

Alder Hey 5k fun run - Birchwood Forest Park 7-Apr-2006

This was another in the series of occasional fun runs in the Birchwood Forest Park. All proceeds will be donated to Alder Hey Children's Hospital.

Thanks to everyone who took part. We have raised £548 with the entry money and the small charity donations that you have already given.

In addition Gerald Jenkins has generously donated 3 bottles of wine to go to the 3 runners who have improved the most from the last fun run in November 2005. I will study the results but contact me if you think that you are potentially eligible.

Julian Spencer (Nexia Solutions) and John O'Keefe (British Nuclear Group)

Position	Time	First Name	Surname	M/F	Organisation	Club
1	16:45	Graham	Houghton	M	BNG	Spectrum Striders
2	16:46	James	Graham	M	Nexia	Spectrum Striders
3	17:13	Ian	Costello	M	Bentleys	St Helens Sutton AC
4	18:11	Richard	Marlton	M	Atkins	n/a
5	18:25	Albert	de Jong	M	Vodafone	Spectrum Striders
6	18:30	Gareth	Blizzard	M	Atkins	Spectrum Striders
7	18:32	Andrew	Beath	M	Atkins	n/a
8	18:35	Julian	Spencer	M	Nexia	Spectrum Striders
9	18:55	Wayne	Thorpe	M	n/a	Warrington AC
10	18:56	Martin	Bower	M	Atkins	n/a
11	19:20	Michael	Jones	M	n/a	n/a
12	19:28	Will	Machin	M	Nexia	Warrington Tri
13	19:38	Andy	Garnett	M	AMEC-NNC	Spectrum Striders
14	19:46	Graeme	McCulloch	M	BNG	n/a
15	20:11	David	Dyer	M	BNG	n/a
16	20:20	Gary	Parker	M	Vodafone	n/a
17	20:21	Dan	Vipham	M	Atkins	n/a
18	20:23	Malcolm	Lingard	M	Serco Assurance	Spectrum Striders
19	20:26	Peter	Morgan	M	Sony Ericsson	Pinetops RC
20	20:31	Matthew	Robinson	M	Atkins	n/a
21	20:32	Mark	Griffiths	M	BNG	n/a
22	20:37	Tom	Southall	M	EA	n/a
23	20:41	Simon	Williams	M	Vodafone	n/a
24	20:51	John	Grayston	M	Atkins	n/a
25	20:52	Robert	Hawkrigg	M	RM Consultants	n/a
26	20:52	Mike	Hunting	M	Atkins	n/a
27	20:55	Ian	Wright	M	RM Consultants	n/a
28	21:01	Nabilah	Salihi	F	Morris & Spottiswood	Spectrum Striders
29	21:15	Andy	Rhodes	M	Serco Assurance	n/a
30	21:23	Stuart	Rycroft	M	Nuclear Technologies	n/a
31	21:48	John	O'Keefe	M	BNG	Bolton
32	21:53	Mark	Hinchliffe	M	RM Consultants	n/a
33	22:00	Brad	Williamson	M	Atkins	n/a
34	22:02	Mark	Ashton	M	BNG	n/a
35	22:44	Chris	Potter	M	Atkins	n/a
36	22:53	Andy	Glover	M	BNG	n/a
37	22:54	John	McKevitt	M	Atkins	n/a
38	22:55	John	Harrison	M	Serco Assurance	n/a
39	22:55	Richard	Woodcock	M	Nuclear Technologies	n/a
40	22:59	Stuart	Perkins	M	BNG	n/a
41	23:11	Ron	Dear	M	n/a	Spectrum Striders

