

North Cheshire 5k Grand Prix 2018Hollins Green 5k

Thursday 23 May 2019. 10:00 am

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Cat2	No
1	15:44	CHARLES, Tom	Trafford AC	Male	134
2	16:52	BAGAN, Paul	Warrington AC	40	838
3	17:27	HICKS, Billy	Macclesfield Harriers	Senior	70
4	17:38	SMITH, Bradley	South Cheshire	Senior	804
5	17:46	GAWNE, Matt	Altrincham & District	Senior	78
6	17:58	BUCKLEY, Ed	Altrincham & District	Male Vet	830
7	18:03	CHRISTIAN, Martin	Kirkby Milers	Male Vet	855
8	18:05	JOHNSON, Richard	Altrincham & District	Male Vet	822
9	18:13	GAUNT, Duane	Sale Harriers Mchr	Senior	120
10	18:15	ADAIR, Neil	Chorley AC & Tri	Male Vet	813
11	18:16	PARSONS, Carol	Ellesmere Port RC	Female Vet	832
12	18:18	JOHNSON, Stuart	Spectrum Striders	Senior	739
13	18:23	DONKIN, Richard		Senior	849
14	18:40	ROWLINSON, Lewis	Sale Harriers Mchr	Male Junior	778
15	18:41	PUTT, William John	South Cheshire	Male Vet	814
16	18:43	HOUGH, Rob	Spectrum Striders	Male Vet	10
17	18:45	WALKER, Neil	Altrincham & District	Senior	111
18	18:49	BRADBURY, Craig	Altrincham & District	Male Vet	807
19	18:56	MCGING, Kieran		Senior	860
20	19:03	ROWEN, Phil	Lymm Runners	Male Vet	798
21	19:05	ABRAHAM, Paul	Altrincham & District	Male Vet	128
22	19:07	DAY, Kenneth	Kirkby Milers	Male Vet	26
23	19:29	RIMMINGTON,	Spectrum Striders	Senior	850
24	19:31	ENGLAND, Allan		Male Vet	819
25	19:32	FAIRHURST, Ian	Spectrum Striders	Male Vet	824
26	19:35	BRIDGER, Hannah	Macclesfield Harriers	Female	69
27	19:37	ROBERTS, Jake	Macclesfield Harriers	Male Junior	139
28	19:39	ATKINSON, Gareth		Male Vet	89
29	19:51	ZOKA, Robin	South Cheshire	Senior	810
30	19:57	BURTHEM, Stephen	Warrington AC	Male Vet	803
31	20:04	KENNAUGH, Richard	Altrincham & District	Male Vet	67
32	20:07	COLLINS, Paul	Swinton RC	Male Vet	87
33	20:13	THOMAS, Andy	Sandbach Striders	Male Vet	843
34	20:14	ANDREW, Claire	Spectrum Striders	Female Vet	794
35	20:16	COCROFT, Jonathan	Lymm Runners	Senior	41
36	20:27	BLIZZARD, Louise	Warrington AC	Female Vet	785
37	20:30	FULLER, Nigel	Spectrum Striders	Male Vet	77
38	20:38	RUSSELL, Alison	Spectrum Striders	Female Vet	707
39	20:44	CORDINGLEY, Frank	Sale Harriers Mchr	Male Vet	50
40	20:47	PATON-CROCKETT,	Altrincham & District	Senior	31
41	20:52	DAWSON, Jim	Lymm Runners	Male Vet	72
42	21:01	MAIN, Rebecca	Macclesfield Harriers	Female	130
43	21:04	FOGARTY, Nick	Lymm Runners	Male Vet	133
44	21:05	SMETHURST, Carl	Lymm Runners	Male Vet	122
45	21:06	DOLAN, Michael		Male Vet	92
46	21:07	BLAIR, Andrew	Chester Triathlon	Male Vet	833
47	21:08	WHITFIELD, Liz	Spectrum Striders	Female Vet	705
48	21:11	HARRISON, Steve	South Cheshire	Male Vet	817
49	21:18	CORDINGLEY, Beatrice	Sale Harriers Mchr	Female	135
50	21:26	BEGBIE, Anna	Vale Royal AC	Female Vet	750
51	21:29	DRIVER, Graham	Spectrum Striders	Male Vet	2
52	21:32	CORDINGLEY, Victoria	Sale Harriers Mchr	Female Vet	82
53	21:38	SMITH, Michael	Lymm Runners	Male Vet	797
54	21:48	HILTON, Anthony	Lymm Runners	Male Vet	796

