix	42.37	F45	77.1%
37	Joanne Glynn	UJA	42.39	F	70.1%
38	Mary Meredith	Prestatyn RC	42.44	F50	81.9%
39	Barbara Godfrey	UJA	42.44	F45	76.8%
40	Michelle Benham	Southport Wloo	43.26	F	69.3%
41	Julie Fletcher	CEPAC	43.59	C	68.0%
42	Joy Hardman	Worsley H	44.03	F35	69.2%
43	Janet Goddard	UJA	44.21	F	67.5%
44	Debbie Fleming	Rossendale AC	44.25	F40	72.7%
45	Katharine Dance	UJA	44.54	F	66.6%
46	Linda Ely	Wimslow	44.56	C	67.3%
47	Jean Mann	Wigan Phoenix	45.04	F35	66.6%
48	Claire Lidsell	Southampton RC	45.53	F	65.2%
49	Shirrin Norris	Macclesfield	46.06	F	64.3%
50	Viv Ellis-Jones	Eryl H	46.12	F40	68.1%
51	Beverley Brennan	Manchester Uni	46.14	F	64.7%
52	Lynda Rowlinson	Sale H March	46.20	F35	64.7%
53	Raewyn Bailey	Warrington RR	46.31	F45	64.3%
54	Liz Hales	Tattenhall R	46.36	F45	72.4%
55	Lucy Hickey	Altrincham DAC	46.39	C	65.3%
56	Michelle Meredith	Sale H March	47.07	F40	67.9%
57	Gillian Wrigley	Prestatyn RC	47.09	F	63.4%
58	Suzanne Budgett	UJA	47.24	C	62.9%
59	Angela Heenan	Manchester YMCA	47.35	F	62.9%
60		UJA	47.47	F	62.6%



Sunday 17th August 1997
C - Cheshire Championships : N, M, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.

Womens Race Result

Pos	Name	Club	Time	Cat	%
61	Tania Smith	UJA	47.52	F	62.5%
62	Gillian Wrigley	UJA	48.32	C	61.6%
63	Pauline Stubbs	Wimslow	48.33	F40	65.9%
64	Judith Dyer	Penny Lane Str.	48.45	F	61.4%
65	Emma Calderbank	North Fyde AC	48.45	F	62.8%
66	Ruth Calderbank	North Fyde AC	49.06	F45	66.3%
67	Sharon Simpson	Helsby RC	49.08	F	60.9%
68	Joan Miny	Helsby RC	49.36	F	60.3%
69	Marilyn Greenwood	UJA	49.41	F45	66.7%
70	Louise Riley	UJA	49.57	F	59.9%
71	B Greenhalgh	Dawson Dash	49.59	F40	63.0%
72	Helen Kennedy	UJA	50.01	F	59.8%
73	Tracy Roberts	UJA	50.08	F35	60.3%
74	Cath Wood	UJA	50.37	F	59.1%
75	Jacqui Beavers	Burnden RR	50.47	F45	65.2%
76	Jeanette Murphy	Ford Halewood	50.48	C	67.6%
77	Stephanie Norton	Warrington RR	50.55	C	60.8%
78	Lorraine Stocker	Whitby Heath AC	51.23	FJ	59.4%
79	Barry Towers	UJA	51.28	F40	61.1%
80	Rachel Slater	UJA	51.43	F	57.8%
81	Jenny Griffiths	UJA	51.44	F	57.8%
82	Jane Calderbank	North Fyde AC	52.00	FJ	58.2%
83	Carol Baxendale	Middleton H	52.01	F45	63.1%
84	Sul Cushing	Helsby RC	52.01	F35	57.7%
85	Claire Taylor	UJA	52.12	F	57.3%
86	Susan Bridge	UJA	52.14	F40	59.8%
87	Linda Hindle	UJA	52.31	F	57.0%
88	Patricia Tighe	Altrincham ns	52.31	F	57.0%
89	Michelle Dixon	Swinton Jog	52.39	F35	57.9%
90	Deborah O'Hanlon	UJA	52.45	F	56.7%
91	Shella Marshall	Southport Wloo	52.52	F50	65.0%
92	Sharon Rathbone	UJA	52.53	F	56.6%
93	Janette Morrison	Penny Lane Str.	52.56	F45	63.7%
94	Claire Jarvis	UJA	53.18	FJ	58.5%
95	Claire Edgar	Whitby Heath AC	53.27	FJ	57.1%
96	Gerry Lindsay	UJA	53.47	F45	62.1%
97	Joyce Gent	Wigan Phoenix	53.52	F50	65.0%
98	Julie Leavy	Rossendale AC	53.55	F	55.5%
99	Ann Hughes	Warrington RR	54.32	F50	63.6%
100	Leri Jarvis	UJA	54.37	F35	55.6%
101	Janet Haylock	UJA	54.59	F35	55.9%
102	Jackie Carter	Melham Zero	55.03	F35	54.5%
103	Clare Watson	Liverpool Uni	55.08	F	54.3%
104	Amanda Jones	UJA	55.39	F	53.8%
105	Mary Dunne	UJA	56.03	F	53.4%
106	Ann Boothman	Swinton Jog	56.07	F35	54.7%
107	Jackie Horrocks	UJA	56.18	F	53.1%
108	Karen Jackson	UJA	56.23	F40	55.4%
109	Karen Scott	UJA	56.53	F35	53.6%
110	Stephanie Wilson	UJA	56.56	F	52.5%
111	Kathy Simpson	Massey Ferguson	57.22	F	52.1%
112	Odette Thompson	UJA	57.38	F	51.9%
113	Janet Redpath	UJA	57.44	F45	56.4%
114	Joanne Salt	UJA	57.40	F	50.1%
115	Debra Sunderland	Liverpool Uni	59.53	F	50.0%
116	Gaynor Wilson	UJA	59.59	F40	52.9%
117	Julie Birch	UJA	60.09	F	49.7%
118	Sally Houghton	Royal Mail	60.15	F	49.2%
119	Kirsty Byers	UJA	60.49	F	49.2%
120	Wendy Johnson	UJA	61.21	F40	50.9%



