

Red Nose Day 5k fun run - Birchwood Forest Park 18-Mar-2011

Pos	Time	Number Name	Team
1	16.51	92 Graham Houghton	Spectrum Striders
2	17.48	520 Daniel Ling	Serco
3	18.02	98 Stephen Pilditch	NNL
4	18.05	86 Robert Williams	iSoft
5	18.39	89 David Williamson	NNL
6	18.46	396 Shane Wolstencroft	Latitude
7	19.03	518 David Harvey	Poyry Energy
8	19.17	533 David Dyer	Sellafield
9	19.20	501 Ian Pudge	Fell Ponies
10	19.22	393 Clay Lenhart	Latitude
10	19.22	7 Martin Coleman	Jacobs
12	19.39	517 Thomas Smith	Poyry Energy
13	19.43	395 Paul Blackledge	Latitude
14	19.46	66 Mark Offord	Sellafield
15	19.52	524 Kenny Forster	Spectrum Striders
16	19.54	65 Graeme McCulloch	Sellafield
17	20.02	400 Graham Driver	Spectrum Striders
18	20.03	527 Mike Cottrill	Sellafield
19	20.21	87 Caroline Hemming	Spectrum Striders
20	20.28	391 Stephen Parker	DWP
20	20.28	532 John Tierney	Mastercard
22	20.32	394 Nick Taylor	Latitude
23	20.34	519 Simon Marsh	Poyry Energy
24	20.37	33 Alan Brady	Fujitsu
25	20.41	117 Jeremy Edwards	NNL
26	20.45	506 Anthony Peacock	NVAC
27	20.47	No Number -	-
28	20.48	500 Andrew Cooper	Sellafield
28	20.48	522 Richard Cooper	Sellafield
30	21.10	52 Karon Forster	Serco
31	21.15	34 Geoff Shaw	Nuvia
32	21.16	51 Tony Robinson	Nuvia
33	21.18	505 Mike Newell	Poyry Energy
34	21.20	94 Leigh Wakefield	NNL
35	21.29	397 Dave Tomkins	NVAC
36	21.49	502 Dawn Abrahams	RPS
37	21.57	392 Simon Granger	Arragon
38	22.02	76 Ian Wright	Areva RMC
39	22.12	90 Dave Thompson	Royal Mail
40	22.14	63 Philip Jackson	SL
41	22.40	97 Will McLeod	Nuvia
42	22.47	27 Neil Harman	Serco
43	22.56	53 Christopher Dymond	Fujitsu
44	22.57	525 Mike Salmon	Spectrum Striders
45	23.03	516 Andrew Campbell	Poyry Energy
46	23.04	547 Gary Smith	Serco
47	23.12	515 Philip Ramskill	ESR Technology
48	23.27	509 Jim Caul	Serco
49	23.33	514 Jonathan Black	MEPC Ltd
50	23.51	60 Ian Gibbons	DWP
51	23.55	510 David Larkin	Nuvia

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Pos	Time	Number Name	Team
52	23.58	508 Andras Paksy	NNL
53	24.05	529 Becky Read	Amec
53	24.05	528 Nigel Sparrow	Amec
53	24.05	530 Jonathan Jones	Amec
56	24.25	58 Sara Bott	Fujitsu
57	25.14	512 David Cornes	-
58	25.27	523 Rob Cant	Spectrum Striders
59	25.28	55 Geoff Hawker	DWP
60	25.30	84 Brian Robinson	Areva RMC
61	25.35	398 Jon Gibbons	Sellafield
62	25.40	531 Edward Gledhill	Amec
63	25.42	507 Laura Peacock	-
64	25.54	534 Brian Simpson	-
65	25.58	513 Thomas Peet	Birchwood Park
66	26.01	48 Janet Shaw	Helsby Running Club
67	26.04	1254 Liam Abrahamsen	NNL
68	26.07	388 Peter Didiuk	Nuvia
69	27.06	545 Melissa Tate	-
70	27.51	88 Philip Doyle	Nuvia
71	28.54	399 Neville Jones	Warrington AC
72	29.03	511 Yvonne Bentham	ESR Technology
72	29.03	91 Andrew Woodward	Sellafield
74	29.14	526 Jo Bradshaw	-
74	29.14	521 Harry Wilson	Sellafield
76	30.00	85 Sarah McLaughlin	Areva RMC
77	30.03	68 John Osborn	DWP
78	30.10	168 Anne Hewitt	Spectrum Striders
79	30.23	73 Nicola Hamilton	Areva RMC
80	31.09	390 Nicola Edson	Nuvia
80	31.09	546 Gary Phillips	NESL
80	31.09	389 Gary Coulton	Nuvia
83	32.08	82 Lyndsey Reynolds	Areva RMC
84	32.09	75 Emma Ridsdale	Areva RMC
84	32.09	80 Joanne Bibby	Areva RMC
86	32.39	180 Les Hewitt	Spectrum Striders
87	33.25	72 Sarah Worthington	DWP
88	33.29	70 Sharon Melsome	DWP
89	45.56	99 Christopher Lennon	NNL
91	50.43	503 Lisa Wearing	Poyry Energy
91	50.43	504 Rachel Little	Poyry Energy
90	47.12	67 David Hewitt-Dean	DWP
93	52.43	81 Julie Mannion	Areva RMC
93	52.43	83 Clare Pollard	Areva RMC
95	55.44	79 Peter Hughes	DWP
95	55.44	126 Jane Edwards	DWP
97	55.47	61 Helen Beldon	DWP
98	59.29	No Number -	-
99	59.30	No Number -	-
99	59.30	No Number -	-

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Team results

<u>Team</u>	<u>Positions</u>	<u>Points</u>
Latitude	6,10,13,22	51
Spectrum Striders	1,15,17,19	52
Sellafield	8,14,16,18	56
NNL	3,5,25,34	67
Poyry Energy	7,12,23,33	75
Serco	2,30,42,46	110
Nuvia	31,32,41,51	155
DWP	20,35,50,59	164
Amec	53,53,53,62	221
Areva RMC	38,60,76,79	253