Results - Individual

55	21:50	BARTLEY, Matthew	Spectrum Striders	Senior	839
56	21:52	ATKINSON, Michael	Warrington Running	Male Vet	758
57	21:53	HOUGHTON, Jennifer	Kirkby Milers	Female Vet	112
58	22:01	DICKINSON, Duncam	Altrincham & District	Male Vet	43
59	22:05	JACKSON, Bev	Altrincham & District	Female Vet	781
60	22:11	SPENCER, Julian	Spectrum Striders	Male Vet	1
61	22:13	LUCAS, Brian		Male Vet	840
62	22:18	ORRELL, Malcolm	Altrincham & District	Senior	44
63	22:19	DEWHURST, Emma	Styal RC	Female Vet	96
64	22:23	GOULDEN, Sarah	Sale Harriers Mchr	Female	52
65	22:27	HALL, Mike	Spectrum Striders	Male Vet	59
66	22:46	REYNOLDS, Julia	Sale Harriers Mchr	Female Vet	28
67	23:09	CORDINGLEY, Jackie	Sale Harriers Mchr	Female Vet	51
68	23:12	MCHARRY, Rob	Spectrum Striders	Male Vet	38
69	23:13	WYMER, Michael	Sale Harriers Mchr	Male Vet	23
70	23:19	KIMBER, Amanda	South Cheshire	Female Vet	815
71	23:28	PATON-CROCKETT, Zoe		Female	12
72	23:30	FORSTER, Karon	Spectrum Striders	Female Vet	29
73	23:31	ATHERTON, Cathy	South Cheshire	Female Vet	816
74	23:39	BOWDEN, Rhys	Vale Royal AC	Male Junior	751
75	23:40	YARWOOD, Dennis	Spectrum Striders	Male Vet	125
76	23:41	BEARD, Danielle	Altrincham & District	Female Vet	847
77	23:55	GIBBONS, Gill	South Cheshire	Female Vet	820
78	23:56	GALLAGHER, Shrana	South Cheshire	Female	818
79	23:57	HANKINSON, Andrew	Widnes RC	Senior	58
80	24:07	LINGARD, Malcolm	Spectrum Striders	Male Vet	828
81	24:09	DOOLEY, Andrew	Styal RC	Male Vet	73
82	24:12	REAGAN, Helen	Sale Harriers Mchr	Female Vet	65
83	24:13	HUBBLE, David		Male Vet	842
84	24:14	MOUNTFORD, Elaine	Warrington Road	Female Vet	805
85	24:21	TAVENER, Mary	Vale Royal AC	Female Vet	84
86	24:29	HUGHES, Malcolm	Spectrum Striders	Male Vet	126
87	24:46	DAVIES, Colin	Altrincham & District	Male Vet	845
88	24:50	DUFFEY, Georgina	West Cheshire AC	Female	864
89	25:13	BRADLEY, William	St Helens Striders	Male Vet	811
90	25:16	READ, Debbie	Helsby RC	Female Vet	79
91	25:18	BRADLEY, Michael	Spectrum Striders	Male Vet	4
92	25:23	MUTTON, Chris	Northwich Running	Male Vet	806
93	25:28	JOHNSON, Kate	Spectrum Striders	Female Vet	7
94	25:36	BROSTER, Richard		Male Vet	118
95	25:38	BUCK, Sue	Helsby RC	Female Vet	110
96	25:45	TOMKINS, Dave		Male Vet	823
97	25:55	KEARNS, Jon-Paul		Male Vet	14
98	25:56	GLEDHILL, David		Male Vet	831
99	25:57	JENKINSON, Alan	Styal RC	Male Vet	48
100	26:08	HENDERSON, Alec	Spectrum Striders	Male Vet	844
101	26:09	DUTTON, Anthony	Vale Royal AC	Male Vet	136
102	26:10	CALDWELL, Helen	Spectrum Striders	Female Vet	8
103	26:14	MCCLELLAND, Jenny	Lymm Runners	Female Vet	39
104	26:16	HACKETT, Simon	Lymm Runners	Male Vet	27
105	26:18	HOWELL, Graham	Liverpool Harriers	Male Vet	19
106	26:22	LAVIN, Tom	Altrincham & District	Male Vet	147
107	26:27	KAY, Stephanie	Swinton RC	Female	862
108	26:34	DUFFEY, Alex	West Cheshire AC	Female Vet	863
109	26:51	ARBER, Carolyn	Spectrum Striders	Female Vet	812
110	27:12	DUFFEY, Henrietta	West Cheshire AC	Female	865
111	27:24	SULLIVAN, Jo	Spectrum Striders	Female Vet	116
112	27:30	ROBINSON, Ray		Male Vet	711
113	27:34	EWART, Paul		Male Vet	266
114	27:43	BLUNDELL, James	Spectrum Striders	Senior	103
115	27:46	KAY, Geoff	Swinton RC	Male Vet	861
116	27:49	GRANGER, Kerry	Swinton RC	Female	46

