

Spectrum Striders Club Handicap**Handicap Results****Tuesday 10th July 2007**

Position	Name	Handicap Time	Estimated Time	Running Time	Handicap Difference	Comment
1	Rick Ridings	32.39	26.07	24.06	-2.01	
2	Lee Molton	32.54	23.14	21.28	-1.46	
3	Tim Murphy	34.28	19.28	19.16	-0.12	=2 nd Male
4	Jeff Ashton	34.29	21.00	20.49	-0.11	
5	Graham Driver	34.34	22.50	22.44	-0.06	
6	Kate Blackie	34.37	23.56	23.53	-0.03	
7	Helen Caldwell	34.43	24.17	24.20	+0.03	
8	Alan Jenkins	34.43	24.29	24.32	+0.03	
9	Alan Peers	34.46	21.19	21.25	+0.06	
10	Caroline Weaver	34.48	21.51	21.59	+0.08	2 nd Fastest Lady
11	Shelley Walsh	34.49	24.20	24.29	+0.09	
12	Steve Martin	34.50	19.35	19.45	+0.10	4 th Male
13	Ian Harris	34.53	19.36	19.49	+0.13	
14	Andy Garnett	34.56	19.55	20.11	+0.16	
15	Pauline Welsby	34.57	21.45	22.02	+0.17	3 rd Fastest Lady
16	Carol Stynes	34.57	21.55	22.12	+0.17	4 th Fastest Lady
17	Mike Welsby	35.06	18.50	19.16	+0.26	=2 nd Male
18	Janet Robertson	35.11	22.07	22.38	+0.31	5 th Fastest Lady
19	John Dooley	35.13	21.11	21.44	+0.33	
20	Colin Eagles	35.15	19.32	20.07	+0.35	6 th Male

21	Dave Thompson	35.17	23.01	23.38	+0.37	
22	Neil Walsh	35.19	21.41	22.20	+0.39	
23	Matt Rimmington	35.25	17.47	18.32	+0.45	Fastest Male
24	Geoff Hand	35.30	19.30	20.20	+0.50	
25	Terry Coles	35.32	21.08	22.00	+0.52	
26	Mike Bate	35.36	21.00	21.56	+0.56	
27	Neville Griffiths	35.44	20.41	21.45	+1.04	
28	Liz Farhall	35.49	19.17	20.26	+1.09	Fastest Lady
29	Mike Bradley	36.08	22.43	24.11	+1.28	
30	Debbie Read	36.13	23.56	25.29	+1.34	
31	Eric Pendleton	36.34	26.3	28.24	+1.54	
32	Jo Dix-Baker	37.33	23.56	26.49	+2.57	
33	Brad Ehlen	dnf				

Once again, an excellent Striders' event. A great turn out with 15 more runners than last year - it is clearly an advantage to hold the event on a Club night. Thanks again to Julian for sorting the handicaps. It took him 5 hours - but he managed 24 out of the 32 finishing within a minute of their estimated time this year – a very creditable 75%.

Many thanks must also go to Tony Bell, Les Hewitt, Janet Redpath, John Kewley – and others who I have forgotten (apologies to those concerned), for sorting out the starting, timing, finishing times and the positions. Also thanks to Sheree Hand, Angela Bradley John and Linda Owen for providing marshalling on the route. (although I understand some still manage to make a mistake –every year someone finds a new place to detour!)

The presentation and the buffet in the Tennis Centre went well and the evening was finished off in style with a quiz from Tony and Shelley.

Andy Garnett, July 2007