14th BIRCHWOOD 10km Road Race

Sunday 17th August 1997
C - Cheshire Championships : N, M, S, W - Inter Area Match - North v Midlands v South v Wales
Age-graded performances are shown as a % of the WAVA standard time.

Womens Race Result

Pos	Name	Club	Time	Cat	%
121	Lisa Rea	UJA	61.25	F	48.7%
122	Lianne Barnes	UJA	61.54	FJ	48.8%
123	Julie Pennington	UJA	62.12	F45	54.2%
124	Charmian Keir	UJA	63.00	F	47.5%
125	Doreen Padgett	Sale H March	63.28	F50	55.7%
126	Barbara Godfrey	UJA	63.57	F45	51.3%
127	Susan Buttenworth	UJA	65.45	F40	48.3%

Group results

Group	Name	Club	Time	Cat	%
Group M40	16 Martin Rees	Swansea HAC	30.32	W	94.0%
	25 Mike Girvan	NVAC	31.29	M40	90.5%
	33 Arthur Deane	Liverpool H	32.29	M40	87.7%
	50 Eric Wilson	Blackburn RR	33.57	M40	83.9%
	57 Peter Maher	Vale Royal	34.20	M40	82.3%
Group M50	70 Peter Bennetton	Warrington RR	35.29	M40	79.7%
	96 James Beesley	UJA	34.19	M50	89.0%
	62 Roy Elliott	North Wales RRC	34.58	M50	88.0%
	73 John Keelling	PMAC	35.39	M50	85.6%
	81 Brian Gore	Wigan Phoenix	36.04	M50	83.3%
Group M55	105 Bill Carlisle	UJA	37.10	M55	85.7%
	146 Barry Swindells	Stockport H	38.52	M55	82.7%
	159 Dave Edge	Rochdale	39.34	M55	81.3%
	179 Allen Radcliffe	Penny Lane Str.	40.30	M55	77.3%
	180 Bill Mansley	FRA	40.34	M55	80.0%
Group M60	216 John Paterson	Altrincham DAC	41.24	M55	76.3%
	292 Daniel Cameron	UJA	44.01	MJ	63.3%
	295 John Altherton	UJA	44.05	MJ	61.7%
	330 John Manning	Whitby Heath AC	45.25	MJ	61.3%
	340 John Cowham	UJA	45.52	MJ	60.7%
Group F40	343 Simon Peel	UJA	46.03	MJ	59.4%
	503 Michael Harrison	Rivacre R&J	54.34	MJ	51.0%
	195 Denise Wakefield	Sale H March	40.57	F40	78.1%
	213 Janet Pound	Chorley AC	41.18	F40	76.2%
	302 Dianne Flemming	Rossendale AC	44.25	F40	72.7%
Group F45	348 Viv Ellis-Jones	Eryl H	46.12	F40	58.1%
	370 Liz Heles	Sale H March	47.07	F40	67.9%
	400 Pauline Stubbs	Wimslow	48.33	F40	65.9%
	259 Mary Meredith	Prestatyn RC	42.44	F50	81.9%
	442 Jeanette Murphy	Ford Halewood	50.48	F50	67.6%
Group F50	486 Shella Marshall	Southport Wloo	52.52	F50	65.0%
	499 Joyce Gent	Wigan Phoenix	53.52	F50	65.0%
	502 Ann Hughes	Warrington RR	54.32	F50	63.6%
	565 Doreen Padgett	Sale H March	63.28	F50	55.7%
	282 Michelle Benham	Southport Wloo	43.26	FJ	69.3%
Group F55	456 Emma Calderbank	North Fyde AC	49.04	FJ	62.8%
	470 Jane Calderbank	Whitby Heath AC	51.23	FJ	59.4%
	493 Claire Jarvis	North Fyde AC	52.00	FJ	58.2%
	495 Claire Edgar	UJA	53.18	FJ	58.5%
		Whitby Heath AC	53.27	FJ	57.1%