Results - Individual

117	27:58	THOMPSON, Dave	Spectrum Striders	Male Vet	708
118	28:11	LYON, Catherine	Spectrum Striders	Female Vet	64
119	28:25	SHILLABEER, Emma	St Helens Tri	Female Vet	106
120	29:11	FULLER, Katy	Spectrum Striders	Female Vet	76
121	29:29	MORGAN, Morag	Bramhall Runners	Female Vet	119
122	29:38	COLES, Terry	Spectrum Striders	Male Vet	9
123	29:45	MEARS, Dave		Male Vet	127
124	29:57	SMITH, Carolyn	Lymm Runners	Female Vet	42
125	30:13	GRIFFITHS, Neville	Spectrum Striders	Male Vet	5
126	30:25	WHITFIELD, Kit	Spectrum Striders	Male Vet	706
127	30:33	EDMONDS, Julie		Female	848
128	30:34	STEWART, Victoria		Female Vet	837
129	30:34	HATTON, Michael	Run Sandymoor	Male Vet	836
130	30:43	OWEN, Linda	Spectrum Striders	Female Vet	834
131	30:52	DUNBAR, Ian	Spectrum Striders	Male Vet	3
132	30:54	JARAS, Michael		Male Vet	846
133	31:26	HAND, Geoff	Spectrum Striders	Male Vet	86
134	33:28	LEATHER, Helan		Female Vet	11
135	35:31	SHAW, Helen	Warrington Running	Female Vet	37
136	35:31	NEWTON, Caroline	Warrington Running	Female Vet	75
137	36:13	POWELL, Diana	Bramhall Runners	Female Vet	821
138	46:39	OLDHAM, Anne		Female Vet 6	835

North Cheshire Grand Prix**Hollins Green 5k**

Thursday 23 May 2019. 10:00 am

Provisional Result of the Ladies Teams team competition.

(3 competitors per team. Based on cumulative position.)