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42	23:14	Paul	Foulkes	M	Atkins	n/a
43	23:15	Lee	Molton	M	RWE Nukem	n/a
44	23:18	Marc	Vannerem	M	BNG	n/a
45	23:28	Nick	Sanderson	M	EA	n/a
46	23:36	Martin	Hayes	M	Nexia	n/a
47	23:39	Jonathan	Cahm	M	Atkins	Spectrum Striders
48	23:50	Joanne	Dix-Baker	F	RWE Nukem	Spectrum Striders
49	24:08	Simon	Clark	M	Nuclear Technologies	n/a
50	24:38	Clive	Bright	M	BNG	n/a
51	24:42	Joe	Worrall	M	BNG	n/a
52	24:54	Gareth	Thomas	M	Nexia	n/a
53	25:02	Margaret	Ludden	F	n/a	n/a
54	25:12	Keith	Dunham	M	Atkins	n/a
55	25:14	Lewis	MacFarlane	M	Atkins	n/a
56	25:23	Stuart	Robinson	M	Atkins	n/a
57	25:39	Phil	Jackson	M	BNG	n/a
58	25:42	Joe	Small	M	Nexia	n/a
59	25:42	Phil	Hopkins	M	Nexia	n/a
60	25:46	Paul	Daniel	M	BNG	n/a
61	25:52	David	Newton	M	BNG	n/a
62	26:20	Neville	Jones	M	n/a	Warrington AC
63	26:42	Philip	Doyle	M	RWE Nukem	n/a
64	26:44	Steve	Napier	M	Sony Ericsson	n/a
65	27:05	Paul	Roscoe	M	BNG	n/a
66	27:12	Nadine	Campbell	F	Atkins	n/a
67	27:14	Jenanne	Price	F	BNG	n/a
68	27:25	Sharon	Hulme	F	Atkins	n/a
69	27:29	Tony	Lucas	M	BNG	n/a
70	27:29	Kate	Dean	F	RWE Nukem	n/a
71	27:42	Matthew	Ellis	M	n/a	n/a
72	27:45	Brian	Harrison	M	Core Utilities	n/a
73	28:16	Janet	Robinson	F	RM Consultants	n/a
74	28:21	Joanne	Bibby	F	RM Consultants	n/a
75	28:26	Anne	Hewitt	F	n/a	Spectrum Striders
76	28:28	David	Jones	M	Vodafone	n/a
77	28:33	Colin	Buchan	M	n/a	n/a
78	28:33	Stephen	Higgins	M	Sony Ericsson	n/a
79	28:49	Paul	Needham	M	EA	n/a
80	29:02	Janet	Birch	F	RM Consultants	n/a
81	29:02	Lyndsey	Whittaker	F	RM Consultants	n/a
82	29:29	Sam	Barber	M	n/a	n/a
83	29:54	Gillian	Dent	F	EA	n/a
84	29:55	Steve	Bate	M	Serco Assurance	n/a
85	31:10	John	Christey	M	EA	n/a
86	31:11	Fay	Brocklebank	F	Sony Ericsson	n/a
87	32:35	Fadhli	Abdul Rahman	M	Atkins	n/a
88	32:36	Kelly	Blackwell	F	Atkins	n/a
89	32:46	Les	Hewitt	M	n/a	Spectrum Striders
90	33:10	Vicky	Wilcox	F	n/a	n/a
91	33:11	Barbara	Wilcox	F	AMEC-NNC	n/a
92	34:42	Ali	Thomas	F	n/a	n/a

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Position	Time	First Name	Surname	M/F	Organisation	Club
93	36:12	Mark	Bankhead	M	Nexia	n/a
94	36:47	Michelle	Harris	F	Atkins	n/a
95	36:49	Lorna	Higham	F	n/a	n/a
96	37:04	Diane	Kent	F	Atkins	n/a
97	37:36	Emma	Corless	F	Atkins	n/a

Position Score Team

1	27	Atkins (4,6,7,10)
2	51	British Nuclear Group (1,14,15,21)
3	74	Nexia (2,8,12,52)
4	120	Vodafone (5,16,23,76)
5	157	RM Consultants (25,2,32,73)
6	169	Sercoassurance (18,29,38,84)
7	224	RWE Nukem (43,48,63,70)
8	242	Sony Ericsson (19,64,78,86)