Final Results

BIRCHWOOD 2½ MILE FUN RUN

Spectrum Striders Running Club
Sunday 17th August 1997

Pos	Name	Cat	%	Town	Time C	A	Pos	Name	Cat	%	Town	Time C	A
1	Mathew Burnett	M15		Woolston	16.44		43	Sandra Fitzpatrick	F		Eccles	26.32	
2	James Carrer	M13		Huddersfield	17.25		44	Ian Wooley	M		Eccles	26.32	
3	Peter Burnett	M12		Woolston	17.31		45	Laura Bell	F9		Knutsford	26.43	
4	Peter Garity	M		Wigan	17.34		46	Barbara Bell	F		Knutsford	26.43	
5	Gareth Brawdick	M13		Prestatyn	18.12		47	Kirsty Lavelle	F11		Liverpool	26.57	
6	Maryn Law	M		Runcorn	19.02		48	Louis Babington	F6		Orford	27.00	
7	Lynsey Wayman	F13		Wirral	19.05		49	Mark Jacks	M12		St Helens	27.39	
8	Oliver Carter	M11		Huddersfield	19.56		50	Kirsty Tickle	F		Appleton	27.43	
9	Danny Wayman	M11		Widnes	19.59		51	Eddie Green	M		Fearnhead	27.43	
10	William Jarvis	M9		Oakwood	20.23		52	Jamie Stubbs	M10		Loughborough	27.44	
11	Jonathan Boileau	M10		Woolston	20.27		53	Joe Kennedy	M		Runcorn	28.05	
12	Dennis Wall	M		Wirral	20.36		54	Alison Madden	F		Wigan	28.57	
13	Mark Molyneux	M12		Leigh	21.15		55	Sue Stockley	F		Wigan	28.57	
14	Law. Formisand	M		Crewe	21.19		56	Kalynda Pritchard	F14		Padgate	29.03	
15	Leanne Massey	F14		Crewe	21.31		57	paula Dixon	F		Grappenhall	29.31	
16	Diana Paterson	F		Chester	21.40		58	Nicola Claxton	F		Stretton	29.31	
17	Donna Paterson	F		Chester	21.44		59	Rachel Bibby	F10		Liverpool	29.39	
18	Lawrence Ford	M		Fearnhead	21.48		60	Lee Godiff	M7		Irlam	29.49	
19	Lee Halsall	M12		St Helens	22.26		61	Ann Armstrong	F		Padgate	29.50	
20	Karl Davies	M		Runcorn	22.30		62	Linda Sharples	F		Wyham	29.57	
21	Marc Lloyd	M10		Manchester	22.56		63	Julie Leslie	F		Cinnamon Brow	30.17	
22	Kelly Godiff	F9		Irlam	23.25		64	Karen Walker	F		Great Sankey	30.18	
23	Margaret Motley	F		Birkenhead	23.29		65	Angela Leonard	F		Wirral	30.31	
24	Glen Traynor	M		Wirral	23.34		66	Michael Thompson	M		Warrington	30.33	
25	Martin Smith	M		Helsby	23.36		67	Michelle Babington	F8		Orford	30.48	
26	Richard Lane	M11		Bolton	23.41		68	Tom Woods	M6		Warrington	31.34	
27	Graeme Williamson	M14		Eastbourne	24.18		69	Jo Woods	F		Warrington	31.34	
28	Danielle Scott	F10		Widnes	24.32		70	David Ansell	M5		Orford	32.04	
29	Helen Wilson	F		Sandymoor	24.32		71	Claire Pownall	F		Orford	32.08	
30	Antonio Weir	M10		Manchester	24.33		72	Nathan Connell	M7		Bolton	33.17	
31	Mark Walker	M		Great Sankey	24.42		73	Maureen Connell	F		Bolton	33.17	
32	Sarah Pownall	F9		Orford	24.55		74	Jordan Ansell	M3		Orford	33.49	
33	Stephenie Swift	F		Sale	25.04		75	Damien Brookin	M12		Oakwood	34.33	
34	Andy Heath	M9		Culcheth	25.06		76	Angela Bailey	F		Manchester	34.59	
35	Alison Andrews	F		Fearnhead	25.06		77	Ryan Dixon	M4		Burtonwood	35.14	
36	Rebecca Scott	F12		Widnes	25.07		78	Anthony Dixon	M		Burtonwood	35.14	
37	Sue Watson	F		Lostock	25.07		79	Pamela Coupe	F		Asley	35.42	
38	Brett Williamson	M11		Eastbourne	25.08		80	Giles Bennett	M		Cheadle Hulme	39.04	
39	Sally Olsson	F		Longbarn	25.14		81	Deborah Bennett	F		Cheadle Hulme	39.04	
40	Joanne Davies	F14		Brookvale	25.21		82	Linda Saunders	F		AshtonUlyne	39.35	
41	Chris Babington	M10		Orford	25.37		83	Jocelyn Moston	F		Kingswood	44.18	
42	Louise Pownall	F12		Orford	25.41								