Team	Posn	Team	Place	Time	Name	Category	Race No	Posn
1 : Spectrum Striders								
			3	0:20:14	ANDREW, Claire	Female Vet 40	794	34
			5	0:20:38	RUSSELL, Alison	Female Vet 35	707	38
			7	0:21:08	WHITFIELD, Liz	Female Vet 40	705	47
2 : Sale Harriers Mchr								
			8	0:21:18	CORDINGLEY, Beatrice	Female Senior	135	49
			10	0:21:32	CORDINGLEY, Victoria	Female Vet 35	82	52
			14	0:22:23	GOULDEN, Sarah	Female Senior	52	64
3 : Sale Harriers Mchr								
			15	0:22:46	REYNOLDS, Julia	Female Vet 45	28	66
			16	0:23:09	CORDINGLEY, Jackie	Female Vet 60	51	67
			24	0:24:12	REAGAN, Helen	Female Vet 50	65	82
4 : South Cheshire Harriers								
			17	0:23:19	KIMBER, Amanda	Female Vet 35	815	70
			20	0:23:31	ATHERTON, Cathy	Female Vet 40	816	73
			22	0:23:55	GIBBONS, Gill	Female Vet 60	820	77
5 : Spectrum Striders								
			19	0:23:30	FORSTER, Karon	Female Vet 55	29	72
			29	0:25:28	JOHNSON, Kate	Female Vet 45	7	93
			31	0:26:10	CALDWELL, Helen	Female Vet 50	8	102
6 : Spectrum Striders								
			34	0:26:51	ARBER, Carolyn	Female Vet 60	812	109
			35	0:27:24	SULLIVAN, Jo	Female Vet 50	116	111
			37	0:28:11	LYON, Catherine	Female Vet 35	64	118

Results - Mens Teams

North Cheshire Grand Prix

Hollins Green 5k

Thursday 23 May 2019. 10:00 am

Provisional Result of the Mens Teams team competition.

(4 competitors per team. Based on cumulative position.)

Team	Posn	Team	Place	Time	Name	Category	Race No	Posn
1 : Altrincham & District AC								
			5	0:17:46	GAWNE, Matt	Senior Male	78	5
			6	0:17:58	BUCKLEY, Ed	Male Vet 40	830	6
			8	0:18:05	JOHNSON, Richard	Male Vet 50	822	8
			16	0:18:45	WALKER, Neil	Senior Male	111	17
2 : Spectrum Striders								
			11	0:18:18	JOHNSON, Stuart	Senior Male	739	12
			15	0:18:43	HOUGH, Rob	Male Vet 45	10	16
			22	0:19:29	RIMMINGTON, Mathew	Senior Male	850	23
			33	0:20:30	FULLER, Nigel	Male Vet 50	77	37
3 : South Cheshire Harriers								
			4	0:17:38	SMITH, Bradley	Senior Male	804	4
			14	0:18:41	PUTT, William John	Male Vet 55	814	15
			27	0:19:51	ZOKA, Robin	Senior Male	810	29
			41	0:21:11	HARRISON, Steve	Male Vet 45	817	48
4 : Altrincham & District AC								
			17	0:18:49	BRADBURY, Craig	Male Vet 40	807	18
			20	0:19:05	ABRAHAM, Paul	Male Vet 45	128	21
			29	0:20:04	KENNAUGH, Richard	Male Vet 50	67	31
			35	0:20:47	PATON-CROCKETT, Andrew	Senior Male	31	40
5 : Sale Harriers Mchr								
			9	0:18:13	GAUNT, Duane	Senior Male	120	9
			13	0:18:40	ROWLINSON, Lewis	Male Junior	778	14
			34	0:20:44	CORDINGLEY, Frank	Male Vet 55	50	39
			53	0:23:13	WYMER, Michael	Male Vet 45	23	69
6 : Lymm Runners								
			19	0:19:03	ROWEN, Phil	Male Vet 45	798	20
			32	0:20:16	COCROFT, Jonathan	Senior Male	41	35
			36	0:20:52	DAWSON, Jim	Male Vet 55	72	41
			37	0:21:04	FOGARTY, Nick	Male Vet 50	133	43
7 : Spectrum Striders								
			42	0:21:29	DRIVER, Graham	Male Vet 50	2	51
			45	0:21:50	BARTLEY, Matthew	Senior Male	839	55
			48	0:22:11	SPENCER, Julian	Male Vet 55	1	60
			51	0:22:27	HALL, Mike	Male Vet 60	59	65
8 : Spectrum Striders								
			52	0:23:12	MCHARRY, Rob	Male Vet 55	38	68
			55	0:23:40	YARWOOD, Dennis	Male Vet 50	125	75
			57	0:24:07	LINGARD, Malcolm	Male Vet 50	828	80
			60	0:24:29	HUGHES, Malcolm	Male Vet 60	126	86
9 : Altrincham & District AC								
			47	0:22:01	DICKINSON, Duncam	Male Vet 50	43	58
			50	0:22:18	ORRELL, Malcolm	Senior Male	44	62

