

1	Ellesmere Port RC	1:57:47	16	Warrington Road Runners	2:44:03
	Carol Parsons	37:55		Elaine Mountford	51:17
	Joanna Marsden	39:21		Linda Statham	54:41
	Sara Avery	40:31		Carolyn Flanagan	58:05
2	Newcastle Staffs AC	2:02:30	17	Lymm Runners	2:44:23
	Leah Whiston	39:48		Laura Eagleton	51:41
	Sophie Goodfellow	41:15		Liz Tetley	53:38
	Grace Ranford	41:27		Kathryn Ellis	59:04
3	Vale Royal AC	2:06:35	18	Southport & Waterloo AC	2:46:19
	Helen Whitby	40:37		Louise Busby	54:17
	Carolyn Dooley	41:07		Gina Bellhouse	54:33
	Melanie Johnson	44:51		Jane Blacklin	57:29
4	Warrington Road Runners	2:15:46	19	Warrington Running Club	2:47:17
	Bobbie Lomax	42:12		Kelly Pennington	54:49
	Lyn Bridge	45:20		Kay Thompson	55:48
	Emma Tate	48:14		Kirsty Morley	56:40
5	Widnes Running Club	2:21:54	20	Widnes Running Club	2:48:00
	Marina Maxwell	44:22		Dawn Hignett	55:18
	Pauline Horsfall	46:44		Beverley Hands	56:18
	Keeley Woolrich	50:48		Nikki Hamling	56:24
6	Prestwich AC	2:26:39	21	Prestwich AC	2:51:52
	Alison Allerton	46:37		Linzi Lloyd-Henry	53:54
	Elizabeth Guirguis	49:18		Stephanie Caldwell	56:02
	Eilish Distefano	50:44		Rach Garner	1:01:56
7	Warrington Running Club	2:27:17	22	Warrington Running Club	2:55:46
	Grace Bennett	46:36		Danielle Lovelady	58:07
	Gerry Shaw	48:28		Karen Mairs	58:34
	Charlotte Henshaw	52:13		Michelle Bulmer	59:05
8	Lymm Runners	2:28:32	23	St Helens Striders	2:56:39
	Jennifer Todd	47:18		Rachel Tickle	58:21
	Lynn Moseley	49:39		Lizzie Kelly	58:41
	Fiona Eaton	51:35		Zoe Fillingham	59:37
9	St Helens Striders	2:29:52	24	Widnes Running Club	3:01:10
	Claire Scott	47:14		Jan Swales	59:41
	Susan Kerfoot	48:24		Alison Lysons	1:00:08
	Nicola Donovan	54:14		Fiona Hall	1:01:21
10	Wallasey AC	2:31:12	25	Run Sandymoor	3:02:46
	Rachel Saunders	49:55		Katie Hankey	58:32
	Louise Marsden	50:31		Emma Fraser	59:25
	Sharon Lamont	50:46		Laura Duffy	1:04:49
11	Widnes Wasps Ladies RC	2:33:42	26	Lymm Runners	3:03:00
	Stacey Clark	50:16		Katie Guess	59:07
	Joanne McGillicuddy	50:16		Alison Felstead	1:01:42
	H Moore	53:10		Katie Lomax	1:02:11
12	Widnes Running Club	2:35:53	27	Macclesfield Harriers	3:04:30
	Lisa Webb	51:13		Ann Harris	52:51
	Sarah Matthews	51:28		Susannah Middleton	1:01:27
	Catherine Gilbert	53:12		Shelley Lee	1:10:12
13	Prestwich AC	2:35:58	28	Widnes Wasps Ladies RC	3:04:32
	Jo Houghton	51:03		Rachel Kuypers	54:03
	Debbie Fallon	51:22		Helen Beckett	55:11
	Diana Bruce	53:33		Maria Kearns	1:15:18
14	Northwich Running Club	2:37:01	29	Victoria Park Running Club	3:04:55
	Lucy Rosa	47:58		Alisha-Jade Gleave	59:05
	Lauren Jennings	48:54		Claire Houghton	1:01:21
	Jessica Messenger	1:00:09		Kim Watkinson	1:04:29
15	Warrington Running Club	2:43:16	30	Warrington Running Club	3:05:10
	Louise Murray	53:44		Sarah Seddon	1:01:28
	Rachel Finch	54:44		Helen Goldsmith	1:01:30
	Linda Jones	54:48		Fran Bagshaw	1:02:12

31	Marple Runners	3:06:19
	Maria Rushton	59:29
	Sarah Mears	1:00:11
	Karen Andrew	1:06:39
32	Warrington Running Club	3:10:23
	Val Bellingham	1:03:18
	Carole Hughes	1:03:32
	Ange Leah	1:03:33
33	Riv's Runners	3:10:27
	Becky Cooper	54:45
	Julie Cooper	1:07:51
	Sharon Dunne	1:07:51
34	Warrington Running Club	3:13:13
	Joanne Skyner	1:04:10
	Lisa Rodick	1:04:28
	Rachel Cartwright	1:04:35
35	Warrington Running Club	3:14:44
	Amy Woodhouse	1:04:35
	Emma Newton	1:04:42
	Jules Lucock	1:05:27
36	Widnes Running Club	3:16:59
	Eve Kapoor	1:03:23
	Jo Lam	1:05:36
	Carrie Hall	1:08:00
37	Warrington Running Club	3:20:42
	Helen Hind	1:05:32
	Sarah Plant	1:07:26
	Caroline Newton	1:07:44
38	Lymm Runners	3:23:54
	Sally Callaghan	1:04:56
	Dawn Reed	1:07:44
	Carol Fell	1:11:14
39	Warrington Road Runners	3:27:12
	Vicky Ravenscroft	1:01:29
	Liane Clarke	1:03:49
	Laura Waring	1:21:54
40	Chorlton Runners	3:27:31
	Susan Bean	1:05:04
	Natalie Pasquill	1:09:15
	Hazel Remeika	1:13:12
41	Warrington Running Club	3:29:28
	Kelly Hall	1:08:56
	Deb George	1:09:00
	Helen Leather	1:11:32
42	Run Sandymoor	3:31:17
	Andrea Kelly	1:07:26
	Kirstie Hughes	1:11:55
	Sharon Murphy	1:11:56
43	Warrington Running Club	3:40:30
	Julie Birchall	1:12:51
	Helen Shaw	1:12:52
	Rebecca Quinn	1:14:47