Results - Mens Teams

10 : Spectrum Striders	61	0:24:46	DAVIES, Colin	Male Vet 65	845	87
	74	0:26:22	LAVIN, Tom	Male Vet 60	147	106
11 : Spectrum Striders	63	0:25:18	BRADLEY, Michael	Male Vet 60	4	91
	70	0:26:08	HENDERSON, Alec	Male Vet 50	844	100
	79	0:27:43	BLUNDELL, James	Senior Male	103	114
	81	0:27:58	THOMPSON, Dave	Male Vet 60	708	117
	82	0:29:38	COLES, Terry	Male Vet 70	9	122
	84	0:30:13	GRIFFITHS, Neville	Male Vet 70	5	125
	85	0:30:25	WHITFIELD, Kit	Male Vet 55	706	126
	87	0:30:52	DUNBAR, Ian	Male Vet 65	3	131

Results - Prize List

North Cheshire Grand PrixHollins Green 5k

Thursday 23 May 2019. 10:00 am

Provisional Race Directors' Prize Presentation List

Category	Posn	Time	Name	Club	Category	Race No	Posn
Senior Male							
	1	0:15:44	CHARLES, Tom	Trafford AC	Senior Male	134	1
	2	0:17:27	HICKS, Billy	Macclesfield Harriers	Senior Male	70	3
	3	0:17:38	SMITH, Bradley	South Cheshire Harriers	Senior Male	804	4
	4	0:17:46	GAWNE, Matt	Altrincham & District AC	Senior Male	78	5
	5	0:18:13	GAUNT, Duane	Sale Harriers Mchr	Senior Male	120	9
	6	0:18:18	JOHNSON, Stuart	Spectrum Striders	Senior Male	739	12
	7	0:18:23	DONKIN, Richard		Senior Male	849	13
	8	0:18:45	WALKER, Neil	Altrincham & District AC	Senior Male	111	17
	9	0:18:56	MCGING, Kieran		Senior Male	860	19
	10	0:19:29	RIMMINGTON, Mathew	Spectrum Striders	Senior Male	850	23
Male Vet 40							
	1	0:16:52	BAGAN, Paul	Warrington AC	Male Vet 40	838	2
	2	0:17:58	BUCKLEY, Ed	Altrincham & District AC	Male Vet 40	830	6
	3	0:18:15	ADAIR, Neil	Chorley AC & Tri	Male Vet 40	813	10
	4	0:18:49	BRADBURY, Craig	Altrincham & District AC	Male Vet 40	807	18
	5	0:19:07	DAY, Kenneth	Kirkby Milers	Male Vet 40	26	22
	6	0:19:31	ENGLAND, Allan		Male Vet 40	819	24
	7	0:19:32	FAIRHURST, Ian		Male Vet 40	824	25
	8	0:21:48	HILTON, Anthony	Lymm Runners	Male Vet 40	796	54
	9	0:25:36	BROSTER, Richard		Male Vet 40	118	94
	10	0:25:56	GLEDHILL, David		Male Vet 40	831	98
Male Vet 45							
	1	0:18:03	CHRISTIAN, Martin	Kirkby Milers	Male Vet 45	855	7
	2	0:18:43	HOUGH, Rob	Spectrum Striders	Male Vet 45	10	16
	3	0:19:03	ROWEN, Phil	Lymm Runners	Male Vet 45	798	20
	4	0:19:05	ABRAHAM, Paul	Altrincham & District AC	Male Vet 45	128	21
	5	0:19:39	ATKINSON, Gareth		Male Vet 45	89	28
	6	0:21:11	HARRISON, Steve	South Cheshire Harriers	Male Vet 45	817	48
	7	0:23:13	WYMER, Michael	Sale Harriers Mchr	Male Vet 45	23	69
	8	0:24:13	HUBBLE, David		Male Vet 45	842	83
	9	0:25:55	KEARNS, Jon-Paul		Male Vet 45	14	97
	10	0:26:09	DUTTON, Anthony	Vale Royal AC	Male Vet 45	136	101
Male Vet 50							
	1	0:18:05	JOHNSON, Richard	Altrincham & District AC	Male Vet 50	822	8
	2	0:20:04	KENNAUGH, Richard	Altrincham & District AC	Male Vet 50	67	31
	3	0:20:07	COLLINS, Paul	Swinton RC	Male Vet 50	87	32
	4	0:20:30	FULLER, Nigel	Spectrum Striders	Male Vet 50	77	37
	5	0:21:04	FOGARTY, Nick	Lymm Runners	Male Vet 50	133	43
	6	0:21:06	DOLAN, Michael		Male Vet 50	92	45
	7	0:21:29	DRIVER, Graham	Spectrum Striders	Male Vet 50	2	51
	8	0:21:38	SMITH, Michael		Male Vet 50	797	53
	9	0:22:01	DICKINSON, Duncam	Altrincham & District AC	Male Vet 50	43	58
	10	0:23:40	YARWOOD, Dennis	Spectrum Striders	Male Vet 50	125	75
Male Vet 55							
	1	0:18:41	PUTT, William John	South Cheshire Harriers	Male Vet 55	814	15
	2	0:19:57	BURTHEM, Stephen	Warrington AC	Male Vet 55	803	30
	3	0:20:13	THOMAS, Andy	Sandbach Striders	Male Vet 55	843	33
	4	0:20:44	CORDINGLEY, Frank	Sale Harriers Mchr	Male Vet 55	50	39

Results - Prize List

5	0:20:52	DAWSON, Jim	Lymm Runners	Male Vet 55	72	41
6	0:21:05	SMETHURST, Carl	Lymm Runners	Male Vet 55	122	44
7	0:21:07	BLAIR, Andrew	Chester Triathlon Club	Male Vet 55	833	46
8	0:22:11	SPENCER, Julian	Spectrum Striders	Male Vet 55	1	60
9	0:23:12	MCHARRY, Rob	Spectrum Striders	Male Vet 55	38	68
10	0:25:13	BRADLEY, William	St Helens Striders	Male Vet 55	811	89

Male Vet 60

1	0:21:52	ATKINSON, Michael	Warrington Running Club	Male Vet 60	758	56
2	0:22:27	HALL, Mike	Spectrum Striders	Male Vet 60	59	65
3	0:24:09	DOOLEY, Andrew	Styal RC	Male Vet 60	73	81
4	0:24:29	HUGHES, Malcolm	Spectrum Striders	Male Vet 60	126	86
5	0:25:18	BRADLEY, Michael	Spectrum Striders	Male Vet 60	4	91
6	0:26:22	LAVIN, Tom	Altrincham & District AC	Male Vet 60	147	106
7	0:27:58	THOMPSON, Dave	Spectrum Striders	Male Vet 60	708	117
8	0:30:34	HATTON, Michael	Run Sandymoor	Male Vet 60	836	129
9	0:31:26	HAND, Geoff	Spectrum Striders	Male Vet 60	86	133

Male Vet 65

1	0:24:46	DAVIES, Colin	Altrincham & District AC	Male Vet 65	845	87
2	0:26:18	HOWELL, Graham	Liverpool Harriers	Male Vet 65	19	105
3	0:27:30	ROBINSON, Ray		Male Vet 65	711	112
4	0:27:46	KAY, Geoff	Swinton RC	Male Vet 65	861	115
5	0:30:52	DUNBAR, Ian	Spectrum Striders	Male Vet 65	3	131

Male Vet 70

1	0:22:13	LUCAS, Brian		Male Vet 70	840	61
2	0:25:45	TOMKINS, Dave		Male Vet 70	823	96
3	0:25:57	JENKINSON, Alan	Styal RC	Male Vet 70	48	99
4	0:27:34	EWART, Paul		Male Vet 70	266	113
5	0:29:38	COLES, Terry	Spectrum Striders	Male Vet 70	9	122
6	0:30:13	GRIFFITHS, Neville	Spectrum Striders	Male Vet 70	5	125

Male Junior

1	0:18:40	ROWLINSON, Lewis	Sale Harriers Mchr	Male Junior	778	14
2	0:19:37	ROBERTS, Jake	Macclesfield Harriers	Male Junior	139	27
3	0:23:39	BOWDEN, Rhys		Male Junior	751	74
4	0:27:12	DUFFEY, Henrietta	West Cheshire AC	Male Junior	865	110

Female Senior

1	0:19:35	BRIDGER, Hannah		Female Senior	69	26
2	0:21:18	CORDINGLEY, Beatrice	Sale Harriers Mchr	Female Senior	135	49
3	0:22:23	GOULDEN, Sarah	Sale Harriers Mchr	Female Senior	52	64
4	0:23:28	PATON-CROCKETT, Zoe		Female Senior	12	71
5	0:23:56	GALLAGHER, Shrana	South Cheshire Harriers	Female Senior	818	78
6	0:26:27	KAY, Stephanie	Swinton RC	Female Senior	862	107
7	0:27:49	GRANGER, Kerry	Swinton RC	Female Senior	46	116
8	0:30:33	EDMONDS, Julie		Female Senior	848	127

Female Vet 35

1	0:20:38	RUSSELL, Alison	Spectrum Striders	Female Vet 35	707	38
2	0:21:26	BEGBIE, Anna	Vale Royal AC	Female Vet 35	750	50
3	0:21:32	CORDINGLEY, Victoria	Sale Harriers Mchr	Female Vet 35	82	52
4	0:21:53	HOUGHTON, Jennifer	Kirkby Milers	Female Vet 35	112	57
5	0:22:19	DEWHURST, Emma	Styal RC	Female Vet 35	96	63
6	0:23:19	KIMBER, Amanda	South Cheshire Harriers	Female Vet 35	815	70
7	0:23:41	BEARD, Danielle	Altrincham & District AC	Female Vet 35	847	76
8	0:28:11	LYON, Catherine	Spectrum Striders	Female Vet 35	64	118
9	0:35:31	NEWTON, Caroline	Warrington Running Club	Female Vet 35	75	136

Female Vet 40

Results - Prize List

Female Vet 45	1	0:18:16	PARSONS, Carol	Ellesmere Port RC	Female Vet 40	832	11
	2	0:20:14	ANDREW, Claire	Spectrum Striders	Female Vet 40	794	34
	3	0:20:27	BLIZZARD, Louise	Warrington AC	Female Vet 40	785	36
	4	0:21:08	WHITFIELD, Liz	Spectrum Striders	Female Vet 40	705	47
	5	0:23:31	ATHERTON, Cathy	South Cheshire Harriers	Female Vet 40	816	73
Female Vet 50	1	0:22:46	REYNOLDS, Julia	Sale Harriers Mchr	Female Vet 45	28	66
	2	0:25:28	JOHNSON, Kate	Spectrum Striders	Female Vet 45	7	93
	3	0:26:14	MCCLELLAND, Jenny	Lymm Runners	Female Vet 45	39	103
	4	0:28:25	SHILLABEER, Emma	St Helens Tri	Female Vet 45	106	119
	5	0:30:34	STEWART, Victoria		Female Vet 45	837	128
Female Vet 55	1	0:24:12	REAGAN, Helen	Sale Harriers Mchr	Female Vet 50	65	82
	2	0:25:38	BUCK, Sue	Helsby RC	Female Vet 50	110	95
	3	0:26:10	CALDWELL, Helen	Spectrum Striders	Female Vet 50	8	102
	4	0:27:24	SULLIVAN, Jo	Spectrum Striders	Female Vet 50	116	111
	5	0:29:11	FULLER, Katy	Spectrum Striders	Female Vet 50	76	120
	6	0:29:57	SMITH, Carolyn	Lymm Runners	Female Vet 50	42	124
	7	0:33:28	LEATHER, Helan		Female Vet 50	11	134
	8	0:35:31	SHAW, Helen	Warrington Running Club	Female Vet 50	37	135
Female Vet 60	1	0:22:05	JACKSON, Bev	Altrincham & District AC	Female Vet 55	781	59
	2	0:23:30	FORSTER, Karon	Spectrum Striders	Female Vet 55	29	72
	3	0:24:21	TAVENER, Mary	Vale Royal AC	Female Vet 55	84	85
Female Vet 65	1	0:23:09	CORDINGLEY, Jackie	Sale Harriers Mchr	Female Vet 60	51	67
	2	0:23:55	GIBBONS, Gill	South Cheshire Harriers	Female Vet 60	820	77
	3	0:24:14	MOUNTFORD, Elaine	Warrington Road Runners	Female Vet 60	805	84
	4	0:25:16	READ, Debbie	Helsby RC	Female Vet 60	79	90
	5	0:26:51	ARBER, Carolyn	Spectrum Striders	Female Vet 60	812	109
	6	0:36:13	POWELL, Diana	Bramhall Runners	Female Vet 60	821	137
Female Junior	1	0:29:29	MORGAN, Morag	Bramhall Runners	Female Vet 65	119	121
All Ladies	1	0:21:01	MAIN, Rebecca	Macclesfield Harriers	Female Junior	130	42
	2	0:24:50	DUFFEY, Georgina	West Cheshire AC	Female Junior	864	88
All Men	1	0:18:16	PARSONS, Carol	Ellesmere Port RC	Female Vet 40	832	11
	2	0:19:35	BRIDGER, Hannah		Female Senior	69	26
	3	0:20:14	ANDREW, Claire	Spectrum Striders	Female Vet 40	794	34
	4	0:20:27	BLIZZARD, Louise	Warrington AC	Female Vet 40	785	36
	5	0:20:38	RUSSELL, Alison	Spectrum Striders	Female Vet 35	707	38
	6	0:21:01	MAIN, Rebecca	Macclesfield Harriers	Female Junior	130	42
	1	0:15:44	CHARLES, Tom	Trafford AC	Senior Male	134	1
	2	0:16:52	BAGAN, Paul	Warrington AC	Male Vet 40	838	2
	3	0:17:27	HICKS, Billy	Macclesfield Harriers	Senior Male	70	3
	4	0:17:38	SMITH, Bradley	South Cheshire Harriers	Senior Male	804	4
	5	0:17:46	GAWNE, Matt	Altrincham & District AC	Senior Male	78	5
	6	0:17:58	BUCKLEY, Ed	Altrincham & District AC	Male Vet 40	830	6